OASIS

September-October 2018

Your *oasis* — a place where you can find tranquillity and sustenance

USRC Members' Bi-monthly Magazine

United Services Recreation Club

Mid-Autumn Rainbow Calligraphy

彩虹書法賀中秋

中秋節是傳統大節日之一，趁著節日前，大家可考慮體驗一下「彩虹書法賀中秋」。在 1.5 小時的工作坊裡，每人都可以完成 2－3 幅富有個人特色的作品來賀中秋，您又怎能錯過?

Date: 17 September 2018 (Monday)

Time: 7:00pm – 8:30pm

Venue: USRC Garden Room

Original Price: HK$180 per person (All supplies included)

USRC Member Price: HK$100 per person

Member's Guest Price: HK$180 per person

(Light refreshments will be offered)

Class size: 10-12 people (14 years & above)

Workshop Details: 2-3 pieces of Chinese Words

導師：

霍之鳳 (Ruth Fok) 女士，出生中國國畫藝術家庭。已有 30 多年彩虹書法經驗。曾替政府、酒店、私人機構多次出席表演，也曾替旅發局傳揚中國文化，到日本關西表演彩虹書法。

Please contact Reception or call 3966-8600 for registration.

Please note our cancellation policy requires 3 days advance notice; otherwise full charge applies.

United Services Recreation Club

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Projects & Security Director Tom Hermann Duttman
Sports Director Eddie Wu
Grounds, Environment & Community Director Kenneth Chiu

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Disciplinary Sub-committee
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Ringo Chiu
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Lawn Bowls David Robinson
Rugby Sam Hocking
Squash Chung Leung
Tennis Alfred Cheng

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Oasis is a bi-monthly publication of United Services Recreation Club.

Advertising
To advertise in Oasis, please contact Natalie Banday at USRC.
Tel: 3966 8678 • Email: rooms@usrc.org.hk

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Dear Fellow Members,

As the sweltering and exceptionally wet weather over recent months is hopefully nearly over, I would like to welcome Members back to Hong Kong and the USRC from their various summer holidays and trips abroad.

The much praised swimming pool is rarely idle with the usual persistent regulars exercising throughout the day. Currently guest limits on use of the swimming pool are imposed during Sundays and Public Holidays only but many Members have expressed strong opinions that restriction on guest numbers should also apply during weekdays and Saturdays as well in order to prevent over-crowding. The General Committee (GC) has reviewed the use and charges of all sports facilities in the Club by Members' guests with a view to introducing a standardized and balanced administrative policy for adoption by all Sports Sections. New ruling and charges are to be published and effective on the 1st September 2018. Please be reminded that all sports playing guests must be registered at reception for charges to host members and wrist bands be worn by guest swimmers for easy identification.

With a view to revamping the future development of various sports in USRC, where existing limited admissible intake of Short Term Subscribing Sports (STS-Sports) Members is not considered contributory to the respective Sections proper functioning and achievements, the Sports Director has recommended that STS-Sports Membership be abolished forthwith and to be replaced in future by more efficient and effective categories of sports membership where adult players attaining to international standing and junior ones with great potentials be recruited to represent participation in local and global leagues for the Club. After long and careful consideration by the GC at its last meeting, the motion was carried and Sports Director was tasked to explore and establish new and acceptable categories of sports membership in conjunction with all Sports Convenors for GC's consideration and approval. Regrettably this is a hard decision made by the GC but considered to be fruitful for our sports promotion and ultimate development. Details of the analysis, recommendation and resolution could be viewed from minutes upon displayed.

The new Projects Director has been working extremely hard on upkeeping our premises image and safety which include refurbishing of the pavement by the entrance and urgent repair of the much worn out tennis courts. There are many other projects that are underway including maintenance work on accommodation and major overhaul of the Marquee, etc., which can be monitored through minutes of our GC meetings and other notices around the Club, if interested. A big thank you to the Projects Sub-committee whose Members have contributed so much of their time, effort and most importantly, techniques and expertise in rejuvenating this Hong Kong's best kept secret.

Financial position remains sound and healthy with F&B revenue promising and cost control on target. Overall membership level is steady and being carefully watched to ensure an acceptable comfort zone level presently enjoyed by Members not eroded. However, one particular alarming issue I would like to draw Members attention to and cooperation with is that misconduct and unacceptable/ inconsiderate behavior by Members seem to be on the rise with membership cards being lent to others for unorthodox use, young children brought in to sauna room and soiled towels strewn everywhere around the Club, etc., resulting in several cases of serious offence and violation of bye-laws required to be dealt with through the Disciplinary Committee. I am sure you all would agree to pitch in and strive for excellence in making this wonderful Club a happy and orderly place for us to enjoy!

Now that families are back in town and kids back to school, we have many scheduled recreational events planned over the coming months. Please check our website and notice board for details. The upcoming one being the young ones for the Annual Swimming Gala scheduled for the 14th of October.

Best regards,

Patrick Cheung
Chairman

親愛的會員：

隨著這季悶熱與潮濕的天氣將近完結，我謹代表本會，向各位渡假回港、回到三軍會大家庭的會員表示熱切的歡迎！

備受讚揚的泳池設施，一向深受會員及其賓客歡迎，導致經常出現人滿之景。根據目前使用條款，賓客不能在周日及公眾假期使用泳池設施，但不少會員表達強烈訴求，希望將使用限制擴大至周一至周六，以免泳池過度擠擁。本會執行委員會已檢討賓客使用體育設備的情況及收費，並制定適用於所有體育部門 - 既標準化且平衡各方的措施，新的章程及收費公布後，會於 2018年9月1日正式生效。請各會員提醒使用體育設施的賓客，必須先在前台登記，以便向有關會員收費，游泳賓客亦需配戴本會手帶以茲識別。

鑒於目前體育部短期會員（STS Sports）不被認可或不予代表本會參與比賽，經本會重新審視各項體育活動的未來發展，體育部總監建議，體育部短期會員資格制度應予以取消，取而代之是更有效的會員資格及多效的制度。新制度容許已符合國際比賽資格的成年運動員，及有潛質的年青運動員，代表三軍會參與本地或國際性體育比賽。經過執行委員會在上次會議的審重考慮，此項動議獲得通過，體育部總監聯同體育部所有召集人，將籌劃及探討全新及可接受的體育會員類別，以供執行委員會研究及審批。對委員會來說，此舉無疑是困難的決定，但需知這個決定，將可提升本會未來體育水平及整體發展。至於分析細節、建議及方案，會於短期內作出公布。

另外，新任項目總監致力維護會址環境及其安全性，包括翻新入口的行人通道及緊急修復殘舊的網球場，其他工程亦密鑼緊鼓地進行中，計有：住宿設施的修護工程及Marquee宴會場的大維修等等。若會員有興趣了解更多資料，歡迎查閱執委會會議記綠及會內通告。在此本人向項目小組委員會致以深切的感謝，他們不但貢獻大量的時間、精力，最重要是其技術及專業知識，為三軍會這個隱秘之所，昇華至更優秀的層次。

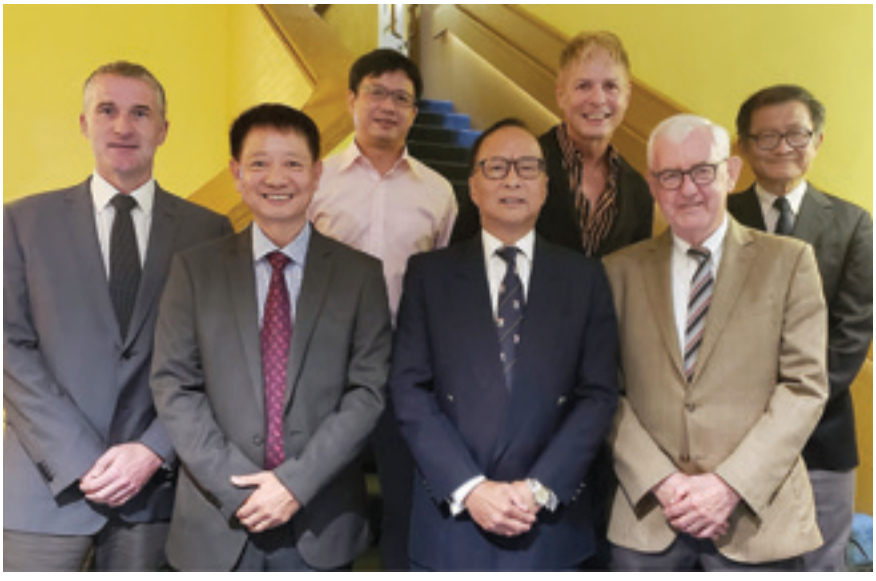
財務數據方面，餐飲收益良好，成本控制得宜，整體財務狀況持續健全及穩固。會員人數保持穩定，會內各職員致力確保會員及賓客，能享受理想的舒適環境，不會被騷擾或打亂。在此有必要提醒各會員，會內不當及不合理的行為正在增加，包括：會員卡借予他人作非正式用途、將幼童帶入桑拿房、或隨處亂丟污穢毛巾等等。數宗涉及行為嚴重失當及違反細則的個案，需交由紀律委員會作出研訊。我深信會員們皆同意，歸屬感及力求卓越，將會鞏固本會繼續成為快樂有序的會所！

暑假過後，生活回歸正常，三軍會已為未來幾個月籌劃多樣的康樂活動，請在本會網頁及會所內通告欄查閱各項活動詳情。即將臨近的大型活動，是為年青會員籌備- 10月14日舉行的年度游泳大賽，請各位踴躍參與。

辭夏迎秋，金風將至。下期再見！

張伯陶
主席

General Committee 2018



From left to right on bottom row:
Mr. Noel Burns, General Manager; Mr. Eddie Wu, Sports Director; Mr. Patrick P.T. Cheung B.B.S, Chairman; Mr. Felix Hart, Treasurer

From left to right on top row:
Mr. Kenneth Chiu, Environment, Grounds, & Community Relations Director; Mr. Tom Hermann Duttman, Projects & Security Director; Mr. K.C. Ng, Membership Director

Accommodation room renovations

The first half of the renovations for our accommodation rooms has started and three of the rooms in the Accommodations Block are presently under renovation. Work is mainly to the ceiling being repainted and fitted with new lighting and air-conditioning that provides both heat and cold. Replacement of the tiles and shower screen in the bathroom will be made as well as a few other touches with the furniture and art.

