

# OASIS

November-December 2020

Your *oasis* — a place where you can find tranquillity and sustenance  
USRC Members' Bi-monthly Magazine



# USRC Accommodation



**A total of six non-smoking and air-conditioned guestrooms within the club grounds are available at very competitive prices with breakfast inclusive – we also offer an attractive rate for long-term stays.**

## **Room rates**

From HK\$900 – Standard Room

From HK\$1,100 – Superior Room

(Subject to peak period rates)

## **Standard Amenities:**

- Cable TV
- Telephone – free local calls
- In-Room Safe
- Refrigerator
- Tea/ Coffee Maker
- Bottled Water (complimentary)
- Baby Cots Available
- Hair Dryer
- Iron/ Ironing Board
- Bathrobe/ Slippers
- Daily Housekeeping
- Laundry Service

## **Plus exclusive privileges:**

- Daily continental breakfast at Garden Café (served from 8:00am-11:00am)
- Complimentary Wi-Fi in guest room and public area of the Club
- Complimentary in-room broadband TV service
- Complimentary newspaper
- Use of Club facilities



*We accept Visa and MasterCard*

**Contact room reservations for your stay at 3966 8600/ 3966 8678 or email [rooms@usrc.org.hk](mailto:rooms@usrc.org.hk)**



1 Gascoigne Road, King's Park,  
Kowloon, Hong Kong.  
Tel: 3966 8600/8611  
Fax: 2724 0949  
Email: info@usrc.org.hk  
www.usrc.org.hk

#### General Committee

**Chairman** Patrick P. T. Cheung, BBS  
Email: chairman@usrc.org.hk

#### Treasurer

Email: treasurer@usrc.org.hk

**Membership Director** K.C. Ng

**Projects & Security Director** Joshua Schroeder

**Sports Director** Kenneth Chiu

**Grounds, Environment & Community Director** Viveka Mansukhani

#### Membership Sub-committee

K.C. Ng Gregory Sutcliffe  
Alfred Cheng Lily Tam  
Joanne Martin Viveka Mansukhani  
Nigel Mattravers Brian Schroeder

#### Disciplinary Sub-committee

K.C. Ng Eric Heung  
Viveka Mansukhani Ringo Chiu  
Brian McArdle

#### Sports Sub-committee

**Cricket** Michael Caves  
**Football** Alan Urmston  
**Lawn Bowls** David Robinson  
**Rugby** Sam Hocking  
**Squash** Chung Leung  
**Tennis** Alfred Cheng

#### Sports Convenors

**Bridge** Mimi Wong  
**Cricket** Ahmed Saleem  
**Football** Laurance Rudge  
**Lawn Bowls** Cindy Robinson  
**Rugby** Nigel Mattravers  
**Squash** Colman Ng  
**Tennis** Cindy Fung

#### Management Team

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Oasis is a bi-monthly publication of United Services Recreation Club.

#### Advertising & Editorial

Please contact Natalie Banday at USRC.  
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## CHAIRMAN'S MESSAGE

*Dear Fellow Members,*

Having skipped the last issue of this bimonthly magazine due to the Club's opening and activities being largely hampered by the Government's social distancing and gathering restrictions aimed at combating the third wave outbreak of Covid-19, I feel a little more relaxed to say with fingers crossed that we are on track to return to normal business as the pandemic situation seems to be improving locally. Domestic infections are diminishing and traceable, allowing seating and entertainment restrictions in pubs and eateries to ease. That said, the management of USRC remains vigilant on precautionary health check at entry and observant of sanitizing requirements at all times. In this regard, cooperation and support from all Members and guests are much appreciated and hard work of club staff praised.

As to the club affairs, let me begin with the major facelift of our clubhouse and its surrounds being successfully completed lately without much disturbance to Members. Works included leaking roofs and external walls of the main building refurbished; cracked footpaths resurfaced; aged dining room and bar renovated, etc., just to name a few. All these repair and maintenance works are considered absolutely essential by the General Committee for bringing our nearly 110-year old dilapidated buildings and facilities back to an acceptable standard. While the overall renovation cost did deplete reasonably our capital reserve but without causing excessive damage to contingency retained, general comment from Members on project achievement has been favourable in that the entire environment looks much more attractive and secure, thus enhancing the core and intangible value of our club in luring people to join.

Due to heavy commitment to daytime work, Mr Felix Hart, the Treasurer, regrettably tendered his resignation to the GC in late October after completion of his six and half years loyal and volunteer service in the Board of USRC Ltd. In order to fully recognize Felix's immense dedication to duty and contribution in overseeing very successfully a huge and composite financial account for the Club throughout, the GC voted for an unanimous approval of Felix being accorded an Honorary Membership at its October meeting effective forthwith. A big vote of thanks to you Felix from all of us for your tremendous devotion and excellent performance during your office tenures and many congratulations again on your becoming an Honorary Member. Felix's vacant post is temporarily undertaken by the Financial Controller until a suitable replacement is identified and co-opted by the GC.

On the general membership front, I am most delighted to share with you that two of our Members are officially decorated according to the HKSAR 2020 Honours List published on 1st October. They are Dr NG Wang-pun, Dennis, and Mr CHONG Ngai-keung, John, who are bestowed the award of Silver Bauhinia Star (SBS) and Medal of Honour (MH) respectively for their significant contributions to the HK community at various levels and positions. Many congratulations to you both, Dennis and John, on your exemplary personal achievements!

With little less than the desired or somewhat turbulent year 2020 having almost flown by, Christmas and New Year are now just around the corner. I don't think we can expect the usual busy bookings from Members for functions and family gatherings at this point in time to sustain our revenue growth because of the prevailing covid sanctions and economic gloom, may I urge, however, for your patronage to purchase wines and food from our popular Deli Corner setup at entrance additional to pre-order F&B takeaways for home parties. Details of available promotion items are introduced via our website, Instagram and e-news.

On behalf of the General Committee, may we wish you a happy Christmas and a Prosperous New Year!

