

OASIS

November-December 2019

Your *oasis* — a place where you can find tranquillity and sustenance
USRC Members' Bi-monthly Magazine



Weekend Staycation Package

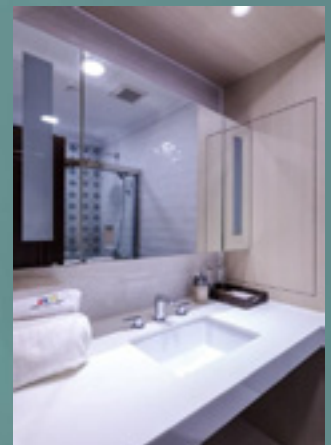
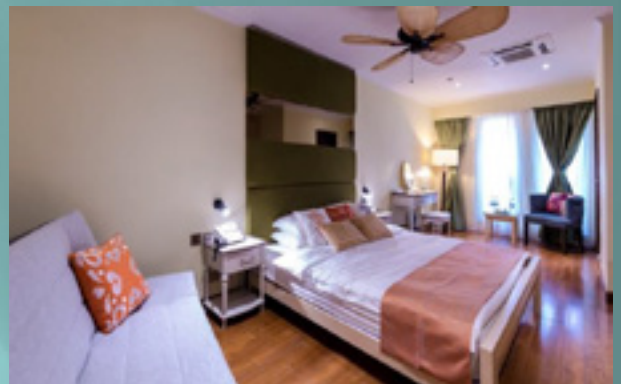
**We are pleased to present you with our irresistible
Weekend Staycation Package**

Special Weekend Staycation Package rates

- **ONLY HK\$888 (per room, per night)**

Plus exclusive privileges:

- **Daily breakfast at the Garden Cafe (8:00am-11:00am)**
- **Complimentary bottle of Prosecco**
- **Dining Coupon valued at HKD\$200**
- **Complimentary newspaper**
- **Use of Club facilities**



Terms and Conditions:

- Offers are valid from **1 November until 31 December 2019**.
- Promotion applies to bookings that are made between the 20 October and 30 December 2019.
- Room rates are per room, per night basis.
- Offers are applicable for new booking only and the options have to be confirmed upon making reservation.
- Packages are subject to room availability, advance reservation is required.
- Offers cannot be used in conjunction with any other discount and promotional offer.

**Contact room reservations for your stay at
3966 8600 / 3966 8678 or email rooms@usrc.org.hk**



United Services Recreation Club

1 Gascoigne Road, King's Park,
Kowloon, Hong Kong.
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www.usrc.org.hk

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Projects & Security Director Joshua Schroeder

Sports Director Kenneth Chiu

Grounds, Environment & Community Director Viveka Mansukhani

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Nigel Mattravers Brian Schroeder
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Felix Hart Ringo Chiu
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Football Alan Urmston

Lawn Bowls David Robinson

Rugby Sam Hocking

Squash Chung Leung

Tennis Alfred Cheng

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Oasis is a bi-monthly publication of United Services Recreation Club.

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CHAIRMAN'S MESSAGE

Dear Fellow Members,

With little less than the desired year 2019 having almost flown by, Christmas and New Year are now just around the corner. Whilst the Club is normally very busy during this time of the year with preparing for all year-end festivities, our Catering Department may experience some difficulty in getting an acceptable level of firm bookings for in-house functions or pre-orders for F&B takeaways owing to the unpredictable social movements that are prevailing. Members are hereby appealed to patronise the Club and keep the excellent quality and services of it in mind by either booking early for scheduled festive events or placing takeaway orders for home parties. Full details of planned events and booking arrangements are readily available on our website, printed flyers or in this edition of Oasis.

With the onset of the nice and cool weather, various sporting sections are in full swing participating in winter leagues or international competitions as well as organising their annual meaningful charitable activities. The General Committee wishes all participants the very best of luck in their best endeavours and lends its full support to their philanthropic activities being organised.

As to the Club affairs, the two new replacement GC Members appointed settled in handily and discharged their portfolios efficiently. Thank you Viveka and Joshua again for your pitching-in with great effort and contribution. The Treasurer has embarked on the hefty budget compilation for 2020 seeking input from management, GC Directors and most importantly from Sports Convenors. While the Club continues to remain in good shape with a healthy state of finance being enjoyed and membership level stabilised, to achieve an F&B income and expenditure balanced forecast remains an issue in light of the rapidly diminishing clientele and seasonal banquet bookings for perhaps a long period of future. The GC is, therefore, contemplating to introduce a policy measure of both securing a steady flow of income on F&B while ensuring present food quality and variety are not compromised. Details of the policy plan will be made known once finalised.

Lastly, many congratulations to all the participants of the Annual Swimming Gala on making this family event a huge success this year despite a slight postponement to Oct 13th. Our gratitude also goes to the staff and management for all their coordination and hard work. The most reasonably priced splendid buffet lunch provided by the F&B Dept was a highlight of the day and gained huge applause from all customers!

On behalf of the General Committee, may we wish you a happy Christmas and a prosperous New Year.

Patrick Cheung
Chairman



親愛的會員：

還有個多月就是普天同慶的聖誕佳節，並將踏入2020年，通常這個時候是本會開始繁忙的日子，但鑒於近日持續的社會活動，餐飲部門不論在餐廳預訂或節日外賣都無可避免受到一定影響。本人誠邀各位會員，提早訂位或預訂親友聚會的餐飲外送服務，以享受我們的卓越食品 and 服務。會員可以透過本會網站、印刷傳單或Oasis雜誌，得悉各項活動的安排和預訂細節。

隨著天氣好轉和氣溫轉涼，各個體育部門正如火如荼參與冬季聯賽或國際比賽，並組織年度的慈善活動。執委會祝願所有參賽者一切順利，並全力支持籌劃中的慈善活動。

至於會內事務，兩位替代的執委會成員已到位及順利交接，再次感謝Viveka 和 Joshua 的參與和貢獻。司庫亦已正著手編制2020年的財務預算，以尋求管理層、執委會及最重要是—體育部召集人的意見。三軍會目前財務狀況穩健，會員人數保持穩定，鑑於客戶和季節性宴會預訂長期可能會減少，實現餐飲部收支平衡將為本會所關注。執委會正考慮採取一些措施，以確保不影響當前食品質素及服務下，維持餐飲部收入穩定增長，細節會在落實後公佈。

最後，儘管年度游泳大會推遲到10月13日舉行，但活動完滿及成功結束，祝賀所有參與者及感謝員工和管理層的協調和努力。當天的亮點是餐飲部精美且性價比極高的自助午餐，獲得在場人士高度讚揚！

謹代表執行委員會祝大家聖誕節快樂，新年進步！

張伯陶
主席



Employee of the Month - September

Lisa Wong – Reception Supervisor



Employee of the Month - October

Kumiko Wong – Assistant Restaurant Manager





United Services Recreation Club
Hong Kong - Since 1911

Garden Cafe
Christmas Eve Set Dinner
24th December 2019

Duck liver pate with cherry balsamic,
caramelized red onion marmalade and melba toast
or

Rosti with smoked salmon, capers and rocket
or

Grilled halloumi cheese with apricot and mint



Roasted red bell pepper and carrot soup



Roasted butterball turkey with trimmings,
with roasted potatoes and Brussels sprouts

Or

Braised beef cheeks

Or

Roasted vegetable cannelloni



Chocolate mousse cake

Or

Yule log cake
with fruit coulis

Adult \$268, Child \$168 (Aged 3-11)

For reservations, please call ☎ 3966 8638

We apologize that there will be no A la carte on this night.

Cancellation & No-show Policy:

- (1) 100% full charge penalty applies if the reservation is cancelled on the day of the event.
- (2) 70% charge penalty applies if the reservation is cancelled on the day before.
- (3) 50% charge penalty applies if the reservation is cancelled 2 days before.

Dear Member,

It is hard to believe how fast 2019 has gone by and over the coming few weeks you will see Club staff busy preparing for the festive calendar.

During December, we have plenty of activities to bring the family close together during the Christmas season. In addition to dinner on Christmas Eve and Christmas Day, we will have dining promotions in all the dining outlets as well as a sumptuous festive take-away menu including all the traditional goodies that you would expect for the holidays. Also, we are currently offering 20% off the set lunch menu in the Gascoigne Room, Monday to Friday, with complimentary guest parking.

On the staffing front, we have many talented individuals working at the USRC, and a notable mention must go to Eric Fung who represented Lacrosse Hong Kong in Canada. This is the first time an Asian team entered this competition, and as you would expect the more traditional countries fared very well, still Hong Kong scoring some resounding victories over much bigger and more established teams. On the home front, special mention to Kay (Gunners Bar) who scored 96% on her WSET level 2 and will continue her studies to level 3. Many congratulations!

Due to continued unrest on the streets of Hong Kong, the Club will endeavour to remain open where possible, unless the situation becomes critical, only then will we take the necessary measures to protect the interests of the Club. If in doubt, members should contact the Club for more information.

Finally, I would like to take this opportunity to wish you all a Merry Christmas and a Happy New Year from all of us at the Club!