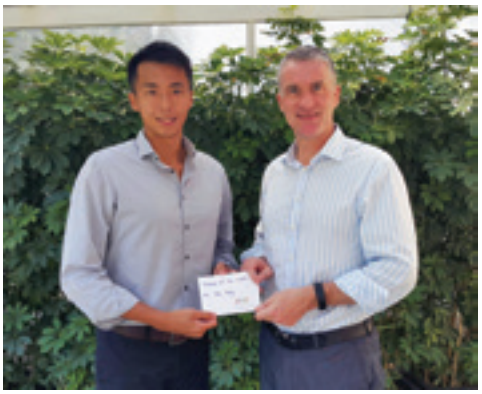
The anticipated completion date is by the first week of September.

Employee of the Month – July

Chan Ying San
Senior Waiter

Employee of the Month – August

Eric Fung
Sports Administrative Officer



Dear Member,

I hope that everyone made it through the exceptionally hot summer. In all my years in Hong Kong this one goes down as one of the hottest.

As you may have noticed, we have engaged a full-time security staff located near reception to make sure guests are registered and pay the requisite fees. We thank everyone for their support on rules enforcement, which invariably improves the overall atmosphere for all Members to enjoy their Club. General feedback has been only positive and this is a first step before we roll out our access control system.

The implementation of the controlled access system is getting closer and should be ready by the start of October. I would like to thank all the Members who sent in photos for their new Member Cards.

Over the next few months we will prepare new RFID-enabled cards for all eligible Members. When your cards are ready they will be available to pick up from the Front Desk. We will issue a card to Primary and Spouse Members, and also all dependent children between the age of 11 and 23.

I would like to include a brief note that the Club has received some concerns that some items have recently gone missing in the locker rooms. If you have any personal items go missing in the locker rooms, please inform the staff as soon as possible to improve the likelihood of us finding the item. Please try to ensure that you keep all personal items secure in a locker when you are not directly present.

As always, I look forward to seeing you around the Club.

Noel Burns
General Manager

親愛的會員：

今年是本人在港居住以來，最炎熱的一個夏季，估計各位也在這異常炎熱的季節找到您的綠洲吧。

會員們近期到訪，可能發現接待處附近有一名全職保安人員駐守，此舉以確保賓客已經登記及支付必要費用。新措施無疑有助改善整體會內氣氛，讓會員更享受在會內的時光，目前會員一般反應正面，在此感謝各位對措施執行的支持。增設保安人員是措施的第一步，稍後也會推出門禁保安系統，強化整體保安。

門禁系統實施日期臨近，預期10月1日初步就緒，感謝會員們寄回相片以便處理新會員證。未來幾個月，我們會密鑼緊鼓地籌備以無線辨識系統（RFID）運作的會員證。一旦證件準備好，各位可於前台領取。新會員證會發給所有初級會員及其配偶會員，亦包括11-23歲的子女會員。

溫馨提示：近期有會員關注更衣室遺失用品的問題。一旦您在更衣室遺失個人物品，請盡快通知工作人員，以增加尋回物品的可能；當您不在更衣室時，亦請確保個人物品存放在儲物櫃內。

一如以往，三軍會期盼您的到臨！祝好！

Noel Burns
總經理

United Services Recreation Club

Gascoigne Room 1911

Christmas Eve & Christmas Day Dinner

-- 24 & 25 Dec 2018 --

Seared scallops
Mushy pea puree, tomato and Edamame salad and Chorizo oil
Crusty rye bread croutons
or
Potted chicken liver mousse
Truffle Honey, Melba toasts
or
Crusty grilled rye bread, grilled green asparagus, 63 degrees poached duck egg
Fresh parmesan shavings and garden flowers

Italian seafood Brodetto
Assorted seafood in a rich tomato broth
or
Wild Mushroom soup
With truffle oil

Roasted butterball turkey with trimmings,
Potato lotus and Brussels sprouts
or
Cedar plank cooked seabass
Pumpkin and potato gratin, tomato confit, crabmeat and mussel sauce with chervil
or
Potato gnocchi, Porcini mushrooms
In a rich and creamy tarragon sauce

Christmas pudding with brandy Sauce
or
Dessert surprise

Coffee or Tea
Served with mince pies

Adult HK$ 488; Child HK$ 244 (Aged 3-11)

For reservations, please contact Gascoigne Room
at 3966 8650 or via email: fnb.adm.asst@usrc.org.hk

Cancellation & No-show Policy:
(1) 100% full charge penalty applies if the reservation is cancelled on the day of the event.
(2) 70% charge penalty applies if the reservation is cancelled on the day before.
(3) 50% charge penalty applies if the reservation is cancelled 2 days before.
(4) No penalty charge will be applied if the reservation is cancelled 3 or more days in advance.

United Services Recreation Club

Garden Cafe

Christmas Eve Set Dinner Menu

-- 24 Dec 2018 --

Home smoked and marinated salmon three ways
Micro salad and Melba toast

Or

Hot crab cakes with frisee and apple salad
Hot chili and garlic aioli

Or

Tomato Crostini
On crispy toasted rye bread

Boston Lobster Bisque
Aged brandy

Roasted butterball turkey with trimmings,
potato lotus and Brussels sprouts

Or

Potato gnocchi, porcini mushrooms
In a rich and creamy tarragon sauce

Christmas pudding with brandy sauce

Or

Yule log cake
With fruit coulis

Coffee or Tea

Adult HK$ 238; Child HK$ 122 (Aged 3-11)

For reservations, please contact Garden Café at 3966 8638
or via email: fnb.adm.asst@usrc.org.hk

Cancellation & No-show Policy:
(1) 100% full charge penalty applies if the reservation is cancelled on the day of the event.
(2) 70% charge penalty applies if the reservation is cancelled on the day before.
(3) 50% charge penalty applies if the reservation is cancelled 2 days before.
(4) No penalty charge will be applied if the reservation is cancelled 3 or more days in advance.

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#USRC

United Services Recreation Club
Hong Kong's Best Kept Secret

Christmas Day Champagne Brunch

Garden Marquee

Come join us for a bubbly Christmas Day brunch with free-flow wines,
Bloody Marys and a sampling of Santa's favourites, from 11:30 until 15:00.

Menu

Beverages Counter

Fresh squeezed pineapple, watermelon, apple, orange, carrot, pear,
celery, cucumber juice, wine bar and Pannier Champagne

Appetizers

Iberico ham station, smoked & gravlax salmon with capers and red onion,
Assorted Italian antipasti, two variety olives, grilled eggplant & zucchini,
marinated mushrooms, Boston lobsters, prawns, snow crab claws, king crab legs on ice

Salad Bar

Caesar salad, assorted lettuce mix, freshly grilled tuna Nicoise salad, grilled pork neck salad,
avocado dressing, balsamic and tomato dressing, Italian dressing, honey mustard dressing

Soup

Wild mushroom soup

Slow Cooking Fideua

Seafood paella made with short pasta instead of rice, fresh squid,
prawns, cod, salmon, mussels, clams, whelks, scallops, crab meat stock and tomatoes

United Services Recreation Club
Hong Kong's Best Kept Secret

Menu

Carvery

Whole roasted lamb with mint sauce & mint jelly, assorted mustard and gravy
Whole roasted suckling pigs with apple sauce
Maple syrup and chili rubbed, cedar plank smoked salmon fillets
Sous vide cooked and char grilled grass fed sirloin steaks
Whole roasted turkey with stuffing, chestnuts, cranberry jelly and gravy
Honey glazed Virginia ham with pineapple, Madeira sauce

Chinese Dishes

Prawns with celery and cashew nuts, lo hon vegetables, sweet and sour pork

Vegetables

Cauliflower gratin with cheese sauce, Brussels sprouts with nutmeg,
candied carrots, roasted roseval potatoes, steamed rice

Desserts

Fresh fruit platter with watermelon, papaya, pineapple, oranges, apples
Roasted marshmallow station, apple tart, mango caramel cake, assorted lamingtons, mini boutique desserts, mini cupcakes, marble cheesecake,
Christmas stollen, Christmas pudding with brandy sauce,
white chocolate bread and butter pudding with cranberries and vanilla sauce,
International cheese platter

Adult: HK$ 598 (With alcoholic drinks)
HK$ 498 (No alcoholic drinks)
Child: HK$ 298 (Aged 3-11)

For reservations, please contact Ms. Karen Yip
Tel. 3966 8632 or via email: fnb.adm.asst@usrc.org.hk

United Services Recreation Club
Hong Kong's Best Kept Secret

Christmas Day

Champagne Brunch

25th Dec 2018 (Tue)

11:30am - 3pm

at Garden Marquee

Adult HK$598(with alcohol)
Adult HK$498(without alcohol)
Child HK$298(Aged 3-11)

Come join us for a bubbly Christmas day brunch with free flow of wines, Bloody Marys & a sampling of Santa's favorites.