*Patrick Cheung*  
Chairman



### 親愛的會員：

因應新冠肺炎疫情第三波爆發的防疫措施，本會營業時間及活動也有所調整，故本會跳過上一期的雙月刊。觀乎本地感染個案正在減少，個案大部份皆可追溯，酒吧和食肆的座位和娛樂限制有所放寬，我更加放心地認為本地疫情已持續受控，香港有望回復正常。為了保障會內的衛生安全，三軍會管理層對進入本會預防設施繼續保持警惕，嚴格遵守各項消毒清潔要求。本人非常感謝會員和賓客的合作與支持，也表揚工作人員在此期間緊守崗位，維持專業的工作水平。

會內事務匯報：大型翻新工程在不對會員造成太大干擾下已成功完工。例如：漏水屋頂和主樓外牆已翻新；已修復破裂的行人路；重新裝修舊式餐廳和酒吧並已重開等等。執行委員會認為，把接近110年歷史建築物和其老化設施，回復至可接受的標準，故此維修和保養工作是有絕對必要性。無疑整個翻新工程動用了大額的資本儲備，但並未對保留的應急資本造成太大影響。會員也對工程持正面態度。三軍會環境因翻新變得更安全及更具吸引力，強化核心和無形價值，也可吸引更多新會員加入。

司庫Felix Hart 鑑於自身工作非常繁重，已於10月下旬向本會提出請辭。他在六年半的義務工作任期裡，為我們提供盡心盡責的服務，處理會內龐大複雜的賬目，故執行委員會在10月份的會議上，一致通過推選Felix成為三軍會名譽會員，任命自即日起生效，以表揚他的貢獻。再次衷心感謝Felix任職期間的出色和投入的表現，並祝賀您成為名譽會員。Felix的空缺由財務總監暫時兼任，直到選出合適人選上任為止。

一般會務方面，我欣然地宣布，在香港特別行政區2020年授勳名單上，三軍會有兩名會員獲得授勳，分別是Dr NG Wang-pun, Dennis 及 CHONG Ngai-Keung John 先生，兩位對香港作出的貢獻而分別獲得銀紫荊星章（SBS）和榮譽勳章（MH）。恭賀兩人取得此項榮譽！

經歷重重挑戰的2020年即將過去，聖誕節和新年也即將來臨，面對防疫措施持續及經濟不景氣，我們不預期會員維持以往正常情況下的親友相聚和聚餐，故會內餐飲收入無可避免受到影響。故此，三軍會廣受歡迎的Deli Corner，在會內入口處提供葡萄酒和美食，也同時提供家庭聚會餐飲預訂外賣服務，我鼓勵大家多多支持和惠顧。會員也可透過本會網站、Instagram和電子新聞，獲得更多促銷活動的詳細資訊。

謹代表本會祝願各位有個美滿的聖誕和新年！下期見！

**張伯陶**  
主席

## Questions and clarifications raised from the floor at last year's AGM

Questions were raised by a Member on line expenses listed in the AGM report.

- Entertainment expenses

Nature: Incurred F&B expenses for organized Club events, such as the Club AGM, respective sport sections AGM, New Members cocktail party, Membership Sub-committee meeting, Swimming gala, and Charity events organized by different sporting sections throughout the year.

- Referral expenses

Nature: Dining coupons issued to Sub-committee Members who give up their time to interview prospective Members and birthday coupons issued to Members throughout the year.

- Legal expenses

Nature: Primarily for Club's matters and the AGM minutes covering Years 2017/2018 AGM.



## Member Identification & Use

As a coronavirus precautionary measure and to keep track of the identity of members on the Club premises, members will not be allowed to enter the Club without their membership card, **effective Monday 9 November**.

A reminder that Members should have their cards on them at all times and not rely on staff to open the doors for them.

Should you need a replacement card, please complete the **Membership Card Replacement Form** and return it to the reception.

Your cooperation is appreciated.



*Dear Member,*

I hope that you, your families, your friends and all your loved ones are healthy and safe during this difficult time.

Hong Kong businesses are trying to navigate through these uncertain times as a result of the COVID-19 virus. At the Club, we too, are facing challenges as the situation evolves. Hopefully, we won't go through any more lockdowns as the situation in Hong Kong stabilizes, worryingly this is not the case across the world. I would encourage members to follow us on Instagram usrc\_1911 for the latest government guidelines. We will continue to provide updates to the Membership, and we remain optimistic that there will be an eventual end to this challenging period.

On the project front, the Garden Café reopened after an extensive upgrade, the Garden Room waterproofing and Tennis court resurfacing were all completed ahead of time. With old facilities it is imperative we maintain ours to the highest standards and I'm glad to report the board share the same sentiment.

The Christmas programme printed in this issue may change depending on the macro situation. This will be Christmas with a difference. With this in mind, the programme content has been adapted to ensure safety, whilst offering festive cheer for all members and their families. As we expect this year to be one of the busiest on record, any last-minute cancellations will incur an admin charge similar to other organizations. One of the highlights of the calendar is the Christmas tree lighting ceremony scheduled for the 11th December. Please mark this date in your diary.

Finally, may I take this opportunity to wish everyone health, happiness throughout the Holiday season and look forward to welcoming you back in the New Year.

