

OASIS

January-February 2017

Your *oasis* — a place where you can find tranquillity and sustenance
USRC Members' Bi-monthly Magazine



2017

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NEW YEAR

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Andrew Kwan

Disciplinary Sub-committee

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Zorro Yuen Brian Mcardle

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Football Alan Urmston

Lawn Bowls David Robinson

Squash Chung Leung

Tennis Kenneth Chiu

Rugby Marco Cassandro

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Advertising

To advertise in Oasis, please contact Natalie Bandy at USRC.

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CONTENTS



Chairman's Message	2	Lawn Bowl News	24
General Manager's Message	3	Squash News	28
Executive Chef's Message	5	Rugby News	29
Club Matters	10	Football News	30
What's On	16	Tennis News	32
Classes Activities	21	Quizzes & Puzzles	37
Cricket News	22	Reciprocal Clubs	40



Dear Member,

As the festive Christmas has passed, we welcome the arrival of 2017 and we believe it will be a brand new and promising start surpassing last year. This edition of Oasis in addition to welcoming in 2017 also heralds the start of the Year of the Rooster in the Chinese calendar.

I would like to thank all those Members who supported and prepared the numerous Christmas gifts for the children at Queen Elizabeth Hospital over the Christmas season. This has been a very worthwhile annual event for many years and the smiling faces of the children is rich reward for your efforts – hopefully illustrated in this issue.

To ensure the satisfactory financial state of the USRC is maintained in 2017 and achieve a modest operational surplus, which is used for maintenance, improvements of club facilities and funding projects, there, will be an adjustment of fees in line with the CPI. The figures are listed in the Notice with this magazine.

During 2016 Club amenities and facilities have been much improved. The redecorated Banyan Room is proving an ideal venue for Members recreational and social functions. Our Swimming Pools will be undergoing retiling and upgrading from late December until Mid April. Additionally tennis court 1 & 2 will undergo re-painting commencing early January and should be completed around the end of January.

I would also like to take this opportunity to encourage all of you to contribute to the staff cumshaw. Part of the cumshaw will help pay for the staff annual party to be held on 20 February 2017. I trust you have all received a letter from me on this topic and I hope you are able to make some contribution to encourage and thank all club staff, including those behind the scenes, for their efforts in the past year.

I sincerely wish all members and their respective families and friends of the USRC a very joyful, healthy and prosperous 2017 and Kung Hei Fat Choi for the Year of the Rooster.

Patrick Cheung
Chairman



親愛的會員：

聖誕佳節過後，歡迎2017年的來臨，我們相信有嶄新和美好的開始，定會猶勝舊年。新年新事物，本期的刊物命名為“OASIS”，將以全新的版面設計出現，預示雞年新的開始。

在此特別感謝一些會員在聖誕期間支持和捐獻聖誕禮物給伊利沙伯醫院的兒童，會所多年來一直致力於這有意義的事項，兒童的笑臉便是對各位付出的回報，希望可以在本期刊物中展出。

為了確保三軍會於2017年度有著滿意的財務狀況及一定限度的盈餘，以供維修及改善設施之用，我們會參照政府消費價格指數而作出收費調整，調整數字將會在刊物中列出。

在過去一年，本會舒適的設備和設施得到重大改善，重新裝修的 Banyan Room 給會員一處理想休閒及社交場合的好地方。由2016年12月尾至2017年的4月中，本會泳池將進行瓦片重鋪及提升工程。此外，1號及2號網球場，亦會在一月期間進行油漆翻新工程。

我想藉此機會鼓勵各會員貢獻賞金給員工，部分賞金將會作為支付2017年2月20日員工週年晚宴之費用。就此，我已去信各會員，希望各位對員工在過去一年的努力作出支持及鼓勵！

我祝願所有會員及其家屬與及三軍會的朋友，有一個快樂健康及昌盛的2017年，還恭祝各位雞年進步。

此致

張伯陶
主席

Dear Member,

Happy New Year...

I hope that everyone was able to enjoy the Christmas with family and friends as expected the Club was extremely busy over the festive period. I would like to thank the Office staff, ably assisted by Natalie, that helped decorate the Club ensuring that festive feel. Now that Christmas is behind us we make preparations for Chinese New Year and say goodbye to 'Year of the Monkey' and welcome the 'Year of the Rooster'.

This year present many challenges as we head into a period of political uncertainty in Hong Kong. Naturally, this will impact how members spend and it presents the opportunity for us to refocus on offering more variety and quality. We only use the highest quality ingredients whether in the café salad bar, Banquets or ala Carte. There is no other place that offers such variety and we work closely with our suppliers ensuring this remains unchanged.

As part of the business planning for 2017, we have also commenced planning for the renovation of the Outlets to maintain standards as some areas are now looking tired and shabby. When dealing with a 100 year old building there are many challenges that require constant attention from our maintenance team. We have planned extensive water proofing works to be carried out on the main building followed by a complete re-paint Club house and perimeter wall.

Investment in our facilities will continue to be a top priority. One of the top investments currently happening is the renovation of the swimming pool and the surrounding grounds. Please refer to the Timeline schedule and recent pictures. We are on schedule to open mid-April. The work will take approximately 2 and 1/2 months but will be completed significantly before summer where it is one of the most popular amenities of the Club. The work will include re-waterproofing and tiling the swimming pool, relocating the pump-room, resurfacing the pool deck and freshen up the surrounding area.

Thank you for your support in 2016. I look forward to seeing you at the Club.

Noel Burns

General Manager



親愛的會員：

新年快樂！

我相信各位與家人及朋友歡度了一個美好的聖誕節。如所料，會所在這節日期間非常繁忙，在此特別感謝職員與 Natalie 合作佈置下，令會所充滿節日氣氛！雖然聖誕剛過，會所已準備迎接農曆新年，送猴迎雞！

今年將帶來更多的挑戰，預料香港將步入經濟不明朗時期，相對地會影響會員的消費，會所同時在食材種類及質量上重新調整。無論在 café 沙律自助檯，自選菜單飲宴，只採用高質量的食材及提供獨一無二的種類選擇。與供應商保持緊密聯繫以確保質量不變。

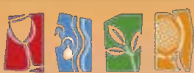
由於會所建築物已近百年，很多地方需要維修及保養，工程人員對一些破舊的地方已着手進行翻新工程。我們亦已計劃對會所主樓做廣泛防水工程，隨後是會所大樓及外牆將重新油漆。這些都是2017年度業務計劃的一部份。

投資會所設施是首要事項。現時的首要項目是泳池及周邊地區翻新，請參看會所大堂的工程安排時間表及近期圖片。會所將依照預定時間表於四月中重新開放，工程需時兩個半月，由於泳池設施最為會員常用，因此工程將於夏季前完成。項目亦包括防水工程及瓦片鋪設，泵房遷移，池面重鋪，令周邊環境煥然一新！

感謝各位對會所過去一年的支持。期待各位光臨！

Noel Burns

總經理



United Services Recreation Club
Hong Kong's Best Kept Secret

Winter Stews

From 20th Feb to 5th Mar 2017

	HK\$
Beef tripe, brisket on soup noodles 柱侯炆牛根牛腩麵	68
Shanghainese red-braised pork 東坡肉	108
Chinese braised oxtails served in a clay pot 紅燒牛尾煲	118
Braised beef brisket and tendon 柱侯蘿蔔炆牛根牛腩煲	128
Braised tofu with garoupa 薑蔥豆腐斑球煲	138
Lamb stew with white radish, red dates and tangerine peel 紅燒蘿蔔果皮炆羊肉	138

Available at Garden
Café & Gunners Bar

C H E F ' S M E S S A G E

Dear Members,

First of all may I take this opportunity and wish all Members and their families and friends a very prosperous and healthy new year! The festive season is nearly over and we hope you are all ready for an avalanche of food and beverage promotions the coming months, there is a lot on offer, and I hope you will all enjoy the offerings.

I realize that some Members are not aware that the Club has an extensive wine list, listing over 200 wines and mostly very affordable priced. So if you are in the mood for a glass or wish to share a bottle with friends and family, do have a look! The list also includes 16 wines which are served by the glass, new technology also enables us to serve you some very fine premium wines by the glass as well, so if you are alone or the only one allowed to drink at your party, don't hesitate and order a beautiful glass of Meursault to accompany your oysters, and have a lovely glass of Lynch bages with your slow cooked Lamb shoulder.

As if this is not enough, in January we will launch a new house wine , we offer free corkage Mondays to Wednesdays at the Gascoigne room and Chairman's lounge both during lunch and dinner, not to forget we do offer free parking when enjoying lunch at the Gascoigne room.

Just before Chinese New Year, on Friday, 20th January we invite you to come along on a Robert Parker themed wine tasting of Portuguese wines, starting 6 pm at the Gunners Bar entrance, home delivery order forms are inserted with the magazine.

After all this promoting of wine, I must remind Members if you do drink, please do so responsibly, and leave your car at the car park!