For further information about the menu or book a reservation,
please feel free to contact Ms. Karen Yip at 3966 8632 or via email: fnb.adm.asst@usrc.org.hk

LIKE US ON: #USRC

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(3) 50% charge penalty applies if the reservation is cancelled 2 days before.
(4) No penalty charge will be applied if the reservation is cancelled 3 or more days in advance.

USRC Swimming Gala 2018

Date: Sunday 14th October

Time: Starts at 1:00pm

Enrolment Deadline: Wednesday 10th October

- Swim with noodle
- Freestyle & Breaststroke (20m / 40m)
- Family & "Raft Out" Relay
- Age 3 or above
- Member's guests are welcome

Lunch Buffet at Garden Marquee
HK$98 for Adult
HK$48 for Child
(Starts from 12noon to 2:30pm)

United Services Recreation Club
Hong Kong's Best Kept Secret

Enrollment forms are available at the reception

For enquiry, please contact Eva Tsang on 3966-8628 or Eric Fung on 3966-8691

United Services Recreation Club
Hong Kong's Best Kept Secret

Effective from 1 September 2018

SPORTS FACILITIES BOOKING FEES FOR GUEST PLAYERS

SPORTS FACILITY	OPENING HOURS	FEES
SQUASH COURT 45 mins per session Last booking at 10:00pm	9:15am – 10:45pm	HK$40 per guest
No Guest Period: Weekdays: 6:15pm – 8:30pm Saturdays: 12:15pm – 5:30pm Sundays and Public Holidays: 10:00am – 1:00pm		
TENNIS COURT 1 hour per session Last booking at 10:00pm	7:00am – 11:00pm	HK$40 per guest
No Guest Period: Weekdays: 6:00pm – 9:00pm Saturdays: 1:00pm – 6:00pm Sundays and Public Holidays: Before 2:00pm		
CRICKET NET 1 hour per session Last booking at 9:00pm	8:00am – 10:00pm	HK$40 per guest
MULTI-PURPOSE AREA (Maximum 20 guests per session) 1 hour per session Last booking at 9:00pm	10:00am – 10:00pm	HK$40 per guest HK$500 (13 guests or above)
SNOOKER ROOM 1 hour per session Last booking at 10:00pm	10:00am – 11:00pm	HK$40 per guest

* **Guest are required to register at the reception and pay the appropriate daily fee(s).**
* **If the facility is not occupied within 10 minutes of the appointed time the booking is forfeited and may be re-booked by another Member.**
* **A penalty (HK$100 per booking) will be levied on Members who do not sign for the court whether the court has been used or not, unless a reasonable explanation has been given to the General Manager.**

SWIMMING POOL		HK$40 per guest
OPENING HOURS:	Monday to Friday	7:00am – 9:00pm
	Saturday, Sunday & Public Holiday	7:00am – 10:00pm

* **Guests are required to register at the reception or poolside kiosk and pay the appropriate daily fee(s).**
* **Closed for cleaning every Monday at 10:00am – 12:00 noon. If the day falls on public holiday, the cleaning day will be rescheduled for the next weekday.**
* **Daily guest passes will be issued and MUST BE WORN AT ALL TIMES for the duration of their visit.**
* **Shall not host more than 4 guests per account number in the poolside areas during daylight hours on Sundays and Public Holidays between 1 April and 30 September.**

For further information, please refer to the Club's Bye-Laws, copies of the Bye-Laws booklet is available at reception or you may download a copy from our website, Member Zone www.usrc.org.hk. USRC reserves the right of final decision in case of any disputes.

Classes & Activities at the USRC

Aqua Exercise
Abra Tsui
Email: ducgoo@gmail.com
$450 Private lesson
$250 Semiprivate lesson
Members only
Refer to instructor for schedule

Bridge
Mimi Wong
WhatsApp: 9120 3789
Email: usrcbridge@gmail.com
Thursday duplicate
9.30am-12.30pm
Pre-registration required

Cricket
Muhammad I. Gull
Tel: 9421 4741
Email: sportsofficer@usrc.org.hk

Individual Lesson (including) Beginners, Intermediate & Advance Cricketers
$350 per hour (member)
$400 per hour (guests)
Group Lesson (minimum 2 to 6 persons) – $700 per 1 ½ hour
Team Training (minimum 2 to 6 persons) – $800 per 2 hours
Junior's Individual Lesson
$300 per hour (member)
$350 per hour (guests)
Junior's Group Lesson (minimum 2 to 4 kids) – $600 per 1 ½ hours
Junior's Team Training (minimum 2 to 6 persons) – $700 per 1 ½ hours
(Beginners or any age kids are welcome)

Football
Alan Urmston
Email: alanu@netvigator.com
Wednesday: 7:30-9:00 pm, King's Park
$50 for 90 minutes' playing time (adult)

Gym Familiarisation
Contact Reception 3966 8600/611 for registration and scheduled class times – 30 minutes per lesson
Private lesson $100

Pilates
JM Pilates Studio
Tel: 9194 5856
Email: jmpilates@yahoo.ca

Group classes
$165 per class (member)
$1,650 for 10 classes (guest)
Monday: 4pm
Wednesday: 7.30pm
Friday: 4pm
Saturday: 10am and 1.45pm
Pre-registration recommended

Private lessons
$650 (member)
$700 (guest)
Available throughout the week, Monday-Sunday

Personal Training and Muay Thai Coaching
Humphrey Tsui
WhatsApp: 5541 2201
Email: Humphrey@allaboutaesthetics.com.hk

Personal Training 1 on 1 package
Trial Session $400
1 session $750
10 sessions $700
20 sessions $650

Small group 2 persons
1 session $450/person
10 sessions $400/person

Small group 3 persons
1 session $400/person
10 sessions $350/person

Playgroup
Nicola Barguss
Tel: 9775 4944
Tuesday: 9:30am, Friday: 9:30am
$50 for the first child (member)
$88 for the first child (guests)
$35 per additional child or parent

Squash
Ilyas Gull
Tel: 9421 4741
Email: sportsofficer@usrc.org.hk

Adults
1. Private lesson for adult $350 per hour
2. Group of 2 $600 per hour
3. Group of 2-4 $800 1½ per hrs

Juniors
1. Private lesson $300 per hour
2. Group of 2 $500 per hour
3. Group of 2-4 $600 1½ per hrs

Swimming Classes
Eric Fung
HKSCA Level 1 Coach
Tel: 9603 9620
Email: kyfung.eric@gmail.com

Private Lesson (for members only)
1 person - $460
2 persons - $620
3 persons - $780
4 persons - $880

Tennis Coaching
Battad Tennis Coaching Co
Andrea Charity U. Battad
Tel: 9026 5685 (evening till midnight)
Email: andreacharitybattad@gmail.com

Private Lesson
$600 per hour (member)
$700 per hour (guests)

Group Lesson (minimum 2 to 4 people)
$200 per hour per person (member)
$250 per hour per person (guest)

Tennis Coaching
Chris Hunt
HKTA Qualified Coach, Licensed Level II.
USRC Junior Tennis Teams Captain (Under 14s and Under 18s)
Tel: 9316 6191/ 2550 5094 (evening till midnight)

Drop-in group lesson:
$180 per hour per child
Saturday: 10am – 11am (beginners group)
Saturday: 11am – 1pm (intermediate group)
Thursday: 6pm – 7pm (intermediate group)

Super group lesson – by appointment only:
$260 per hour per child
Tuesday: 5pm – 7pm (improvement class I)

Thursday: 4pm – 6pm (improvement class II)

Private lesson (for members only):
1 person – $520, 2 persons – $680,
3 persons – $880, 4 persons – $1,080,
5 persons – $1,350, 6 persons – $1,620
$200 per hour per person (member)
$250 per hour per person (guest)

Yoga
Jesse Tong
Tel: 9488 5869
Friday: 10:30am – 12noon, $180 per lesson

Sunday	Monday	Tuesday
2 • Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm • Social LB 10:00am – 8:00 pm (All members) • Football YYL Game	**3** • Pilates Group Class 4 pm	**4** • Playgroup 9:30 am– 11:30 am • Social LB 2:30 pm – 6:30 pm (Club members) • Social LB 6:30 pm – 9:30 pm (All members) • Pilates Group Class 11:00 am
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23 30 • Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm • Social LB 10:00am – 8:00 pm (All members) • Football YYL Game	**24** • Pilates Group Class 4 pm	**25** • Playgroup 9:30 am– 11:30 am • Social LB 2:30 pm – 6:30 pm (Club members) • Social LB 6:30 pm – 9:30 pm (All members) • Pilates Group Class 11:00 am