*Noel Burns*

General Manager



### 親愛的會員：

疫情持續，我希望會員與你的親友們，在這困難時期中都保持健康與安全。

面對新冠肺炎疫情對經濟的打擊，香港各行各業正努力渡過不確定的時期和挑戰，三軍會亦不例外。隨著本港疫情確診數字減少，本港已不需要更多的封鎖措施，但全球其他國家或地區並非如此。會員們請關注本會Instagram帳戶 usrc\_1911，以查看政府最新的防疫措施，也會持續更新會員資格的資訊。我們樂觀地認為艱難時期終會結束。

會內工程方面，Garden Cafe經過大規模翻新後已重新開放；Garden Room防水工程和網球場三處重鋪工作都提前完成。三軍會設施將一貫維持在最優質標準，本人也欣然向董事會報告相同觀點。

根據疫情發展及宏觀情況，今年將會有個不一樣的聖誕節，本期雙月刊內的聖誕活動安排會有修訂。考慮這因素後，活動內容也已進行調整，以確保會員與親友享受節日歡愉的同時，也保障健康和 safety。我們估計今年是有記錄以來最繁忙的一年，故此三軍會參考其他機構類似做法— 任何突然或緊急取消的預約，都會被徵收行政費。另外，提提大家，今年聖誕活動的重點之一，是12月11日舉行的聖誕樹亮燈儀式，本人誠邀各位預留時間出席。

最後，預祝大家聖誕假期裡健康，幸福，並期待2021年的來臨。

*Noel Burns*

總經理

# NOTICE

Tennis Section SC recently received multiple complaints about members bringing their guests using the tennis court during no guest allowed period. Again, we would like to remind all the members as follows:

## NO GUEST RULES

Tennis Courts between 18:00 and 21:00 hrs on weekdays, between 13:00 and 18:00 hrs on Saturdays and before 14:00 hrs on Sundays and Public Holidays.



United Services Recreation Club  
Hong Kong's Best Kept Secret

Tennis Section Sub - Committee  
2 July 2020



United Services Recreation Club  
Hong Kong's Best Kept Secret

## NO-SHOW PENALTY FEES for Sports Facilities

**Please be informed that a NO-SHOW Penalty fee for all facilities  
will be in effect as of  
1st May 2018**

**Please sign in for the facilities and sign in your guests before playing.**

**A penalty (*hk\$100 per booking*) will be levied on members who do not sign for the court whether the court has been used or not, unless a reasonable explanation has been given to the General Manager.**

USRC Management  
1 May, 2018



**Garden Cafe**  
**Christmas Eve Set Dinner**  
**24th December 2020**

Homemade smoked salmon  
*with crab roe and fish roe dressing*

Or

Iberian ham  
*with fig jam, truffle honey, melon and croutons*

Or

Mushroom and thyme vol-au-vent



Minestrone with homemade pesto sauce



Roasted butterball turkey with trimmings  
*with roasted potatoes and brussels sprouts*

Or

Baked beef short rib with gremolata  
*with roasted potatoes and brussels sprouts*

Or

Baked eggplants with mozzarella and tomatoes "alla Parmigiana"



Warm chocolate pudding

Or

Yule log cake  
*with raspberry sauce*

Adult \$298, Child \$198 (Aged 3-11)

For reservations, please call ☎3966 8638

We apologize that there will be no A la carte on this night.

**Cancellation & No-show Policy:**

- (1) 100% full charge penalty applies if the reservation is cancelled on the day of the event.
- (2) 70% charge penalty applies if the reservation is cancelled on the day before.
- (3) 50% charge penalty applies if the reservation is cancelled 2 days before.
- (4) No penalty charge will be applied if the reservation is cancelled 3 or more days in advance.

# Palette Knife Painting Class

The Palette Knife Painting Class was held on 24th October in the Garden Room. Members and their guests enjoyed this 2-hour workshop learning to paint using a palette knife.



## USRC CHRISTMAS CHARITY EVENT

Gift/Toy donation to Queen Elizabeth Hospital  
Your gift will definitely make a difference!



The USRC is once again coordinating with the children's ward of the Queen Elizabeth Hospital to donate new toys to children who are not able to be at home during Christmas. The toys and gifts will surely bring joy and happiness to them.

To ensure the toys are suitable for each child, please clearly mark if it is for a boy or a girl and the age group.

Gifts are to be placed in the box at Reception from the 20th November to 20th December.





## Christmas Day Buffet Menu

Wednesday, 25<sup>th</sup> December 2020

Garden Marquee

11:30am - 3pm

### Chilled Juice Counter

Apple juice, Orange juice, Pineapple juice and Soft drinks

### Appetizers and Salads

Smoked & gravlax salmon with capers and red onions

Assorted Italian antipasti with olives, grilled eggplant & zucchini, marinated mushrooms

Lobsters, Prawns, Blue mussels, Whelks in shell, King crab legs on ice

Caesar salad, Assorted lettuce mix, Greek pasta salad, American potato salad, Chicken and broccoli slaw salad

Spiralized vegetables salad with chickpeas, Mixed fruit salad with peach dressing

Avocado dressing, Balsamic and tomato dressing, Italian dressing, Honey mustard dressing

### Show Cooking

Seafood soup made with short pasta, fresh squid, prawns, salmon, mussels, clams, whelks, crab meat stock and tomatoes

### BBQ and Carving

Whole roasted lamb with mint sauce & mint jelly, assorted mustard and gravy

Sous vide cooked and char-grilled grass-fed sirloin steaks

Whole roasted turkey with stuffing, chestnuts, cranberry jelly and gravy

Honey glazed Virginia ham with pineapple, Madeira sauce

Australian oysters (Rockefeller & Kilpatrick)

### Main Dishes

Stir-fried pork neck with celery, cashew nuts and XO sauce

Braised vegetables with bean curd, Sweet and sour chicken

Tandoori salmon, Chicken saag, Aloo gobi

Sweet and spicy baked cauliflower, Brussels sprouts with nutmeg

Candied carrots with butter and glazed with brown sugar

Parmesan and garlic roasted potatoes, Steamed rice and Garlic naan

### Desserts

Fresh fruit platter with watermelon, papaya, pineapple, oranges, apples

Roasted marshmallow station, Assorted fruit tarts, Mango caramel cake, Mini boutique desserts, Mini cupcakes

Marble cheesecake, Christmas ginger bread house, Christmas stollen, Christmas pudding with brandy sauce

Mince pies, Bread and butter pudding with cranberries and vanilla sauce, International cheese platter