Noel Burns

General Manager



親愛的會員：

時光飛逝，2019轉眼已踏入初冬，在未來幾星期，三軍會工作人員將開始忙於籌備各項聖誕節目。

在12月，本會將籌辦多項讓會員與親友共聚的活動。除了聖誕節前夕和聖誕節晚餐，會內所有餐飲場所推出促銷活動，促銷亦包括聖誕節傳統美食的豐盛節日外賣菜單。此外 Gascoigne餐廳正推出周一至周五午餐套餐20%的折扣，並付設免費賓客停車服務。

在前線人員方面，三軍會職員「臥龍藏龍」，值得一提的是在加拿大曲棍球比賽中，香港曲棍球代表Eric Fung，這是首次有亞洲團隊參加該項比賽，傳統國家一如預期表現非常亮麗，但香港隊在面對其他強隊時也取得一定的佳績。另外，在此也特別恭喜Gunners Bar的Kay，她在葡萄酒證書課程(WSET) 2級考試中獲得96分的成績，並將繼續第三級課程。

鑑於近日社會情況不穩，三軍會將竭盡可能保持開放，一旦情況危急，我們將採取必要措施保障會所安全及利益。若有任何疑問，會員可聯繫本會以獲取更多信息。

最後，祝各位聖誕快樂，新年進步！

Noel Burns

總經理



**MERRY
CHRISTMAS**



United Services Recreation Club
Hong Kong - Since 1971

Christmas Day Buffet Menu

Wednesday, 25th December 2019

Garden Marquee

11:30am - 3pm



Chilled Juice Counter

Apple Juice, Orange Juice, Pineapple Juice and Soft Drinks

Appetizers

Smoked & gravlax salmon with capers and red onions

Assorted Italian antipasti with olives, grilled eggplant & zucchini, marinated mushrooms

Lobsters, Prawns, Blue mussels, Whelks in shell, King crab legs on ice

Salad Bar

Caesar salad, Assorted lettuce mix,

Chicken Hawaiian salad, Potato salad with crab roe

Fusilli pesto and semi dried tomato salad, Tropical coleslaw,

Avocado dressing, Balsamic and tomato dressing, Italian dressing, Honey mustard dressing

Show Cooking

Seafood soup made with short pasta, fresh squid, prawns, salmon,
mussels, clams, whelks, crab meat stock and tomatoes

BBQ and Carving

Whole roasted lamb with mint sauce & mint jelly, assorted mustard and gravy

Sous vide cooked and char-grilled grass-fed sirloin steaks

Whole roasted turkey with stuffing, chestnuts, cranberry jelly and gravy

Honey glazed Virginia ham with pineapple, Madeira sauce

Australian oysters (Rockefeller & Kilpatrick)



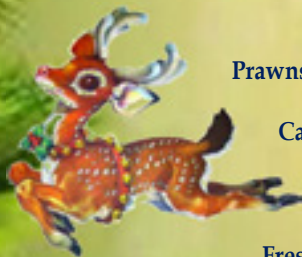
Main Dishes

Prawns with celery and cashew nuts, Lo hon vegetables, Sweet and sour pork

Fish tikka, Chicken tikka masala, Aloo gobi

Cauliflower gratin with cheese sauce, Brussels sprouts with nutmeg,

Candied carrots, Roasted potatoes, Steamed rice and Plain naan



Desserts

Fresh fruit platter with watermelon, papaya, pineapple, oranges, apples

Roasted marshmallow station, Assorted tarts, Mango caramel cake, Mini boutique desserts, Mini cupcakes, Marble

cheesecake, Mince pies, Christmas ginger bread house, Christmas stollen, Christmas pudding with brandy sauce,

Bread and butter pudding with cranberries and vanilla sauce, International cheese platter

Adult: HK\$ 518

Child: HK\$ 298 (Aged 3-11)

Add HK\$128 for free flow of Prosecco,
House Wines and San Miguel Draught Beer

For reservations, please contact Ken or Nike
Tel.: 3966 8633 or via WhatsApp 9663 773 or via email: catering@usrc.org.hk



Christmas Set Dinner


24th December - 26th December

Alaska king crabmeat salad
with avocado and crab roe

or


Pan-fried foie gras
with caramelized red onion marmalade and toast

or

 Beetroot and cheese ravioli
with blueberry balsamic reduction

Italian seafood brodetto
Assorted seafood in a rich tomato broth

or

 Wild mushroom soup
With truffle oil

Roasted butterball turkey with trimmings
served with seasonal vegetables and potatoes


or

Grilled Australian lamb chops
served with seasonal vegetables and potatoes

or

King prawn & scallops with linguine

or

 Pumpkin risotto
with sage and cherry tomatoes

Christmas pudding with brandy sauce

or

Homemade blueberry tart
Coffee or Tea

\$568 per person

For reservations, please call ☎3966 8638

We apologize that there will be no A la carte on this night.

Cancellation & No-show Policy:

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- (3) 50% charge penalty applies if the reservation is cancelled 2 days before.

Sicilian Wine Dinner

Ms Costanza Chirvino, Brand Manager of Sallier de La Tour Estate, together with Guest Chef D'Angelo Giuseppe, hosted a superb wine dinner at the USRC's Gascoigne room.

A fine turnout of 50 Members joined this truly exciting event featuring fantastic wines and superb food prepared by Chef Giuseppe.

Feedback from Members was extremely positive, and members ordered a lot of wine for home delivery to show just how much Members appreciated the wines. We will definitely be having more of these events in the Club in the future.







New Year's Eve Family Buffet
Garden Café ♦ 31 Dec 2019 ♦ 6pm - 9:30pm

Appetizers

Chilled Prawns, Blue mussels, Whelks in shell, Snow crab legs on ice
Smoked and marinated salmon
Shaved Serrano ham with pickled olives and cornichons
Selection of sashimi with soya sauce, wasabi and pickled ginger

Salads

Mizuna lettuce and baby gem lettuce, Apple celery and walnut salad
Tomato and toasted red pepper salad with basil, Cucumber with sesame seeds and crab meat
French dressing, Thousand Island and balsamic dressings

Soups

Wild mushroom soup and Sweet corn fish maw soup
Baker's board with rolls and whole breads

Carving

Traditional turkey carving with stuffing served with chestnuts, cranberry sauce and giblet gravy
Roasted herb crusted prime rib of beef with green pepper corn cream sauce
Roasted suckling pig with hoisin and apple sauce

Chinese congee station

Lobster congee

Main course

Hong Kong style beef curry, Chicken breast with stuffed spinach on saffron cream sauce
Steamed garoupa with soya ginger sauce, scallions and coriander
Sautéed scallops and prawns with broccoli and XO sauce
Braised e-fu noodles with scallions, Chinese style crispy deep-fried chicken
Roasted potatoes with thyme and rosemary, Seasonal garden vegetables
Chicken tikka massala, Lamb saag
■ Plain naan, Steamed rice

Dessert

Fresh fruit platter with melon, papaya, pineapple, oranges, grapes & mangoes
Panna cotta, Cream brulee, Mini pancake,
Egg tart, Cheese cake, Tofu Fa with brown sugar and syrup
Homemade bread and butter pudding, Apple crumble with custard sauce

HK\$ 528 per Adult, HK\$268 per Child (Aged 3-11)
Add HK\$128 for free flow of Prosecco, House wines and San Miguel draught beer

For reservations, please contact Garden Cafe
Tel.: 3966 8638

Steak Night

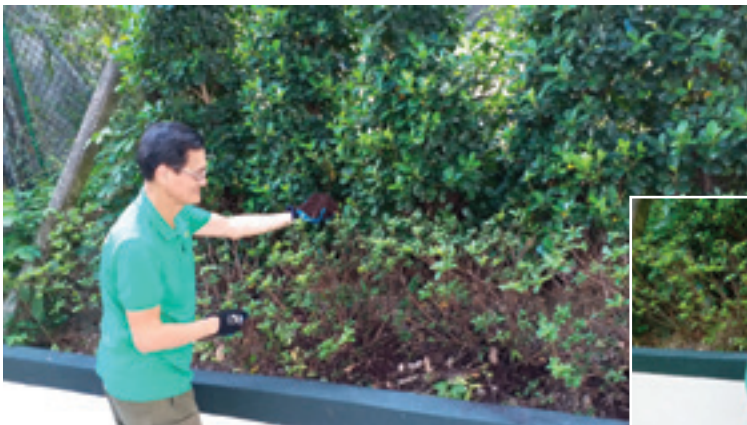
On Monday 30th September we held a Steak Night event in the Gascoigne room. The event went well with very positive feedback from our members.



Food Waste Treatment: Composting Machine

Turning food waste into compost in 24 hours – your contribution to the natural life cycle.

Hong Kong presently disposes of about 3,000 tonnes of food waste to the landfills each day, of which about 2,000 tonnes were produced from the domestic households and establishments around HK. The disposal of food waste to landfills depletes our valuable landfill space. To tackle the food waste disposal problem, we try to avoid and minimise food waste generation and to recycle the inevitable food waste to useful resources.