SEPTEMBER 2018

Wednesday	Thursday	Friday	Saturday
			1 • Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm • Pilates Classes, 10:00 am, 1:45 pm • Squash Afternoon 2:30 – 5:30 pm (Ct 1 &2) • Lawn Bowl 12:00 – 2:00 pm (League Warm up) • Lawn Bowl 2:00 – 7:00 pm (League Games/ For LBS members if no league games) • Lawn Bowl 7:00 – 10:00 pm (LBS Members only)
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OCTOBER 2018

Wednesday	Thursday	Friday	Saturday
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United Services Recreation Club

Christmas Food Order Form 2018

Cold Mains	Price	Quantity	Amount $
Cold cut platter with roast beef, apple ham, country pate, salami, pastrami, and Parma ham (1000 grams per tray)	$208/tray	_____Tray	
Cheese platter with 5 cheeses, grapes, crackers and walnuts (1000 grams cheese per tray)	$328/tray	_____Tray	
Home-made sliced apple wood smoked salmon with Horseradish sauce (1000 grams per tray)	$328/tray	_____Tray	
Hot Mains	**Price**	**Quantity**	**Amount $**
Roasted Rose's maple glazed ham on the bone ***Size: Approximately 4.9-6.3 kg per one** ***Serves approx. 8-12 people**	$178/kg	_____Pcs	Exact amount will be charged according to its raw weight.
Roasted Rose's maple glazed ham on the bone ***Size: Approximately 8.6-9.9 kg per one** ***Serves approx. 14-18 people**	$178/kg	_____Pcs	
Roasted turkey with stuffing and cranberry sauce ***Size: Approximately 5-8 kg per bird** ***Serves approx. 8-12 people**	$138/Kg	_____Pcs	
Turkey and ham are all served with roast potatoes, red cabbage, Brussels sprouts, parsnips and gravy. **** Please note that all weights for cooked meats are raw weighted. ****			
From the Bakery	**Price**	**Quantity**	**Amount $**
Mince pie (60 grams per one pie)	$20/pc	_____Pcs	
Home-made Christmas pudding (500 grams in vacuum bag with 200 ml brandy sauce)	$168/pc	_____Pcs	

Minimum **THREE** working days advance notice for orders, available from 1 Dec to 30 Dec 2018.
Orders must be placed before 16 Dec 2018. Orders placed after that may not be fulfilled.

Name: _____ **Membership No.:** _____

Contact No.: _____ **(Mobile)** _____ **(Home)**

Date of collection: _____ **Time:** ☐ 10 A.M. – 12 P.M. ☐ 4 P.M. – 6 P.M.

Signature: _____

Please return this form to Ms. Karen Yip via email fnb.adm.asst@usrc.org.hk or hand it to the reception desk.
For inquiries, please feel free to contact Ms. Karen Yip at 3966-8632.

For Office Use

Date of order received: _____ Reference Number issued: _____

Order confirmed on date: _____ Order confirmed by: _____

Remarks: _____

United Services Recreation Club
Hong Kong's Best Kept Secret
Garden Café
New Year Eve Family Buffet
31 Dec 2018 ◆ 6pm ~ 10:30pm
HAPPY NEW YEAR!
Adult HK$ 512
(+$100 incl. unlimited Sparkling Wines)
Child HK$ 256 (Aged 3-11)
We apologize there will be no A La Carte on this night
For reservations, please contact Garden Café at 3966 8638
or via email: fnb.adm.asst@usrc.org.hk
Cancellation & No-show Policy:
(1) 100% full charge penalty applies if the reservation is cancelled on the day of the event.
(2) 70% charge penalty applies if the reservation is cancelled on the day before.
(3) 50% charge penalty applies if the reservation is cancelled 2 days before.
(4) No penalty charge will be applied if the reservation is cancelled 3 or more days in advance.
LIKE US ON :
#USRC

Happy New Year
New Year Eve Family Buffet
Garden Café ◆ 31 Dec 2018 ◆ 6pm - 10:30pm
Menu
APPETIZERS
Chilled prawns and snow crab legs on ice
Home smoked and marinated salmon with horseradish cream, onion and capers
Smoked turkey breast with apple celery and walnut salad
Mango, bell pepper and shrimp cocktail with dill mayonnaise
Shaved Serrano ham with pickled olives and cornichons
Selection of sashimi with soya, wasabi and pickled ginger
Chinese BBQ meat station with goose, pork, chicken, suckling pig, jellyfish and crispy cucumber
SALADS
Mizuna lettuce and baby gem lettuce
Tomato and toasted red pepper salad with basil
Mozzarella cheese and olive Tapenade
Cucumber with sesame seeds and crab meat
French dressing, Thousand Island and balsamic dressings
SOUPS
Seafood Brodetto
Served with garlic bread soldiers
Baker's board with rolls and whole breads
CARVING
Traditional turkey carving with stuffing served with chestnuts, cranberry sauce and giblet gravy
Roasted herb crusted prime rib of beef with green pepper corn cream sauce
CHINESE CONGEE STATION
Lobster congee
With fried dough stick, spring onions and peanuts
United Services Recreation Club
Hong Kong's Best Kept Secret

Happy New Year

New Year Eve Family Buffet

Garden Café ◆ 31 Dec 2018 ◆ 6pm - 10:30pm

Menu

Main Course

Roast rack of lamb on Horseradish and mustard potato mash with chorizo and basil olive oil

Chicken breast with saffron shrimp mousse on a basil cream sauce with vegetable pearls

Steamed local rock lobsters with ginger, scallions and coriander

Steamed garoupa with soya ginger sauce, scallions and coriander

Sautéed scallops and prawns with broccoli and XO sauce

Braised e-fu noodles with scallions

Chinese style crispy deep fried chicken

Roasted fingerling potato with thyme and rosemary

Seasonal garden vegetables

Fried rice with shrimps, scallops and vegetables

Dessert Buffet

Fresh fruit platter with melon, papaya, pineapple, oranges, apples, bananas, grapes & mangos

Assorted donuts, Mini boutique desserts, Mini boutique cupcakes

Christmas stollen, Christmas cookies, Christmas pudding with brandy sauce

International cheese platter

Adult HK$ 512 (+$100 incl. unlimited Sparkling Wines)

Child HK$ 256 (Aged 3-11)

United Services Recreation Club

Hong Kong's Best Kept Secret

For reservations, please contact Garden Café at 3966 8638 or via email: fnb.adm.asst@usrc.org.hk

Cancellation & No-show Policy:

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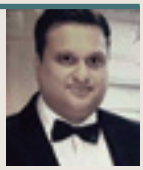
(3) 50% charge penalty applies if the reservation is cancelled 2 days before.
(4) No penalty charge will be applied if the reservation is cancelled 3 or more days in advance.

LIKE US ON :

#USRC

Cricket News

by Prateek Singhi
Cricket Convenor



The Cricket Section is currently in "off season" mode, awaiting the end of the Typhoon season and the return of drier weather for the start of the 2018/19 campaign in mid-September.

New committee

Following the recent AGM, a new committee has been formed to steer the section through the coming season, which will be packed with cricket at all junior age groups, Men's and Women's – in part, thanks to Cricket Hong Kong securing two new grounds.

The key positions in the committee will be held by:

Prateek Singhi (Convenor)
Shahzada Saleem Ahmed (Treasurer)
Michael Caves (Secretary)

2018/19 season

We are looking forward to an exciting year. Our Men's Elite team will be testing themselves in the top division of Sunday cricket, following their promotion.

Our Junior pipeline remains strong – maybe our U-11 squad can make it a hat-trick of championships?

U-11 Champions

Our Women will return and continue to progress, building on their 4 wins in the Development League.

Men's Saturday Cup knockout winners

Cricket training recommences from August 25th. The Junior Development Programme continues Saturday mornings. Boys and girls aged over 8 years can participate in the U-11 group from 10.30-11.30am (contact Kashif Shams: kashifshams74@hotmail.com). Training for the U-13 group runs from 11.30-1.00pm (contact Michael Caves: michael.caves@btinternet.com). These sessions will be supported by dedicated coaching from Imran Arif and Rameez Raja, who will also support our U-15 and U-17 squads under the guidance of head coach, Ilyas Gul.

U-17 Asia Tournament

Women's squad

Men's Sunday Division Champions

The women's section will continue their progress under the direction of Miss Ruchi, a member of Hong Kong's national squad. For full details of training sessions, please contact our head coach Ilyas Gull. (sportsofficer@usrc.org.hk).

National selection

Congratulations to Mohammad Umar, who has been selected for the Hong Kong National "A" Development Tour to Malaysia, providing him with a great opportunity to showcase his skills to the national coaches.

Football News

Alan Urmston
Football Convenor

Did You Enjoy The World Cup?
Do You Like To Play Football?
Then You Should Join The USRC Football Section!

We provide football for Club members and their guests at all levels of age, ability and fitness – and we work to improve you in at least two of these!

Interested? Read on.