Adult: HK\$ 538

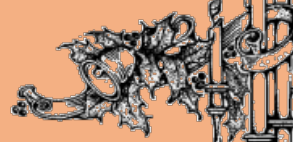
Child: HK\$ 328 (Aged 3-11)

Add HK\$128 for free flow of Prosecco,  
House Wines and San Miguel Draught Beer

For reservations, please contact Ken or Nike

Tel.: 3966 8633 or via WhatsApp 9663 7773

or via email: [catering@usrc.org.hk](mailto:catering@usrc.org.hk)





## Christmas Set Dinner


24<sup>th</sup> December - 26<sup>th</sup> December

Alaska king crabmeat tart  
*with salmon roes*

or

Pan-fried foie gras  
*with caramelized red onion marmalade and toast*


or

 Beetroot tartar  
*with yuzu and miso*



Shrimps, scallops and corn chowder  
*with bacon bits*

or

 Wild mushroom soup  
*With truffle oil*



Roasted butterball turkey with trimmings  
*with seasonal vegetables and potatoes*

or

Slow-braised shoulder of lamb with onions, thyme and balsamic  
*with mashed potatoes*

or

Grilled king prawn and baked scallop  
*with linguine*

or

 Spinach risotto  
*with assorted mushrooms and cherry tomatoes*



Christmas pudding with brandy sauce  
or

Homemade cheese and ginger cake  
*Coffee or Tea*

\$598 per person

For reservations, please call ☎3966 8650

We apologize that there will be no A la carte on this night.

Cancellation & No-show Policy:

- (1) 100% full charge penalty applies if the reservation is cancelled on the day of the event.
- (2) 70% charge penalty applies if the reservation is cancelled on the day before.
- (3) 50% charge penalty applies if the reservation is cancelled 2 days before.
- (4) No penalty charge will be applied if the reservation is cancelled 3 or more days in advance.

# Steak Night

Our first Steak Night was welcomed back on Monday 19th October, a 4 month break due to Covid.  
The dinner was held at the Gascoigne Room and the steak was the Tajima Wagyu T-Bone Steak, grade MB-5.





# Impact HK Donation Box

Donated food items should be **1 MONTH**  
away from best before date



**Benefiting Charity:**  
ImpactHK

**Venue:**  
Reception

**Collection Deadline:**  
6 November 2020 (Friday)

## **Items:**

- New or used adult clothing (male and female)
- Surgical masks – 3 ply (must not be fabric masks)
- Small sized hand sanitizers
- Travel sized toiletries – shampoo, body wash, toothbrushes
- Towels
- Non perishable ready to eat food items with minimum 1 month until expiry (biscuits, crackers, snacks )



For enquiry, please contact reception at 3966-8600 or Eric Fung at 3966-8691.

# Halloween Lacrosse Party

It's was a fun and healthy opportunity for the kids to get out of the house and do some exercise this Halloween.

Dressed in Halloween costumes, there were some fun drills and games taught by the coach with some basic skills like how to scoop and shoot.

A game was played by Team Witch against Team Fairy!





## Christmas Banquet Take Away Menu

Cold Items	Price	Quantity	Total Amount
Cold cut platter with roast beef, apple ham, country pate, salami, pastrami, and Parma ham (600 grams per tray)	\$198/tray	_____ Tray	
Cheese platter with 4 cheeses, grapes, crackers and walnuts (400 grams cheese per tray)	\$298/tray	_____ Tray	
Smoked salmon with Horseradish sauce (300 grams per tray)	\$228/tray	_____ Tray	
Hot Mains			
Roasted Rose’s maple glazed ham on the bone *Size: Approximately 4.9-6.3 kg per one *Serves approx. 8-12 people	\$198/kg	_____ Pcs	Exact amount will be charged according to its raw weight.
Roasted turkey with stuffing and cranberry sauce *Size: Approximately 5-7 kg per bird *Serves approx. 8-12 people	\$148/kg	_____ Pcs	
Turkey and ham are all served with roast potatoes, red cabbage, Brussels sprouts and gravy. ** Please note that all weights for cooked meats are raw weighted. **			
From the Bakery			
Mince pie (20 grams per one pie)	\$16/pc	_____ Pcs	
Home-made Christmas pudding (300 grams in packing with brandy sauce)	\$148/portion	_____ Portion	

Minimum **THREE** working days advance notice for orders, available from 1 Dec to 30 Dec 2019.  
Orders must be placed before 17 Dec 2020. Orders placed after that may not be fulfilled.

**Name:** \_\_\_\_\_ **Membership No.:** \_\_\_\_\_

**Contact No.:** \_\_\_\_\_ **(Mobile)** \_\_\_\_\_ **(Home)** \_\_\_\_\_

**Date of collection:** \_\_\_\_\_ **Time:** ☐ 10 A.M. – 12 P.M. ☐ 4 P.M. – 6 P.M.

**Signature:** \_\_\_\_\_

Please return this form to Ms. Nike Lau via email to [catering@usrc.org.hk](mailto:catering@usrc.org.hk) or hand it to the Garden Cafe.  
For inquiries, please feel free to contact Ms. Nike Lau at 3966-8633.

