OASIS

November-December 2018

Your *oasis* — a place where you can find tranquillity and sustenance
USRC Members' Bi-monthly Magazine

Accommodation room renovations

The first half of the renovations for our accommodation rooms has been completed and three of the rooms in the Accommodations Block have recently been renovated with mainly the ceiling being repainted and fitted with new lighting and air-conditioning that provides both warm and cool air.

Replacement of the tiles and shower screen in the bathroom area has been made and sink and faucet fittings have also been replaced and upgraded.

New room rates

From HK$880 – Standard Room (per room, per night and subject to 10% service charge)
From HK$1,080 – Superior Room
(Per room, per night and subject to 10% service charge)

Plus exclusive privileges:

- Daily continental breakfast at Garden Café (served from 8:00am-11:00am)
- Complimentary Wi-Fi in guest room and public area of the Club
- Complimentary in-room broadband TV service
- Complimentary newspaper
- Use of Club facilities

Contact room reservations for your stay at 3966 8600 / 3966 8678 or email rooms@usrc.org.hk

United Services Recreation Club

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Email: chairman@usrc.org.hk
Treasurer Felix Hart
Email: treasurer@usrc.org.hk
Membership Director K.C. Ng
Projects & Security Director Tom Hermann Duttmann
Sports Director Eddie Wu
Grounds, Environment & Community Director Kenneth Chiu

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Alfred Cheng
Joanne Martin
Andrew Kwan
Lily Tam
Viveka Mansukhani

Disciplinary Sub-committee
K.C. Ng
Felix Hart
Eddie Wu
Viveka Mansukhani
Eric Heung
Ringo Chiu
Brian McArdle

Sports Sub-committee
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Football Alan Urmston
Lawn Bowls David Robinson
Rugby Sam Hocking
Squash Chung Leung
Tennis Alfred Cheng

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Advertising
To advertise in Oasis, please contact Natalie Banday at USRC.
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Dear Fellow Members,

The final quarter of 2017 is underway with Christmas and New Year being just around corner. As usual November and December will be very busy as your Club prepares for the year-end functions and activities. When planning your social and business banqueting, and also take-away catering orders for the festive seasons, please keep the excellent services of the USRC in mind and make early bookings to avoid disappointment. Full details of planned events and booking arrangements are readily available on our website and in this edition of Oasis.

Congratulations to all the participants of the Annual Swimming Gala on making this family event a huge success this year and gratitude to the staff and management for all their coordination and hard work. Every members of the families thoroughly enjoyed competing in the races organised in the new pool. Furthermore, great value was had from the sumptuous buffet lunch provided by our F&B dept. It was a highlight of the day and gained much appreciation from all of our patrons. A big thank you goes out to Marco and his catering team!

With the onset of the beautiful weather, various sporting sections are in full swing participating in winter leagues or international competitions. The General Committee wishes all participants the very best of luck in their best endeavours.

As to Club affairs, I am glad to say that the USRC continues to remain in good shape with a healthy state of finance being enjoyed and the membership level being strengthened progressively without current comfort level of all facilities afforded to Members being diluted.

For the fulfilment of our corporate social responsibilities commitments, a Social Responsibility Sub-committee chaired by the Grounds, Environment & Community Relations Director, Kenneth Chiu, is being formed to promote and coordinate all philanthropic events organised by individual sports sections and the Club as a whole.

On behalf of the General Committee, may we wish you a very happy Christmas and a prosperous New Year.

Patrick Cheung
Chairman

親愛的會員：

踏入第四季，意味即將迎來普世歡騰的聖誕節及新的一年。一如每年的11月及12月份，三軍會執委會皆為籌備年底的各項活動及宴會忙得不可開交。在慶祝佳節時，無論是與良朋共聚、商務宴客或餐飲到會，別忘記三軍會優質的餐飲服務，必是您不二首選。請儘早預約以免訂位爆滿。各項餐飲與宴會活動及預約安排的細節，請參閱本會網頁或今期期刊內容。

另外，本年度游泳大賽完滿結束，感謝會員的參與和熱切投入，為這個家庭活動帶來巨大的成功，本人對活動籌委及工作人員的協調及努力表示衷心感謝，參與活動的家庭成員亦非常享受在新泳池作賽。此外，當日的另一個亮點，是餐飲部門供應了極高水平且豐盛的自助午餐，獲得所有來賓高度的讚揚！再次感謝Marco與他領導的餐飲部團隊！

金風颯颯，秋去冬來，各個運動部門將全面參與不同的冬季聯賽或國際體育比賽，執行委員會謹此祝願各位一切順利。

會內事務方面，我欣然向各位宣佈，三軍會財務狀況持續穩健、會員基數有序增加，會內各項設施繼續維持理想水平。

為了履行本會的企業社會責任，土地、環境及社區關係董事Kenneth Chiu先生，將會統籌一個社會責任小組委員會，專責協調及推廣整個三軍會及各個體育部門所有的慈善活動。

最後，我謹代表三軍會，預祝各位聖誕快樂，新年進步！

張伯陶
主席

Chairman at the reception with Secretary for Security, Mr. KC Lee

Our Chairman was a guest of the 69th Anniversary of the Founding of the People's Republic of China

United Services Recreation Club
Hong Kong's Best Kept Secret

Gascoigne Room 1911

Christmas Eve & Christmas Day Dinner

-- 24 & 25 Dec 2018 --

Seared scallops
Mushy pea puree, tomato and Edamame salad and Chorizo oil
Crusty rye bread croutons
or
Potted chicken liver mousse
Truffle Honey, Melba toasts
or
Crusty grilled rye bread, grilled green asparagus, 63 degrees poached duck egg
Fresh parmesan shavings and garden flowers

Italian seafood Brodetto
Assorted seafood in a rich tomato broth
or
Wild Mushroom soup
With truffle oil

Roasted butterball turkey with trimmings,
Potato lotus and Brussels sprouts
or
Cedar plank cooked seabass
Pumpkin and potato gratin, tomato confit, crabmeat and mussel sauce with chervil
or
Potato gnocchi, Porcini mushrooms
In a rich and creamy tarragon sauce

Christmas pudding with brandy Sauce
or
Dessert surprise

Coffee or Tea
Served with mince pies

Adult HK$ 488; Child HK$ 244 (Aged 3-11)

For reservations, please contact Gascoigne Room
at 3966 8650 or via email: fnb.adm.asst@usrc.org.hk

Cancellation & No-show Policy:
(1) 100% full charge penalty applies if the reservation is cancelled on the day of the event.
(2) 70% charge penalty applies if the reservation is cancelled on the day before.
(3) 50% charge penalty applies if the reservation is cancelled 2 days before.
(4) No penalty charge will be applied if the reservation is cancelled 3 or more days in advance.

Employee of the Month – September

Daniel Lau
Receiving Department

Employee of the Month – October

Kaye Yau
F & B Captain

IMPORTANT NOTICE

NEW Membership Smart Card Replacement

The new membership cards are ready for collection. Please obtain your new card by simply presenting and returning your existing one at the Club reception from **12th November, 2018**.

This membership card replacement also includes Spouse card and all dependants under 23 and over 11 years old and the Member is required to provide a recent photograph for their new smart card. After this date, only up-to-date cards holding a verifiable signature and photo will be accepted.

Your proximity card has your account details making it easy to pass through RFID control points and purchase F&B at any of our outlets.

It's advisable to carry your card with you each time you enter the Club.

Dear Member,

Soon you will receive a letter regarding the Annual Staff Gratuity Fund. This money is given to staff recognising their hard work throughout the year. The standard contribution, by way of your January 2019 monthly statement, is $500 per membership and it is an opt-out system.

Thank you so much to those who have already contributed, we are sincerely grateful for your generosity. For those of you who have yet to respond, you have until the end of January, 2019 to do so.

It's hard to believe Christmas is nearly upon us again. The Club has a full festive programme; some days are already filling up so please reserve your table now. Also, mark in your calendar the 7th of December for the lighting of the Club lights. Complementary mulled wine and pies will be served.

In an effort to offer a creative element to our workshop classes, Irene, from the office, has arranged two classes – Handmade Soap (11th November) and a Christmas Candle Workshop (12th December). Numbers are limited. Please refer to the information in this issue.

On a final note, to keep you up to date with the redevelopment, I'm pleased to share with you that the Club has appointed a contractor to start work on the entrance stairway to the Club and our various pathways. You may see several engineers around the Club in the coming months working on this much needed enhancement. This is very much weather dependant and we anticipate this work to take upwards of three months to complete.

More exciting projects are underway and you can expect to hear more about these in the coming months.

I wish you a wonderful Christmas break with family, friends and a well-deserved rest, and look forward to seeing you at the Club soon.

Noel Burns
General Manager

親愛的會員：

各位好！
溫馨提示各位會員，將會收到本會年度職員酬金基金的信函。該基金旨在回饋本會職員，以表達對他們辛勤工作的認可。根據 2019年度1月份報表，每位會員的標準捐獻為500港元，但也可選擇不作捐款。本人在此先行感謝已捐款的會員，衷心感激慷慨的您，還未捐款的會員們，可於 2019年 1月底或之前作出行動。

一年容易又聖誕，三軍會已為聖誕及新年佳節籌劃全面的節目活動，須知部份日期預約已經爆滿，請儘早預留訂位；另外，本會聖誕燈飾亮燈儀式將於12月7日舉行，當日會為各來賓供應免費的熱葡萄酒及餡餅，期待您的光臨！

為了為會員興趣班注入創意原素，三軍會同事Irene安排了兩項特色課堂予會員參與，分別為 11月 11日的手工皂製作班及 12月 12日的 聖誕蠟燭製作班。參與人數有限，報名詳情請參閱會內資訊。

最後，有關設施翻新的最新消息，是本會已委託承建商，就會所入口樓梯及場內不同的行人路開展復修工程。未來幾個月，會員們將見到數個工程人員在不同區域中進行緊急的復修工作，工程進展視乎天氣，預期需時三個月方始完成。

我們正在籌備更多令人興奮的項目，各位會員在未來幾個月會陸續收到更多的資訊。在此預先祝願您與親友有個難忘的聖誕，一起歡渡佳節。一如以往，請繼續關注三軍會，我們期盼您的蒞臨!