The USRC has had a Football Section since 1995. In the past 23 years we have gone from a few members joining together to play friendly matches to where we are today, with three senior teams and a thriving junior section. In between, USRC teams have won some major honours:

Yau Yee League Division 1 Champions – 2008, 2009, 2014
Yau Yee League Cup Winners – 2015
Legal League Cup Winners – 2015
Legal League Division 2 Champions – 2014
Citi HKFC Soccer Sevens Masters Champions – 2015
Gothia Cup (Age 13) Winners – 2016

So we've achieved some pretty special things in local amateur football over the years, and hopefully will continue to do so, but that's not all we're about. We play mainly for fun and fitness and to help spread the joy of football to the local community though our charity football events.

In January 2019 we will hold our third event involving stars from yesteryear, local and USRC players of the future, as well as current Section players and members.

Our senior teams are USRC Gunners, USRC 1911 and USRC Vitesse.

Vitesse vs Caroline Hill Legends charity fund-raiser

USRC Gunners

Gunners play in Division 1 of the Legal League. This is a very competitive, open-age league with three divisions. In 2017-18, Gunners finished in runners-up spot, improving on their third-place finish from the previous year. They will be aiming to go one better in 2018-19 and become champions for the first time.

1911 team

1911 play in the Legends League, a competitive league for players who are over 35. We have been in this league for two years now and last season finished in third place. It's a good league to play in as the players take it seriously but play for fun as well.

Vitesse team

Vitesse is our social team. Players from all the Section play for fun and fitness. Our players range in age from 16 to 60. We play against other social teams and local charity teams to spread the love of football and bring some cheer to those who may need it.

Our teams play most of their games on Friday evenings and players are free to play for whichever team suits their level and availability.

Juniors in training

Our Junior Football Section is run in collaboration with Brasil Top Skills, who provide expert coaching and age-group teams for players from as young as 3 to those aged 16. Sessions run throughout the year at the USRC and at King's Park.

Where do we play?

We play at the beautiful King's Park Sports Ground, which is just a 10-minute walk from the Club. As members of the King's Park Sports Association, we have priority bookings for our training sessions and matches.

How do I get involved?

You can get involved in a number of ways, as a player for one of our teams, as a social player who just comes along to training on a Wednesday evening, as a parent of a budding Messi, or simply as a social member who enjoys the beautiful game. Just get in touch with us!

Senior Football: Alan Urmston
Call or WhatsApp: 9422 6484
Email: alanu@netvigator.com
Junior Football: Brasil Top Skills
Web: www.brasiltopskills.com

You can check the Football Section notice board for more information.

The new season starts in August so hope to see you then.

USRC LACROSSE

Lacrosse is a team sport that originated in North America. Indian tribes that practiced this discipline used to call it the younger brother of war because lacrosse tournaments were treated as preparation for the battle, they were played in a huge area and could stretch up to several days.

Regarded as the fastest game on two feet, lacrosse is a fast-paced, high-adrenaline game that's said to be a combination of soccer, hockey and basketball, played using a small ball and a long-handled stick with a pocket.

The sport is growing quickly, capturing the interest of education, sport and community groups. The athleticism, skills and finesse needed are pulling kids and adults of all ages to engage in lacrosse.

Several USRC members see this as a great opportunity to promote and introduce this exciting sport at the club. We are hoping to form a USRC social lacrosse team of an appropriate size.

Regular practices are being held currently, however we would love to see more familiar faces coming down to train with us. Weekly training sessions can help prepare our enthusiastic players to compete against other teams representing the club in the near future.

Aim

Our aim is to introduce and expand this sport within USRC by recruiting dedicated members ages 14 and up that are interested. On top of that, we will be looking into participating in competitive, fun league games against other clubs and local teams.

Weekly Practice: Friday 7pm-8pm at multipurpose court (FREE OF CHARGE for members) Weekly practices are fundamental, skill-based sessions packed with lots of fun! We are hoping to introduce this exciting sport to our members and the community.

DEMO DAY

SEPTEMBER 22nd & 29th 2-4 pm (Saturday)

USRC Multipurpose court
Age Bracket: 12 years and above

If you would like to know more, feel free to contact
Lorenza 97283349 or Leona 9177 6668

SIGN UP AT RECEPTION

Lawn Bowls News

by Irene Leung

July & August was a quiet period for the Lawn Bowl Section because our green was closed for maintenance and many of our players would arrange tours or to visit friends and relatives abroad.

Friendly game with HKCC on 8 July 2018

Before our green was closed for maintenance, a friendly game with Hong Kong Cricket Club (HKCC) was organized on 8 July, immediately after the first session of the summer premier league games were completed.

A group of 24 players from HKCC were invited to come to our Club and games carried on for over 3 hours. We were lucky with the weather as it was not too hot and with a cloudy sky, only a few droplets of rain were detected and it had not affected our game at all.

Light refreshment was served during break time, and the whole programme went smoothly, with fun and laughter all way through!

Overall result: one team from HKCC became champions and one of our USRC teams was first runners-up.

Game in progress

Before the games and fun started

Souvenirs were prepared by both parties.

HKCC presented their gift to USRC

Break and refreshment time

Champion team

In-house friendly game on carpet green on 22 July

Our members' desire for lawn bowls had not decreased while our home green was closed. A game among our members was carried out on 22 July after successfully booking 2 rinks at the Indoor Green Venue, Island East. Twelve of our members participated for 2 hours of games in these 2 rinks. This offered a good opportunity for members to practice on carpet green which is important as many league games would be played on carpet greens in away games.

It was really encouraging to find our members can spare their Sunday time to play a game with us! Their enthusiasm towards lawn bowls is highly appreciated!

Hong Kong International Bowls Classic 2018 Ladies' Pairs Tournament

This important function was held by Hong Kong Lawn Bowls Association (HKLBA) each year! Leading Lawn Bowlers of different countries from all over the world were invited to come to Hong Kong for this international tournament.

Our ladies' team was invited to participate in the Ladies' Pairs competition because USRC Lady A team is under Women's Division One Club.

An In-house qualifying competition for the said game will be carried out after our green opened. The winning team will represent USRC Lawn Bowls Section to compete in the above competition which will be held from 12-18 November, 2018.

Three teams had enrolled for the game and we wish them all good game and good luck.

First runners-up

Special arrangement to open green for practice

Our green was scheduled to officially open on 18th August with a roast pig cutting ceremony. However a special arrangement to open the green earlier, on 11th August, had been decided to give opportunity for our bowlers to come back to practice because some of the national games will start as early as 14th August.

However, due to typhoon Bebinca approaching HK, moving slowly, and bringing consecutive heavy rainyfall, we were forced to close green. This brought much disappointment to us all!