### **For Office Use**

Date of order received: \_\_\_\_\_ Reference Number issued: \_\_\_\_\_

Order confirmed on date: \_\_\_\_\_ Order confirmed by: \_\_\_\_\_

Remarks: \_\_\_\_\_

# Classes & Activities at the USRC

## Bridge

### Mimi Wong

WhatsApp: 9120 3789  
Email: usrcbridge@gmail.com  
Thursday duplicate  
9.30am-12.30pm  
Pre-registration required

## Cricket

### Muhammad I. Gull

Tel: 9421 4741  
Email: sportsofficer@usrc.org.hk

Individual Lesson (including) Beginners, Intermediate & Advance Cricketers  
\$350 per hour (member)  
\$400 per hour (guests)  
Group Lesson (minimum 2 to 6 persons) – \$700 per 1 ½ hour  
Team Training (minimum 2 to 6 persons) – \$800 per 2 hours  
Junior's Individual Lesson  
\$300 per hour (member)  
\$350 per hour (guests)  
Junior's Group Lesson (minimum 2 to 4 kids) – \$600 per 1 ½ hours  
Junior's Team Training (minimum 2 to 6 persons) – \$700 per 1 ½ hours  
(Beginners or any age kids are welcome)



## Football

### Alan Urmston

Email: alanu@netvigator.com  
Wednesday: 7:30-9:00 pm, King's Park  
\$50 for 90 minutes' playing time (adult)

## Gym Familiarisation

Contact Reception 3966 8600/611 for registration and scheduled class times – 30 minutes per lesson  
Private lesson \$100

## Playgroup

### Pearl Lam

Tel: 9499 6693  
Tuesday: 9:30am  
\$50 for the first child (member)  
\$88 for the first child (guests)  
\$35 per additional child or parent

## Personal Trainer

### Ken Hon

NASM CPT Certified Personal Trainer  
Tel: 9042 4434  
Email: kenhonchinghei@gmail.com

Personal Trainer 1 on 1 package  
Trial Session - \$380 hour  
1 Session - \$750 hour  
4 Sessions - \$720 hour  
12 Sessions - \$660 hour  
24 Sessions - \$630 hour  
52 Sessions - \$580 hour

Personal Trainer 1 on 2 package  
Trail Session - \$200 hour/ per person  
1 Session - \$400 hour/ per person

## Pilates

### JM Pilates Studio

Tel: 9194 5856  
Email: jmpilates@yahoo.ca

Group Class lessons  
USRC Members - \$198 - per lesson  
Non Members Individual Lesson - \$250  
10 lessons Non-members - \$2,100

Private Lessons  
USRC Members - \$700 - per class  
Non Members -  
\$7300 - 10 lessons  
\$3900 - 5 lessons  
\$850 - single lesson

Semi Private Lessons (price for 2 people)  
USRC Members - \$850 per lesson  
Non-members - \$900 per lesson

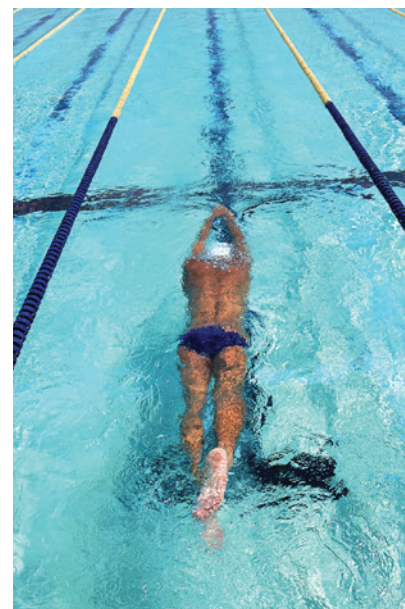
## Squash

### Ilyas Gull

Tel: 9421 4741  
Email: sportsofficer@usrc.org.hk

Adults  
1. Private lesson for adult \$350 per hour  
2. Group of 2 \$600 per hour  
3. Group of 2-4 \$800 1½ per hrs

Juniors  
1. Private lesson \$300 per hour  
2. Group of 2 \$500 per hour  
3. Group of 2-4 \$600 1½ per hrs



## Swimming Classes

### Eric Fung

HKSCA Level 1 Coach  
Tel: 9603 9620  
Email: kyfung.eric@gmail.com

Private Lesson (for members only)

1 person - \$460  
2 persons - \$620  
3 persons - \$780  
4 persons - \$880

### Chris Hunt

HKTA Qualified Coach, Licensed Level II.  
USRC Junior Tennis Teams Captain  
(Under 14s and Under 18s)  
Tel: 9316 6191/ 2550 5094 (evening till midnight)

Drop-in group lesson:  
\$180 per hour per child  
Saturday: 10am – 11am (beginners group)  
Saturday: 11am – 1pm (intermediate group)  
Thursday: 6pm – 7pm (intermediate group)

Super group lesson – by appointment only:  
\$260 per hour per child  
Tuesday: 5pm – 7pm (improvement class I)  
Thursday: 4pm – 6pm (improvement class II)

Private lesson (for members only):  
1 person – \$520, 2 persons – \$680,  
3 persons – \$880, 4 persons – \$1,080,  
5 persons – \$1,350, 6 persons – \$1,620  
\$200 per hour per person (member)  
\$250 per hour per person (guest)



## Sunday

1

- Social Tennis (Court 3) 3 – 7 pm  
(Court 4) 3 – 8 pm
- LB 10:00 am - 8:00 pm  
(Club Members)
- Football YYL Game

8

- Social Tennis (Court 3) 3 – 7 pm  
(Court 4) 3 – 8 pm
- LB 10:00 am - 8:00 pm  
(Club Members)
- Football YYL Game

15

- Social Tennis (Court 3) 3 – 7 pm  
(Court 4) 3 – 8 pm
- LB 10:00 am - 8:00 pm  
(Club Members)
- Football YYL Game

22

- Social Tennis (Court 3) 3 – 7 pm  
(Court 4) 3 – 8 pm
- LB 10:00 am - 8:00 pm  
(Club Members)
- Football YYL Game

29

- Social Tennis (Court 3) 3 – 7 pm  
(Court 4) 3 – 8 pm
- LB 10:00 am - 8:00 pm  
(Club Members)
- Football YYL Game

## Monday

2

- Pilates Group Class 4 pm

9

- Pilates Group Class 4 pm

16

- Pilates Group Class 4 pm

23

- Pilates Group Class 4 pm

30

- Pilates Group Class 4 pm

## Tuesday

3

- Playgroup 9:30 am – 11:30 am
- LB 2:30 pm - 9:30 pm  
(Club Members)
- LB League Team Practice  
6:30 – 9:30 pm
- Pilates Group Class 11:00 am