Noel Burns
總經理

United Services Recreation Club
Hong Kong's Best Kept Secret

Garden Cafe

Christmas Eve Set Dinner Menu

-- 24 Dec 2018 --

Home smoked and marinated salmon three ways
Micro salad and Melba toast

Or

Hot crab cakes with frisee and apple salad
Hot chili and garlic aioli

Or

Tomato Crostini
On crispy toasted rye bread

Boston Lobster Bisque
Aged brandy

Roasted butterball turkey with trimmings,
potato lotus and Brussels sprouts

Or

Potato gnocchi, porcini mushrooms
In a rich and creamy tarragon sauce

Christmas pudding with brandy sauce

Or

Yule log cake
With fruit coulis

Coffee or Tea

Adult HK$ 238; Child HK$ 122 (Aged 3-11)

For reservations, please contact Garden Café at 3966 8638
or via email: fnb.adm.asst@usrc.org.hk

Cancellation & No-show Policy:
(1) 100% full charge penalty applies if the reservation is cancelled on the day of the event.
(2) 70% charge penalty applies if the reservation is cancelled on the day before.
(3) 50% charge penalty applies if the reservation is cancelled 2 days before.
(4) No penalty charge will be applied if the reservation is cancelled 3 or more days in advance.

LIKE US ON :
#USRC

Lunch on a Princess Cruises ship

We were invited by Princess Cruises, and some of our new Members had a wonderful tour of the ship on 29 August. The tour organiser had also prepared a birthday surprise for some of our members.

Princess Cruises is a cruise line owned by Carnival Corporation & plc. and has 17 ships which cruise worldwide and are marketed to both American and international passengers.

A thank you goes out to the staff of Princess Cruises for the arrangements and we hope to bring new experiences to our members in the future!

The time for action is now

The world's leading climate scientists, the UN Intergovernmental Panel on Climate Change (IPCC), have warned there are only a dozen years for global warming to be kept to a maximum of 1.5°C. As rise in temperatures beyond that, by even half a degree, will significantly worsen the risks of drought, floods, extreme heat and poverty for hundreds of millions of people.

The world is currently 1°C warmer than it was during the pre-industrial era. Devastating hurricanes in the U.S., record droughts in Cape Town, and forest fires in the Arctic, make clear that climate change is already happening and have led the IPCC to upgrade its risk warning from previous reports.

If planetary temperatures rise by 2°C, extremely hot days—such as those experienced in the northern hemisphere this summer—would become more severe and common, increasing heat-related deaths and causing more forest fires.

But if planetary temperatures rise by 1.5°C, the proportion of the global population exposed to water stress could be 50% lower than at 2°C, the IPCC notes. Food scarcity would be less of a problem and hundreds of millions fewer people, particularly in poor countries, would be at risk of climate-related poverty.

The greatest difference would be in nature. Plants, and the insects vital for their pollination, are almost twice as likely to lose half their habitat at 2°C compared with 1.5°C. According to the Guardian, coral would be almost entirely lost at the higher of the two temperatures, but more than 10% of the world's coral has a chance of surviving if the lower target is reached.

In other words, communities across the planet need to pull together to avert environmental catastrophe. And that includes the Hong Kong community and the community here at your club. Here are some of the initiatives we're taking.

Reducing plastic waste

The abundance of plastic production in the past 40 years has created a host of landfill problems. Burning plastics is not a viable alternative as it generates harmful toxins and recycling efforts do not keep up with demand. As a result, plastics continue to fill up landfills.

While it only takes 12 minutes to create a plastic bag, it

takes 500 years, or more, for the plastic to completely biodegrade in a landfill.

As a socially responsible organisation, your club has stopped giving out plastic bags for takeout meals and we are working on a solution to replace the plastic takeout boxes with some durable, environmentally friendly alternatives. Two months ago, we replaced all plastic straws with paper ones.

Putting food waste to use

The Social Responsibility Sub-Committee has been looking at composters with a view to buying one for your club. With a composter, we will be able to turn the club's food waste into compost within 24 hours, and use the compost as fertiliser around our lush grounds.

We have looked at different machines with different technology and conducted site visits. Our recommendation has now been made to the General Committee.

Herb garden

Typhoon Mangkhut completely destroyed our herb garden that, until the storm hit, was producing up to a fifth of the herbs used in our dining outlets. The Social Responsibility Sub-committee is looking into ways to re-build the garden, or, if not, to find an equally environmental friendly ways to obtain the freshest herbs for our culinary enjoyment.

USRC community initiatives—United in Service

Being a good neighbour means more than carefully stewarding our shared environment. It also means reaching out to help deserving members of the Hong Kong community. Here are some of the initiatives:

Lawn bowls section charity event

This very successful annual event will take place on Nov. 4 this year, with the Hong Kong Guide Dogs Association as the nominated charity. Many teams have been invited to take part in friendly matches here at the USRC. The event will likely have been concluded by the time you read this, but if previous years are anything to go by it will have been another extremely well organised fun day for all.

Football section charity event

This annual event held at King's Park is gaining popularity. This year, our guest team is Happy Valley 80 (愉園元老). This ex-professional footballers' team consists of many household names of the era, including players of the Hong Kong team. They will play against the USRC on Jan 12, 2019, and we are expecting a crowd of 500 to 1,000. Entry is free. Please mark your diary, and be sure to come and support the Club. We would like to acknowledge the generous support of sponsors, including the MTR, DBS, SOCAM Development, and others.

USRC Club charity event

Last, but not least, your Club will be hosting a charity luncheon event in the afternoon of Jan. 12, 2019. This new initiative, under the banner of "United in Service," will see us host about 300 senior citizens from different parts of Hong Kong. It is our way of showing appreciation to those who have contributed towards the success of Hong Kong, and to show that they have not been forgotten.

Your participation is always welcome. If you have some spare time and wish to volunteer as support staff; or if you wish to help entertain our guests; or you wish to donate some table prizes; simply contact the General Manager or any member of the Social Responsibilities Sub-committee.

Kenneth Chiu
Grounds, Environment & Community Relations Director

Social Responsibilities Sub-committee members:

Lavina Advani
Liam Fitzpatrick
Bernie Harrad
Frank Kam
Billy Lau
Jennifer Lee
Helen Lo

United Services Recreation Club
Hong Kong's Best Kept Secret

Christmas Day Champagne Brunch

Garden Marquee

Come join us for a bubbly Christmas Day brunch with free-flow wines,
Bloody Marys and a sampling of Santa's favourites, from 11:30 until 15:00.

Menu

Beverages Counter

Fresh squeezed pineapple, watermelon, apple, orange, carrot, pear,
celery, cucumber juice, wine bar and Pannier Champagne

Appetizers

Iberico ham station, smoked & gravlax salmon with capers and red onion,
Assorted Italian antipasti, two variety olives, grilled eggplant & zucchini,
marinated mushrooms, Boston lobsters, prawns, snow crab claws, king crab legs on ice

Salad Bar

Caesar salad, assorted lettuce mix, freshly grilled tuna Nicoise salad, grilled pork neck salad,
avocado dressing, balsamic and tomato dressing, Italian dressing, honey mustard dressing

Soup

Wild mushroom soup

Slow Cooking Fideua

Seafood paella made with short pasta instead of rice, fresh squid,
prawns, cod, salmon, mussels, clams, whelks, scallops, crab meat stock and tomatoes

United Services Recreation Club
Hong Kong's Best Kept Secret

Menu

Carvery

Whole roasted lamb with mint sauce & mint jelly, assorted mustard and gravy
Whole roasted suckling pigs with apple sauce
Maple syrup and chili rubbed, cedar plank smoked salmon fillets
Sous vide cooked and char grilled grass fed sirloin steaks
Whole roasted turkey with stuffing, chestnuts, cranberry jelly and gravy
Honey glazed Virginia ham with pineapple, Madeira sauce

Chinese Dishes

Prawns with celery and cashew nuts, lo hon vegetables, sweet and sour pork

Vegetables

Cauliflower gratin with cheese sauce, Brussels sprouts with nutmeg,
candied carrots, roasted roseval potatoes, steamed rice

Desserts

Fresh fruit platter with watermelon, papaya, pineapple, oranges, apples
Roasted marshmallow station, apple tart, mango caramel cake, assorted lamingtons, mini boutique desserts, mini cupcakes, marble cheesecake,
Christmas stollen, Christmas pudding with brandy sauce,
white chocolate bread and butter pudding with cranberries and vanilla sauce,
International cheese platter

Adult: HK$ 598 (With alcoholic drinks)
HK$ 498 (No alcoholic drinks)
Child: HK$ 298 (Aged 3-11)

For reservations, please contact Ms. Karen Yip
Tel. 3966 8632 or via email: fnb.adm.asst@usrc.org.hk

Christmas Handmade Candle Workshop

9 December 2018 (Sunday)

2:00pm – 3:30pm

USRC Garden Room

Language: Cantonese

Original Price: HK$290 per person

All materials included

USRC Member: HK$200 per person

Member's Guest: HK$290 per person

Classwork: 2 types of handmade candles

Please contact Reception or call 3966-8600 for registration.

Please note our cancellation policy requires 3 days advance notice, otherwise full charge applies.

Photos above for reference only.