Big changes are introduced to the Club's set lunches, especially so to the Garden Café set lunch and salad bar, the entire counter is replaced, new and modern dishes are being introduced and more and more high quality imported ingredients are offered, a whole new selection of soups are on offer, so are the main course choices re-invented, we do hope you enjoy the changes!

The Gascoigne room set lunch also gets a facelift, a new menu on offer, plus the appetizer option is replaced by a small appetizer buffet that changes daily. Aside from this as I mentioned before, January and February we do offer free corkage, and when you enjoy the set lunch you can avail of free parking, on top of that we offer you a loyalty card, and for every 10 lunches consumed in the Gascoigne room you get 1 free on your next visit, talk about special offers!

Other promotions are really to many to mention here, please see the posters in the magazine or the notice boards at the Club for more details!

I wish all members a healthy and prosperous year of the Rooster, and hope to see all frequently at the Club!

Best regards,

Marco Veringa

Executive Chef / F&B Manager



Club Arrangements for Chinese Lunar New Year 2017

Annual Staff New Year's Dinner 20 February, 2017

All Food and Beverage outlets closed at 6:00 p.m.
Sports facilities will remain open.

Day Before Lunar New Year 27 January, 2017

All food and beverage outlets will be closed at 6:00 p.m.
Sports facilities will remain open.

Lunar New Year's Day 28 January, 2017

The Club will be closed.

Kung Hei Fat Choy!

Winter Warmer Drinks Selection



Hot chocolate milk

Made with real Callebaut chocolate, topped with whipped cream and mini marshmallows

\$45/Mug

*Pictures are for reference only.

Orange Ginger

Made with ginger, orange juice, orange skin and honey

Mulled Cider

Made with apple juice, cranberry juice, orange juice, cinnamon and cloves



\$32/CUP

Available from Jan to Feb 2017, starts from 11:30am at all outlets.

Winter Soup Promotion

Available at Garden Café & Gunners Bar from 6th to 19th February 2017

	HK\$
Double boiled pigeon with cordyceps and apples (Served per person) 蟲草花蘋果燉鴿 (每位)	88
Double boiled pork shank soup with corn, sea coconut and dried conch (Served per person) 海底椰燉螺片 (每位)	88
Minced beef and tofu soup (Large bowl good for 6 people) 西湖牛肉羹	118
Bamboo, conpoy and egg drop soup (Large bowl good for 6 people) 竹笙蛋花瑤柱羹	118
Pea sprout with seafood soup (Large bowl good for 6 people) 翡翠海鮮羹	148



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United Services Recreation Club
Hong Kong's Best Kept Secret

Garden Cafe

Snake Soup & Chicken Set Menu

Traditional snake soup with condiments

太史五蛇羹

Chicken with choy sam slow cooked in superior soup

上湯菜膽雞

Glutinous rice with preserved meat

臘味糯米飯

Sweetened ginger tea with sweet potatoes

薑汁蕃薯糖水

HK\$198/person

Available on 15th - 27th January 2017



For reservations, please contact Garden Café at 3966-8638.

FOLLOW US ON 



United Services Recreation Club
Hong Kong's Best Hot Pot

Hot Pot Buffet

冬日火鍋

Date: ~~6th Jan~~ / 20th Jan / 10th Feb 2017

Time: 6:30pm-9:30pm

Venue: Garden Marquee

Price: Adult HK\$248

Child HK\$95 (Aged 3-11)

Inclusive of soft drinks, sour plum drinks & beers

ALL YOU CAN EAT & DRINK !

Cancellation & No-show Policy:

- (1) 100% full charge penalty applies if the reservation is cancelled on the day of the event.
- (2) 70% charge penalty applies if the reservation is cancelled on the day before.
- (3) 50% charge penalty applies if the reservation is cancelled 2 days before.
- (4) No penalty charge will be applied if the reservation is cancelled 3 or more days in advance.

☎ For reservations and detailed menu, please contact Ms. Wing Ho at 3966-8632 or via email:

fnb.adm.asst@usrc.org.hk

FOLLOW US ON **facebook**



In the Spirit of Joining... Christmas Gifts that Warms the Heart - Annual Christmas Charity Event

FOR A NUMBER OF PEOPLE, the holiday season represents more than presents, Christmas carols and family reunions. There is also an element of social responsibility, often expressed through Christmas charity programs.

The Club has again coordinating with the Paediatrics Ward of the Queen Elizabeth Hospital to donate gifts to children who are unable to be at home during Christmas. Our Club Chairman, Mr. Patrick Cheung, Treasurer, Mr. Felix Hart, Membership Director, Mr. K.C. Ng and General Manager, Mr. Noel Burns together with the Membership Department team presented all the gifts donated by Club Members on 22 December 2016.

Donation Christmas gift to children in need is a great way to spread the holiday cheer. We will continue this spirit through a gift-giving program during Christmas for the years to come!



Employee of the Month- November

Ms. Lau Siu Kan - Gardener



Employee of the Month- December

Mr. Ngai Shing - Waiter



Recently Refurbished Facilities

The Banyan Room has recently been renovated and refurbished, for any enquiries on bookings for the Banyan Room please contact our Catering Manager, Mr. Ken Kan at 3966-8633 or e-mail him on catering@usrc.org.hk



The Accommodations area corridor has also been renovated.

Bring your favourite wine !

Monday to Wednesday

Enjoy free wine corkage
at Gascoigne Room
and Chairman's Lounge.

☎ For reservations, please call
Gascoigne Room at 3966-8650
or email to gascoigneroom@usrc.org.hk

FOLLOW US ON 



Valid on
January & February
ONLY



Product Description	Packing	Price (HK\$)	Quantity	Amount
蘿蔔糕 Turnip Pudding	600g/pc	\$128	_____ Pcs	
年糕 New Year Rice Pudding	600g/pc	\$112	_____ Pcs	
馬蹄糕 Water Chestnut Pudding	600g/pc	\$105	_____ Pcs	
		Total	_____ Pcs	

Minimum **THREE** working days advance notice for orders, available from 16th to 27th January 2017.

Orders must be placed before 24th January 2017. Orders placed after that may not be fulfilled.

Member Name: _____ Membership No: _____

Telephone No. (Home): _____ Telephone No. (Mobile): _____

Date of Collection: _____ Pick Up Time: _____

Signature: _____ Date: _____

Please return this form to our F&B admin assistant Ms. Wing Ho via email fnb.adm.asst@usrc.org.hk or hand it to the reception desk. For inquiries, please feel free to contact Ms. Wing Ho at 3966-8632.

For Office Use

Date of order received: _____ Reference Number issued: _____

Order confirmed by: _____ Order confirmed on date: _____

Remarks: _____

春茗豪華宴

Spring Dinner Menu (A)

Book now your Spring Dinner! Available in Garden Café, Garden Room & Banyan Room.

For reservation, please call Mr. Ken Kan at 39668633 or email to catering@usrc.org.hk.

Menu

兒孫滿堂 (白灼基圍蝦)
Poached fresh shrimps

嘻哈大笑 (黃金手打墨魚丸)
Deep fried crispy homemade cuttlefish balls

五福臨門 (七彩夏菓鳳片炒桂花蚌)
Stir fried sea clams with chicken and macadamia nuts

富貴常來 (海參花膠瑤柱羹)
Sea cucumber with fish maw and conpoy soup

掌滿金錢 (唐菜北菇扣鵝掌)
Braised goose feet with black mushroom in oyster sauce

風山水起 (清蒸石斑)
Steamed fresh groupa

鴻運當頭 (當紅炸子雞)
Deep fried crispy chicken

金銀滿屋 (瑤柱臘味糯米飯)
Conpoy and preserved meat sticky rice

生意興隆 (美點雙輝)
Chinese petit fours

青春常駐 (生果拼盤)
Seasonal fruit platter



Side dishes:

- ◆ Pickled vegetables
- ◆ Pickled young onions
- ◆ Assorted nuts
- ◆ Soya sauce with chili
- ◆ XO sauce with chili
- ◆ Dried fruit candies and melon seeds

Beverage:

- ◆ A selection of premium tea (West Lake, Po Ley, Iron Buddha or Jasmine tea)
- ◆ Inclusive of free flow soft drinks, juices, beer and house wines

Fortune "Lai See" for every guest.

HK\$4388 per table of 12 persons
HK\$2288 per table of 6 persons

Cancellation & No-show Policy:

- (1) 100% full charge penalty applies if the reservation is cancelled on the day of the event.
- (2) 70% charge penalty applies if the reservation is cancelled on the day before.
- (3) 50% charge penalty applies if the reservation is cancelled 2 days before.
- (4) No penalty charge will be applied if the reservation is cancelled 3 or more days in advance.

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United Services Recreation Club
Hong Kong's Best Kept Secret

春茗豪華宴

Spring Dinner Menu (B)

Book now your Spring Dinner! Available in Garden Café, Garden Room & Banyan Room.