10

- Playgroup 9:30 am – 11:30 am
- LB 2:30 pm - 9:30 pm  
(Club Members)
- LB League Team Practice  
6:30 – 9:30 pm
- Pilates Group Class 11:00 am

17

- Playgroup 9:30 am – 11:30 am
- LB 2:30 pm - 9:30 pm  
(Club Members)
- LB League Team Practice  
6:30 – 9:30 pm
- Pilates Group Class 11:00 am

24

- Playgroup 9:30 am – 11:30 am
- LB 2:30 pm - 9:30 pm  
(Club Members)
- LB League Team Practice  
6:30 – 9:30 pm
- Pilates Group Class 11:00 am

## Wednesday

4

- Pilates Group Class 4:00 pm
- LB 2:30 pm - 6:30 pm (Club Members)
- LB 6:30 pm - 9:30 pm (League Teams Practise)
- Taekwondo 4:30 - 6 pm (Squash court)
- Lacrosse 7-9 pm (Multi-purpose Court)
- Football Legal League games

11

- Pilates Group Class 4:00 pm
- LB 2:30 pm - 6:30 pm (Club Members)
- LB 6:30 pm - 9:30 pm (League Teams Practise)
- Taekwondo 4:30 - 6 pm (Squash court)
- Lacrosse 7-9 pm (Multi-purpose Court)
- Football Legal League games

18

- Pilates Group Class 4:00 pm
- LB 2:30 pm - 6:30 pm (Club Members)
- LB 6:30 pm - 9:30 pm (League Teams Practise)
- Taekwondo 4:30 - 6 pm (Squash court)
- Lacrosse 7-9 pm (Multi-purpose Court)
- Football Legal League games

25

- Pilates Group Class 4:00 pm
- LB 2:30 pm - 6:30 pm (Club Members)
- LB 6:30 pm - 9:30 pm (League Teams Practise)
- Taekwondo 4:30 - 6 pm (Squash court)
- Lacrosse 7-9 pm (Multi-purpose Court)
- Football Legal League games

## Thursday

5

- Social Tennis (Court 3) 3-7 pm. (Court 4) 3 - 8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 - 5:30 pm (Court 1&2)
- LB 2:30 pm - 6:30 pm (Club Members)
- LB 6:30 pm - 9:30 pm (LBS Members)

12

- Social Tennis (Court 3) 3-7 pm. (Court 4) 3 - 8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 - 5:30 pm (Court 1&2)
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19

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- Squash Afternoon 2:30 - 5:30 pm (Court 1&2)
- LB 2:30 pm - 6:30 pm (Club Members)
- LB 6:30 pm - 9:30 pm (LBS Members)

26

- Social Tennis (Court 3) 3-7 pm. (Court 4) 3 - 8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 - 5:30 pm (Court 1&2)
- LB 2:30 pm - 6:30 pm (Club Members)
- LB 6:30 pm - 9:30 pm (LBS Members)

## Friday

6

- Pilates Group Class 4:00 pm
- Taekwondo 4:30 - 6 pm (Squash court)
- Lacrosse 7-9 pm (Multi-purpose Court)
- Football Legal League games

13

- Pilates Group Class 4:00 pm
- Taekwondo 4:30 - 6 pm (Squash court)
- Lacrosse 7-9 pm (Multi-purpose Court)
- Football Legal League games

20

- Pilates Group Class 4:00 pm
- Taekwondo 4:30 - 6 pm (Squash court)
- Lacrosse 7-9 pm (Multi-purpose Court)
- Football Legal League games

27

- Pilates Group Class 4:00 pm
- Taekwondo 4:30 - 6 pm (Squash court)
- Lacrosse 7-9 pm (Multi-purpose Court)
- Football Legal League games

## Saturday

7

- Social Tennis (Court 3) 3-7 pm. (Court 4) 3 - 8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 - 5:30 pm (Court 1&2)
- LB 12:00 pm - 2:00 pm (League Warm-up)
- LB 2:00 pm - 7:00 pm (League Games/ LBS Members)

14

- Social Tennis (Court 3) 3-7 pm. (Court 4) 3 - 8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 - 5:30 pm (Court 1&2)
- LB 12:00 pm - 2:00 pm (League Warm-up)
- LB 2:00 pm - 7:00 pm (League Games/ LBS Members)

21

- Social Tennis (Court 3) 3-7 pm. (Court 4) 3 - 8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 - 5:30 pm (Court 1&2)
- LB 12:00 pm - 2:00 pm (League Warm-up)
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28

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## Sunday

## Monday

## Tuesday



6

- Social Tennis (Court 3) 3 – 7 pm (Court 4) 3 – 8 pm
- LB 10:00 am - 8:00 pm (Club Members)
- Football YYL Game

7

- Pilates Group Class 4 pm

8

- Playgroup 9:30 am – 11:30 am
- LB 2:30 pm - 9:30 pm (Club Members)
- LB League Team Practice 6:30 – 9:30 pm
- Pilates Group Class 11:00 am

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- Football YYL Game

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- Playgroup 9:30 am – 11:30 am
- LB 2:30 pm - 9:30 pm (Club Members)
- LB League Team Practice 6:30 – 9:30 pm
- Pilates Group Class 11:00 am

## Wednesday

## Thursday

## Friday

## Saturday

2

- Pilates Group Class 4:00 pm
- LB 2:30 pm - 6:30 pm (Club Members)
- LB 6:30 pm - 9:30 pm (League Teams Practise)
- Taekwondo 4:30 - 6 pm (Squash court)
- Lacrosse 7-9 pm (Multi-purpose Court)
- Football Legal League games

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# Football News

**Alan Urmston**  
Football Convenor



## September – October 2020

We had a brief window through which we were able to climb and play football in June. Here is a roundup of the few games that were played before the re-lockdown in July.

On 26th June **USRC Gunners** defeated J-Leaguers 2-1, with Marcello Vastola and leading scorer Marcus McMillan on the scoresheet. This was the only match they were able to play and when the shutdown returned they stood 3 points clear of Spartans with six games left to play, Spartans having played a game more.