United Services Recreation Club

Latte Art Workshop

The Latte Art Workshop was held on 23 October in the Garden Room and was attended by Staff Members, Members and their guests.

Everyone learned different techniques on how to create latte art. Happy to say all participants were pleased with the outcome of their latte artwork and enjoyed the workshop.

Thank you to the teachers and to all who participated to make this workshop successful.

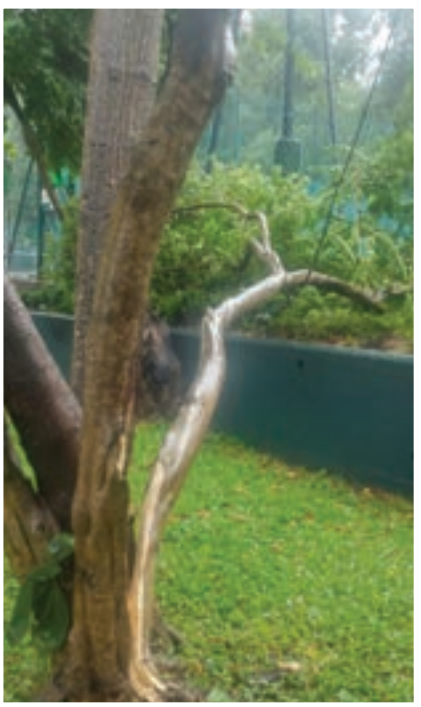
Super-Typhoon Mangkhut

Hong Kong experienced its most serious typhoon in its history on Sunday, September 16, 2018. The storm surge of nearly 13 feet, uprooted some 1,500 trees, flooded thousands of homes and offices and left hundreds of windows shattered all over the city. Miraculously, no lives were lost, though a few hundred were injured while others were displaced.

Just as the city had widespread damage, we here at USRC had our fair share of damage too. Although no serious damage was done to our buildings or facilities, we did have many uprooted trees, other minor damage and rubbish was to be found everywhere around the Club.

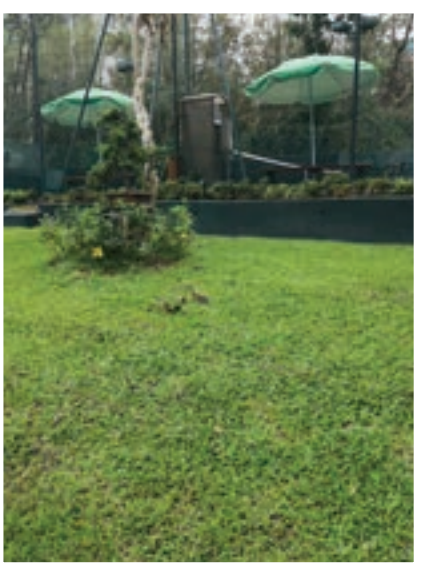
The General Manager (Noel Burns) and Facilities Manager (Ivan Lui) were back at 7 am on the following Monday morning striving to clear as much debris, including toppled trees, to make sure the Club could be opened for Members as soon as they deemed the facilities safe for members use.

Recovering from such chaos is no easy task. We want to thank the grounds team in their effort to clear up after the typhoon wreaked havoc, leaving rubble, broken trees and layers of mud in its wake. It was several days of their hard work to clear up the mess and helped bring our Club back to its original state of tranquillity and sustenance.



Before

After



ORGANIC SOAP
Making Workshop

17 November 2018 (Saturday)

10:00am – 11:30am

USRC Garden Room

Language: Cantonese

Original Price: HK$250 per person (All materials included)

(Children (10 & above) are welcome to join)

USRC Member: HK$180 per person

Member's Guest: HK$250 per person

Classwork: Handmade 200g MP organic soap

手作坊簡介: Faroma Workshop 花麗蔓手作坊於 2011 年成立，提倡 less is more，減少過量化學物質對皮膚造成的傷害，因此建議使用最簡單的方法，混合不同的原材料如香薰油、天然植物萃取等，製作適合自己皮膚性質的保養品。

Please contact Reception or call 3966-8600 for registration.

Please note our cancellation policy requires 3 days advance notice, otherwise full charge applies.

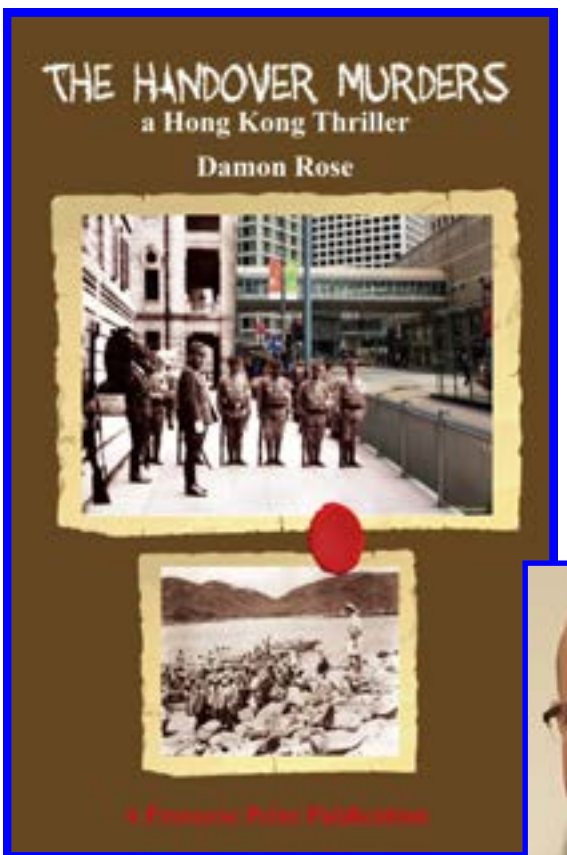
Photos above for reference only.

United Services Recreation Club

BOOK LAUNCH & AUTHOR SIGNING

6PM TO 7PM, FRIDAY 16TH NOVEMBER

Come and join us for the book launch of former USRC member, Damon Rose's thrilling new novel



"THE HANDOVER MURDERS — a Hong Kong thriller, tells a gripping story with a good dose of history."

"Fans of Detective fiction are in for a treat with this well written, classically structured, and superbly characterised narrative. There are few novels that one can say are hard to put down, but this is one of them."

Lawrence Gray, Founding President, Hong Kong Writers' Circle

United Services Recreation Club

Hong Kong's Best Kept Secret

Swimming Gala 2018

The Club Swimming Gala was held on Sunday, 14th October with about 80 Members taking part.

The Swimming Gala was a great opportunity for our Members to get to know each other and socialise in a friendly setting. Several of the younger swimmers were experiencing a competitive swimming race for the first time through the Club's friendly gala and it was an opportunity to impress their parents with their swimming skills.

We are delighted to hear the positive comments coming back following the event and special thanks to the staff of the Club for their support for the event.

Photos have been uploaded on the Club website for Member's review.

Congratulations to all winners and participants and looking forward to seeing you again next year!

EXPLORER 200

EXPLORER

SWIMMING GALA

UNITED SERVIC ECREATION CLUB

United Services Recreation Club

Christmas Day Champagne Brunch

25th Dec 2018 (Tue)

11:30am – 3pm

at Garden Marquee

Adult HK$598(with alcohol)
Adult HK$498(without alcohol)
Child HK$298(Aged 3-11)

Come join us for a bubbly Christmas day brunch with free flow of wines, Bloody Marys & a sampling of Santa's favorites.

For further information about the menu or book a reservation,
please feel free to contact Ms. Karen Yip at 3966 8632 or via email: fnb.adm.asst@usrc.org.hk

LIKE US ON: #USRC

Cancellation & No-show Policy:

(1) 100% full charge penalty applies if the reservation is cancelled on the day of the event.
(2) 70% charge penalty applies if the reservation is cancelled on the day before.
(3) 50% charge penalty applies if the reservation is cancelled 2 days before.
(4) No penalty charge will be applied if the reservation is cancelled 3 or more days in advance.