Front view

Side View

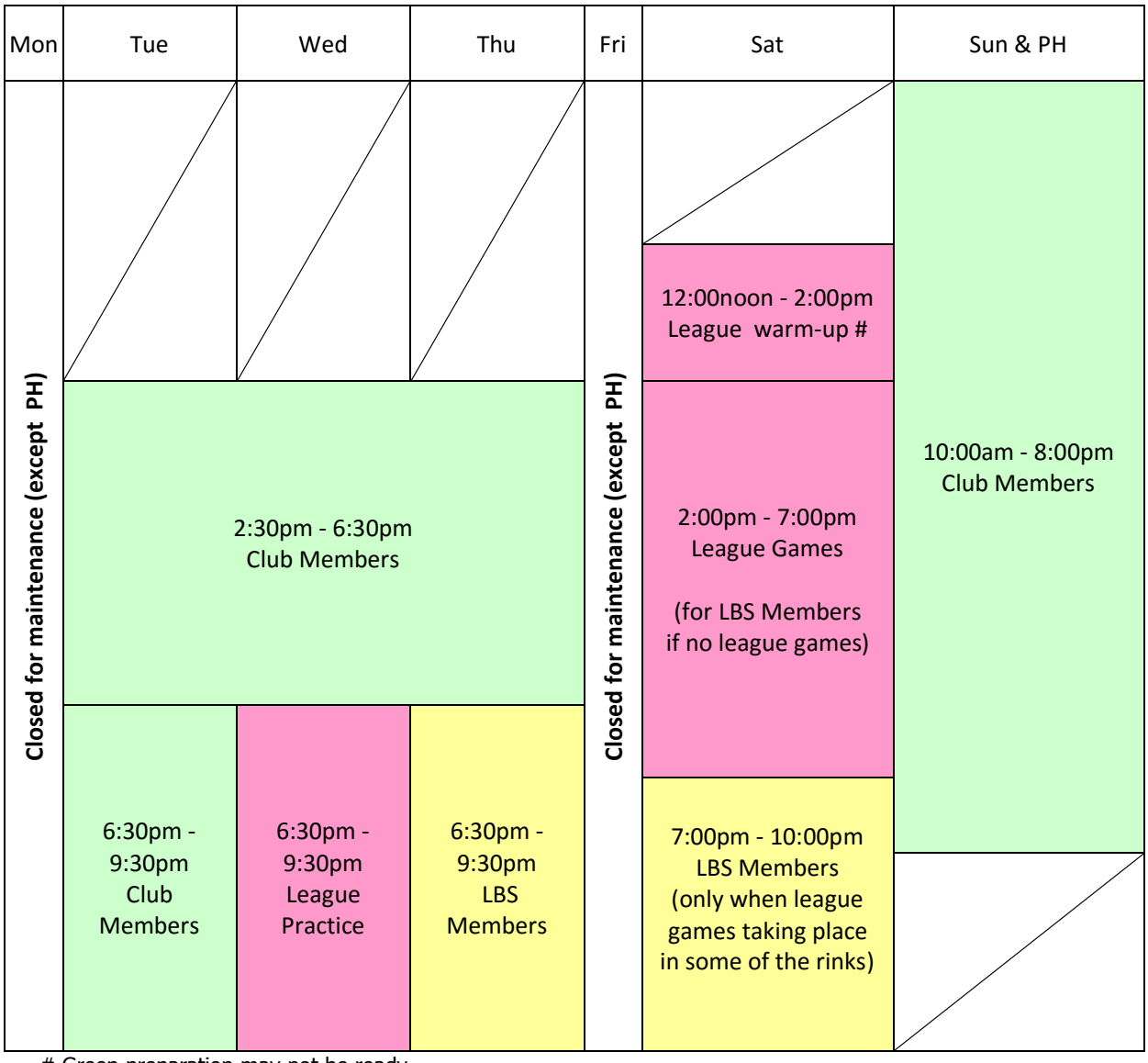
Improvement on green facilities

Thanks to our Greens Convenor, Mr. Ricky Mak's innovative idea, he and the administration office created some standing seats by the side of the green area. These can serve as temporary resting device for bowlers instead of standing. I am sure this set up would be very much appreciated by bowlers both among our members as well as for guest players because this area is too narrow for putting in chairs.

With everything in order, our bowlers are prepared to have good games in the coming league and national competitions. Wish us all good luck!

Use of lawn bowls green

Green opening time



Green preparation may not be ready

If public holidays (PH) fall on Tuesday, Wednesday or Thursday, the green opening hours and utilisation will follow Public Holiday arrangement.

1. Definition

- "Club" shall mean the USRC.
- "Green" shall mean the bowling green of USRC.
- "LBS" shall mean the Lawn Bowls Section of USRC.
- "HKLBA" shall mean the Hong Kong Lawn Bowls Association.
- "Leagues/ Competitions" shall mean leagues/ competitions organized by HKLBA, Lawn Bowls Section of USRC, or controlling bodies approved by the General Committee of the USRC.
- “Club Members” shall mean Members of the Club according to Memorandum & Article of USRC, their spouse or dependents.
- “LBS members” shall mean Section Members of Lawn Bowls Section according to Byelaw of the Club.
- "Guest" shall mean non-Club member.
- "Guest Player" shall mean guest representing the Club in Leagues or Competitions.

2. General rules

The green is open for lawn bowl playing to Club Members subject to the conditions stipulated below. It may be closed in case of inclement weather, or may be reserved for Leagues or Competitions or other events without advance notice.

- No player shall play on the green when the "Green Closed" notice is posted.
- Players must have received proper lawn bowl training before playing on the green (please contact the LBS Subcommittee for details of training).
- Players must wear flat-soled footwear when they play on the green. Proper lawn bowl shoes, or shoes approved by HKLBA, must be worn in Leagues and Competitions.
- Players must use ‘Mat’ when they play on the green.
- Denim blue jeans are not allowed during play on the green.
- Smoking, only at designated area near the green.
- Eating or drinking only around the green but not on the green.

3. Guest policy

LBS member shall seek permission from LBS Sub-committee before inviting guest(s) to play at the green. Guests are only allowed to play during the "Club Members" sessions and the following conditions apply.

- Each LBS member may bring only one guest in each calendar month.
- The same guest will not be allowed to play more than twice in USRC in each calendar month.
- The guest will not be permitted to play at the green if he/ she will have a match at our green in the next two weeks.
- The above restrictions may be lifted at the discretion of LBS Sub-committee if the guest is acting as Guest Player representing the Club in Leagues or Competitions.
- LBS members must register their guests in the "LBS Guests Sign-In Book", as well as the "Guest Book" of the Club before their play.
- The guest will only be allowed to play on the rink indicated by the LBS Sub-committee.
- LBS Sub-committee has the absolute discretion in granting permissions and imposing restrictions concerning the use of the green, and its decision shall be final.

4. Home green for competitions

LBS members intending to use the Green for Competitions shall notify the Green Convenor at least two days prior to the competition. The Green Convenor shall make the rink arrangement accordingly.

5. Rink accommodation

There is no rink reservation except for Leagues and Competitions. Each rink can accommodate up to eight players. Players are welcome to join in rinks that are not full.

6. Children on green

Children older than 12 years old, following General Rules, can play lawn bowl on our green. Children older than 8 years old accompanied by adult member may seek approval of LBS Sub-committee to play on the green. Ability test may be required before LBS Subcommittee granting approval.
Prepared by Lawn Bowls Section Sub-committee.

Effective from 18 Sept 2017

A great summer at the USRC!

Rugby News

Marco Cassandro
Rugby Convenor

It was a busy off-season with 10 players representing Hong Kong. Lee Ka To Cado, Yui Kam Shing and Kwok Pak Nga Eric experiencing the World Cup Sevens in San Francisco in July, in early August we had six of our premier team play against Western Force for the HK Dragons in Perth. Tyler Spitz, Joshua Hrstich, Craig Lodge, Casey Stone, Sam Purvis and Robbie Keith all put in very good accounts of themselves.

Hong Kong also managed to qualify for the repechage after beating the Cook Islands over two legs; Dan Barlow, Yui Kam Shing and Lee Ka To Cado all played massive roles over the two legs. Hong Kong ran out comfortable 51-0 winners over the Cook Islands in their Asia/Oceania play-off second leg at the Hong Kong Football Club on Saturday to keep alive their hopes of qualifying for the Rugby World Cup 2019.

The Asia Rugby Championship 2018 winners will now take their place alongside Canada, Germany and Kenya. The four team global repechage in November will determine the 20th and final qualifier for Japan 2019.

World Cup Qualifier

7's World Cup squad

Hong Kong Dragons

History

As we move into a new season once again with senior teams already training hard in preparation for Super Saturday on 22nd September, I thought it would be nice to give you a bit of history about the club before we become a part of the USRC community.

Formerly we were DEA Tigers which was formed in 1988 by a group of local students and teachers as part of the Duke of Edinburgh's Award Scheme, with many players coming from Po Leung Kok.

In 1995, when DEA won the HKRFU's 'Team of the Year Award', it had barely 15 members and played in the 5th Division, but by 1997 DEA boasted five teams playing in the men's leagues, including the Premiership, and a woman's team.

Kai Tak Mini Rugby Club was established in 1978, taking its name from the location of its training ground, adjacent to the old airport. At the time of the Handover, the British Forces rugby team, the Tigers, moved out of King's Park leaving behind a facility, including the Tigers' Clubhouse, that HK Rugby has subsequently made its own. At that time Kai Tak Mini Rugby Club relocated to King's Park, adopting the name 'Kai Tak Tigers', and a few years later, in 2002, merged with DEA whose teams by this time already played at King's Park. DEA had already become a natural filter club for Kai Tak Tigers and as such the two teams had developed a close association.

The new club was called DEA Tigers.

Upon completion of this merger, DEA Tigers had become one of the largest rugby clubs in Hong Kong with men, women, boys and girls of all ages, nationalities and skill levels playing rugby for the Club, in over 20 rugby teams every weekend of the season. DEA Tigers was only the second club in Hong Kong to cater for rugby at all levels.

At the beginning of the 2014/2015 season DEA merged with USRC, to become USRC Tigers!

Structure

The club is divided into three main sporting divisions:

1. Seniors (including Ladies) – Pre-season has started.
2. Youth (for children aged between 12 and 18) – Pre-Season has started.
3. Minis (for children from age 5 through to 11) – Starts on the 2nd September

Each has their own divisional committee elected from within the membership of that division and we provide for both male and female rugby at all levels.

The club is run by a General Committee consisting of six Elected Members and three ex-officio members who are the respective Chairs of each of the Seniors, Colts and Minis divisions, together with a number of co-opted members.

As a club we are excited about the season to come, with the premier men's team looking to build on winning the league last season and the women's team working hard to see if they can make it past the semi-final and challenge hard against the reigning champions, Gai Wu.

If you require any information about game, registration and participating, please contact rugby@tigersportslimited.com.

Tennis News

Martin Li,
Tennis Convenor

Charity donation

Thank you all for your support during the fund raising event at our Annual Dinner on 19th May. The raffle ticket and charity auction raised HK$30,000.00 with the donation going to Non-Government Organisation (NGO), Wai Ji Christian Service (基督啟懷智服務). Their mission is to reflect God's Love to people with intellectual and other disabilities by offering them support, advocating their social inclusion, defending their rights and liberties, and empowering them to make contributions to the community.

On 21th June, we arranged a cheque handover ceremony. Our Club Chairman, Mr Patrick Cheung, was responsible to present a cheque to Mr Sunny Wu who is Chief Executive of Wai Ji Christian Service. He thanked our Members for giving so generously to charity and would like to see if they can recruit some volunteers to assist the less-abled for their occasional events.

Mr Patrick Cheung passes the cheque to Mr Sunny Wu

From left Mr Ken Chan, Martin Li, Maide Sun, Patrick Cheung, Sunny Wu, Karen Kwong and a representative from Wie Ji Christian Service?