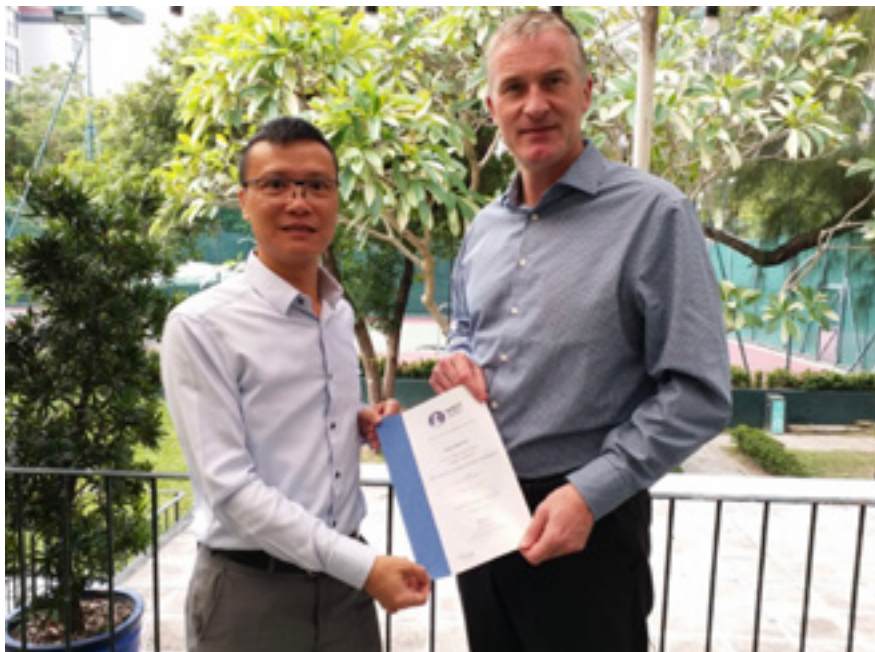
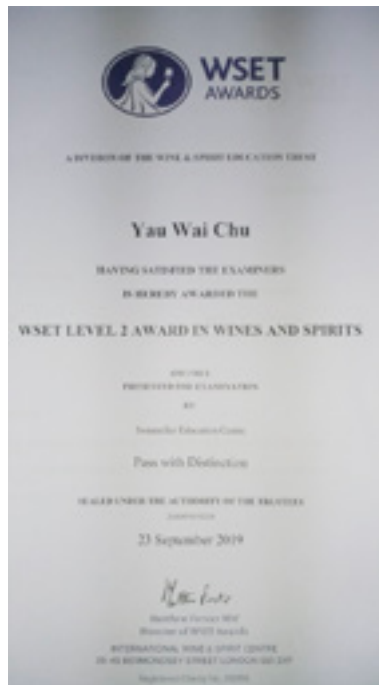
Wine Tasting

A wine tasting event outside the Gunners Bar which was held on Friday 13th of September by Talking Grapes.



Wine & Spirit Education Trust (WSET) Awards

Congratulations to Kay and Ken who achieved their certificates for the WSET. Kay scored 96% on her WSET level 2 and will continue her studies to level 3. Many congratulations!



World Cup Rugby in the Gunners Bar

The Gunners Bar was jammed packed on Saturday 19 October when members who were big rugby fans came along to support their teams in the Quarter Final clash between England and Australia.



USRC CHRISTMAS CHARITY EVENT

Gift/Toy donation to Queen Elizabeth Hospital
Your gift will definitely make a difference!



The USRC is once again coordinating with the children's ward of the Queen Elizabeth Hospital to donate new toys to children who are not able to be at home during Christmas. The toys and gifts will surely bring joy and happiness to them.

To ensure the toys are suitable for each child, please clearly mark if it is for a boy or a girl and the age group.

Gifts are to be placed in the box at Reception from the 20th November to 20th December.



Swimming Gala 2019

The Club Swimming Gala 2019 was held on Sunday, 13 October. Although we only had about 40 participants taking part, several of the younger swimmers were exposed for the first time to a 'friendly' competition through the Club Championships and it was also an opportunity to impress their parents with their swimming skills.

The Swimming Gala is a great opportunity for our Members to get to know each other and socialise in a friendly setting and we are delighted to hear the positive comments coming back following the event.

All photos have been uploaded to the Club website for Members review.

Congratulations to all winners and looking forward to seeing more competitors and their families next year!

On a final note, special thanks to the staff of the Club for their support for the event.







ANNUAL SWIMMING GALA 2019

RESULTS

Event	Age Group	Style	Winner	Finishing Time	1st Runner-up	Finishing Time	2nd Runner-up	Finishing Time
1	Under 5	1 length W/noodle junior pool	Lachlan Wong	30:51	Caleb Ryan Yu	31:49		
2	Under 5	1 length junior Pool	Caleb Ryan Yu	21:23	Lachlan Wong	26:15		

Boys

Girls

Boys & Girls

Boys & Girls

3	15 & above	40m Freestyle	David Lam	27:95	Chris Lau	41:99		
4	15 & above	40m Freestyle	Lindy Ng	37:57				
5	13 & 14	40m Freestyle	Percy Wong	32:18				
6	13 & 14	40m Freestyle	Mila Phoenix Dresner	36:01	Joelle Leung	45:15		
7	11 & 12	40m Freestyle	Cancelled					
8	11 & 12	40m Freestyle	Skye Chan	28:93	Audrey Lam	29:38	Josephine Chan	41:26
9	9 & 10	40m Freestyle	Sebastian Chan	39:14	Aiden Wat	41:78	Kairav Daryanani	48:20
10	9 & 10	40m Freestyle	Jasmine Leung	31:82	Bernice Hung	36:22	Chiara Yeung	41:57
11	7 & 8	20m Freestyle	Darius Chan	19:02	Thomas Firman	21:91	Michael Sze	22:18
12	7 & 8	20m Freestyle	Ailis Chong	18:81	Tanya Tong	22:75	Qing Chow	27:76
13	5 & 6	20m Freestyle	Hannah Chan	19:19	Charlotte Rose Yu	20:53	Aidan Chan	27:65
14	15 & above	Boys - 40m Breaststroke	Cancelled					
15	15 & above	Girls - 20m Breaststroke	Lindy Ng	43:43	Joelle Leung	43:48		
16	13 & 14	Boys - 40m Breaststroke	Percy Wong	41:36				
17	13 & 14	Girls - 40m Breaststroke	Cancelled					
18	11 & 12	Boys - 40m Breaststroke	Cancelled					
19	11 & 12	Girls - 40m Breaststroke	Skye Chan	37:66	Audrey Lam	39:19	Joelle Leung	44:45
20	9 & 10	Boys - 40m Breaststroke	Aiden Wat	52:04				
21	9 & 10	Girls - 40m Breaststroke	Chiara Yeung	50:34	Bernice Hung	52:63		
22	7 & 8	Boys - 20m Breaststroke	Mikkel Daryanani	27:26	Michael Sze	30:40	Thomas Firman	37:76
23	7 & 8	Girls - 20m Breaststroke	Ailis Chong	28:49	Qing Chow	35:34	Tanya Tong	36:38
24	5 & 6	20m Breaststroke	Charlotte Rose Yu	28:66	Hannah Chan	29:02	Aidan Chan	39:96
25	Open	Boys - 20m Backstroke	Cancelled					
26	Open	Girls - 20m Backstroke	Hannah Chan	23:02	Charlotte Rose Yu	25:70	Josephine Chan	26:36
27	Open	Boys - 20m Butterfly	Cancelled					
28	Open	Girls - 20m Butterfly	Skye Chan	15:23	Audrey Lam	15:40	Charlotte Rose Yu	27:20

Parents & Children	29	1 Adult & 1 Child (Under 14)	2 x 20m Family Relay	Audrey + David Lam	28:00	Jasmine + David Leung	28:73	Percy + Mr. Wong	32:08
	30	1 Adult & 1 Child (Under 14)	2 x 20m "Raft out" Relay	Joelle + Vincent Leung	42:66	Ailis + Pauline	42:68	Lachlan + Alan	44:73



United Services Recreation Club
Hong Kong's Best Kept Secret

FOLLOW OUR INSTAGRAM TO GET A *FREE* CUP OF TEA OR COFFEE

USRC_1911



The promotion period runs from now until 30 November 2019.

The promotion applies to Members only.

The Company reserves the right to change, suspend or terminate the welcome offers or amend the terms and conditions at its sole discretion without prior notice.

Classes & Activities at the USRC

Aqua Exercise

Abra Tsui

Email: ducgoo@gmail.com
\$450 Private lesson
\$250 Semiprivate lesson
Members only
Refer to instructor for schedule

Bridge

Mimi Wong

WhatsApp: 9120 3789
Email: usrcbridge@gmail.com
Thursday duplicate
9.30am-12.30pm
Pre-registration required

Cricket

Muhammad I. Gull

Tel: 9421 4741
Email: sportsofficer@usrc.org.hk

Individual Lesson (including) Beginners, Intermediate & Advance Cricketers
\$350 per hour (member)
\$400 per hour (guests)
Group Lesson (minimum 2 to 6 persons) – \$700 per 1 ½ hour
Team Training (minimum 2 to 6 persons) – \$800 per 2 hours
Junior's Individual Lesson
\$300 per hour (member)
\$350 per hour (guests)
Junior's Group Lesson (minimum 2 to 4 kids) – \$600 per 1 ½ hours
Junior's Team Training (minimum 2 to 6 persons) – \$700 per 1 ½ hours
(Beginners or any age kids are welcome)

Football

Alan Urmston

Email: alanu@netvigator.com
Wednesday: 7:30-9:00 pm, King's Park
\$50 for 90 minutes' playing time (adult)

Gym Familiarisation

Contact Reception 3966 8600/611
for registration and scheduled class times
– 30 minutes per lesson
Private lesson \$100

Playgroup

Nicola Barguss

Tel: 9775 4944
Tuesday: 9:30am, Friday: 9:30am
\$50 for the first child (member)
\$88 for the first child (guests)
\$35 per additional child or parent

Personal Trainer

Ken Hon

NASM CPT Certified Personal Trainer
Tel: 9042 4434
Email: kenhonchinghei@gmail.com

Personal Trainer 1 on 1 package
Trial Session - \$380 hour
1 Session - \$750 hour
4 Sessions - \$720 hour
12 Sessions - \$660 hour
24 Sessions - \$630 hour
52 Sessions - \$580 hour

Personal Trainer 1 on 2 package
Trail Session - \$200 hour/ per person
1 Session - \$400 hour/ per person

Pilates

JM Pilates Studio

Tel: 9194 5856
Email: jmpilates@yahoo.ca

Group Class lessons
USRC Members - \$198 - per lesson
Non Members Individual Lesson - \$250
10 lessons Non-members - \$2,100

Private Lessons
USRC Members - \$700 - per class
Non Members -
\$7300 - 10 lessons
\$3900 - 5 lessons
\$850 - single lesson

Semi Private Lessons (price for 2 people)
USRC Members - \$850 per lesson
Non-members - \$900 per lesson