ANNUAL SWIMMING GALA 2018 RESULTS

	Event	Age Group	Style	Winner	Finishing Time	1st Runner-up	Finishing Time	2nd Runner-up	Finishing Time
	1	Under 5	1 length W/noodle junior pool	Charlotte Yu	0.25:13	Ho Shing Hei	0.32:34		
	2	Under 5	1 length junior Pool	Charlotte Yu	0.16:12	Ho Shing Hei	0.33:91		
Boys	3	15 or above	40m freestyle	Joseph Lim	0.24:88	David Lam	0.28:22	Leo Wat	0.37:57
Girls	4	15 or above	40m freestyle	Lindy Ng	0.36:08				
	5	13 & 14	40m freestyle	Cancelled					
	6	13 & 14	40m freestyle	Cancelled					
	7	11 & 12	40m freestyle	Andrew Choy	0.31:42	Adma Hui	0.32:75	Jonathan Lee	0.38:61
	8	11 & 12	40m freestyle	Tanisha Nigam	0.43:38	Asdya Dusad	0.52:60		
	9	9 & 10	40m freestyle	Max Ma	0.32:50	Matthew Martin Wong	0.41:27	Aarav Jain	1.06:81
	10	9 & 10	40m freestyle	Audrey Lam	0.33:75	Jasmine Leung	0.34:06	Roslyn Lee	0.36:83
	11	Senior 60 above	40m freestyle	Paul Firmin	0.33:94				
	12	Senior 60 above	40m freestyle	Cancelled					
	13	7 & 8	20m freestyle	Aiden Wat	0.21:31	Christian Chow	0.22:53	Casper Chow	0.29:00
	14	7 & 8	20m freestyle	Bernice Hung	0.18:75	Janice Leung	0.21:21	Abligail Garce Wong	0.28:38
	15	5 & 6	Boys & Girls 20m freestyle	Jamie Wong	0.19:68	Thomas Firmin	0.27:25	Allis Chong	0.31:75
	16	13 & 14	Boys - 40m breaststroke	Joseph Lim	0.34:63	Desmond Lo	0.46:69		
	17	13 & 14	Girls - 40m breaststroke	Cancelled					
	18	11 & 12	Boys - 40m breaststroke	Jonathan Lee	0.44:81	Adam Hui	0.45:25	Andrew Choy	0.47:75
	19	11 & 12	Girls - 40m breaststroke	Tanisha Nigam	0.49:78				
	20	9 & 10	Boys - 40m breaststroke	Max Ma	0.49:00	Jayden Kwan	0.56:96	Matthew Martin Wong	1.05:03
	21	9 & 10	Girls - 40m breaststroke	Audrey Lam	0.43:32	Joelle Leung	0.43:70	Charmaine Ip	0.46:92
	22	Senior 60 above	Mens - 40m breaststroke	Cancelled					
	23	Senior 60 above	Ladies - 40m breaststroke	Cancelled					
	24	7 & 8	Boys - 20m breaststroke	Aiden Wat	0.26:68	Christian Chow	0.34:56	Michael Sze	0.37:65
	25	7 & 8	Girls - 20m breaststroke	Bernice Hung	0.26:99	Casey Lee	0.27:22	Abligail Garce Wong	0.40:33
	26	5 & 6	Boys & Girls 20m breaststroke	Jamie Wong	0.27:31	Sophie Nigam	1.:04:85	Alexis Wat	1.18:19
Parents & Children	27	1 Adult & 1 Child (Under 14)	Family Relay	Brandon + Max Ma	0.29:11	Jasmine + Mr. Leung	0.29:69	Roslyn + Curtis Lee	0.33:99
	28	1 Adult & 1 Child (Under 14)	"Raft out" Relay	Joelle + Mr. Leung	0.:52:32	Jerry + Mr. Kwan	1.08:27	Christian + Eric Chow	1.14:78

Happy New Year

New Year Eve Family Buffet

Garden Café ◆ 31 Dec 2018 ◆ 6pm - 10:30pm

Menu

Appetizers

Chilled prawns and snow crab legs on ice

Home smoked and marinated salmon with horseradish cream, onion and capers

Smoked turkey breast with apple celery and walnut salad

Mango, bell pepper and shrimp cocktail with dill mayonnaise

Shaved Serrano ham with pickled olives and cornichons

Selection of sashimi with soya, wasabi and pickled ginger

Chinese BBQ meat station with goose, pork, chicken, suckling pig, jellyfish and crispy cucumber

Salads

Mizuna lettuce and baby gem lettuce

Tomato and toasted red pepper salad with basil

Mozzarella cheese and olive Tapenade

Cucumber with sesame seeds and crab meat

French dressing, Thousand Island and balsamic dressings

Soups

Seafood Brodetto

Served with garlic bread soldiers

Baker's board with rolls and whole breads

Carving

Traditional turkey carving with stuffing served with chestnuts, cranberry sauce and giblet gravy

Roasted herb crusted prime rib of beef with green pepper corn cream sauce

Chinese congee station

Lobster congee

With fried dough stick, spring onions and peanuts

United Services Recreation Club

Hong Kong's Best Kept Secret

Happy New Year

New Year Eve Family Buffet

Garden Café ◆ 31 Dec 2018 ◆ 6pm - 10:30pm

Menu

Main Course

Roast rack of lamb on Horseradish and mustard potato mash with chorizo and basil olive oil

Chicken breast with saffron shrimp mousse on a basil cream sauce with vegetable pearls

Steamed local rock lobsters with ginger, scallions and coriander

Steamed garoupa with soya ginger sauce, scallions and coriander

Sautéed scallops and prawns with broccoli and XO sauce

Braised e-fu noodles with scallions

Chinese style crispy deep fried chicken

Roasted fingerling potato with thyme and rosemary

Seasonal garden vegetables

Fried rice with shrimps, scallops and vegetables

Dessert Buffet

Fresh fruit platter with melon, papaya, pineapple, oranges, apples, bananas, grapes & mangos

Assorted donuts, Mini boutique desserts, Mini boutique cupcakes

Christmas stollen, Christmas cookies, Christmas pudding with brandy sauce

International cheese platter

Adult HK$ 512 (+$100 incl. unlimited Sparkling Wines)

Child HK$ 256 (Aged 3-11)

United Services Recreation Club

Hong Kong's Best Kept Secret

For reservations, please contact Garden Café at 3966 8638 or via email: fnb.adm.asst@usrc.org.hk

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LIKE US ON :

#USRC

United Services Recreation Club
Hong Kong's Best Kept Secret
Garden Café
New Year Eve Family Buffet
31 Dec 2018 ◆ 6pm ~ 10:30pm
HAPPY NEW YEAR!
Adult HK$ 512
(+$100 incl. unlimited Sparkling Wines)
Child HK$ 256 (Aged 3-11)
We apologize there will be no A La Carte on this night
For reservations, please contact Garden Café at 3966 8638
or via email: fnb.adm.asst@usrc.org.hk
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LIKE US ON :
#USRC

Classes & Activities at the USRC

Aqua Exercise
Abra Tsui
Email: ducgoo@gmail.com
$450 Private lesson
$250 Semiprivate lesson
Members only
Refer to instructor for schedule

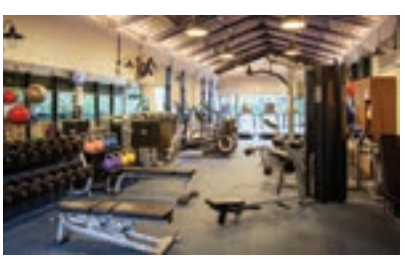
Bridge
Mimi Wong
WhatsApp: 9120 3789
Email: usrcbridge@gmail.com
Thursday duplicate
9.30am-12.30pm
Pre-registration required

Cricket
Muhammad I. Gull
Tel: 9421 4741
Email: sportsofficer@usrc.org.hk

Individual Lesson (including) Beginners, Intermediate & Advance Cricketers
$350 per hour (member)
$400 per hour (guests)
Group Lesson (minimum 2 to 6 persons) – $700 per 1 ½ hour
Team Training (minimum 2 to 6 persons) – $800 per 2 hours
Junior's Individual Lesson
$300 per hour (member)
$350 per hour (guests)
Junior's Group Lesson (minimum 2 to 4 kids) – $600 per 1 ½ hours
Junior's Team Training (minimum 2 to 6 persons) – $700 per 1 ½ hours
(Beginners or any age kids are welcome)

Football
Alan Urmston
Email: alanu@netvigator.com
Wednesday: 7:30-9:00 pm, King's Park
$50 for 90 minutes' playing time (adult)

Gym Familiarisation
Contact Reception 3966 8600/611 for registration and scheduled class times – 30 minutes per lesson
Private lesson $100

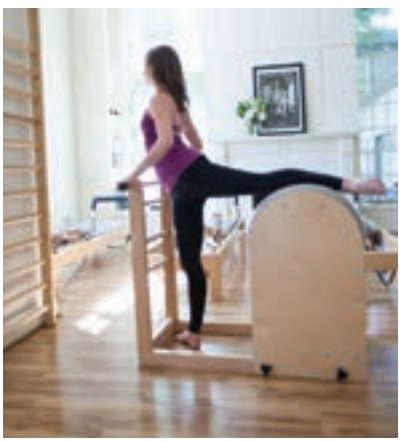


Pilates
JM Pilates Studio
Tel: 9194 5856
Email: jmpilates@yahoo.ca

Group Class lessons
USRC Members - $198 - per lesson
Non Members Individual Lesson - $250
10 lessons Non-members - $2,100

Private Lessons
USRC Members - $700 - per class
Non Members -
$7300 - 10 lessons
$3900 - 5 lessons
$850 - single lesson

Semi Private Lessons (price for 2 people)
USRC Members - $850 per lesson
Non-members - $900 per lesson



Playgroup
Nicola Barguss
Tel: 9775 4944
Tuesday: 9:30am, Friday: 9:30am
$50 for the first child (member)
$88 for the first child (guests)
$35 per additional child or parent

Squash
Ilyas Gull
Tel: 9421 4741
Email: sportsofficer@usrc.org.hk

Adults
1. Private lesson for adult $350 per hour
2. Group of 2 $600 per hour
3. Group of 2-4 $800 1½ per hrs

Juniors
1. Private lesson $300 per hour
2. Group of 2 $500 per hour
3. Group of 2-4 $600 1½ per hrs

Swimming Classes
Eric Fung
HKSCA Level 1 Coach
Tel: 9603 9620
Email: kyfung.eric@gmail.com

Private Lesson (for members only)
1 person - $460
2 persons - $620
3 persons - $780
4 persons - $880

Tennis Coaching
Battad Tennis Coaching Co
Andrea Charity U. Battad
Tel: 9026 5685 (evening till midnight)
Email: andreacharitybattad@gmail.com

Private Lesson
$600 per hour (member)
$700 per hour (guests)

Group Lesson (minimum 2 to 4 people)
$200 per hour per person (member)
$250 per hour per person (guest)

Tennis Coaching
Chris Hunt
HKTA Qualified Coach, Licensed Level II.
USRC Junior Tennis Teams Captain (Under 14s and Under 18s)
Tel: 9316 6191/ 2550 5094 (evening till midnight)

Drop-in group lesson:
$180 per hour per child
Saturday: 10am – 11am (beginners group)
Saturday: 11am – 1pm (intermediate group)
Thursday: 6pm – 7pm (intermediate group)

Super group lesson – by appointment only:
$260 per hour per child
Tuesday: 5pm – 7pm (improvement class I)