Volunteers required

We would appreciate our Section Members to join a most meaningful event on 13th Oct.

Please see the poster below and we welcome further enquiries.

Excellent result

Congratulations go to our Ladies' team on winning the Ladies Doubles 80+ match. The tournament was organised by The Hong Kong Veterans' Tennis Association and many of our members joined the prize presentation on 15th June.

Cindy Fung

Lina Tong

Congratulations go to Jenny Chu and Lina Tong for their excellent performance in winning the Masters Games 2018 (45+ Ladies Doubles).

From right to left: Lina Tong and Jenny Chu

Squash News

Colman Ng BBS
Squash Convenor

League Update
HK Squash Summer Leagues

USRC have 6 teams competing in the Summer League this year (4 in the Main League and 2 in the Junior League). At the halfway stage, both USRC 1 and 4 are in the medal positions. Our Junior Teams are also doing quite well with USRC 5 sitting at the top position of Division 9D and USRC 6 in 3rd position of Division 10C. Still much to play for in the second half of the Summer League campaign!

World Masters Championships

Following his recent successes in HK, USRC 1 Convenor, Joe Wong, decided to tackle the biggest challenge of all – the World Masters Championships in Virginia, USA. Joe came into this event unseeded and against world class opponents; he reached the semi-final, eventually finishing in 4th place in the Over-40 category. Well done Joe, a great effort.

Joe Wong at the World Masters Championship, Virginia, USA)

Squash Section Annual Dinner

The Squash Section Annual Dinner was held on 30 June 2018. The opportunity was also taken to present prizes to the winners of the 2018 Club Tournament. Congratulations to Charles, Wilfred, Marcus, Julian, Quincy and Adco for winning their trophies in the respective competitions.

For the first time we have new champions in all of the competitions. Newcomer, Charles Ko, won all his matches comfortably and will be a welcome addition to USRC 1 in the forthcoming season.

Congratulations to old master, Julian Ragless, for making it to both finals of the Open Championship and Masters. Unfortunately for Julian he was unable to defend his Masters title due to prior commitments that warranted his departure from Hong Kong before the finals.

Winners of the Club Tournament are summarized in the table below:

	Champion	Runner-up
Open Championship	Charles Ko	Julian Ragless
Plate Championship	Wilfred Lai	Adco Leung
Masters	Wilfred Lai	Julian Ragless
Handicap	Marcus Cheung	Quincy Chow

Members having a good time at the Squash Section Annual Dinner

Handicap Runner-up Quincy Chow

Club Champion Charles Ko

Plate and Masters Champion Wilfred Lai

HK Squash League Prize Presentation Dinner 2018

With the conclusion of the Winter League 2017/18, the HK Squash League Prize Presentation Dinner was held at the HK Football Club on the evening of 13 July 2018. Against all odds, our Team 4 and Masters M3 had shown their true mettle during the last few rounds of the league campaign by beating the top teams of the league table in the Final Playoffs. Team 3 also did well to secure their position as the 2nd Runner-up in Division 7A. The overall results of USRC in 2017/18 have been one of the best that I can recall in recent years.

In summary, USRC 3 claimed the 2nd Runner-up in Division 7A; USRC 4 was awarded Winner of the Final Playoffs and 1st Runner-up in Division 15B, while USRC M3 was awarded the Winner of the Final Playoffs and 1st Runner-up in the Division M3. Thank you, guys, for filling up our trophy cabinet.

USRC Team 3 with their trophies

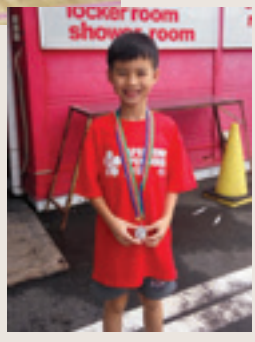
USRC Team 4 with their trophies

USRC Team M3 with their trophies

Japan Junior Open Squash 2018

Seven-year-old Aidan Yuen, our upcoming and rising star, took part in the Japan Junior Open Squash 2018 and had his first taste of winning a silver medal in the Under 9-year-old category. Being the youngest player of the tournament, Aidan's achievement has been very impressive for a young boy, having taken part in an overseas competition for the first time ever. Aidan is one of our junior players who clearly demonstrated his passion for squash and has been identified as a young player with good potential for further development. Well done and keep it up, Aidan!

Young Aidan (left) collecting his silver medal



Aidan with his silver medal

Chungbuk Squash Team from South Korea

Making friends after battling it out in the court

Visiting Squash Team from South Korea

On the evening of 6 August 2018, the Chungbuk Squash Team from South Korea visited USRC for a friendly match. As the visiting team comprised a total of 10 players, the home team had to be strengthened by calling in extra players from HKCC.

As expected, the battle with our overseas counterpart had been fierce and provided plenty of talking points as we witnessed some of the most stunning and spectacular shots, incredible returns and miraculous saves. Overall, a very high standard of performance was displayed by both teams in an evening full of action, excitement, sportsmanship and mutual respect. All participants in the event were rewarded with a dinner in the Garden Café with plenty of food and drink consumed in a delightful atmosphere. It has indeed been a thoroughly enjoyable evening for everybody who took part in the event.

Bridge News

Mimi Wong
Bridge Convenor

Overseas match

Congratulations to the winners of our Bridge team who competed in matches at Penang Club, Malaysia. The group travelled for the competition in July. The winners of Club team match were USRC 'B' team: Katy Chan, Raymond Mak and Inger Tong. The winners of Duplicate pairs were Mimi Wong and Gill Devereux. Their winning results meant that our players were rewarded for their effort of continuous training and practicing. It was not easy for our players to concentrate during play at the beginning as the game started in the early morning. After a sumptuous lunch provided by the Penang Club the match went on, our players regained their focus and did well, with spectacular results following:

Team game (1st July)

Team No.	Team	Total VPs	VPs against Team No. 1	2	3	4	5	6
6	USRC 'B'	134	30	23	20	25	36	**
2	Penang Club 'B'	127	34	**	22	29	25	17
3	USRC 'A'	103	30	18	**	19	16	20
5	Penang Bridge 'B'	99	38	15	24	18	**	4
4	Penang Bridge 'A'	95	26	11	21	**	22	15
1	Penang Club 'A'	42	**	6	10	14	2	10

Duplicate pairs (2nd July)

Position	Players	Match Points	Score %
East / West Winner	Mimi Wong & Gill Devereux (USRC)	143	59.58
North / South Winner	Dr Fook Weng & Fiona Chin (Penang Bridge)	142	59.17

Saturday bridge

The Bridge Section organises Saturday morning bridge. Our Section members volunteer to help the less experienced players with correct bidding and playing of boards. It is a good opportunity for our Club members to meet up and enjoy a social session together. At whatever level you play, you are very welcome to join us.

Thursday duplicate

Our duplicate game runs weekly throughout the year. It is suitable for experienced players who are already familiar with any of the contract bridge bidding system. Nonetheless, for novice players who know the basics well enough are also welcome to join.

The most popular bidding system adopted among our players is the American SAYC system. If you play with any other systems, please let us know in advance and we can find you a suitable partner. Our session is scored under the BridgeTab scoring system. Results and hand records will be available online right after the game.

Keep in touch

Bridge is a great way to keep your mind agile, while making new, like-minded friends. It's also hugely rewarding to learn, whether socially or competitively.

If you require any further information, please contact the Convenor at WhatsApp 9120 3789 or email usrcbridge@gmail.com

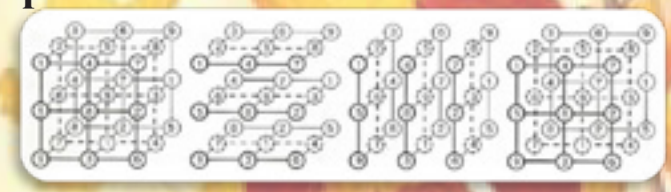
3-D SUDOKU

Rules for 3-D Sudoku

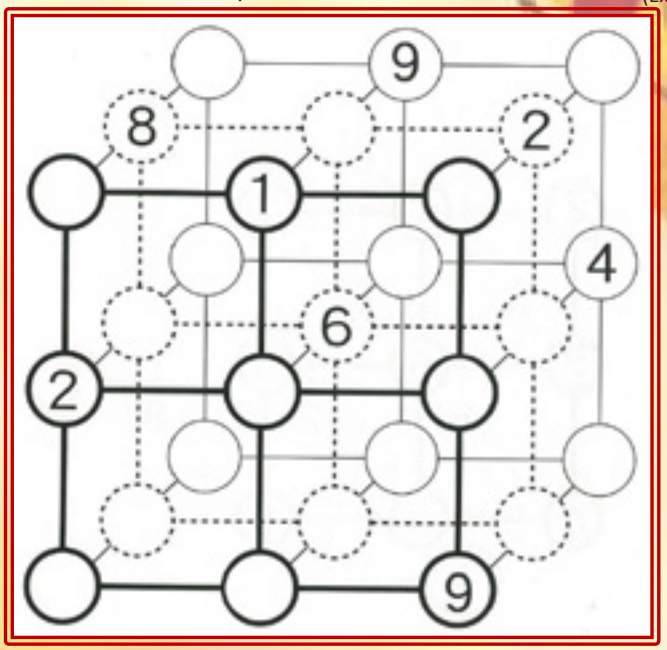
Below is a completed sample of 3-D Sudoku. You can see from the cross-section 3x3 diagram that digits 1 thru 9 only appears once and duplication is not allowed. The sum of each row (horizontal, Vertical, and frontal but count diagonal is not counted) in the cross-section must add up to be a multiple of 3, i.e. 6, 9, 12, 15, 18, 21, 24 etc.