**USRC 1911** managed to get three games in, though probably wished they hadn't as they were only able to gain one point from the three. There were defeats with a win a draw and two defeats among them. The defeats were against BTDT (0-4) and HKFC (0-3) and the draw was against Spartans (1-1), thanks to Greg Turner, who remains on course to retain his golden boot. 1911 had just one outstanding game to play, against KCC Monarchs.

**USRC Vitesse** played just one game also, an entertaining friendly fixture against South China Soccer School Vets on 3rd July (see photo below). Tom Fay scored two, Angelo Da Silva one and Alan Urmston the other in a narrow 4-3 victory played in the rain.



USRC Vitesse and SCAA Soccer Schools Veterans at King's Park before the game on 3rd July

With games still outstanding in the 2019-20 season, it is not clear when or even whether the season will be able to resume. The common belief is when we can resume then the current season will be played to completion. This would most likely result in season 2020-21 being played in a reduced schedule, perhaps with teams playing each other once only in the league.

The lockdown has also affected the Club's facilities and so coaching for children with our coaching provider, **Brasil Top Skills** has also not been able to run.

The Section held its **Annual General Meeting** on Tuesday 16th June. At the meeting, the following were elected as the Section Sub-committee for 2020-21:

Convenor – Mr Laurence Rudge

Secretary – Dr Alan Urmston

Treasurer – Mr Jason Boon

USRC Gunners Manager – Mr Stephen Cairns

USRC 1911 Manager – Mr Laurence Rudge

USRC Vitesse Manager – Dr Alan Urmston

It was agreed that the above would take up their positions once the current season was completed.



Rick Leone (with the cat) and Dave Buckley (with the hat) are given a fitting send-off from the lads

Finally, this July we said farewell to two of our longest-serving members. Great servants both, **Rick Leone** and **Dave Buckley** are moving on to pastures new. They'll surely be missed, at both ends of the pitch and behind the scenes. Both Rick and Dave contributed enormously to the Section over the years and we wish them all the best in their future lives and hope they still pop back and see us sometimes.

These are difficult times for everyone so to all members and their families and friends from the Football Section, stay safe and stay well.



2020 Autumn

## FOOTBALL PROGRAM for 3-7 years

**EARLY LEARNING** to build a firm foundation that give players  
correct form when they grow older

Football training program is for both girls and boys aged between 3 to 7 years old.



VENUE: **USRC**  
**Multi-Court**

AGE: **3 to 7 years**  
**Girls & Boys**

OCTOBER  
NOVEMBER  
NOVEMBER  
DECEMBER

TUESDAY	THURSDAY	SATURDAY
16:30-18:00	16:30-18:00	09:30-11:00
<b>20,27</b>	<b>22,29</b>	
3,10	5,12	<b>7,14</b>
17, 24	19, 26	21, 28
1, 8, 15	3, 10, 17	5, 12, 19

**Free to join for  
USRC Members**

**USRC FA** focuses and helps the children to develop :

- ⚽ The **love and passion** for soccer
- ⚽ **Coordination, balance & motor skills** that can stay with them throughout their life
- ⚽ **Techniques** and **speed** on footworks
- ⚽ Improvement on **quick thinking** and **decision making**
- ⚽ Building **confidence** and **self-esteem**
- ⚽ Life skills on **teamwork, respect, sportsmanship & friendship**



📄 Registration

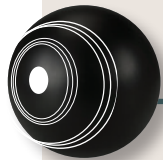


## USRC FOOTBALL ACADEMY

coaching by **BRASIL TOP SKILLS SOCCER SCHOOL**

Contact: [info@btshk.com](mailto:info@btshk.com) or 9815 3151 [www.brasiltopskills.com](http://www.brasiltopskills.com)





# Lawn Bowls News

by the Apprentice

## Skill Refinement Workshops

Taking advantage of the relaxed social distancing rules in June, two more training workshops with Coach Lee Ka Ho were organised for the Men and Women group. The feedback we have from the attendees is both encouraging and positive.



On the day of the last Women's Workshop, a group of players enjoyed dinner together with the Coach. It happened to be the day just before the government began to tighten the restriction of group gathering again in late July.

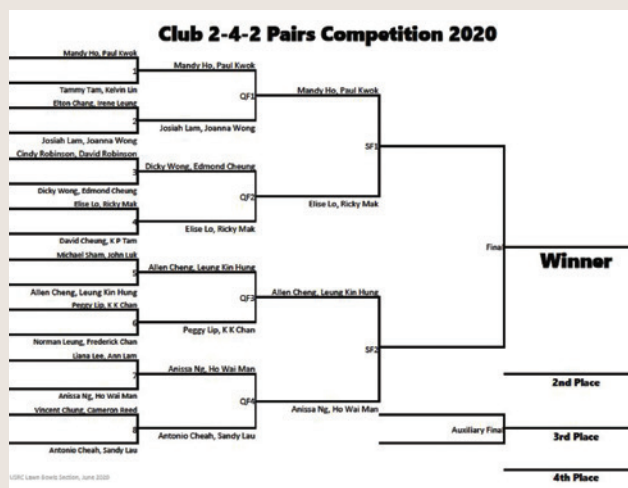


More training of its kind is being planned for the participation of league players from mid-October. The Ladies group will have theirs on Tuesday evening and the Men group on Thursday. It is one of the ways to encourage more players back on the bowling green for more practice.

## Club 2x4x2 Pairs Competition 2020

This is the first time that the LBS has held an in-house 2x4x2 Pairs competition. An interesting format which challenges bowlers' all-round abilities, it has become more and more popular among bowlers in Hong Kong.

There were 16 teams entered in the competition. All first-round matches were completed before 5th July and the quarter-finals completed in good time before the deadline.