Squash

Ilyas Gull

Tel: 9421 4741
Email: sportsofficer@usrc.org.hk

Adults

1. Private lesson for adult \$350 per hour
2. Group of 2 \$600 per hour
3. Group of 2-4 \$800 1½ per hrs

Juniors

1. Private lesson \$300 per hour
2. Group of 2 \$500 per hour
3. Group of 2-4 \$600 1½ per hrs

Swimming Classes

Eric Fung

HKSCA Level 1 Coach
Tel: 9603 9620
Email: kyfung.eric@gmail.com

Private Lesson (for members only)

- 1 person - \$460
- 2 persons - \$620
- 3 persons - \$780
- 4 persons - \$880

Tennis Coaching

Battad Tennis Coaching Co

Andrea Charity U. Battad
Tel: 9026 5685 (evening till midnight)
Email: andreacharitybattad@gmail.com

Private Lesson
\$600 per hour (member)
\$700 per hour (guests)

Group Lesson (minimum 2 to 4 people)
\$200 per hour per person (member)
\$250 per hour per person (guest)

Chris Hunt

HKTA Qualified Coach, Licensed Level II.
USRC Junior Tennis Teams Captain
(Under 14s and Under 18s)
Tel: 9316 6191/ 2550 5094 (evening till midnight)

Drop-in group lesson:
\$180 per hour per child
Saturday: 10am – 11am (beginners group)
Saturday: 11am – 1pm (intermediate group)
Thursday: 6pm – 7pm (intermediate group)

Super group lesson – by appointment only:
\$260 per hour per child
Tuesday: 5pm – 7pm (improvement class I)

Thursday: 4pm – 6pm (improvement class II)

Private lesson (for members only):
1 person – \$520, 2 persons – \$680,
3 persons – \$880, 4 persons – \$1,080,
5 persons – \$1,350, 6 persons – \$1,620
\$200 per hour per person (member)
\$250 per hour per person (guest)

JC Tennis Coaching Co

Jay Chang
Certified & Completed ITF Level 1, 2
Tel: 9449 8077
Email: seojae.chang82@gmail.com
Private Lesson (1:1)
\$650 per hour (member)
\$700 per hour (guests)
Packaged Private Lesson (1:1)
\$3,150 per 5 lessons (member)
\$3,400 per 5 lessons (guests)
*Contact Jay for Group Lesson (minimum 2 to 4 or more)



Sunday

Monday

Tuesday



3

- Social Tennis (Court 3) 3 – 7 pm (Court 4) 3 – 8 pm
- LB 10:00 am - 8:00 pm (Club Members)
- Football YYL Game

4

- Pilates Group Class 4 pm

5

- Playgroup 9:30 am – 11:30 am
- LB 2:30 pm - 9:30 pm (Club Members)
- LB League Team Practice 6:30 – 9:30 pm
- Pilates Group Class 11:00 am

10

- Social Tennis (Court 3) 3 – 7 pm (Court 4) 3 – 8 pm
- LB 10:00 am - 8:00 pm (Club Members)
- Football YYL Game

11

- Pilates Group Class 4 pm

12

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17

- Social Tennis (Court 3) 3 – 7 pm (Court 4) 3 – 8 pm
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18

- Pilates Group Class 4 pm

19

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24

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25

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26

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- Taekwondo 4:30 – 6 pm (Squash court)
- Lacrosse 7-9 pm (Multi-purpose Court)
- Football Legal League games

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- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 – 5:30 pm (Court 1&2)
- LB 2:30 pm - 6:30 pm (Club Members)
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(Club Members)
- Football YYL Game

8

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15

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(Court 4) 3 – 8 pm
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22

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(Club Members)
- Football YYL Game

29

- Social Tennis (Court 3) 3 – 7 pm
(Court 4) 3 – 8 pm
- LB 10:00 am - 8:00 pm
(Club Members)
- Football YYL Game

Monday

2

- Pilates Group Class 4 pm

9

- Pilates Group Class 4 pm

16

- Pilates Group Class 4 pm

23

- Pilates Group Class 4 pm

30

- Pilates Group Class 4 pm

Tuesday

3

- Playgroup 9:30 am – 11:30 am
- LB 2:30 pm - 9:30 pm
(Club Members)
- LB League Team Practice
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5

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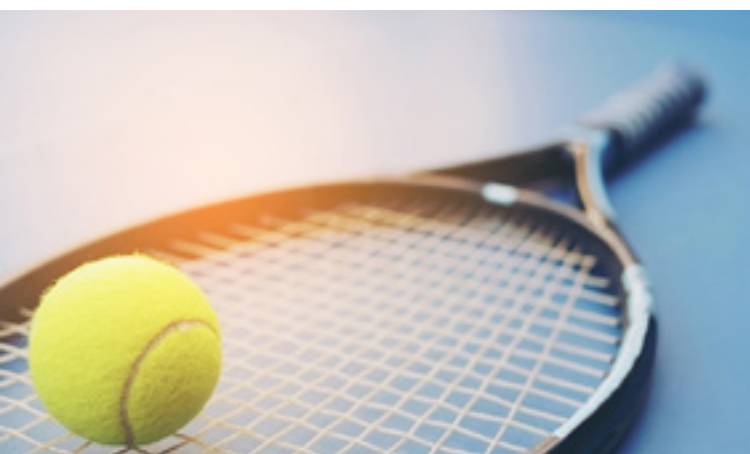
26

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28





Cricket News

by **Ahmed Saleem**
Cricket Convenor



All of our teams are now back in training, and matches have commenced in the Cricket Hong Kong leagues.

Members are reminded that if they would prefer to play less competitive social cricket, then we have three teams running this season. Please contact Head Coach, Ilyas Gul for details.

Charity event

Despite very wet weather, the section was able to again host our friends from the Kowloon branch of Christian Action, in our annual charity event. This is a long standing partnership and it was fantastic to welcome back their junior players, who now give our U15 and U17 boys a tough match. The day was combined with the second playing of our Junior Tournament, providing all our younger boys a great chance to blow away the summer holidays.

Thanks again to tournament organiser Kashif Shams, all the support team, and our GM and F&B teams for looking after us despite the rain. A total of HK\$14,000 was donated to Christian Action, supported by the kind and generous contributions from Green Inc, Seawind Far East, Creative Impact, and DMAS Hong Kong.

USRC Women's Team

A frustrating start to the season, with 2 defeats and 2 games abandoned. However, with the arrival of their new coach, Imran Arif, to work alongside current coach, Ilyas Gull, the women's team are hopeful for better results for their future matches.

Team numbers are



growing, with currently 12 players in the squad. Members of all ages are welcome to join and we now have a number of junior girls at training.

In their latest game against Hong Kong Cricket Club, Cavaliers contributions were made from Vanshika Bhargava striking 3 fours in her 16; Monisha Kotwani picking up a wicket at a strong economy rate of 9.00, and the newest addition to the team, Rebecca Steaton grabbing a sharp run out.

The Women's team currently have about 10 fixtures remaining in their T-20 league and will then proceed to play the T-10 league and the Women's Development League.

Men's Saturday:

Played 4 – won 1, lost 2, no result 1.

After finishing runners up last season, our side had a tough first match with HKCC Gap Ramblers, last year's champions, who unfortunately got the better of us this time and won the match by 36 runs. Following a disappointing defeat to PACC, the team has come back claimed a first victory against a strong HKCC Nomads – a brilliant 70 by Daniyal Butt, and a great 6 wicket haul by Mahroof, were key contributions.



Men's Premier League

In a very significant development, Cricket Hong Kong have recently granted USRC full playing membership, placing our club in the upper tier of all club sides in Hong Kong. This step up is recognition of several years of hard work to develop a complete pathway from U-11 to senior cricket, driven by a full development programme which in turn supports our Women's squad. As a result, USRC is now able to field its own and fully independent team in the elite CHK competitions.

However, playing our first season as a full member is not without its challenges for an inexperienced squad. The recent T20 tournament has been a tough baptism for our relatively

young group against seasoned opponents loaded with national players. Unfortunately all 5 matches were lost to the much stronger opponents, but a fighting performance against KCC indicates lots of potential and the tournament has been good learning for the team as to what it takes to be at the top level of cricket available in HK.



Men's Sunday

To date played one match and shared the points, in a close encounter with LSW, in which the weather got the best of both teams, with the match called off when USRC were very close to the target. Overall, though, this was an encouraging start, and with a long season ahead the team is optimistic they can regain a place in the 1st Division.

Junior squads

Our U-17 boys are in training, awaiting the start of their first fixture bloc. Meanwhile:

U15: Played 5: 1 win; 1 loss; 3 abandoned.

With 1 match to play, the Gunners are currently in 5th place out of 7. But with the 4th, 6th, & 7th placed teams having finished their matches, 1 pt in their final match (against top placed CHK Women on 12/10) will guarantee 4th place, and a win could lift them as high as 3rd place. A 4th place finish or better will guarantee USRC a slot in the semi-finals on 19/10.

The highlight of the season so far has been the hard-fought win against perennial rivals, DB Smashers. After an excellent start in which Rohaab Umer bowled the opener off the first ball of the match, and Angus Minett caught their #3 off Usman Ahmed's bowling next over, three wickets from both Abdul Hannan (4.0-0-13-3) and Soban Muhammad (4.0-2-6-3) helped us to bowl the Smashers out for 62 runs. Chasing a relatively low target, USRC struggled at first, reaching only 20 for 4 at the half-way point. A

calm partnership from Aashir Khalil (14) and Soban Muhammad (14) steadied the team, allowing us to reach the target with 9 balls to spare.



The U15s take a break from competitive cricket during November and December, then resume matches in the New Year, when the 30-over competition recommences.

U13: USRC are defending Champions of this age group, and experiencing the same slow start as last year with 3 played, 2 lost, and 1 tied. Everything is still to play for the remaining season.