Thursday: 4pm – 6pm (improvement class II)

Private lesson (for members only):
1 person – $520, 2 persons – $680,
3 persons – $880, 4 persons – $1,080,
5 persons – $1,350, 6 persons – $1,620
$200 per hour per person (member)
$250 per hour per person (guest)

Yoga
Jesse Tong
Tel: 9488 5869
Friday: 10:30am – 12noon, $180 per lesson

Sunday	Monday	Tuesday
4 • Social Tennis (Court 3) 3 – 7 pm (Court 4) 3 – 8 pm • Social LB 10:00am – 8:00 pm (All members) • Football YYL Game	**5** • Pilates Group Class 4 pm	**6** • Playgroup 9:30 am – 11:30 am • Social LB 2:30 pm – 6:30 pm (Club members) • LB League Team Practice 6:30 – 9:30 pm • Pilates Group Class 11:00 am
11 • Social Tennis (Court 3) 3 – 7 pm (Court 4) 3 – 8 pm • Social LB 10:00am – 8:00 pm (All members) • Football YYL Game	**12** • Pilates Group Class 4 pm	**13** • Playgroup 9:30 am – 11:30 am • Social LB 2:30 pm – 6:30 pm (Club members) • LB League Team Practice 6:30 – 9:30 pm • Pilates Group Class 11:00 am
18 • Social Tennis (Court 3) 3 – 7 pm (Court 4) 3 – 8 pm • Social LB 10:00am – 8:00 pm (All members) • Football YYL Game	**19** • Pilates Group Class 4 pm 	**20** • Playgroup 9:30 am – 11:30 am • Social LB 2:30 pm – 6:30 pm (Club members) • LB League Team Practice 6:30 – 9:30 pm • Pilates Group Class 11:00 am
25 • Social Tennis (Court 3) 3 – 7 pm (Court 4) 3 – 8 pm • Social LB 10:00am – 8:00 pm (All members) • Football YYL Game	**26** • Pilates Group Class 4 pm	**27** • Playgroup 9:30 am – 11:30 am • Social LB 2:30 pm – 6:30 pm (Club members) • LB League Team Practice 6:30 – 9:30 pm • Pilates Group Class 11:00 am

NOVEMBER 2018

Wednesday	Thursday	Friday	Saturday
	1 • Bridge 9:30 am – 12:30 pm (Gunners Bar) • Social LB 2:30 pm – 6:30 pm (Club members) LB League Team Practice 6:30 pm – 9:30 pm • Senior Cricket 7 – 9 pm	**2** • Playgroup 9:30 am – 11:30 am • Pilates Group Class 4:00 pm • Football Legal League games • Taekwondo 4:30 – 6 pm (Squash court)	**3** • Social Tennis (Court 3) 3-7 pm. (Court 4) 3 – 8 pm • Pilates Classes, 10:00 am, 1:45 pm • Squash Afternoon 2:30 – 5:30 pm (Court 1&2) • Lawn Bowl 12:00 – 2:00 pm (League Warm up) • Lawn Bowl 2:00 – 7:00 pm (League Games/ For LBS members if no league games) • Lawn Bowl 7:00 – 10:00 pm (LBS Members only)
7 • Social LB 2:30 pm – 6:30 pm (Club members) • LB League Team Practice 6:30 – 9:30 pm • Pilates Group Class 7:30 pm • Squash Team Practice (Court 1&2) 6:45 pm – 10 pm • Football Training Night	**8** • Bridge 9:30 am – 12:30 pm (Gunners Bar) • Social LB 2:30 pm – 6:30 pm (Club members) LB League Team Practice 6:30 pm – 9:30 pm • Senior Cricket 7 – 9 pm	**9** • Playgroup 9:30 am – 11:30 am • Pilates Group Class 4:00 pm • Football Legal League games • Taekwondo 4:30 – 6 pm (Squash court)	**10** • Social Tennis (Court 3) 3-7 pm. (Court 4) 3 – 8 pm • Pilates Classes, 10:00 am, 1:45 pm • Squash Afternoon 2:30 – 5:30 pm (Court 1&2) • Lawn Bowl 12:00 – 2:00 pm (League Warm up) • Lawn Bowl 2:00 – 7:00 pm (League Games/ For LBS members if no league games) • Lawn Bowl 7:00 – 10:00 pm (LBS Members only)
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Sunday	Monday	Tuesday
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DECEMBER 2018

Wednesday	Thursday	Friday	Saturday
			1 • Social Tennis (Court 3) 3-7 pm. (Court 4) 3 – 8 pm • Pilates Classes, 10:00 am, 1:45 pm • Squash Afternoon 2:30 – 5:30 pm (Court 1&2) • Lawn Bowl 12:00 – 2:00 pm (League Warm up) • Lawn Bowl 2:00 – 7:00 pm (League Games/ For LBS members if no league games) • Lawn Bowl 7:00 – 10:00 pm (LBS Members only)
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USRC LACROSSE

Update:

USRC lacrosse demo day went exceptionally well and we have recruited some new talented members! If you missed out on the demo day, don't worry! You can still join, just come to our training sessions every Friday from 7-9pm at the multipurpose court.

#CORNERSFORCANCER

As you may know, October was Breast Cancer Awareness month. Therefore, we decided to take part in the #CornersForCancer challenge to honour those at every step of the breast cancer journey and to help raise awareness about this deadly disease that is currently the most commonly diagnosed cancer in women.

For any enquiries, feel free to contact Lorenza 97283349 or Leona 91776668

Cricket News

by Prateek Singhi
Cricket Convenor

We have had a good start to the current season and all our teams have been doing well.

Our U-11's has been the most talked about team as we were initially struggling to put up a playing squad due to all our previous players being promoted to U-13. Kashif took up the challenge and from nowhere put up a decent squad.

The U-11's have been keeping the winning trend and have had a 100% winning record. Two out of two matches played so far have been comprehensively won. The latest fixture saw the highest total of 310 scored against HKCC Dragons.

The U-13's are having a mixed season after being promoted from the U-11's. They are adjusting fast to a higher level of the game. After initially having lost a few matches, they are back to winning ways. They have lost four matches and have won two. As the season continues we expect them to keep winning from now on.

The U-17's have not had a good start to the season as unfortunately three out of four matches were abandoned due to the inclement weather, but our boys won the one match played. We are looking forward to great cricket by our talented youngsters.

The Women's team have been playing good cricket in their T20 cup tournament. Our ladies are learning fast and will soon attain good cricketing techniques as we have organised some well-disciplined coaching for them.

Our Saturday Men's team is playing excellent cricket. They have so far won two matches without losing any in their Saturday Championship matches.

Our Sunday Men's team had an excellent season in the previous season and were promoted to the Sunday Elite top pool. They are adjusting fast to this higher level of cricket and we expect we will soon see them winning and consolidating their position in this top pool.

The Cricket section will be celebrating the Awards Night at USRC Marquee on Saturday the 27th October to award those individuals who have been instrumental in achieving a high standard of cricket both on and off the field. We believe more than 100 participants from all walks of life will come to commemorate this prestigious occasion.

HONG KONG
CRICKET CLUB

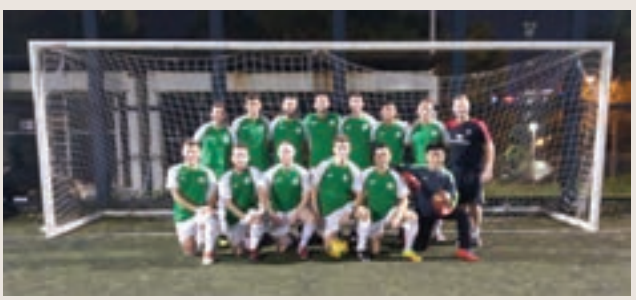
Football News

Alan Urmston
Football Convenor

The season is underway, and it's been mixed fortunes for our teams and the weather has caused some disruption. Here's a report on the games played in September-October.

USRC Gunners

Gunners, who play in Division One of the Hong Kong Legal League, have played four games, winning one, drawing one and losing two. To be fair, the defeats were against reigning champions, Discovery Bay (1-5) and Club Tropicana (0-1). The win was over Hong Kong Krauts (2-0) and the draw was a 1-1 against Hong Kong Scottish. Not an auspicious start, but the disruption to matches and training has certainly played a part. After four games Gunners were lying tenth in the League but with games in hand over the teams above them. Manager Steve Cairns will be looking for improvement over the next few games.



USRC Gunners

USRC 1911

The Club's vets team, 1911, played three games during the early season, effectively winning all of them. The first two wins came against new team Kennedy Town (7-1) in the League and Spartans (5-2) in the Cup. Added to that was a 3-0 forfeit win over KCC, as they were unable to raise a team on 11th October. Needless to say 1911 were top of the Legends League after two games on maximum points. Early doors, but manager Laurence Rudge must be happy with the start and with strikers Greg Turner (4), Dave Buckley (3) and Sam Tabiti (3) in the goals. There's plenty for him to be happy about.

USRC 1911

USRC Vitesse

Vitesse is the Club's social team and had played three games in the early season period, recording a defeat, a draw and a win. The first game was a hiding from Legal League team, Old Speckled Men (0-7) and is best forgotten. The next game they drew 2-2 with Christian Action, a charity that looks after refugees. This is always a tough game and Vitesse competed well this time with Dave Buckley and Greg Turner scoring the Vitesse goals. Then came the win, though it was narrow, 4-3 over a combined team from HKFC, including some of their women's team. The goals were scored by John Bona (2), Chuk Tsang and Kenneth Chiu.