Example

3D Sudoku (Horizontal) (Vertical) (Frontal)



(Example)



Fill in the blank with Digits 1 thru 9.

Submit your answer to the Club or fax 2724 0949 on or before Sunday, 7th Oct 2018. All correct entries will be placed into a draw. The Winner will receive 3 Courses Set Lunch for two person at Gascoigne Room. Good Luck!

Name: _____ Membership No: _____

Contact Tel No: _____

*Please note only one entry will be accepted per Membership

July & Aug Crossword Puzzle drawn by Lisa

Congratulations to July & Aug Crossword Puzzle Winner, Mr. Hon

Welcome Autumn

SPOT THE DIFFERENCE

THE LIBRARY

THE LIBRARY

1 2 3 4 5 6 7 8 9 10 11 12 13 14

Submit your answer to the Club reception on or before 7th October 2018. All correct entries will receive a FREE SMOOTHIE*

Name: _____M'ship no._____

Email: _____Contact No: _____

***Please note only one entry will be accepted per membership**

The Kobe Club

4-15-1 Kitano-cho, Chuo-ku
Kobe, Japan 650-0002
Tel: 078-241-2588
Email: kobeclub@office.email.ne.jp

History

The Kobe Club is the oldest foreign club in Western Japan, establish shortly after Kobe was opened to foreign trade. The Club was founded on May 1st, 1869, by 27 gentlemen in Native Town, an area near what is now Motomachi. The following year it moved to the new Foreign Settlement, renting space near the waterfront.

By 1879 the Club's membership had multiplied and it moved to Kano-cho where it prospered for 60 years until World War II when it was gutted by fire in 1945. The Kano-cho land has subsequently sold and the proceeds were used to purchase the land of the Tor Hotel where the Club stands today.

After the devastating 1995 earthquake, the Kobe Club was temporary home to 200 people left homeless by the disaster.

In 1998, the Club was renovated with beautiful hardwoods, new carpeting, wall treatments, freshening and modernising the look of the Club to update it for the 21st century. New meeting rooms were added to provide space for the business community.

In 2014 the Club proudly celebrated its 145th anniversary.

Home

The Kobe Club is a non-profit, private membership club serving Kansai's international community. Featuring fine dining and a wide range of events and activities, it is a centre of social, cultural and family life for the transient and long-term expatriate as well as the internationally minded local resident.

Located in a beautiful setting against the Futatabi Hills in central Kobe, Japan, the Club property includes manicured gardens, an outdoor swimming pool, a squash court, generous parking and a main building that houses dining and bar facilities, a ballroom, private meeting rooms, a fitness centre and shower/changing rooms. The well-appointed and spacious lounge bar overlooks the pool area and gardens, while the Kitano Terrace restaurant offers both casual and gourmet dining.

Please explore the Kobe Club through our website and contact us if you require additional information. If you are moving to the Kansai or are new to the area, our Club is an excellent place to start making friends and acquaintances and can indeed turn into a 'home away from home'.

About the Kobe Club

Located on a quiet, 10,000 sq. m wooded property near the heart of bustling downtown Kobe, the Kobe Club offers the perfect setting to relax and socialise.

The spacious Kitano Terrace restaurant with its sun terrace and comfortable seating for 60 features an extensive menu and wine list, as well as gourmet events and Sunday brunches. In addition, the main bar with its panoramic view of Kobe City is a favourite place to meet friends old and new.

Surrounded by peaceful gardens and set against the Futatabi foothills, the Club's outdoor swimming pool is unequalled in Kansai as an oasis for fun and relaxation. Open June through September, the pool area includes a sun terrace, and drinks and snacks are available from the pool gazebo. A wading pool is provided for small children. During the summer, barbeque events and a swimming gala are held.

Other facilities include a regulation-size squash court, a sauna and a fully equipped fitness room where aerobic sessions and karate classes are held weekly. Changing rooms with lockers and showers are located adjacent to the fitness room, as is a children's playroom.

List of Reciprocal Clubs

COUNTRY	CITY	CLUB NAME
AUSTRALIA	Adelaide	Naval, Military & Air Force Club of South Australia
	Brisbane	United Service Club
	Canberra	Canberra Club
		The Commonwealth Club
	Melbourne	The Kelvin Club
		Kooyong Lawn Tennis Club
		Royal Automobile Club of Victoria
		The Royal South Yarra Lawn Tennis Club
	Perth	The Western Australian Club
	Sydney	The Royal Exchange Club of Sydney
		Royal Automobile Club of Australia
BELGIUM	Brussels	International Club Chateau Sainte-Anne
	Gent	International Club of Flanders
BRAZIL	Rio De Janeiro	Clube Americano Do Rio De Janeiro
CANADA	Vancouver	Hollyburn Country Club
		Jericho Tennis Club
		Terminal City Club
	Victoria	Union Club of British Columbia
CHINA	Taipei	American Club
FRANCE	Paris	Saint James Paris
GERMANY	Berlin	International Club Berlin
	Frankfurt	Union International Club
INDIA	Ahmedabad	Karnavati Club
	Bangalore	Greenacres Country Resort
	Cochin	International Club
	Jaipur	Jaipur Riding and Polo Club
	Jodhpur	Umed Club
	Kerala	Sri Mulam Club
	Mumbai	Golden Swan Country Club
		Royal Bombay Yacht Club
		The Bombay Presidency Radio Club
		The Umbergaon Club
	Pune	Residency Club
INDONESIA	Medan	The Exchange Club
IRELAND	Dublin	The Stephen's Green Club
JAPAN	Kobe	Kobe Club
KENYA	Nairobi	Nairobi Safari Club
	Mombasa	Mombasa Club
LUXEMBOURG		Cercle Munster
MALAYSIA	Ipoh	Royal Ipoh Club
	Johor	Segamat Country Club
	Kuala Lumpur	Royal Commonwealth Society
	Penang	Penang Club
	Port Dickson	Royal Port Dickson Yacht Club
	Sabah	Sandakan Yacht Club
		The Tawau Yacht Club
MEXICO	Guadalajara	University Club de Guadalajara
		El Palomar Country Club
	Mexico City	The University Club of Mexico

COUNTRY	CITY	CLUB NAME
NEW ZEALAND	Auckland	The Northern Club
	Dunedin	The Dunedin Club
	Napier	The Hawkes Bay Club
	Wellington	The Wellesley Club
		The Wellington Club
PHILIPPINES	Baguio City	Baguio Country Club
	Cebu City	Sports Club Cebu
PORTUGAL	Lisbon	Gremio Literario
	Oporto	Oporto Cricket & Lawn Tennis Club
SINGAPORE		Camden Park Hollandse Club
		Orchid Country Club
		Singapore Ceylon Sports Club
		The Chinese Swimming Club
SOUTH AFRICA	Cape Town	The Cape Town Club
	Durban	Durban Club
	Grahamstown	Albany Club
SPAIN	Barcelona	Círculo Ecuestre
	Bilbao	Sociedad Bilbaina
	Madrid	La Gran Pena
SWEDEN	Stockholm	Military Club of Stockholm
THAILAND	Bangkok	The British Club
TRINIDAD	Port of Spain	Trinidad Union Club
UK-ENGLAND	Bath	The Bath & County Club
	London	The Army & Navy Club
		Carlton Club
		Naval & Military Club
		St. James Hotel and Club
		The Lansdowne Club
		The Liberal Club
		The Walbrook Club
UK-N.IRELAND	Belfast	The Ulster Reform Club
UK-SCOTLAND	Aberdeen	The Royal Northern and University Club
	Edinburgh	The New Club
		The Royal Scots Club
U.S.A.	Bellevue	Bellevue Club
	Berkeley	The Berkeley City Club
	Cincinnati	Cincinnati Athletic Club
	Kansas	The Kansas City Club
	New Haven	New Haven Lawn Club
	New York	The Cornell Club
		The Williams Club
	Philadelphia	The Racquet Club of Philadelphia
	Portland	University Club of Portland
	San Francisco	The Marines' Memorial Club & Hotel
	Santa Barbara	Santa Barbara Club
		University Club of Santa Barbara
	Seattle	The Rainier Club
	Washington DC	The Army & Navy Club

Clubs in bold are recently added clubs to our reciprocal list

United Services Recreation Club

Upcoming Workshops

September 9 月

Mid-Autumn Rainbow Calligraphy

彩虹書法賀中秋

October 10 月

2D & 3D Latte Art Workshop

咖啡拉花工作坊

November 11 月

Handmade Organic Soap Workshop

有機手工皂工作坊

December 12 月

Christmas Handmade Candle Workshop

聖誕手工蠟燭工作坊

Photos above for reference only

以上圖片只供參考

Details of the workshop registration will be announced later

有關工作坊之報名詳情將稍後公佈