U11: Looking to reclaim the trophy we have held three times in recent years, our boys are off to a flyer - Played 1 and won 1, with a big winning margin. All eyes are set on the trophy.





Football News

Alan Urmston
Football Convenor



The season is underway, and it's been a very positive start for our teams. Here's a report on the games played in September-October.

USRC Gunners

Gunners, who play in Division One of the Hong Kong Legal League, managed to get eight games in during the first two months of the season as the weather was kind, and they got off to a great start, remaining unbeaten until the 25th October. Along the way there were five wins and two draws, which took Gunners to the top of the league table and saw them progress in their defence of the Cup. And they were scoring goals as well – 6-2 (Mes), 6-2 (Forward), 4-0 (Corinthians), 9-1 (BOCs) and 5-0 (DBFC). Among the goal scorers were Marcus McMillan, Aron Ruszel and Marcello Vastola, all with five goals. The run only came to an end on 25th October when they lost 3-1 to bogey team J-Leaguers. Gunners will be looking to win both League and Cup this season.



USRC Gunners

USRC 1911

The Club's vets team, 1911, played just three games during the early season, in a steady start. There were draws against Kennedy Town (2-2) and KCC Monarchs (1-1) and an

impressive 2-1 win over reigning League Champions DBFC Vets. Here's a little of Manager Laurence Rudge's match report:

"The game started brightly for DB and 1911 didn't touch the ball for about five mins. But we gradually took hold of the game though as Greg and Sammy started pressing their centre backs into conceding possession.

We opened the scoring from a corner. A dangerous cross into the box from Loz, after giving the keeping the eyes pretending to shoot, left Sammy with a free header that he powered home.

DB equalised on the stroke of half time following a mix-up in the penalty area and the ball should have been booted into row z.

Wise and inspirational words at half-time sent the team out raring to go.

Anyway, John Bona pocked up a loose ball and ran at the defence. He played a perfectly weighted pass into Greg who finished coolly.

The game descended into a battle after that. Yellow cards bandied around, some poor tackles, some shoves in the chest, some verbal abuse of the ref and his assistants. In the end it didn't matter because we won. 2-1. Hurray for us!"

1911 are looking like they could challenge for the League title this year and have a great spirit about them. Watch this space to see how they go.



USRC 1911

USRC Vitesse

Vitesse is the Club's social team and had played just two games in the early season period, recording a 2-2 draw with DBFC and a fine 3-1 win over Godfathers, both in the Over-45's League. This is a friendly league that is more about having a structure for games than chasing glory as nobody tallies up points, at least at the moment. Against DB it was Jon Redding and Greg Turner on the score-sheet in a closely-fought game. In the match against Godfathers, Vitesse put in probably their best performance ever. A worldy from 30 yards by Andy McGaw put them on their way before other goals were added by Laurence Rudge and Greg Turner. There'll be more games in this Over-45s series plus friendly games against local social teams during the season.



USRC Vitesse

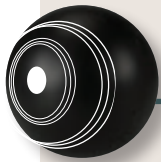
Charity match

This year's Charity Football Event will take place on Saturday 18th January at King's Park. It will involve, like last year, a Junior Tournament (Arsenal, BTS, Inter and JFC) and a match between a USRC Chairman's XI and South China FC, one of the giants of Hong Kong football. Like previously, we will play the match in front of an invited audience of senior citizens and guests from the football world and the Club. We'll then have a slap-up lunch. We hope that Club members will come along to watch the match and cheer us on. You can find details on the notice board next to the men's changing room and in posters around the Club and around Hong Kong in the coming weeks.

USRC Football Academy

Our junior football academy is run by Brasil Top Skills (BTS) (www.brasiltopskills.com). There are exciting programmes coming up so please check out the website, the Football Section notice board or ask at Reception for details.

If you would like to get involved in USRC Football, check out the notice board for further information or drop me a line (alanu@netvigator.com).



Lawn Bowls News

by the Freshman

Premier League 2019

The Premier League season is coming to an end soon and our teams' performance are mixed.

Below is a snap shot of the teams' position in the league table as of 18 October.

Team	Division	Rank	Points
Men A	4	7	53
Men B	5	4	58
Men C	10	6	38
Women A	1	7	52
Women B	3	10	24

While the Men A and Women A teams are hanging on, the Men B team is doing relatively well in their respective division. The Women B team is less fortunate as they are trapped in the relegation zone. We do hope the table will turn for them.

The Men C team plays an important role as it provides support to the A & B team and nurturing ground for novice players while participating in competitive games.

Triples League 2019

The Triples League is scheduled to start from 14 December. USRC will enter 3 Men (Division 4, 6 & 9) and 2 Women (Division 2 & 4) teams to compete in the winter league. Let's start the hard work by preparing ourselves for better achievement in the winter season.

In-house Mixed Triples 2019

A record of ten teams have entered in the In-house Triples this year. After the round-robin stage on 6 July, the top 2 teams of each group competed for the top spot in the knock-out stage on 24 August, a fine day when the green was re-opened after the summer recess.



Each team played 8 ends in the semi-final against their respective opponent. The winning team of each SF then played for the honour in the Final while the losing teams competed in the 3rd place play-off.



The finalists



3rd place play-off

Congratulations to the winning team of In-house Triples 2019:



KK Chan, David Tse, Liana Lee & Michael Sham (not in picture)

Women Classic Pairs In-house qualifying

The deciding game of this year's Women Pairs Classic qualifying was played on 22 August and the well-deserved winning pair is Angela Chau and Liana Lee.



Angela & Liana

Angela and Liana were due to represent USRC in the HK International Bowls Classic Pairs event in early November but it was unfortunate that the Classic event has been cancelled this year. A big disappointment for both and all those concerned!

New coach

The Lawn Bowls Section is lucky enough to enlist the service of Mr Lee Ka Ho 李嘉浩 from September. A current Hong Kong Squad member, Mr Lee has been bowling since 2000 and made his début representing Hong Kong in 2007. With his wealth of experience in lawn bowling, we trust he can bring new skills to our bowlers and have a positive impact on our league team's performance in the near future.

Lee's first assignment was holding the "1st Skill Refinement Workshop 2019" for women players. The workshop focused on "Team Work, Head Building & Game Plan".



We were introduced to new approach and different ways of thinking on how to deal with the ever changing heads in each game.

Most of the attendees in the first workshop agreed that a four session course is definitely not enough and they are looking for more.

The "2nd Skill Refinement Workshop 2019" was held specifically for men players in October. The class was full with some keen ladies players observing by the side-line.



Weight control on delivery seems to be the hardest skill to master admit some bowlers.



We discussed about "Team Work, Head Building & Game Plan" and some of the points worth noting are:

- The front men are there to support the Skip by building the head and positioning their woods nearer to the jack. Down one is not critical but we must have some woods closer to the head for the Skip to work with and try to turn it to your favour.
- Any ends with a three shots or over advantage is considered a big count, so how can we protect our advantage or from the opposition's point of view, rescue the end by cutting down or even turning the head?

- Risk assessment before each driving shot attempt is important as the result could be detrimental to the end result of your team.



How to play when you are 5 shots down?

Introduction to lawn bowling

An introductory course to lawn bowling opened to all USRC members was held on 13 October. Apart from learning about all the basic equipment and rules for a game of bowls, the participants had a chance to play in a game of Triples with some LBS members.



Angus, Kuan Yu, Annie the Coach, Desmond & Rico



Refreshment course

A refreshment course was held on 20 October for those who have tried and are interested to progress further in the sport. We had another enjoyable game of Triples as they learned about the role of players and game format.



Lawn Bowls Section Charity Event 2019

The annual LBS Charity Event will be held on 1 December. As in previous years, we have invited other clubs to join our effort in raising fund for charity while having fun games on the lawn bowl green.

The chosen charity beneficiary this year is ImpactHK. A young charity and registered NGO set up in 2017, it believes in the importance of kindness in addressing the pressing problem of the homeless in Hong Kong.

Through their Kindness Walks and other supporting programmes, they build trust and friendship with the homeless in the hope of creating opportunities for change, getting individuals off the streets and on the road to independence.

More about the charity event will follow in the next edition of Oasis.

Tips for Skips

Here are a few tips from top professional New Zealand bowler for all skips to note (yours truly included).

Peter Bellis says, however good skips are, they should regard themselves as being on a permanent learning curve along with every other player. A good skip should be a statesman as well as an expert shot maker. Confident, respectful of team members, supportive, and a good communicator! The skip doesn't put up with negative talk or unhelpful criticism and is guilty of neither.

A skip generally gets the kudos when the team wins, so be sure to spread the credit around to other players. If the team loses, however, the skip should take full responsibility, regardless of the other team members' performance. To be a skip is a privilege, show confidence in your team through your bearing and body language.

Oh, to have all those good qualities, we all have our faults, and this is a reminder to work on correcting them. Other team members will appreciate it.



Rugby News

Nigel Mattravers
Rugby Convenor



The season has started and we are well underway with the majority of our teams completing at least 1 round of rugby. Our senior ladies are flying high after recording record wins over Gai Wu and Tai Po in recent weeks and look a certainty to qualifying for the top 4 when the league split.

The senior men's team has put in some solid performances in the Challenge Trophy, choosing to blood a series of young future stars and fielding a team full to the brim of Hong Kong qualified players. Their League season has just started and as I'm writing this they have just achieved their first points of the season with a draw away to Hong Kong Scottish who sit at the top of the table after the first 3 games.

Elsewhere a few key club representatives have been preparing for the Olympic qualifiers with our both Men and Women national 7's teams. The men have recently returned from a competition in the UK against some of the leading teams in the world while the Women have also been training

hard during a camp in Canada against the Canadian Women's 7's team. The club would like to take this opportunity to say congratulations to Cado Lee, Yiu Cam Shing and Chris Maize from the men's along with the women Jessica Ho, Natasha Olsen Thorne, Nam Ka Man, Vivian Poon and Maggie Au Yeung. We hope your continued hard work gets you selected for future tours.