For reservation, please call Mr. Ken Kan at 39668633 or email to catering@usrc.org.hk.

Side dishes:

- ◆ Pickled vegetables
- ◆ Pickled young onions
- ◆ Assorted nuts
- ◆ Soya sauce with chili
- ◆ XO sauce with chili
- ◆ Dried fruit candies and melon seeds

Beverage:

- ◆ A selection of premium tea (West Lake, Po Ley, Iron Buddha or Jasmine tea)
- ◆ Inclusive of free flow soft drinks, juices, beer and house wines

Fortune "Lai See" for every guest.



Menu

遍地黃金 (龍蝦鮮果沙律)
Lobster and fresh fruit salad

金玉滿堂紅 (醬爆蜜豆桂花蚌帶子)
Stir fried honey peas with coral clams and scallops in XO sauce

盤滿鉢滿 (生菜蠔豉炆豬脷)
Braised dry oyster with lettuce and pig's tongue

金鳳報喜 (瑤柱螺片燉雞)
Double boiled chicken with conpoy and conch

家肥屋潤 (蠔皇北菇扣原隻鮑魚)
Braised abalones with black mushroom

龍馬精神 (清蒸石斑)
Steamed fresh groupa

金雞報喜 (蒜香脆皮雞)
Deep fried crispy chicken with crushed garlic

財星高照 (上湯水餃伊麵)
Shrimp dumpling e-fu noodles in supreme soup

生意興隆 (美點雙輝)
Chinese petit fours

美景豐年 (蓮子百合紅豆沙)
Red bean sweetened soup with lotus seed and lily bulb

HK\$5488 per table of 12 persons

HK\$2788 per table of 6 persons

Cancellation & No-show Policy:

- (1) 100% full charge penalty applies if the reservation is cancelled on the day of the event.
- (2) 70% charge penalty applies if the reservation is cancelled on the day before.
- (3) 50% charge penalty applies if the reservation is cancelled 2 days before.
- (4) No penalty charge will be applied if the reservation is cancelled 3 or more days in advance.

FOLLOW US ON facebook



At-A-Glance

F & B

Hot Pot Buffet

20 January
Garden Marquee
6:30-9:30 pm

Notices

Pool Renovations

Closed from 3 January to 14 April, 2017

Tennis Court 1 Renovations

Closed from 9 to 20 January, 2017

27 January, 2017 Day Before Lunar New Year

All food and beverage outlets will be closed at 6:00 p.m. Sports facilities will remain open.

28 January, 2017 Lunar New Year's Day

The Club and its facilities will be closed.



Sunday

1

- Social Tennis (Ct 3) 3-7 pm, (Ct4) 3-8 pm
- Social LB 10:00 am – 8:00 pm (All members)
- Football YYL Game

8

- Social Tennis (Ct 3) 3-7 pm, (Ct4) 3-8 pm
- Social LB 10:00 am – 8:00 pm (All members)
- Football YYL Game

15

- Social Tennis (Ct 3) 3-7 pm, (Ct4) 3-8 pm
- Social LB 10:00 am – 8:00 pm (All members)
- Football YYL Game

22

- Social Tennis (Ct 3) 3-7 pm, (Ct4) 3-8 pm
- Social LB 10:00 am – 8:00 pm (All members)
- Football YYL Game

29

- Social Tennis (Ct 3) 3-7 pm, (Ct4) 3-8 pm
- Social LB 10:00 am – 8:00 pm (All members)
- Football YYL Game

Monday

2

- Pilates Group Class 4 pm, 7pm and 8 pm

9

- Pilates Group Class 4 pm, 7pm and 8 pm

16

- Pilates Group Class 4 pm, 7pm and 8 pm

23

- Pilates Group Class 4 pm, 7pm and 8 pm

30

- Pilates Group Class 4 pm, 7pm and 8 pm

Tuesday

3

- Playgroup 9:30 am – 11:30 am
- Social LB 2:30 pm – 10:00 pm (All members)
- Pilates Group Class 11:00 am

10

- Playgroup 9:30 am – 11:30 am
- Social LB 2:30 pm – 10:00 pm (All members)
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17

- Playgroup 9:30 am – 11:30 am
- Social LB 2:30 pm – 10:00 pm (All members)
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24

- Playgroup 9:30 am – 11:30 am
- Social LB 2:30 pm – 10:00 pm (All members)
- Pilates Group Class 11:00 am

31

- Playgroup 9:30 am – 11:30 am
- Social LB 2:30 pm – 10:00 pm (All members)
- Pilates Group Class 11:00 am

Wednesday

4

- Social LB 2:30 pm – 7:00 pm (All members) LB League Team Practice 7 pm – 10 pm
- Pilates Group Class 7 pm and 8 pm
- Squash Team Practice 6:45 pm – 10 pm (Cts 1&2)
- Football Training Night

Thursday

5

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 7:00 pm (All members) LB League Team Practice 7 pm – 10 pm
- Senior Cricket 7-9 pm

Friday

6

- Playgroup 9:30 am – 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 – 6 pm (Squash court)

Saturday

7

- Social Tennis (Ct 3) 3-7 pm, (Ct4) 3-8 pm
- Pilates Classes, 9:15 am, 10:30 am, 1:45 pm
- Squash Afternoon 2:30 – 5:30 pm (Cts 1&2)
- Lawn Bowl 2:30 – 7:00 pm (LB Section members only)

11

- Social LB 2:30 pm – 7:00 pm (All members) LB League Team Practice 7 pm – 10 pm
- Pilates Group Class 7 pm and 8 pm
- Squash Team Practice 6:45 pm – 10 pm (Cts 1&2)
- Football Training Night

12

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 7:00 pm (All members) LB League Team Practice 7 pm – 10 pm
- Senior Cricket 7-9 pm

13

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18

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19

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- Squash Team Practice 6:45 pm – 10 pm (Cts 1&2)
- Football Training Night

26

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- Social LB 2:30 pm – 7:00 pm (All members) LB League Team Practice 7 pm – 10 pm
- Senior Cricket 7-9 pm

27

- Playgroup 9:30 am – 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
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28

- Social Tennis (Ct 3) 3-7 pm, (Ct4) 3-8 pm
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- Lawn Bowl 2:30 – 7:00 pm (LB Section members only)





Sunday

Monday

Tuesday

5

- Social Tennis (Ct 3) 3-7 pm, (Ct4) 3-8 pm
- Social LB 10:00 am – 8:00 pm (All members)
- Football YYL Game

6

- Pilates Group Class 4 pm, 7pm and 8 pm

7

- Playgroup 9:30 am – 11:30 am
- Social LB 2:30 pm – 10:00 pm (All members)
- Pilates Group Class 11:00 am

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At-A-Glance

F & B

Hot Pot Buffet

11 February
Garden Marquee
6:30-9:30 pm

Valentine's Day Dinner

14 February
Gascoigne Room
6:30 pm

Notices

Pool Renovations

Closed from 3 January to 14 April, 2017

20 February Annual Staff Dinner

All Food and Beverage outlets closed
at 6:00 p.m. Sports facilities will remain open.



Wednesday

1

- Social LB 2:30 pm – 7:00 pm (All members) LB League Team Practice 7 pm – 10 pm
- Pilates Group Class 7 pm and 8 pm
- Squash Team Practice 6:45 pm – 10 pm (Cts 1&2)
- Football Training Night

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- Pilates Classes, 9:15 am, 10:30 am, 1:45 pm
- Squash Afternoon 2:30 – 5:30 pm (Cts 1&2)
- Lawn Bowl 2:30 – 7:00 pm (LB Section members only)



Valentine's Day Menu

Date: 14 February 2017 Venue: Gascoigne Room

With pianist playing favorite love songs

 For reservations, please call 39668650 or via email

Aperitif

Bianca Vigna. Spumante Brut Rose

Shared seafood platter

*Dutch imperial oysters with caviar, crayfish, king crab legs,
prawns, mussels and diamond clams*

Domaine Thierry Laffay, Chablis, Vielle Vigne

Porcini mushroom soup

Thyme croutons

Salmon confit

Pumpkin puree, basil oil, baby cucumber rolls and micro greens

Roasted halibut fillet

Semi dried tomatoes, caper berries and chives lemon butter

or

Grilled U.S. Beef tenderloin

Truffle potato puree, sautéed Kenya beans, cabernet sauvignon sauce

or

Mediterranean chicken piccata

Angel hair pasta, sun dried tomatoes, capers and olives

Château La Gorce, Médoc or Elena Walch, Pinot Grigio

Tiramisu

Coffee or Tea

With Chocolates

(We are sorry that NO a la carte menu on

HK\$558

Per person

Cancellation & No-show Policy:

- (1) 100% full charge penalty applies if the reservation is cancelled on the day of the event.
- (2) 70% charge penalty applies if the reservation is cancelled on the day before.
- (3) 50% charge penalty applies if the reservation is cancelled 2 days before.
- (4) No penalty charge will be applied if the reservation is cancelled 3 or more days in advance.