USRC Vitesse

Charity Match

This year's Charity Football Event will take place on Saturday 12th January at King's Park. It will involve a Junior Tournament (Arsenal, BTS, Inter and JFC) and a match between a USRC Chairman's XI and Happy Valley FC, one of the giants of Hong Kong football. Like last year, we plan to play the match in front of an invited audience of senior citizens, followed by a buffet lunch at the Club. We hope that Club members will come along to watch the match and cheers us on. Look out for more details in posters around the Club and around Hong Kong in the coming weeks.

USRC Football Academy

Our junior football academy is run by Brasil Top Skills (BTS) (www.brasiltopskills.com/). There are exciting programmes coming up so please see the advert below, check out the website, the Football Section notice board or ask at reception for details.

If you would like to get involved in USRC Football, check out the notice board for further information or drop me a line (alanu@netvigator.com).

Lawn Bowls News

by Irene Leung
Lawn Bowls Convenor

Green Open with roast pig cutting and Happy Bowl

Our long waited celebration for the official green open and roasted pig cutting was held on 18th August.

Light rain was around in the morning, luckily the rain stopped by noon and the roasted pig cutting ceremony was carried out without disruption from the weather.

Happy Bowl followed immediately after and around 50 members came to participate in this joyful event.

The Members, as usual, contributed a small amount of money for the game, with the money used for snacks and beverages during the break period, as well as for prizes for this friendly competition.

Bad weather and the typhoons

August and September had wet and rainy weather and a typhoon visited us twice. Such weather forced us to close the green and postpone our games to later dates.

Worst to happen, such inclement weather brought damage to our green much earlier than previous years and we had to change direction of the green much earlier too!

Despite the green condition not so promising, our in-house games still progressed as usual.

In-house Pair Qualifying Competition

As mentioned in the previous issue, the In-house Pair Qualifying Competition determines which team represents USRC to participate in the Ladies Pairs Tournament in the Hong Kong International Bowls Classic 2018.

There were 3 teams enrolled for the competition and the champion team went to Miss Iggy Yip and Miss Irene Ho. Our congratulations go to them and wish them all the best and good luck in the coming competition!

In-house Pair Qualifying Competition 2018
Champion Pair, Iggy Yip and Irene Ho

In-house Mixed Triple Competition

This is another in-house game to encourage members to mix and match among players for enhancement of skills and partnership. The champion team represented USRC to participate in the IRC Invitation Competition held on 1st October.

6 teams participated, and the Champion team players were Mandy Ho, Joanna Wong and Dicky Wong. The first runner's up go to Irene Ho, Nick Au Yeung and Calvin Chan.

Congratulations again to our winners!

Champion Team, Joanna Wong, Mandy Ho and Dicky Wong

First Runners Up, Nick Au Yeung, Irene Ho and Calvin Chan

IRC Invitation Triple 2018

In total there were 48 teams participating. Our representative team got less luck this year in attaining any titles, yet, it was a great fun day and provided a good opportunity for all clubs to have close encounters with each other through friendly matches.

Introductory course to beginners

This year, we had 8 members came to participate in this training course for beginners. Great thanks must be extended to Dr. Annie Yeung for conducting this training course with great success. She explained the rules and key elements to the participants in a thorough, yet simple, method through demonstration and practice! This made the course enjoyable and interesting! All participants showed a great interest in the game and many of them even signed up as section members on the spot!

Although the afternoon was hot and sunny, our participants enjoyed the course very much and they all quickly learned. Many of them have great potential to play in league games in the near future!

Welcome them to join our big family and we do wish they can come to our green more often to play with us.

Annual charity function on 4th November

This year, our charity recipient goes to Hong Kong Guide Dogs Association (HKGDA). This organisation has developed for 11 years with its mission to support the freedom of movement and independent living of people with visual impairment and other disabilities.

The Lawn Bowl Section invited guest teams from 10 HK Bowls Clubs to participate in friendly matches with our section members and also invited them to join our dinner party. Both events will be subject to some donating to this selected charity.

A booth will be set up by HKGDA to sell their promotional items. Guide dogs would be present for members to take photographs with them subject to contributions going to the charity too!

Of course, we must thank our section Members for helping to make this function successful and enjoyable. Most importantly, the majority of our section Members made their contribution towards the charity generously and without hesitation.

By the time this article was published, the event would have taken place and we will report further in our next issue.

Squash News

Colman Ng BBS
Squash Convenor

HK Squash Summer League roundup

As the Summer League comes to an end, the USRC squash teams have done us proud again with 4 out of 6 of our teams ending up in the medal positions. Both USRC 1 and USRC 3 were second runners-up, despite the loss of a few key players. USRC 4 had been in the top 2 position for most of the campaign but faded towards the end, missing out on the medals. Our two Junior teams, USRC 5 and USRC 6, comprising young players who appeared to have enjoyed their experience of competing in the Summer League for the first time, have done well to have clinched the Championship in Division 9D and the 2nd runner-up in Division 10 respectively. USRC 5 was level on points with the 1st Runner-up but beat them marginally on total games won against them, making their victory particularly memorable. As beginners to the sport, our young kids have collectively displayed excellent drive, teamwork and determination in striving for very impressive results for the Club. With their first taste of achieving silverware in their debut endeavour, they have decided to venture into the forthcoming Winter League 2018-19.

Summary of 2018 Summer League results

Team	Division	Position
USRC 1	1	2nd Runner-up
USRC 2	2	8th
USRC 3	3	2nd Runner-up
USRC 4	4	5th
USRC 5	9D	Championship
USRC 6	10	2nd Runner-up

USRC 5 collecting their Championship trophies

USRC 6 collecting their 2nd Runner-up trophies

The USRC Junior squash players

Junior players rewarded with a celebration dinner

HKFC 3's competition

The USRC once again entered two teams in the annual 3's Squash Competition held on 21-23 September, 2018 at the HKFC. Team 1, comprising 3 JAS members, namely Charles Ko, Andrew Ko and Ryan Fok, entered the Open Competition, while Team 2 took part in the Masters Competition, comprising Chung Leung, Ken Yam, Wilfred Lai and Peter Cheung. As expected, the competition was of an extremely high standard and both USRC teams battled all the way through the 3-day tournament, but with no trophies this time round. The competition however provided a valuable exercise for our players to warm up in preparation for the forthcoming Winter League matches.

Participants of the 3's Competition. Left to right, Ryan, Charles, Andrew and Chung

Squash Section Annual General Meeting

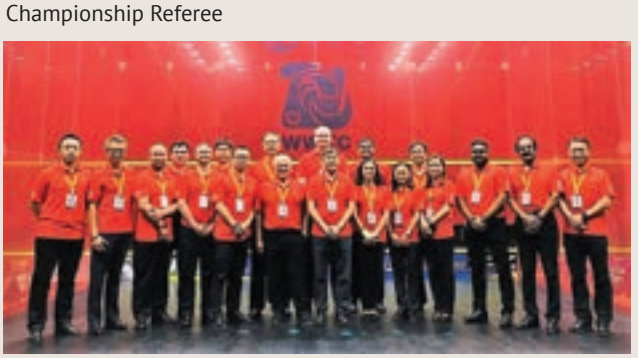
The Squash Section AGM was held on 6 September 2018. As a result of the election that took place on that evening, members of the Sub-Committee were duly elected/ re-elected to serve the Squash Section in the coming year. The new Sub-Committee comprises the following members:

Convenor	Colman Ng
Sub-Committee Members	Chung Leung
	Chris Leung
	Wilfred Lai
	Amos Yuen
	Nicolas Tilbrook
	Kermit Yuen

Official referee for the WSF Women's World Team Championship 2018

The World Squash Federation Women's World Team Championship 2018 was held in Dalian, China, on 11-16 September, 2018. It was the first time that this tournament, with top teams from 16 nations/ territories, was hosted in China. One of our USRC members who is also a qualified WSF referee, Amos Yuen, was the first Chinese appointed to take up the honourable position as the Championship Referee for this international tournament. The Championship Referee is the overall referee in charge of the tournament who supervises all referees and markers and to ensure that neutral referees are appointed to officiate at all matches of the tournament. The appointment of Amos as the Championship Referee for this important event is a recognition of the high standard of refereeing and the prestigious status of Hong Kong in the international squash arena.

Amos Yuen being presented with the WSF Certificate as Championship Referee



Amos Yuen and his team of international referees

Wing Ding Charity Squash Tournament

The annual Wing Ding Charity Squash Tournament is scheduled to be held on 24 November 2018. This is an annual charity event that collects donations through teams competing for the maximum number of points and the best costume outfit for individual teams. Money raised will be donated to Operation Santa Claus for the benefit of the needy and the underprivileged. As in the past years, the USRC will form a team to compete in this full day charity event. Members who wish to donate to the Wing Ding USRC Squash Team are most welcome to contact me or anyone of the Squash Committee Members.

Tennis News

Martin Li
Tennis Convenor

Winter League

Competition is key element in our sport and providing competitive opportunities at all levels and ages, therefore, we encouraged each team to get a good result through a league match in different season.

We registered 6 different teams to participate in the Winter League match played on 17th Sept., and all teams won all their matches up to this writing.

Team B at the HK Cricket Club

Team C2 at the Jockey Club

Team D at Craigengower Cricket Club

Hong Kong Tennis Open charity celebrity luncheon

I was pleased to be invited by Philips Mok who is a Chairman of HKTA to join a charity luncheon at Victoria Park. During this event, I met the different club's convenors and HKTA committee members as well as having photos with them. One of my lovely photos was taken with one of WTA players (Hong Kong Tennis Open), Garbine Muguruza Blanco, the previous No. 1 ranking in 2017 from Spain.

I would like to thank Philips Mok for his kind invitation me and hope to continue a good relationship with HKTA for further cooperation for this tennis event.