Tigerfest

USRC Tiger has also recently held one of Hong Kong's biggest mini-tournaments. We call it the Tigerfest.



During this tournament up at Kings Park we have run an all-day event for the entire mini section within HK, with over 7,000 people attending the tournament and ran from 9am until 5pm. It took the whole club pulling together to organise and a special word of thanks must go out to Julien Blondeau, Markus Naumann, Brendan Ireland and Braam Gerber for their hard work – without your help it wouldn't have been possible.

Ladies Day

Finally, soon we are hosting Ladies Day on 9th November with pink being the theme and all donations going to the Hong Kong Breast Cancer Foundation. On this day the Club's entire senior section will be competing against Kowloon at Kings Park so we are really looking forward the entire Club pulling together

for such a great cause which means so much to many of our Members. If you feel like coming up you are more than welcome to come and enjoy the day and support Tigers.

If you would like to purchase a ticket please email at gm@tigersportslimited.com

A promotional poster for 'Tigers Ladies Day!' on 9th Nov 2019. The background is light pink with scattered multi-colored stars. At the top right is the HKFC Tigers RFC logo. A purple box contains the date '9TH NOV 2019'. The title 'Tigers Ladies day!' is written in large, yellow, cursive script. Below this, text in all caps states: 'LIMITED NUMBER OF TICKETS! PORTION WILL BE DONATED TO H.K. BREAST CANCER FOUNDATION!'. Ticket details include '\$350.00 P/ TICKET' and 'F&B FOR 2HRS | 2:30-4:30PM'. It also mentions 'DRESS CODE: THINK PINK!', 'LOCATION: KINGS PARK', and a '*BEST DRESSED PRIZE'. At the bottom, it lists the 'Beneficiary Organisation: 香港乳癌基金會 HK Breast Cancer Foundation' with their logo.

香港足球總會
H.K.F.C. Tigers RFC

9TH NOV 2019

Tigers Ladies day!

LIMITED NUMBER OF TICKETS!
PORTION WILL BE DONATED TO
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DRESS CODE: THINK PINK!
LOCATION: KINGS PARK
*BEST DRESSED PRIZE

Beneficiary Organisation:
 香港乳癌基金會
HK Breast Cancer
Foundation



Squash News

Colman Ng
Squash Convenor



Squash Section Annual General Meeting

The Squash Section AGM was held on Monday 2nd September. As a result of the election that took place that evening, members of the Sub-Committee were duly elected/re-elected to serve the Squash Section in the coming year. The new Sub-Committee comprises the following members:

Convenor	Colman Ng
Sub-Committee Members	Chung Leung
	Chris Leung
	Wilfred Lai
	Amos Yuen
	Kermit Yuen



Squash Section AGM 2019



Post-AGM gathering at the Gunners

Club Summer Masters Tournament

Taking the opportunity of the summer break when many regular squash players went on overseas vacation, the various local recreation clubs jointly organised and took part in the captioned tournament. Although the tournament was meant to focus on sportsmanship and friendship building, the competition amongst the 6 teams became highly competitive from the word go. Being the most resourceful in the supply of quality players, HKFC is traditionally the top dog of this tournament. However, against all odds, the USRC team clinched the championship for the first time ever. Credit should go to our team convenor, Wilfred, and his team of Masters who had certainly done us proud.



USRC being presented with the Championship Racket



Champions of the Club Summer Masters



Club Summer Masters dinner and prize presentation

HK Squash Summer League roundup

A total of 6 USRC teams participated in the Summer League 2019, which has just come to an end. Traditionally, the Summer League is meant to be a rather leisurely tournament with an objective to sustain the fervour of the squash players during the mundane months of the summer recess. What appeared to be a relatively less competitive event, the Summer League turned out to be very tough for most of our teams. Of the 6 USRC teams, only 3 of them reached the top 3 positions which merit for medals. USRC 4 had a close fight at the top of the table with their bitter rival, SJST. The top two teams went down to the wire as they were level in points after the final match. USRC 4 was eventually crowned the champions in Division 6A for better results in terms of the number of rubbers won against our opponent. Our junior team, USRC 5, did well to take the second position in Division 8B. USRC 1 had to struggle at the top Division to settle for 3rd place at the end of a very tough campaign.

Summary of 2019 Summer League Results

Team	Division	Position
USRC 1	1	2nd Runners-up
USRC 2	2	8
USRC 3	3	8
USRC 4	6A	Champion
USRC 5	8B	1st Runners-up
USRC 6	10	6



#6 Summer League Champion USRC 4 enjoying their post-match celebration dinner

The 4th Asian Master Championships

The 4th Asian Master Championships was held in HK on 5-8 September. The tournament was open to all WSF registered players aged 35 and above. To enhance the overall competitiveness, the events were categorised into different age groups. Players who were defeated in their first round were automatically entered into the

Plate competition. Two USRC players, Wilfred Lai and Ken Yam, took part in the tournament. Wilfred attained the championship title in the Men's 55-59 category while Ken was the 1st runner-up in the Men's 50-55 category.



Wilfred receiving his Asian Masters Championship award



Ken receiving his Asian Masters plate award

Wilfred and Ken with their Asian Masters trophies



The 12th Korean Squash Open 2019

One of our very promising junior players, Aidan Yuen, took part in the 12th Korean Squash Open held on 17-20 August. The competition, hosted by the Korean Squash Federation, was held in Incheon Yeorumul Squash Courts in South Korea. I would like to congratulate Aidan for being awarded the 1st Runner-up in the Boys Under 11 Plate competition.

Wing Ding Charity Squash Tournament

The annual Wing Ding Charity Squash Tournament is scheduled to be held on 23 November. This is an annual charity event that collects donations through squash competitions amongst teams representing 12 recreation clubs from HK. Money raised will be donated to Operation Santa Claus for the benefit of the less privileged. USRC is planning to form a team to compete in this full day charity event. Members who wish to join or donate to the Wing Ding USRC Squash Team are most welcome to contact me or anyone of the Squash Committee Members.



Aidan being presented his trophy and souvenir



Aidan getting ready for his match in the Korean Open 2019



USRC RACEBOX

November Schedule

● 3	Sun	Shatin	\$655
		<i>Sa Sa Ladies' Purse</i>	
☾ 6	Wed	Happy Valley	\$610
● 9	Sat	Shatin	\$555
☾ 13	Wed	Happy Valley	\$610
● 17	Sun	Shatin	\$555
☾ 20	Wed	Happy Valley	\$610
● 23	Sat	Shatin	\$555
☾ 27	Wed	Happy Valley	\$610

● Day Race ☾ Night Race

- Admission Badge + \$60
- Seasonal box buffet including unlimited serving of tea, coffee, mineral water, soft drinks, chilled orange juice and house beer.
- The addition of \$148 each for half dozen of plated oyster.
- The addition of \$138 each for assorted sashimi platter.
- The addition of \$95 per person to the package price includes unlimited serving of pouring brands of spirits, selected red and white wines and imported beers.
(Ones selected the package will applied to all guests under the same table)

For Cancellation less than 3 days prior to the race meeting, a cancellation charge of 100% on the total expected race badge, food and beverage revenue will be levied.

Booking essential, please contact:

Natalie Banday: **3966 8678** or email: rooms@usrc.org.hk



CHAMPIONS BASKETBALL *Hong Kong*

BASKETBALL CLASS

Date: Every Thursday, Nov 7- Dec 19

Time: 6pm - 8pm (2 Hours)

Price (per person): \$200 (Member)

\$220 (Member's Guest)

Contact: Coach Michael (852) 9886 0891



Coach: Timothy Gerard Darling

Former Hong Kong National Men's Basketball Team Head Coach
Former University Coach United States and Canada
Former Professional Team Coach, Spain, Poland, China, Lebanon



United Services Recreation Club
Hong Kong - Since 1911

For further information please contact: Champion Basketball HK www.basketballchampionhk.com

(852) 6576 3288

Championhksports

basketball.champion.hk@gmail.com





Tennis News

Martin Li,
Tennis Convenor



Winter League

After a long summer holiday, all team members should wash away their laziness and get ready for the new league which is scheduled to commence on 16th September. USRC has nominated a total of six Men's and Ladies' teams in this Winter League. Unfortunately, several matches were rained off in the first week and as a result, rematches are inevitable. Good luck and have fun.

Tennis uniform

All tennis team members will be getting new uniforms for the coming season. This season, a long-sleeve jacket will be provided instead of T-shirt and shorts in response to many requests from all members. Special thanks go to Thomas Lee for his efforts in sourcing reliable suppliers and getting a reasonable price from them and for producing the uniforms with such good quality within a limited budget. The new uniforms are ready for dispatching to all league players.

Happy tennis & fun party

Happy tennis & fun party will tentatively be held at the end of November from 2:00 pm to 10pm. The happy tennis will be held from 2:00pm to 7:00pm. The participants will be divided into groups of 4 players per team and all teams will be mixed and matched with players from different divisions in order to create a balanced, competitive and fun-filled environment. Afterwards, there will be prizes presented in the Christmas Party.

In respect of the Funny Party, there is a funny gathering with our tennis section members and welcome any member to bring their family and guests to join in. Due to the limit quota in the Garden Room, please make sure to register in advance. Any further details will be posted on the notice board.

Tennis courts lighting improvement

Insufficient light brightness of the tennis courts was a problem; also the electricity cables were aging and causing sudden lighting malfunctions. The Club maintenance team sought a solution to remedy these issues and after consulting specialists and the completion of tendering process, the Club chose a supplier to renew the cable and upgrade the lighting to LED lights.