Inclusive of wines,
gifts & entertainment.

Classes & Activities at the USRC

Aqua Exercise

Abra Tsui

Email: ducgoo@gmail.com

- \$450 Private lesson
- \$250 Semiprivate lesson
- Members only

Refer to instructor for schedule

Bridge

Kent

Tel: 9020 3269

Julia

Tel: 9830 7131

Thursday: 9:30am – 12:30pm

No charge (must call before attending)

Cricket

Muhammad I. Gull

Tel: 9421 4741

Email: sportsofficer@usrc.org.hk

Individual Lesson (including) Beginners,

Intermediate & Advance Cricketers

\$350 per hour (member)

\$400 per hour (guests)

Group Lesson (minimum 2 to 6 persons) –

\$700 per 1 ½ hour

Team Training (minimum 2 to 6 persons) –

\$800 per 2 hours

Junior's Individual Lesson

\$300 per hour (member)

\$350 per hour (guests)

Junior's Group Lesson (minimum 2 to 4

kids) – \$600 per 1 ½ hours

Junior's Team Training (minimum 2 to 6

persons) – \$700 per 1 ½ hours

(Beginners or any age kids are welcome)



Football

Alan Urmston

Email: alanu@netvigator.com

Wednesday: 7:30-9:00 pm, King's Park

\$50 for 90 minutes' playing time (adult)

Gym Familiarisation

Contact Reception 3966 8600/611

for registration and scheduled class times

– 30 minutes per lesson

Private lesson \$100

Pilates

JM Pilates Studio

Tel: 9194 5856

Email: jmpilates@yahoo.ca

Group classes – \$165 per class

Group classes are held:

Monday 4pm, 7pm and 8pm,

Wednesday 7:00pm and 8:00pm,

Friday 4pm, Saturday 10:30am and 1:45pm

Private Lesson – \$650

Please contact joanne@jmpilates.com for guests pricing.

Playgroup

Nicola Barguss

Tel: 9775 4944

Tuesday: 9:30am, Friday: 9:30am

\$50 for the first child (member)

\$88 for the first child (guests)

\$35 per additional child or parent



Squash

Ilyas Gull

Tel: 9421 4741

Email: sportsofficer@usrc.org.hk

Adults

1. Private lesson for adult \$350 per hour

2. Group of 2 \$600 per hour

3. Group of 2-4 \$800 1½ per hrs

Juniors

1. Private lesson \$300 per hour

2. Group of 2 \$500 per hour

3. Group of 2-4 \$600 1½ per hrs

Swimming Classes

Eric Fung

HKSCA Level 1 Coach

Tel: 9603 9620

Email: kyfung.eric@gmail.com

Private Lesson (for members only)

1 person - \$450

2 persons - \$600

3 persons - \$780

4 persons - \$880

Tennis

Battad Tennis Coaching Co

Andrea Charity U. Battad

Tel: 9026 5685 (evening till midnight)

Email: andreacharitybattad@gmail.com

Private Lesson

\$600 per hour (member)

\$700 per hour (guests)

Group Lesson (minimum 2 to 4 people)

\$200 per hour per person (member)

\$250 per hour per person (guest)

Tennis Coaching

Chris Hunt

HKTA Qualified Coach, Licensed Level II.

USRC Junior Tennis Teams Captain

(Under 14s and Under 18s)

Tel: 9316 6191/ 2550 5094 (evening till midnight)

Drop-in group lesson:

\$180 per hour per child

Saturday: 10am – 11am (beginners group)

Saturday: 11am – 1pm (intermediate group)

Thursday: 6pm – 7pm (intermediate group)

Super group lesson – by appointment only:

\$260 per hour per child

Tuesday: 5pm – 7pm (improvement class I)

Thursday: 4pm – 6pm (improvement class II)

Private lesson (for members only)

1 person – \$520, 2 persons – \$680,

3 persons – \$880, 4 persons – \$1,080,

5 persons – \$1,350, 6 persons – \$1,620

\$200 per hour per person (member)

\$250 per hour per person (guest)

Yoga

Jesse Tong

Tel: 9488 5869

Friday: 10:30am – 12noon, \$180 per lesson

Personal Training

Tim Sutton

Tel: 6274 2137

Email: timsutton5@gmail.com

PT sessions

\$500 for an hour session

Package: 10 sessions for \$4,000



Cricket News

by **Ahmed Saleem**
Cricket Convenor



The first half of the season is closing as we break for the festive holidays. Our teams have had a disrupted calendar due to some periods of very wet weather. Performances have been solid, despite the disruptions to training and several abandoned matches as a result of heavy rain.

Annual Awards

On Saturday 19th November, the section held a celebratory evening to reflect on the performances of last season, and celebrate achievements of players and coaches.

With a strong turnout across all the playing groups (juniors, men's and women's) a great time was had by all, with the curry dinner particularly enjoyed.

A selection of other awards included, 'Best Captain' to Aftab Ahmed; 'Best Junior Woman' to Cherry Chan; and 'U-11 Player's Player' to Jack Caves. The contributions of key volunteers were also recognised, including Shailja Agarwal for her contribution to establishing the new Women's team, and Lou Coulthard for his continued support of the section as coach, umpire and scorer.

During the evening, we also congratulated the U-15 team

for their success in winning the Hong Kong Elite Championship, and the U-19 team for becoming Hong Kong's Premier League T20 winners.

Finally, special recognition was also made of our players who have progressed into the overall Hong Kong national set up. Daniyal Butt was awarded overall Hong Kong U-15 player of the year, and national squad selection was achieved by Sikandar Zafar, Muhammad Umar, Mohammad Awais Jr. and Mohammad Usman.

Thanks to the Mr Patrick Cheung (Club Chairman), KC Ng (Membership Director) and Noel Burns (General Manager) for supporting the event; as well as to our generous sponsors - Afzaal Haider of Montgomery Sports and Parameswaran Chandrasekhar.

Do you know why cricket is good for kids?

Cricket teaches kids a wider variety of key physical development skills, and is particularly good for improving hand-eye coordination, balance and overall fitness. It's not a contact sport, and you don't need to be especially strong - thinking clearly and having good technique is actually more important.

As a team game, cricket is proud that it is played in the 'right spirit', with all players showing respect for each other, the opposition, the rules and the umpire.

Our junior coaching starts again on January 7th, and boys and girls can be introduced to the game playing to start with using tennis balls and plastic bats (so there is no risk of injury). Please contact Ilyas Gul at the Club, or Michael Caves (michael.caves@btinternet.com) if you would like more information.

In summary records to date:

U-11	Undefeated, with 5 wins, top of their division, and again progressing to the top level Elite competition in January
U-13	A solid first half of the season, and with 3 wins recorded the side sit in third place in their division
U-15	Have just started their season, with only one match played - unfortunately a defeat, so let's hope for better news in the new year
U-17	With one win and two defeats the team sit in 4th place - exactly at mid-table as we break for the holidays
Men's Saturday	Not a great start to the campaign, with one match lost to the weather and only one win recorded, we sit in the bottom half of the table
Women's	Our ladies are again showing great commitment at the beginning of their second season, and have two wins to their name

Main awards were presented to players to recognise their efforts in the 2015/16 season:

	Best Bowler	Best Batter	Best Player
U-11	Angus Minett	Aashir Khalil	Nivedh Nambiar
U-13	Ali Hassan	Gandeep Singh	Hassan Ali
U-17	Zakir Hayat	Hammad Hussein	Mohammad Usman
Women's	Vanshika Bhargava	Rajani Mashwari	Sweta Jain
Men's Saturday	Sikandar Zafar	Muhammad Umar	Muhammad Umar
Men's Sunday	Shan Sanwar	Iftikhar Ahmed	Mohammad Awais Jr.



The junior group.



Our senior team.



'Best Bowler of the Women's League'; Vanshika.



(L to R) 'Best Bowler of the Year 2016' Shan Sarwar; 'Best Player of the Year 2016', Awais Mohammad; 'Best Coach of the Year 2016', Ilyas Gull; 'U-17 Best Bowler 2016', Usman.



'Best Woman's Cricketer of the Year 2016', Mrs. Sweta Jain.



'Best Batsman of the Year 2016'; Iftikhar A.



'Best Junior Cricketer of the Year 2016'; Danyial Butt.

USRC Cricket Annual Presentation Night was held on 20 November 2016 at the Garden Room. Our General Manager, Mr. Burns, as well as our Chairman, Mr. Patrick Cheung, were some of the few to present prizes.