Martin Li and Dominic Li (Convenor of Yau Yan Chuen Club)

Martin Li and Philips Mok

Garbine Muguruza Blanco, Dominic Li (Convenor of Yau Yan Chuen Club) and Martin Li

As promised to Wai Ji Christian Services基督啟懷智服務, our voluntary team had 8 people to join their sports day on 13th October. With a different role in this event from previous years, Cindy, Catherine and Maide were responsible for arranging medals in the prize presentation section. William and I were responsible for taking photos while Steve, Charmaine and KL Fung was responsible for an obstacle course. The executive director, Sunny Wu, thanked us for our participation for our voluntary work in the event and presented to us an appreciation pennant.

Martin Li receiving the appreciation pennant

Maide Sun, Catherine Lo, Cindy Fung and staff of Wah Ji

From left, William Ho, Charmaine Chau, Cindy Fung, Martin Li, Catherine Lo, Maide Sun, Steve Chan and KL Fung

Charmaine Chau is responsible to assist Wah Ji students to overcome obstacles

2018 HKTA prize presentation

On 11th September, our Ladies A team was awarded 1st runner up in the Winter League 2017 at the HKTA conference room. I thank the Ladies A team taking great efforts to achieve such an excellent result.

From left, Katy Chan, Lin Pang , HKTA committee member, Martin Li and Ken Chan

Charmaine Chau and Stephanie Tang were awarded as champions of the Yau Tsim Mong district, Age 19-34 group tennis competition in 2018. Our club is proud of their excellent performance; keep going two wonderful ladies!

Katy Chan and Lin Pang

Bridge News

Mimi Wong
Bridge Convenor

Mini bridge match

A mini bridge match was held on the morning of 13th October. The match was organised with a view to provide opportunity for our bridge learners to play the game competitively with the aim to encourage our members to participate in bridge tournaments.

Two teams comprising of eight players participated in the match. Thanks to all participants making the effort in attending the game and activating their brain so early in the morning! The Bridge Section will continue organising other mini bridge matches to be held on a quarterly basis.

The result was tight, with 'Team B' winning with a score of VP10.25. Well done!

Team	Players	VP
B	Michael, Tam, Leo, Lianna	10.25 : 9.75
A	Martin, Helen, Celia, Allan	

Inter-club bridge match

Penang Club, Malaysia has accepted our invitation to participate in the USRC Annual Bridge Tournament to be held in January, 2019. USRC Bridge Section, as the host team, will separately organise inter-club matches play against Penang Club in the following weekend with two days of competition.

We are delighted to receive overwhelming responses from our guest team. They will be sending a group of four teams to Hong Kong. Our players are already under active training and practice, preparing for the exciting tournaments. We are also looking forward to hearing from other Club members who would like to join us in the forthcoming matches.

Saturday social bridge

The Bridge Section organises Saturday morning bridge workshops and social games. Our own section members volunteer to help the advancing players with correct bidding and supervise their plays. It is a good opportunity for our Club members to meet up and share a social session together. At whatever level you play, you are very welcome to join us!

Thursday duplicate

Our duplicate game runs weekly throughout the year. It is suitable for experienced players who are already familiar with any of the contract bridge bidding system. Nonetheless, for novice players who know the basics well enough are also welcome to join.

The most popular bidding system adopted among our players is the American SAYC system. If you play with any other systems, please let us know in advance and we can find

you a suitable partner. Our session is scored under the BridgeTab scoring system. Results and hand records will be available online right after the game.

Keep in touch

Bridge is a great way to keep your mind agile, while making new, like-minded friends. It's also hugely rewarding to learn, whether socially or competitively.

If you require any further information, please contact the Convenor at WhatsApp 9120 3789 or email usrcbridge@gmail.com.

jm pilates studio

Dear Pilates Participants,

We have received word our rent will increase from October 1st.
We have absorbed increases in the past years but are unable to continue to do so.

As of October 1st our new price list as follows:
Group Class lessons
USRC Members - $198 - per lesson
Non Members Individual Lesson - $250
10 lessons Non-members - $2,100

Private Lessons
USRC Members - $700 - per class
Non Members -
$7300 - 10 lessons
$3900 - 5 lessons
$850 - single lesson

Semi Private Lessons (price is for 2 people)
USRC Members - $850 per lesson
Non-members - $900 per lesson

Thank you for your continued support.

Kind regards,

Joanne Martin

USRC CHRISTMAS CHARITY EVENT

Gift/Toy donation to Queen Elizabeth Hospital
Your gift will definitely make a difference!

United Services Recreation Club

The USRC is once again coordinating with the children's ward of the Queen Elizabeth Hospital to donate new toys to children who are not able to be at home during Christmas. The toys and gifts will surely bring joy and happiness to them.

To ensure the toys are suitable for each child, please clearly mark if it is for a boy or a girl and the age group.

Gifts are to be placed in the box at Reception from the 20th November to 20th December.

1. Which London underground station was named after a football club?

□ Arsenal
□ Buckhurst Hill
□ Camden Town
□ West Ham

2. Which board game has a Genus Edition?

□ Monopoly
□ Cluedo
□ Kensington
□ Trivial Pursuit

3. Where is a fish's caudal fin?

□ Gill cover
□ Mouth
□ Nostrils
□ Tail

4. Which planet did Herschel discover in 1781?

□ Jupiter
□ Mars
□ Pluto
□ Uranus

5. In the fictional book, what type of animal is the ballerina, Angelina?

□ Cat
□ Dog
□ Mouse
□ Sheep

6. How many sides does a trapezium have?

□ 4
□ 5
□ 6
□ 7

7. If you were watching someone on a PGA tour what would you be watching?

□ Golf
□ Football
□ Table tennis
□ Tennis

8. Which type of crab lives in hollow objects such as snail shells?

□ Littoral crabs
□ Deep-sea crabs
□ Land crabs
□ Hermit crabs

9. What were the initials of the Soviet secret police?

□ CIA
□ FTP
□ KGB
□ M16

10. How much in British money before decimalisation was a 'tanner'?

□ 6 pence
□ 2 pence
□ 10 pence
□ 10 pounds

Submit your answer to the Club or fax 2724 0949 on or before Sunday, 9th December 18. All correct entries will be placed into a draw. The Winner will receive one bottle of house wine. Good Luck!

Name: _____ *Membership No:* _____
*Contact Tel No:*_____

**Please note only one entry will be accepted per Membership*

Sep & Oct 3-D Sudoku drawn by Member Mrs. Sham

Congratulations to Sep & Oct 3-D Sudoku Winner Mr. Lui

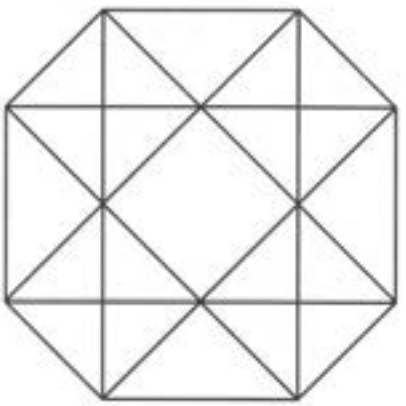
Three-Minute Puzzles

Missing Digit

What digit should replace the question mark?

1 2 3 4

Hidden Rectangles



How many rectangles of all possible sizes and orientations (including squares) can you count in the pattern?

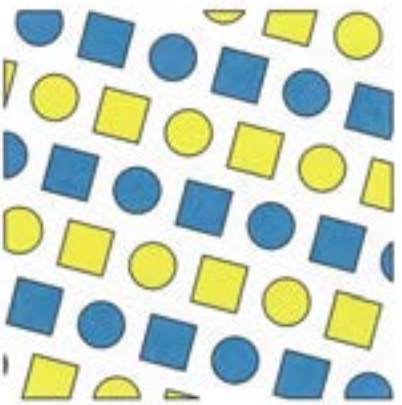
18 20 22 24

Four Pencils

The bottom view of which of the four colored pencils is shown at left?

A B C D

Circles or Squares?



Which shapes are seen more frequently in the pattern—full circles or full squares (or is there an equal number of both)?

Circles Squares Equal

Submit your answer to the Club reception **on or before 9th December 2018**. All correct entries will receive a FREE SMOOTHIE*

Name: _____ Membership No: _____

Contact No: _____

*Please note only one entry will be accepted per membership

The Royal Automobile Club of Australia

Throughout the Club's history Members have enjoyed a range of social activities themed around the automobile and whilst the interests have widened; travel, touring and collecting automobiles and their memorabilia have remained key areas.

The story of The Royal Automobile Club of Australia is the history of major changes in our society through the introduction of the automobile. Since 1903 the Club has reflected a history of innovation and vision with the automobile, the introduction of which has altered the face of our society irrevocably. Throughout the Club's history Members have enjoyed a range of social activities themed around the automobile. And while the interests have widened, travel, touring and collecting automobiles and memorabilia have remained key areas of activities.

The Automobile Club of Australia was officially formed to "foster motoring and assist motorists". In March 1903 Henry Skinner initially organised a gathering of interested parties, and in October that year, H. A. Jones was elected as the inaugural President. The Constitution and the rules were adopted, together with the Club colours red, blue and gold.

The Club celebrated its jubilee and also marked Sir Samuel Hordern's 50th year as a Member. The Club's Membership expanded to include professional and business people from the city and country NSW.

The Club Membership includes categories such as Town, Young Executive, Defence, Country, Interstate and Overseas, and Associate (Partner of Member). The Club continues to grow, thrive and evolve.