Before commencement of league matches, courts no. 3 and 4 have been replaced with new lightings and now waiting on Tennis Section committee feedback before replacing the lights of court no.1 and 2.

Having collected the feedback from members, the majority of comments from them is positive. However, one of the adverse comments is a harsh light when serving the ball. To this point, I have collected all comments reflecting this to the supplier about making an improvement before replacement of new lights at court no. 1 & 2.

Date: 2019-04-11 FINAL
USRC Tennis Team jacket 2019

Uniform fitting	XS	S	M	L	XL	XXL	TOTAL
For men's		8	19	35	21	2	85
For ladies	13	14	6	2			35



0304853
YOUNG LINE PRO TRACKTOP
S M L XL 2XL 3XL
ITEM TYPE: J
100% POLYESTER



Digital print

USRC Coach Corner



TENNIS - JAY CHANG



License: ITF level 1 & 2 / USPTA 3 / KPTA 1

Recent Participated Tournament

Korea National Sports Competition, Seoul Korea - silver medal in double

The Korea National Sports Competition is celebrating its 100 year anniversary in Seoul, Korea, and there was an overseas koreans' competition in tennis.

The Korea team in Hong Kong had 1 gold (women's single), 1 silver (men's double), and 2 bronze (men's single & women's double) medals. The Hong Kong Korean team reached the overall championship.

JC Tennis will take care of your TECHNICAL, TACTICAL, PHYSICAL and MENTAL parts that you need to improve for your tennis!

Contact

Tel: 9449-8077

Email: seojae.chang82@gmail.com



United Tennis Association Club
Hong Kong - Since 1971



Excellent member

Our junior member, Kyle Tang, has trained and studied in Barcelona for over 2 years. This month he has reached a career high at ITF359 (World Junior Tennis Ranking). Kyle has been progressing very well by reaching some milestone performances in the last few months:

1. Boys' Double Finals at J3 Sanchez-Casal Junior Cup, Barcelona, Spain
2. Boys' Singles Champion at J5 Oceania Open Junior Championships in Lautoka, Fiji
3. Boys' Double Champion and Boy's Singles Runner-up at J5 Amman Junior Cup, Jordan
4. Boys' Singles Runner-up at J5 Skopje Junior championship, North Macedonia
5. Boys' Singles and Doubles Runner up at J5 Pokara Junior Championship, Nepal



Kyle with his trophy collection



Kyle Tang with his doubles partner



Bridge News

Mimi Wong
Bridge Convenor



Overseas interclub match

A group of players from URSC travelled to Penang Club, Malaysia for a friendly competition on Tuesday 1st October. It was the third interclub friendly match between the two clubs. The morning was closely contested with top teams from Penang and USRC scoring almost equally. In the afternoon session, after a sumptuous buffet lunch, the home team raced ahead to win the match.

Nevertheless, our team had a great time in Malaysia, especially for those who joined us and experienced to play their first overseas bridge matches.

Pos	Team VPs	Players	Total
1	1	Alan Orchard & Fee Khoon Lee Atsuko & Mikiko Konishi	59
2	6	Richard & Jurdy Brewer Ruth & Richard Bright	53
3	5	Patrick Cheung & Mimi Wong Raymond Mak & Henry Lau	52
4	4	Catherine Martin & Dick Yong Irene Carne & Val Lees	45
5	3	Robert Holland & Janet Mills Renee Khoo & Bibi Montford	21
6	2	Gill Devereux & Jessica Macloud KP Tam & Helen Lo	10



Regular activities

- Wednesday – Tutoring
- Thursday – Duplicate
- Saturday – Social game

Wednesday tutoring

Our Bridge Section members continue to meet every Wednesday morning for social games. Participants play the game under the Standard American 5-card major system. In order to enhance their bridge knowledge, new and revision topics are covered every session.

Recent topics included:

- Opening of strong 2C
- Pre-emptive hand opening
- Interference over 1NT
- Count signals
- Discarding signals



Thursday duplicate

Bridge duplicate is a form of competitive bridge game. Players are delighted to have the chance exercising their minds as well as to socialize with fellow bridge friends. The number of tables were maintained at about eight tables playing 24 boards in each session.

Most of our players employed the SAYC system. All games are scored under electronic scoring system and directed to play under a friendly and gentle atmosphere.



Saturday social bridge

The Social Bridge group runs every Saturday mornings. The session is usually started off with discussion on special hands raised by devoted bridge masters in published bridge magazines.

Gentle games will then be followed with supervision with mentors attending to help in bidding and play. Experience and confidence will be gradually built up under a fun and social atmosphere before moving on to play in competitive duplicate games.



What exactly is Bridge?

It is a card game for four players forming two partnerships. The objective is to score more points than the opponents. Partners transmit information via bids which follow a system. Thus there are varied Bridge Systems, such as Precision, Acol, and Standard American, to name a few. There are different types of Bridge games, too. Rubber Bridge was a popular variant many years ago. It is still played in pockets whence two couples or four friends get together and throw a few cards. The thrill of winning keeps the group together. Today however, Duplicate and Team games (four players to a team) are more popular as they are highly competitive, and the thrill of winning amongst a field of scores of skilled players keeps everyone hooked.

If you would like to learn playing bridge or join us for a game, please contact the Convenor at WhatsApp 9120 3789 or email usrbridge@gmail.com

SPOT THE DIFFERENCE

Submit your answer to the Club reception on or before 8th December 2019. All correct entries will receive a FREE SMOOTHIE*

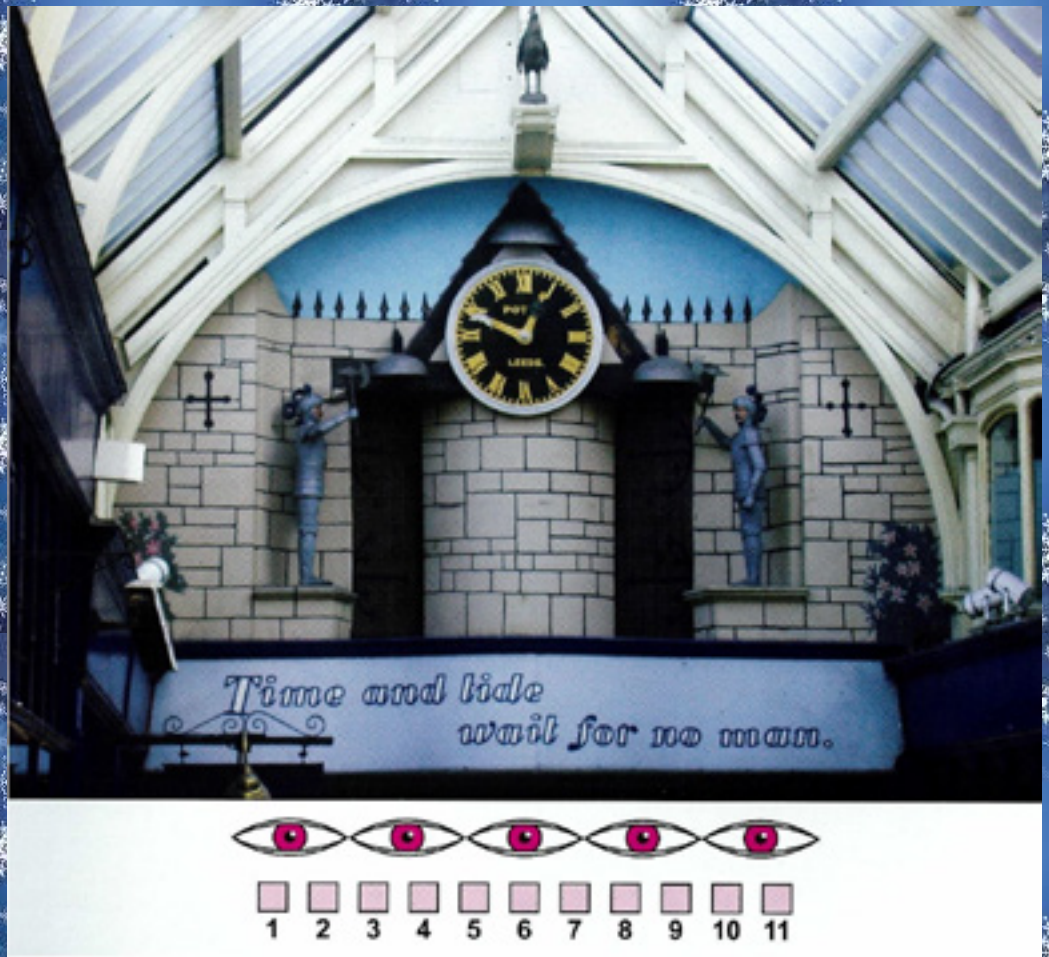
Name:

Membership No:

Email:

Contact No:

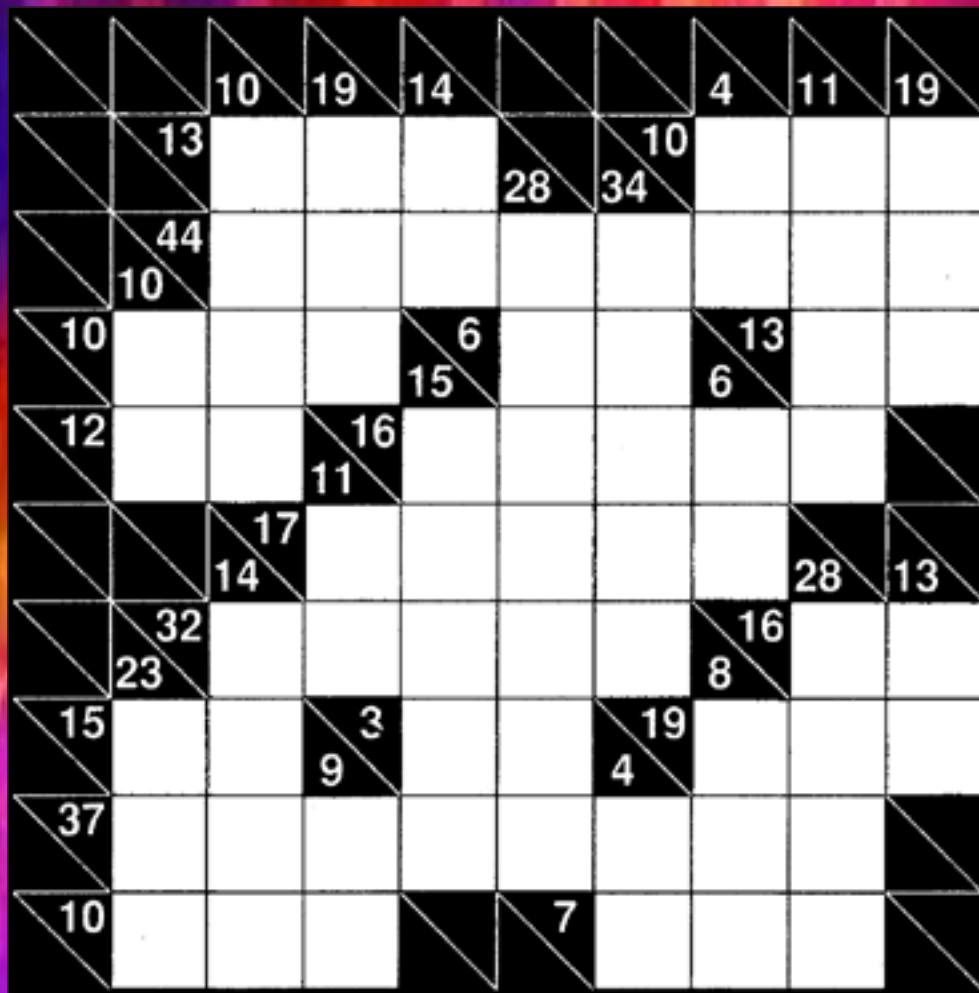
*Please note only one entry will be accepted per membership



SUM CROSS

Basic rules:

1. Fill in the white space with numbers of 1 – 9
2. The number indicated on the upper right is the Sum of the numbers filled in horizontally while the number indicated on the lower left is the Sum of the number filled in vertically.
3. In any rows or column horizontally or vertically cannot be filled in with the same number.



Submit your answer to the Club or fax 2724 0949 on or before 8th Dec 2019. All correct entries will be placed into a draw. The Winner will receive USRC Sports Set inclusive of (Backpack, Visor and Sock). Good Luck!

Name: _____

Membership No: _____

Contact Tel No: _____

Email: _____

*Please note only one entry will be accepted per Membership



Sep & Oct Cross Word Puzzle drawn by Member
Mr. Kwan



Congratulations to Sep & Oct Cross Word Puzzle
Winner, Mr. Chu

Santa Barbara Club

Website: www.santabarbaraclub.org



Rich in history

The Santa Barbara Club, founded in 1892, embodies the rich and colourful history of Santa Barbara. Its distinctive features draw in anyone who enters its doors. These two elements combine beautifully and have made the Club an integral part of the business and social circles of Santa Barbara. Members of the Santa Barbara Club can enjoy a formal dining atmosphere in our elegant Dining Room, as well as a more casual dining experience on our outdoor patio and lawn. We also have several other rooms available for a private meeting or dining experience.

Current day

Designed by architect Francis Wilson, the first floor includes a formal Lobby, a Main Dining Room that hosts many of the Club's culinary events, the Bar & Game Room, a Lounge & Card Room with baby grand piano, a large Library containing volumes dating back to the 1800's, the Remington Room as a popular board meeting room and the more intimate Borein Room. Each room enjoys a spacious fireplace and turn of the century ambiance. All rooms and events are serviced by a large, modern kitchen. A particularly enchanting area is the club's garden, which can be viewed from the main dining room. It is an oasis of tranquillity within the town and serves as the locale for garden parties year round.

Breakfast and lunch are served five days of the week, and there are a variety of afternoon and evening gatherings for

conversation and games. Dinners are served weekly with many themed cuisine menus, often paired with the remarkable wines from the nearby Santa Ynez Valley. Throughout the year special occasion parties are held for Club members and guests to celebrate many of the traditional family occasions and holidays. Members often sponsor non-member events to take advantage of the Club's unique setting and long standing reputation for exceptional cuisine.

Club Members also participate in a number of special interest groups within the Club, such as the Luncheon Club, Breakfast Club, Entrepreneurs Forum, Investors Club, Wine Group and yes, the Arlington Jockey Club. The Club also sponsors a noontime and evening lecture series featuring prominent speakers.

The Santa Barbara Club is fortunate to be an active participant in the daily affairs of one of the world's most desirable small cities. Located at the base of the Santa Ynez Mountains on the shores of the Pacific Ocean, Santa Barbara enjoys a year round mild climate. It offers its residents and visitors an abundance of cultural and recreational activities, as well as numerous fine resorts, inns, and restaurants.

Santa Barbara's more recent history includes the emergence of the nearby and popular Santa Barbara County Wine Country, an area where numerous vintners are growing premium grapes and nearly one hundred wineries are producing wines of distinction.



List of Reciprocal Clubs

COUNTRY	CITY	CLUB NAME	COUNTRY	CITY	CLUB NAME	
AUSTRALIA	Adelaide	Naval, Military & Air Force Club of South Australia	NEW ZEALAND	Auckland	The Northern Club	
	Brisbane	United Service Club		Dunedin	The Dunedin Club	
	Canberra	Canberra Club		Napier	The Hawkes Bay Club	
	Melbourne	The Kelvin Club		Wellington	Wellesley Boutique Hotel The Wellington Club	
		Kooyong Lawn Tennis Club				
		Royal Automobile Club of Victoria				
		Royal South Yarra Lawn Tennis Club				
	Sydney	The Royal Exchange of Sydney	PHILIPPINES	Baguio City	Baguio Country Club	
		Royal Automobile Club of Australia		Cebu City	City Sports Club Cebu	
BELGIUM	Brussels	Royal International Club Chateau Sainte-Anne	PORTUGAL	Lisbon	Gremio Literario	
	Gent	International Club of Flanders			Oporto	Oporto Cricket & Lawn Tennis Club
BRAZIL	Rio De Janeiro	Clube Americano Do Rio De Janeiro	SINGAPORE		Camden Park Hollandse Club	
CANADA	Vancouver	Hollyburn Country Club			Orchid Country Club	
		Jericho Tennis Club			Singapore Ceylon Sports Club	
		Terminal City Club			The Chinese Swimming Club	
	Victoria	Union Club of British Columbia				
CHINA	Taipei	American Club	SOUTH AFRICA	Cape Town	Cape Town Club	
FRANCE	Paris	Saint James Paris			Durban	Durban Club
					Grahamstown	Albany Club
GERMANY	Berlin	International Club Berlin	SPAIN	Barcelona	Círculo Ecuestre	
	Frankfurt	Union International Club			Bilbao	Sociedad Bilbaina
INDIA	Ahmedabad	Karnavati Club	SWEDEN	Stockholm	Military Club of Stockholm	
	Bangalore	Greenacres Country Resort				
	Cochin	International Club	THAILAND	Bangkok	The Bangkok Club The British Club	
	Jaipur	Jaipur Riding and Polo Club				
	Jodhpur	Umed Club	TRINIDAD	Port of Spain	Trinidad Union Club	
	Kerala	Sri Mulam Club				
	Mumbai	Golden Swan Country Club	UK-ENGLAND	Bath London	The Bath & County Club The Army & Navy Club Carlton Club Naval & Military Club St. James Hotel and Club Mayfair The Lansdowne Club National Liberal Club The Walbrook Club	
		Royal Bombay Yacht Club				
		The Bombay Presidency Radio Club				
		The Umbergaon Club				
Pune	Residency Club					
INDONESIA	Medan	The Exchange Club	UK-N.IRELAND	Belfast	The Ulster Reform Club	
IRELAND	Dublin	The Stephen's Green Hibernian Club				
JAPAN	Kobe	Kobe Club	UK-SCOTLAND	Aberdeen Edinburgh	The Royal Northern and University Club The New Club The Royal Scots Club	
KENYA	Nairobi	Nairobi Safari Club				
	Mombasa	Mombasa Club				
LUXEMBOURG		Cercle Munster	U.S.A.	Bellevue	Bellevue Club	
MALAYSIA	Ipoh	Royal Ipoh Club		Berkeley	The Berkeley City Club	
	Johor	Segamat Country Club		Cincinnati	Cincinnati Athletic Club	
	Kuala Lumpur	Royal Commonwealth Society		Kansas	The Kansas City Club	
	Penang	Penang Club		New Haven	New Haven Lawn Club	
	Port Dickson	Royal Port Dickson Yacht Club		New York	The Cornell Club Princeton Club The Williams Club	
	Sabah	Sandakan Yacht Club The Tawau Yacht Club		Philadelphia	The Racquet Club of Philadelphia	
MEXICO	Guadalajara	University Club de Guadalajara		Portland	University Club of Portland	
		El Palomar Country Club		San Francisco	The Marines' Memorial Club & Hotel	
				Santa Barbara	Santa Barbara Club University Club of Santa Barbara	
	Mexico City	The University Club of Mexico		Seattle	The Rainier Club	
				Washington DC	The Army & Navy Club	

Clubs in bold are recently added clubs to our reciprocal list



Instagram

*Follow us on Instagram
for the latest news and
events*

 *usrc_1911*