Lawn Bowls News

Gandalf the Grey

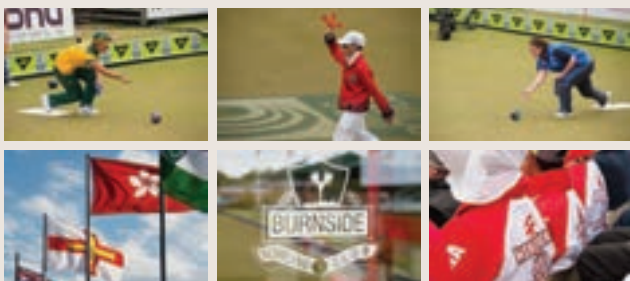
這一回：海內存知己 天涯若比鄰

The quadrennial World Bowls Championships was held in Christchurch, New Zealand this year. The Hong Kong team sent out men and women teams to compete in Singles, Pairs, Triples and Fours.

Our reporter interviewed Hong Kong player Mercredi Yeung, Coach Danny Ho, and Manager Glyn Davies, all of whom remarked the event to be a good experience for the team.



Hong Kong International Technical Officer Rita Shek marked the Final of Women Singles. Karen Murphy of Australia beat Lesley Doig of Scotland and gained the title in the event. Bonus time. Guess who he is ... the Aussie guy next to Mercredi. Will review below.



Time to review your loyalty to USRC. He is Mark McMahon! The McMahons' family played for USRC and Hong Kong in 80-90s. Mark outshines his parents William & Rosemary and is the most decorated USRC lawn bowler ever. He has started collecting trophies since 1981, with U25 Champion in Singles four years in a row, Champion Team of Premier League Division 1 in 1984 and 1987, and Champion of Champions in 1988 and 1993. His first piece of international medals came in Australian Bicentennial 1988, and he got silver in Singles for Hong Kong in Commonwealth Games 1990, and many more during Asia Pacific Championship 1991 and 1993. Mark continued

winning with England and Australia after leaving Hong Kong. He remains active, and is now the psychologist of Australian Team. His talent and experience are definitely keys to successes for the current Australia players.

Scotland Team of Hong Kong Classic

Hong Kong International Bowls Classic was held from Nov 5 to 13, 2016 with twelve overseas teams competing with elite local players in Singles and Pairs competitions.



Ms. Lorna Smith and Laura Welsh of the Scotland team joined our practice on Nov 3, 2016. Lorna and Laura are two of the ten Scotland High Performance squad 2015. Scotland Men's representatives, Mr. Kevin Anderson and Ryan Burnett, joined us for more wines soon after their landing.



National Final Day

Alice Kan and Maria See were crowned champion of the Novice Pairs in the last Final Day! Another duo, Angela Chau and Candy Ng, reclaimed championship title of 2-4-2 competition. Congratulation to our expatriates!



Course ULB161K1 Lawn Bowl Playgroup

Beginner's class for this semester was held on October 16. Owing to the lack of rinks for tutorial, only nine freshmen could be enrolled. The two-hour workshop conveyed the very basic concepts and skills for this sports, providing the freshmen a taste to further their interests by joining K2 and K3 courses.



In-house Mixed Triples Tournament



As reported in the breaking news in the last issue of InBloom, the champion of the In-house Mixed Triples Tournament was born. Congratulation again to the trio champion Dicky, Stanley and Nick!

The Tournament spanned over five months and the double elimination format gave a second chance to every team in case they unfortunately met a strong team early on in the tournament. The winner bracket teams had to play the games in artificial green as a demonstration of their all-round ability.

Triples League

Lawn Bowls Section dispatched five Sides for the Triples League this year. Women A will face their second challenge of 2016 to regain a place in Division 1. The other sides also re-engineered for breakthrough.



Question Frequently Asked

Q: In a competition game, the opponent indicated that for the scheduled time and date, a rink for the match was not available. He/ she/ they asked for the game to be played on another day. Can I decline?

A: If the drawn home team is unable to provide a rink at the time, date or venue appointed by the National Championships Panel, the home team shall notify the opponent within a reasonable time and the priority shall be:

1. Home team to select a neutral venue to enable the match to be played at the appointed time and date.
2. Home team to play at the opponent's home venue at the appointed time and date.
3. Re-schedule the match.

Remarks:

Different playing surfaces of the same Club shall not constitute as a neutral venue.

Home shall bear reasonable cost if playing at opponent's home venue incurred a cost.

Answers are based on Laws of the Sports of Bowls, Crystal Mark, Third Edition and/ or HKLBA Byelaw version 16.

Welcome New Members

For all those Club members who would like to join the Lawn Bowls Section or to have a glimpse of lawn bowling, please feel free to contact any of our Subcommittee members for arrangement of beginners' classes. Enjoy the green!



Do you know?

Speaking about Jack (not Jackson, obviously), it must be a solid sphere and may either be white or yellow in colour. The diameter of the jack is to be 'not less than 63mm, and not more than 64mm' (Why these strange numbers? Likely because 2.5 inch ≈ 63.5mm!). Indoor jacks allow 63 to 67mm. The jack used for outdoor grass surfaces weights between 225g and 285g (huh, well this time, that is about 8 and 10 ounces respectively). For indoor or artificial outdoor surfaces, between 382g and 453g (13.5 and 16 ounces).

The size of the mats on which lawn bowls are delivered is also standardized. They are 360 mm wide x 600 mm long (14 inches x 24 inches).

Good time to train up yourself the measurements before you convey your estimated distances and lengths to your fellow players.



Section Blogger

Scan the QR code on the right for USRCLBS. blogspot.hk for the updates of the Section!



Lighting Improvement of the Green

The long waited lighting improvement work of our lawn bowls green eventually started in November. LED lights were installed on time for our Triples League. Marked improvement in illumination especially to the central portion of the green should augment our performance at evening games.





Squash News

Chung Leung
Squash Convenor



Winter League Update

As we approach the halfway point in the winter leagues, USRC teams are having mixed results with 3 of the 6 teams in medal winning positions and 3 teams fighting relegation.

Team 1 was moved up from Div 3 to a very tough Div 2 this season and has come up against some very strong teams but are unlucky to be losing some very close matches. Team 2 was straight out of the blocks against our bitter old enemies and have not looked back since and are top of Div 5 but expect the second half to be much tougher as the opposition now realise the strength of this team. Team 4 are clinging onto 3rd place in Div 15 and the M4 team have a strong lead at the top of Div 4 with a point to prove after being relegated before the season even started.

Wing Ding

The Wing Ding charity event took place once again at HKFC and USRC was proud to be a part of this important event. However we were short of key players and finished 13th but as everyone knows the result is not important as the aim was to raise funds for Operation Santa Claus. Thanks to those took part and especially to those who gave up their time to assist the team – Chris Leung, Gary McAuslan, Colman Ng, Bella Leung, Ken Yam and Ryan Fok.



Ken Yam with HK player Dick Lau



USRC players Chris Leung, Bella Leung and Ken Yam

Old Masters in Paris

Long time USRC master Dale Hanson relocated to Paris a few months ago and fellow master Ross Parker caught up with him recently to relive old battles. To their surprise they also bumped into some of the best squash players in the world who just happened to be training next door to them and Nicol David (ex-world no1 and multiple world championships) looked very pleased to meet these 2 pleasant chaps from USRC.



Dale (l) and Ross (r)



Dale, Nicol David and Ross

Squash Training

During the winter league break we are pleased to be training under respected local coach Anthony So to sharpen our skills for the second half of the season. As usual, the training also involves Part B.



Chung, Gary, Colman, Anthony and Ken



Rugby News

Marco Cassandro
Rugby Convenor



IT HAS BEEN a busy period within the club with the legendary Tigers Minis Festival taking centre stage at the end of October, as well as several international debuts and a special visitor to the club along with the usual oval shaped fun.

Tigerfest continues to get bigger and better. The festival was at maximum capacity with some teams having to be turned away, which is a great sentiment to the organizing committee and their team.

This year featured 327 teams from 23 clubs including the Macau Bats who added an international flavour to the tournament. Throughout the day over 3,500 players enjoyed what was a great family event.



The pitches were full during the Tiger Festival



Action shot from the famous Tiger Festival



(HKvsPNG2016) - Six of the Premiership USRC Tigers involved in the recent Cup of Nations Championship

In other news, USRC Tigers has had several senior players make their international debuts over the last 2 months with Will Eversfield, Jason Jayem and Calvin Hunter having their international debuts in the recent Cup of Nations, which was eventually won by Russia.

On the women's side, Jess Ho also made her debut for the senior woman's team in the recent Rugby World Cup Qualifiers. On top of this the club has been well represented in both the Under 19 and HK Warrior tours to the Philippines.

Finally the club was very lucky to have Ben Ryan visit the club for mini and youth training. For those of you that may not have heard of him, Ben Ryan was the coach of the Fijian mens 7s team that won Olympic gold at the recent Rio Olympics.

The reason for Ben's visit was to accept rugby kit donated to USRC Tigers. The club arranged a kit drive, with all proceeds donated directly to the Fijian Red Cross. Members of the club were invited to donate any old or unwanted rugby kit including jerseys, shorts and balls, which will all go a long way in that rugby mad country.