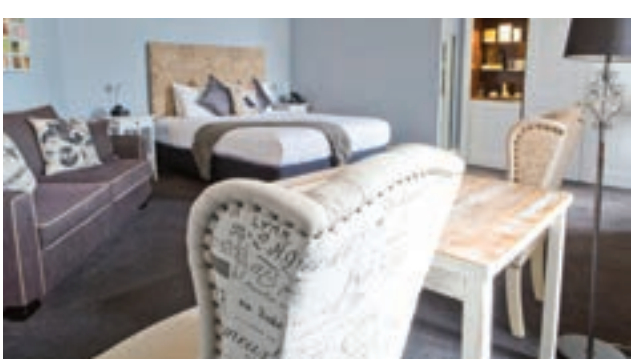
One thing all members have in common whilst in the Club is an air of confidence and control. It's a benefit that can only come from the order and "nothing-is-ever-a-problem" attitude of the staff and management towards our members.

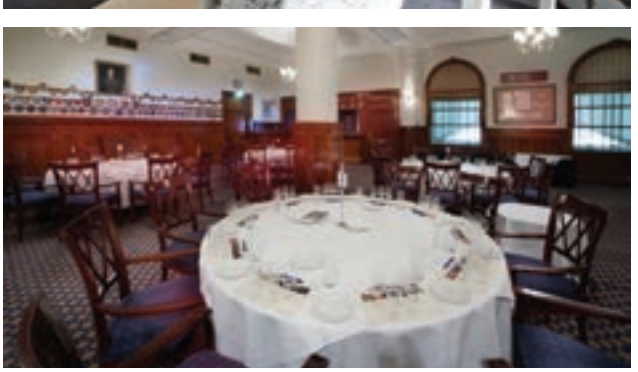
Situated in the heart of Sydney's CBD, the Club boasts 29 comfortable accommodation rooms for members, their guests and reciprocal members to enjoy. Whether here on business or leisure take time to experience the elegant surrounds of the Members Bar, soak up the harbour view from our Dining Room, attend to some last minute emails in our business area or enjoy a work-out in the Club's fitness centre.

Whatever the reason for visiting, members always feel at home.

The Club's charming interior is steeped in history and the buildings 1928 heritage is a unique experience in Sydney. The Club's car park is available to all overnight guests and our fitness centre has a large range of modern work-out equipment as well as a sauna and steam room.

The Club is proud of its food and beverage offering and has a range of dining options available for Members and in-house guests.





List of Reciprocal Clubs

COUNTRY	CITY	CLUB NAME
AUSTRALIA	Adelaide	Naval, Military & Air Force Club of South Australia
	Brisbane	United Service Club
	Canberra	Canberra Club
	Melbourne	The Kelvin Club
		Kooyong Lawn Tennis Club
		Royal Automobile Club of Victoria
		Royal South Yarra Lawn Tennis Club
	Perth	The Western Australian Club
	Sydney	The Royal Exchange of Sydney
		Royal Automobile Club of Australia
BELGIUM	Brussels	Royal International Club Chateau Sainte-Anne
	Gent	International Club of Flanders
BRAZIL	Rio De Janeiro	Clube Americano Do Rio De Janeiro
CANADA	Vancouver	Hollyburn Country Club
		Jericho Tennis Club
		Terminal City Club
	Victoria	Union Club of British Columbia
CHINA	Taipei	American Club
FRANCE	Paris	Saint James Paris
GERMANY	Berlin	International Club Berlin
	Frankfurt	Union International Club
INDIA	Ahmedabad	Karnavati Club
	Bangalore	Greenacres Country Resort
	Cochin	International Club
	Jaipur	Jaipur Riding and Polo Club
	Jodhpur	Umed Club
	Kerala	Sri Mulam Club
	Mumbai	Golden Swan Country Club
		Royal Bombay Yacht Club
		The Bombay Presidency Radio Club
		The Umbergaon Club
	Pune	Residency Club
INDONESIA	Medan	The Exchange Club
IRELAND	Dublin	The Stephen's Green Hibernian Club
JAPAN	Kobe	Kobe Club
KENYA	Nairobi	Nairobi Safari Club
	Mombasa	Mombasa Club
LUXEMBOURG		Cercle Munster
MALAYSIA	Ipoh	Royal Ipoh Club
	Johor	Segamat Country Club
	Kuala Lumpur	Royal Commonwealth Society
	Penang	Penang Club
	Port Dickson	Royal Port Dickson Yacht Club
	Sabah	Sandakan Yacht Club
		The Tawau Yacht Club
MEXICO	Guadalajara	University Club de Guadalajara
		El Palomar Country Club
	Mexico City	The University Club of Mexico

COUNTRY	CITY	CLUB NAME
NEW ZEALAND	Auckland	The Northern Club
	Dunedin	The Dunedin Club
	Napier	The Hawkes Bay Club
	Wellington	Wellesley Boutique Hotel
		The Wellington Club
PHILIPPINES	Baguio City	Baguio Country Club
	Cebu City	City Sports Club Cebu
PORTUGAL	Lisbon	Gremio Literario
	Oporto	Oporto Cricket & Lawn Tennis Club
SINGAPORE		Camden Park Hollandse Club
		Orchid Country Club
		Singapore Ceylon Sports Club
		The Chinese Swimming Club
SOUTH AFRICA	Cape Town	Cape Town Club
	Durban	Durban Club
	Grahamstown	Albany Club
SPAIN	Barcelona	Círculo Ecuestre
	Bilbao	Sociedad Bilbaina
SWEDEN	Stockholm	Military Club of Stockholm
THAILAND	Bangkok	The Bangkok Club
		The British Club
TRINIDAD	Port of Spain	Trinidad Union Club
UK-ENGLAND	Bath	The Bath & County Club
	London	The Army & Navy Club
		Carlton Club
		Naval & Military Club
		St. James Hotel and Club Mayfair
		The Lansdowne Club
		National Liberal Club
		The Walbrook Club
UK-N.IRELAND	Belfast	The Ulster Reform Club
UK-SCOTLAND	Aberdeen	The Royal Northern and University Club
	Edinburgh	The New Club
		The Royal Scots Club
U.S.A.	Bellevue	Bellevue Club
	Berkeley	The Berkeley City Club
	Cincinnati	Cincinnati Athletic Club
	Kansas	The Kansas City Club
	New Haven	New Haven Lawn Club
	New York	The Cornell Club
		Princeton Club
		The Williams Club
	Philadelphia	The Racquet Club of Philadelphia
	Portland	University Club of Portland
	San Francisco	The Marines' Memorial Club & Hotel
	Santa Barbara	Santa Barbara Club
		University Club of Santa Barbara
	Seattle	The Rainier Club
	Washington DC	The Army & Navy Club

Clubs in bold are recently added clubs to our reciprocal list

PRINCESS CRUISES
come back new®

4days Malaysian Peninsula

Sapphire Princess

Singapore ▶ Penang, Malaysia ▶ Phuket, Thailand ▶ **Singapore**

2019 / 19, 30 Jan / 10 Feb*

* This is a 5-day itinerary, will call to Kuala Lumpur (Port Kelang) as well

HKD**4,439** up

11days Australia & New Zealand

Majestic Princess

Auckland, New Zealand ▶ Tauranga, New Zealand ▶ Wellington, New Zealand ▶ Akaroa, New Zealand ▶ Dunedin (Port Chalmers), New Zealand ▶ Fiordland National Park [Scenic Cruising] ▶ Hobart, Tasmania, Australia ▶ **Sydney, Australia**

2019 / 18 Feb^# / 2 Mar / 15^#, 27^ Dec

^ This is a 12-day itinerary. Melbourne replaces Wellington. # This is a reverse itinerary.

HKD**13,175** up

7days Alaska Inside Passage

Island Princess | Golden Princess | Coral Princess

Vancouver, Canada ▶ Juneau (Alaska), U.S. ▶ Skagway (Alaska), U.S. ▶ Glacier Bay National Park (Alaska), U.S. [Scenic Cruising] ▶ Ketchikan (Alaska), U.S. ▶ **Vancouver, Canada**

2019 / 1, 7, 8 May / 18 Sep

15%off ~~HKD9,860up~~ HKD**8,300** up

2019 Summer Pre-Sale

11days Scandinavia & Russia

Regal Princess

Copenhagen, Denmark ▶ Stockholm (Nynashamn), Sweden ▶ Helsinki, Finland ▶ St. Petersburg, Russia ▶ Tallinn, Estonia ▶ Berlin (Warnemunde), Germany ▶ Oslo, Norway ▶ **Copenhagen, Denmark**

2019 / 10 May / 1 Jun

18%off ~~HKD18,674up~~ HKD**15,164** up

12days British Isles

Crown Princess

London (Southampton), England ▶ Guernsey (St. Peter Port) ▶ Cork, Ireland (Cobh - For Blarney Castle) ▶ Dublin, Ireland ▶ Liverpool, England ▶ Belfast, Northern Ireland ▶ Glasgow (Greenock), Scotland ▶ Invergordon, Scotland ▶ Edinburgh (South Queensferry), Scotland ▶ Paris/Normandy (Le Havre), France ▶ **London (Southampton), England**

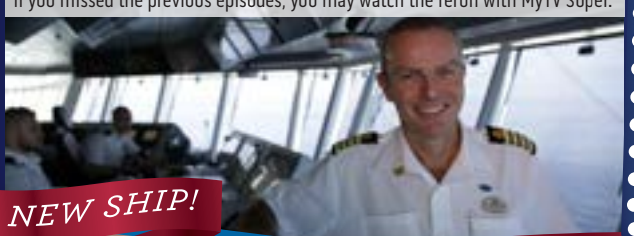
2019 / 6, 18^, 30* Jun

19%off ~~HKD20,234up~~ HKD**16,334** up

^ Overnight in Dublin replaces Liverpool, port order varies. * Orkney Islands (Kirkwall) replaces Liverpool, port order varies.

BOOK ONLINE

If you missed the previous episodes, you may watch the rerun with MyTV Super.



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