As 2016 winds down, we would like to thank all our members, sponsors and affiliates. It has been a great year and we look forward to an even better 2017!



Olympic gold medal winning coach Ben Ryan at Sunday morning youth and mini training



Football News

Alan Urmston
Football Convenor



WITH THE football season entering the winter break, USRC's three senior teams could be pretty pleased with their starts. USRC Gunners were lying second in Division 1 of the Legal League, USRC 1911 in fourth in the Legends League, and USRC Vitesse having completed five social games. In addition, the Junior football continues to go from strength to strength and there's a surprise coming up in January. First, we'll round up the team news.

USRC Gunners

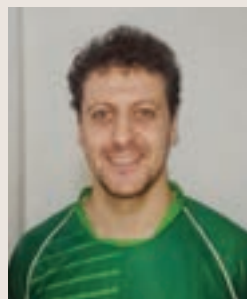
It was certainly a busy period for Gunners, with seven games played (including two cup games) between 21st October and 9th December with seven wins and just the one draw. In the league, there were wins against Ruby Murrays (6-4), Team Shotgun (2-1), FWD (1-0) and Royale Dragons (2-1) and a draw against J-Leaguers (3-3). There were also cup victories over Scottish Stags (2-1) and Legal Head (5-1). The team has been gelling nicely with Gwilym Cornes impressing in particular with his seven goals and it is he who leads the goal scoring charts with eight, closely followed by Dave Buckley and Steve Cairns on five each.



Roy Man (dressed as Santa), with Matthew Chan, Matt Ferriday and Ian Casey

During the run of success, one player to have stood out has been Roy Man. A fleet-footed attacking midfielder who can do three Zidane turns before you've even blinked. Sadly though, Roy has decided to go travelling in Australia (well he's young) and so we'll miss him. As we will Nacho Martin, who played for both Experience and Gunners and is returning to his native Madrid. Adios amigo!

So heading into the winter break, Gunners were lying second in the table, seven points behind Discovery Bay, who were yet to drop a point, having played nine games, and into the quarter-finals of the cup.



Nacho Martin

USRC 1911

He team named after the year the Club was founded, 1911, played just three games during November and December, losing to Hong Kong Football Club (0-4) and Spartans (1-3). The one win came against Godfathers (3-2). This was due to a couple of games being postponed. Though the league is small (just 7 teams) it is competitive, with very good teams like HKFC and Discovery Bay being able to field a number of ex-pro players.

1911 also had to wave goodbye to one of its stalwarts. Henry Callaghan has taken his family back to Germany.



Henry Callaghan

So though 1911 have accrued just nine points and lie fourth in the table, they've played four games less than Spartans in second and three less than HKFC who lead the table, so plenty to play for including the cup, in the new year.

USRC Vitesse

USRC Vitesse, the Club's social team, played four games in the period, losing to Shatin Vets (2-7), Sai Kung Beach Boys (1-4) and Late Nite Football Club (0-3), they finished the first part of the season with a 2-0 win over Kid's Friend. For Vitesse it's all about the playing so the results are secondary, though it's nice to win as well. What has been impressive is the growing sense of togetherness and identity of the team, as well as the emergence of talent in the young players, Jack Mulcahy and Harry Wu. We look forward to many more games on Friday nights in 2017.

USRC Football Academy

Our junior football academy is run by Brasil Top Skills (BTS) (www.brasiltopskills.com) under Head Coach Eder Ferreira. There are exciting programmes coming up so *please see the flyer included in this issue/ *check out the website, the Football Section notice board or ask at Reception for details.

USRC Football Section Charity Event

So here's the surprise. On Saturday 14th January, USRC have invited Caroline Hill FC (加山足球隊) to play in an exhibition match for the benefit of senior citizens from the Jockey Club Wong Chi Keung District Elderly Community Centre (賽馬會黃志強長者地區中心), which is part of the Aberdeen Kai-fong Welfare Association. Approximately 50 senior citizens and their helpers will come to watch the match, which takes place at King's Park from 10.30am. After the match the footballers, senior citizens and helpers plus many Club and Football Section members will enjoy a buffet lunch at the USRC. It should be a great day out watching football and having lunch.

Playing for Caroline Hill will be many of the players who starred in their HKFA Division 1 team in the 1970s and 1980s,

plus special guest Nat Chan (陳百祥). Playing for USRC will be the Chairman's Select, comprising of Football Section members and special guests. You can find all the details in the poster in this issue of Oasis and posted in Reception at the Club.

As mentioned, it promises to be a great day out so why not bring the family to watch the match and maybe join us the lunch. For details you can ask at reception or contact Football Convenor, Alan Urmston (alanu@netvigator.com). Hope to see you there!



Net Chan





Tennis News

**Martin Li,
Tennis Convenor**



2017 Year Plan

Time flies! It is time for our committee to prepare a year plan, which is most important to unite our tennis community at USRC. This not only creates more opportunities for our members to meet together during planned activities, but also it means we can develop and maintain our friendships & sporting attitude as members. The essential events in 2017 include the annual tournament (tentative date is in March), Charity Fund raising, annual dinner and annual general meeting (tentative date is in May).

Open Tennis Ladder

The Mixed Singles Ladder competition has been running for almost 3 months. There have been many challenges and players are having fun – which, of course, is the most important factor. In order to make this ladder more challenging, please note the following new rules applied with immediate effect:

New Rules:

1. Ladder. Every participant is entitled to receive ONE trump card to challenge anyone in the ladder once. The trump card will expire end of December, 2016.
2. It is the responsibility of the winner to inform the results (score and the trump card being used or not) to the "Tennis Ladder WhatsApp Group" and to update the ladder immediately on the Tennis Notice Board after the match has been played. This will ensure that all ladder results are recorded and always kept up to date. The ladder positions should be as follows by applying the trump card or not:
 - a. If the winner has the higher ladder position – no change to ladder position.
 - b. If the winner has the lower ladder position – the winner will take the spot of the loser. However, the loser will be bumped down 1 spot from her/his original ladder position.

Friendly Match

On 28th October, USRC had a friendly match with Korea and a team from Guam on their way to an ITF match in Shenzhen. Our member Eddie Wu invited them to play a friendly match before going Shenzhen. There were over 20 players who participated in this match. Great to see so many!

Our team B captain Mr. Ken Chan organized a friendly match with Hong Lok Yuen on 6th December. It was quite interesting that both teams arranged two ladies to organise the match! Although USRC won 8:1, the friendship with each other is always priority.



The players before the match (Eddie Wu and Sam Kwan on left)



Friendly match with Hong Lok Yuen



Eddie Wu with his partner from Guam at Saipan with his opponents at the Tan Holding Tennis Classic 2016



Jenny with her trophy winning the Ladies Singles Runner-up



Jenny (left) with her doubles partner



Friendly match with our visiting friends from Korea and Guam

Excellent Awards

We are very proud of our excellent USRC players. They have achieved an excellent performance in different public matches.

Congratulations to USRC Ladies A+ player, Jenny Chu, for winning the Hong Kong ITF Seniors Tournament 2016 40+ Ladies Doubles Semi-final and 50+ Ladies Singles Runner-up.

Congratulations to Jamie, Lee Ying Ying, USRC Ladies A+ player, winning the Hong Kong ITF Seniors 2016 45+ Ladies Singles Semi-final.

Congratulations to Kyle Tang won the Thailand ATF Boys Singles Runner-up.

Congratulations to Eddie Wu who won the Men's 50+ Doubles Championship with his partner from Guam at Saipan in the local annual large tournament namely Tan Holding Tennis Classic 2016. Eddie just missed out on being the champion last year. What did he do? He came back and became the Champion this year!



The Champion award for Eddie Wu and friend David Lai from Guam

The Chinese Manufacturers' Association of Hong Kong held their 6 years consecutive CMA Invitational Sports Tournament 2016 event including soccer 7, badminton, table tennis, squash and tennis. The

tournament finals were on 19th November, followed by an evening dinner and prize ceremony in Quarry Bay. This time, Bun Gor and Ken Chan won the 100+ Men's Doubles Championship. Charmaine Chau and Stephanie Tang won the Women's Doubles Championship. Congratulations to all of them!



Jamie Lee Ying Ying received her prize from the HK ITF



Kyle Tang (right) receives his trophy



Bun Gor (left) and Charmaine receive their trophy as champions of 100+ Men's Doubles and Women's Doubles respectively

Notice

Dear Members,

Maintenance work of Tennis Court no. 1, 2 & 4

Tennis Court no. 1, 2 & 4 will undergo maintenance works and will be closed during the following dates scheduled as below:

Date 19/12/2016 – 23/12/2016

- Closure of Tennis Court no. 4
- Re-opens on 24/12/2016 (Sat)

Date 9/1/2017 – 20/1/2017

- Closure of Tennis Court no. 1
- Re-opens on 21/1/2017 (Sat)

Date 28/12/2016 – 8/1/2017

- Closure of Tennis Court no. 2
- Re-opens on 9/1/2017 (Mon)



Dear Members,

The Pool will be closed for pool refurbishment between 3 January 2017 to 14 April, 2017.
We are upgrading to serve you better.
Sorry for any inconvenience caused.



Opening Hours

Club House	7:00 am – Midnight (Friday, Saturday and Eve of Public Holidays 7:00 am – 1:00 am)
Club Shop	9:00 am – 9:00 pm
Cricket Nets	8:00 am – 10:00 pm
Multi Surface Court	10:00 am – 10:00 pm
Reception Operation	7:00 am – 11:00 pm
Snooker Room	10:00 am – 11:00 pm (on one-hour intervals)
Squash Courts	9:15 am – 11:30 pm (on 45-min. intervals)
Swimming Pool	8:00 am – 8:00 pm
Tennis Court	7:00 am – 11:00 pm
Dining Outlets	
Chairman's Lounge	12 noon – 11:00 pm
Garden Café	8:00 am – 11:00 pm
Gascoigne Room	Lunch: 12 noon – 2:30 pm Dinner: 6:00 pm – 11:00 pm
Gunners Bar	12 noon – Midnight (Friday, Saturday and Eve of Public Holidays 12 noon – 1:00 am)
Poolside Kiosk	10:00 am – 9:00 pm (subject to weather conditions)

Last order for food is 10:15 pm and half an hour before closing for drinks.

Notice to Members

We write to inform you the General Committee at the General Meeting on 16 December, 2016 approved the following:

With effect from 1 January 2017

Membership Entrance Fees

Ordinary Membership fee will be increased from HK\$170,000 to HK\$188,000

STS - Short Term Membership will be increased from HK\$25,500 to HK\$28,200

STS - Sports Membership will be increased from HK\$17,000 to HK\$18,800

Corporate Membership (unchanged)

(Corporate 1st) unchanged HK\$408,000

(Corporate 2nd) unchanged HK\$646,000

(Corporate 3rd) unchanged HK\$884,000

Re-nomination fee will be increased from 10% to 20% of the current entrance fee of Corporate 1.

With effect from 1 February 2017

Monthly Subscriptions

Ordinary Members, Corporate Members and Short Term Members will be increased from HK\$1,350 to HK\$1,390

Sports Member will be increased from HK\$655 to HK\$695 plus HK\$695 Food & Beverage spend.

Parking Notice

Points for Consideration

Bye Law

Car Park

Member Parking

Generally a Member may park their own motor vehicle in the Car Park subject to the Member remaining on Club Premises.

Guest Parking

Subject to availability, Members' Guests are permitted to use the Car Park. The Member must pre-register the Guest vehicle with Reception.

While the Guest's vehicle remains in the Car Park both the Member and Guest must remain on Club premises.

Visiting Sport Team Parking

Subject to availability, Visiting Sporting Teams are permitted to use the Car Park with the permission of the General Manager. The Sports Convenor must pre-register the Team with Reception.

注意事項:

會員泊車

會員一般可在其逗留於會所內的期間，將其自己的車輛停泊於停車場內。星期六，星期日及公眾假期的日子，停車場只向持有有效泊車證的會員開放。

會員的來賓可被允許使用停車場，但必須視乎停車場可供使用情況。會員必須預先於接待處為訪客的車輛進行登記。停車場於星期六，星期日及公眾假期將不向會員的來賓開放。

運動隊訪客泊車

取決於停車場泊車的情況，到訪運動隊可獲允許泊車安排，但必須經該運動隊組長預先登記。



Business Express Lunch at Gascoigne Room

Set lunch with “Appetizer Buffet”

From Monday to Sunday

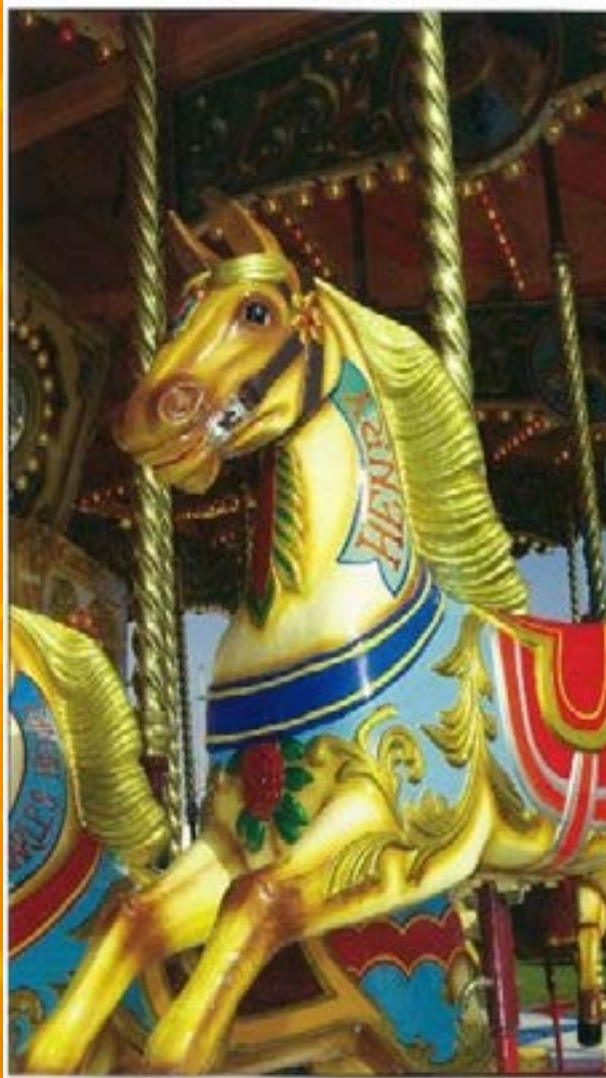
Specials!

Enjoy **10 lunch get 1 free lunch**

☎ For reservations and promotion details, please call Gascoigne Room
at 3966 8650 or email to gascoigneroom@usrc.org.hk

FOLLOW US ON 

SPOT THE DIFFERENCE



Submit your answer to the Club reception on or before 5TH February 2017. All correct entries will receive a FREE SMOOTHIE*

Name: _____

Membership No: _____ Contact No: _____

*Please note only one entry will be accepted per membership

煲仔飯

Clay Pot Rice at Garden Café



United Services Recreation Club
Hong Kong's Best Night Out

	HK\$
Steamed rice with black mushrooms, kale and choy sum in hot pot casserole 北菇芥蘭菜心煲仔飯	68
Steamed rice with chicken and assorted fungus in hot pot casserole 雙耳滑雞煲仔飯	88
Steamed rice with Chinese preserved sausage, chicken and white mushroom in hot pot casserole 野菌臘腸滑雞煲仔飯	88
Steamed rice with dried shrimp, conpoy and lotus root and pork patty in hot pot casserole 瑤柱蝦乾肉鬆煲仔飯	88
Steamed rice with garlic pork ribs and conpoy in hot pot casserole 瑤柱蒜茸排骨煲仔飯	98
Steamed rice with tangerine peel and beef patty, yellow fungus and abalone in hot pot casserole 黃耳鮑片牛肉煲仔飯	108
Steamed rice with ginkgo nut, wolfberries and seafood in hot pot casserole 杞子白菓海鮮煲仔飯	138
Steamed rice with yam, assorted fungus and seafood in hot pot casserole 淮山雙耳海鮮煲仔飯	138

FOLLOW US ON [facebook](#)

Available 1st - 14th January 2017
(12:00nn - 2:30pm & 6:00pm - 9:30pm)

1	2	3	4		5	6	7	8
9					10			
11								
12							13	
				14		15		
16	17		18			19	20	
21					22			23
24					25			
26								

1. experts
5. pretty girl without much intelligence.
9. of that kind
10. region
11. read in order to correct errors
12. ___ away for; ordered (goods) by mail
13. ___ fame; destroy the good name of
14. art___; person skilled in one of the arts
16. cougars
19. radium: symbol
21. giving life to
24. amount of space occupied
25. at that ___; under such circumstances
26. mark means of a perforated sheet of material

1. small poisonous snakes
2. preserve by salting, drying, etc.
3. reduce expenses
4. snap___; ___gun
5. mends with interlacing stitches
6. mine product
7. heavy, soft metal
8. lade, laded, ___or laded
14. marriage ___ lottery: 2 words
15. hearing and deciding of a case in a law court
16. narrow passage through mountains
17. single quantity
18. prayer ending
20. combat___; fighter
22. three: prefix
23. jewel

***Please note only one entry will be accepted per Membership**

1. Marlon Brando	6. Cambodia
2. Cycling	7. Hydrogen
3. South America	8. Persia
4. Tea	9. Green
5. US Open	10. American Football



Nov & Dec Quiz drawn by Member Mr. Ho

 39

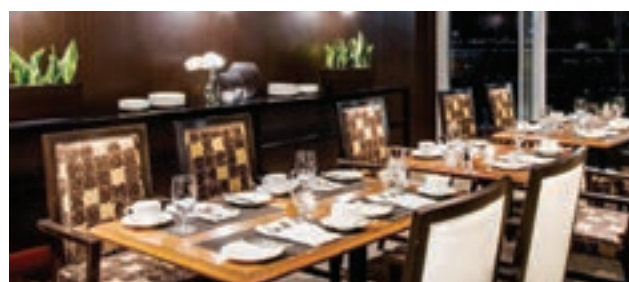
Terminal City Club



VANCOUVER WAS AN exciting place to be in 1892. The Canadian Pacific Railway, completed in 1881, tied British Columbia to the rest of Canada and Vancouver was becoming one of the great seaports of the world. In this exciting time of new business opportunities, the city mayor and a group of entrepreneurs formed a businessman's club which eventually came to be what we now know as the Terminal City Club.

Today, the club occupies a modern, multi-functional high-rise in the heart of Vancouver's financial district. Terminal City Club has always been at the heart of Vancouver's business, both literally and figuratively; its past and present members include some of the city's biggest movers and shakers. There is no better place in Vancouver to meet people and make connections that can have a lasting impact upon you, your business, and the city itself.

They are Vancouver's Premier business club and offering unparalleled opportunities for business and social networking. Their recreational, sporting and entertainment facilities are world class, and offer a growing and learning environment of the highest quality for all those engaged at the Club. By maintaining a financially stable club of 2,000 members they will continue to attract new and retain existing members.



The Fitness Centre is one of the most popular facilities at Terminal City Club. Push yourself on the squash court or with our high-performance cardio and weight training equipment, then relax in the pool, sauna, or steam rooms. All of our cardio equipment comes equipped with interactive screens and iPod connectivity, so you can watch TV, work, or listen to music while you exercise.

The Fitness Centre also includes professional staff who are committed to your health and well-being. A variety of classes are always being offered.

Take in breathtaking views of the North Shore Mountains while you enjoy Terminal City Club's aquatic facilities. Our 25-metre swimming pool is available for laps or lessons, and our on-deck whirlpool is phenomenal for relaxing after a hard workout.

No matter what you're in the mood for, Terminal City Club has a restaurant that will satisfy your craving. Ranging from haute cuisine to pub favourites, the exceptional culinary team will ensure your complete dining satisfaction.

Start your weekend with our popular brunch at The Grill, or close a deal in the lush atmosphere of our 1892 Bistro. Enjoy a cold beer and a hockey game at the Lions Pub on the main floor, then relax in Cuvée, our sophisticated cocktail lounge. No matter what the occasion is or what you crave, Terminal City Club's talented culinary team will give you an extraordinary dining experience.

List of Reciprocal Clubs

COUNTRY	CITY	CLUB NAME	COUNTRY	CITY	CLUB NAME	
Australia	Adelaide	Naval, Military & Air Force Club of South Australia	Malaysia	Ipoh	Royal Ipoh Club	
	Brisbane	United Service Club		Johor	Segamat Country Club	
	Canberra	Canberra Club		Kuala Lumpur	Royal Commonwealth Society	
		The Commonwealth Club		Penang	Penang Club	
	Melbourne	The Kelvin Club		Port Dickson	Royal Port Dickson Yacht Club	
		Kooyong Lawn Tennis Club	Sabah	Sandakan Yacht Club		
		Royal Automobile Club of Victoria		The Tawau Yacht Club		
	Perth	The Western Australian Club	Mexico	Jalisco	University Club de Guadalajara	
	Sydney	The Royal Exchange Club of Sydney			El Palomar Country Club	
	Royal Automobile Club of Australia		Mexico	The University Club of Mexico		
Victoria	The Royal South Yarra Lawn Tennis Club	New Zealand	Auckland	The Northern Club		
Belgium	Bruxelles		International Club Chateau Sainte-Anne	Dunedin	The Dunedin Club	
	Gent		International Club of Flanders	Napier	The Hawkes Bay Club	
Brazil	Rio De Janeiro		Clube Americano Do Rio De Janeiro		Wellington	The Wellesley Club
					The Wellington Club	
Canada	Vancouver	Hollyburn Country Club	Philippines	Baguio City	Baguio Country Club	
		Jericho Tennis Club		Cebu	City Sports Club Cebu	
	Victoria	Union Club of British Columbia	Portugal	Lisboa	Gremio Literario	
				Oporto	Oporto Cricket & Lawn Tennis Club	
Republic of China	Taipei	American Club Taipei	Scotland	Aberdeen	The Royal Northern and University Club	
		The Landmark Club		Edinburgh	The New Club	
England	Bath	The Bath & County Club			The Royal Scots Club	
	London	The Army & Navy Club	Singapore	Camden Park	Hollandse Club	
		Carlton Club		Singapore	Ceylon Sports Club	
		Naval & Military Club		Yishun	Orchid Country Club	
		St. James Hotel and Club				
The Lansdowne Club						
France	Paris	Saint James Paris	South Africa	Cape Town	The Cape Town Club	
Germany	Berlin	International Club Berlin		Durban	Durban Club	
	Frankfurt	Union International Club		Grahamstown	Albany Club	
India	Ahmedabad	Karnavati Club	Spain	Barcelona	Circulo Equestre	
	Bangalore	Greenacres Country Resort		Bilbao	Sociedad Bilbaina	
	Cochin	International Club		Madrid	La Gran Pena	
	Jaipur	Jaipur Riding and Polo Club	Swedwn	Stockholm	Military Club of Stockholm	
	Jodhpur	UMED Club		Thailand	Bangkok	The British Club
	Kerala	Sri Mulam Club			Trinidad	Port of Spain
	Mumbai	Golden Swan Country Club	U.S.A.	Bellevue		Bellevue Club
		Royal Bombay Yacht Club		Berkeley		The Berkeley City Club
The Bombay Presidency Radio Club		Cincinnati		Cincinnati Athletic Club		
	The Umbergaon Club	Kansas		The Kansas City Club		
Pune	Residency Club	New Haven		New Haven Lawn Club		
				New York	The Cornell Club	
Indonesia	Medan	The Exchange Club			The Williams Club	
Ireland	Belfast	The Ulster Reform Club		Philadelphia	The Racquet Club of Philadelphia	
	Dublin	The Stephen's Green Club	Portland	University Club of Portland		
Japan	Kobe	Kobe Club	San Francisco	The Marines' Memorial Club & Hotel		
Kenya	Nairob	Nairobi Safari Club	Santa Barbara	Santa Barbara Club		
	Mombassa	Mombassa Club		University Club of Santa Barbara		
Luxembourg		Cercle Munster		Washington DC	The Army & Navy Club	
					The Rainier Club	

Clubs in bold are recently added clubs to our reciprocal list



More 2017 Europe Sailings:

All Fares INCLUDE Taxes, Fee & Port Expenses.



11Days Scandinavia & Russia | Regal Princess

Apr to Aug 2017 | Roundtrip from Copenhagen

Copenhagen, Denmark | Oslo, Norway | Berlin (Warnemunde), Germany | Tallinn, Estonia | St. Petersburg, Russia [Overnight] | Helsinki, Finland | Stockholm, Sweden | Copenhagen, Denmark

~~HKD17,702^{up}~~

HKD14,989^{up}



7Days Mediterranean | Majestic Princess NEW SHIP or Royal Princess

7 May, 17 Jun, 15 Jul, 5 Aug, 2 Sep 2017 | From Barcelona to Rome (Civitavecchia)

Athens (Piraeus), Greece | Santorini, Greece | Kotor, Montenegro | Sicily (Messina), Italy | Naples, Italy (for Capri & Pompeii) | Barcelona, Spain

~~HKD11,928^{up}~~

HKD9,021^{up}



15Days Iceland & Atlantic Explorer | Crown Princess

2 Sep 2017 | From London (Southampton) to New York City (Manhattan / Brooklyn)

London (Southampton), England | Shetland Islands (Lerwick), Scotland | Akureyri, Iceland | Isafjordur, Iceland | Reykjavik, Iceland | St. John's, Canada | Halifax, Nova Scotia | New York City (Manhattan or Brooklyn), New York

~~HKD22,701^{up}~~

HKD21,151^{up}



12Days British Isles | Caribbean Princess

May to Aug 2017 | Roundtrip from London (Southampton)

London (Southampton), England | Guernsey (St. Peter Port), England | Cork, Ireland (Cobh - For Blarney Castle) | Dublin, Ireland | Belfast, Northern Ireland | Glasgow (Greenock), Scotland | Orkney Islands (Kirkwall), Scotland | Invergordon, Scotland | Edinburgh (South Queensferry), Scotland | Paris/Normandy (Le Havre), France | London (Southampton), England

~~HKD17,276^{up}~~

HKD14,563^{up}