## Semi-Final 1

Mandy Ho  
Paul Kwok

VS

Elise Lo  
Ricky Mak

## Semi-Final 2

Allen Cheng  
Leung Kin Hung

VS

Anissa Ng  
Ho Wai Man

The semi-finals, auxiliary final and final were originally scheduled to be played on 18th July but since been postponed due to the temporary closure of all the Club's sporting facilities. Good news is that they have now been rescheduled to play on 26th October and we will report the results in the next edition of Oasis.

## HKLBA National Championship - Finals Day



After multiple postponements, the long-awaited Finals Day of the HKLBA National Championship 2019 was successfully held at USRC on 25th June.

To minimise any potential cause of spreading the coronavirus, the HKLBA decided to play the Finals behind closed doors. However, they have arranged to live stream three popular matches on YouTube for the enjoyment of the bowling community and general public.



The weather was perfect and some gazebos were set up to provide shade for our members to watch the games live in comfort. It would be unbearable without them watching in such a blistering heat.



It is worth noting that we received a lot of praise for the good condition of our green. All in all, it was a pleasant and exciting day enjoyed by all.

## Reciprocal Friendly Game at HKCC



For various reasons, the reciprocal friendly game with HKCC had been delayed for over a year. It was finally held on 4th July. The weather was fine and sunny with blustery wind on top of the Wong Nai Chung Gap Road. We were surprised to find that the green was exceptionally heavy even by the home players' standard.



Souvenir presentation to the HKCC Team



Four rounds of 6 ends each were played with a refreshment break in the middle. At the end of the day, prizes were given to the best team of USRC & HKCC.

We are already talking about next year's friendly game.



### Best USRC Team:

Clara

Roger

David

Josiah

## Women National Pairs 2020

Since the last issue, the two USRC women teams won two more rounds and advanced to the Semi-Finals of National Pairs Competition on 28th June at KBGC.



Irene Leung & Elise Lo



Ann Lam & Cindy Robinson

Unfortunately, they were not able to go one step further to compete in the Final. Never mind, keep trying is our motto.

## Premier League 2020

While the pandemic situation was improved in Hong Kong back in June, the government gradually relaxed some of the social distancing rules. The LCSD started to accept block bookings for public greens and the HKLBA confirmed that the Premier League 2020 shall start from 15th August.

Unfortunately, the situation has taken a turn for the worse in July with all public sports facilities were closed once again and our Club is of no exception. At the time of writing, the Premier League has been postponed until further notice. We are all itching to bowl and very much looking forward to the time that we can all once again, safely enjoying the sport of lawn bowl.

## Men Novice Singles 2020

Kelvin Lin, our Men's Captain is currently flying the flag and will represent USRC in the Men Novice Singles 2020 Final.



Wayne Wong (HKCC) vs Kelvin Lin (USRC)

Kelvin defeated Nicholas Tsang of HKCC in the semi-final held at the Club de Recreio on 8th October. He will face another HKCC player, Wayne Wong in the Final and the date is yet to be confirmed. We wish Kelvin all the best of luck in the Final and most of all enjoys the occasion.

## THIRTY MINUTE SOLO DRAW BOWLING PRACTICE

- If you have only a short time for draw bowling practise use three half tennis balls as jacks, placing two at one end three metres apart and one at the other end. Walk your mat.
- Starting at the end with the single jack, deliver two bowls to the longer jack on one hand, two to the shorter jack on the other hand.
- Put your mat in front of the shorter jack and deliver two bowls to the single jack, then move it to the back jack and send down two bowls on the other hand.
- Do this up and back four times and in less than more than 30 minutes you will have given yourself some excellent draw bowling practice.

Reference: [getagameofbowls.com](http://getagameofbowls.com)

## Charity Friendly Game 2020 with YLLBC



The Lawn Bowls Section has organised its first charity event of the year. A Charity Friendly Game with Yuen Long Bowling Club was held at the Club on 2nd & 3rd October. We played the Pairs discipline with 8 teams representing each side.



Eddie Tang, YLLBC Convenor presenting a souvenir to USRC Bowls Convenor



It was all action from 10:30am on Day 1. Each game was played over 10 ends or within a time limit of 90 minutes. Based on the first-round results, teams were divided to play in the Cup & Plate sections after lunch.





8 teams were eliminated from Day 1 with the last 8 competing on Day 2 for the glory and cash prizes.



Light refreshment was served during tea break so that players can re-energise before the finale.



It was the Home teams who dominated the Cup competition (probably due to the home green advantage) and picked up the top three prizes. However, it was great to have a YLLBC team came top in the Plate competition. Everyone was happy!

## Prize Presentation

### Cup Winners



### Plate Winners



We aimed to raise at least \$2,000 for our chosen charity, ImpactHK through this game but to our surprise and great delight, all the winners donated their prize monies to the charity fund. In the end, it was YLLBC who put the icing on the cake by donating an extra \$2,000 to the charity. With all the support that we had, the LBS has managed to raise a total of \$5,200 from this event.



Thank you ALL for your generosity and support!

# Rugby News

**Nigel Mattravers**  
Rugby Convenor



During the short off-season we have taken the time to implement a little restructuring USRC Tigers and are pleased to announce and welcome back two old but new Tigers back to the fold.

Firstly Rowan Varty comes back to our Men's Premiership coaching team for 2020-21 season to assist alongside attack coach Casey Stone and head coach Sam Hocking.



Rowan "I first played mini rugby for Kai Tai Tigers u12s. It was my first rugby club and it later became DeA Tigers. I played all the way through the age groups and up to the seniors, and I was lucky enough to captain the club for a few seasons."

"It's great to now be back and it very much feels like part of a family I never left, especially given that so many of the people involved in the club are still around."

"After retiring from playing I had a little time away from rugby, which was much needed after doing back to back 7s and 15s seasons for club and HK for about 13 years! I'm now really looking forward to being part of the community again. It'll be special having a coaching team made up of guys who played for the club. Ultimately I'm looking forward to helping Tigers perform at the highest level that we can."

The second player returning to Tigers is Ben Ho who will join men's development coaching team for 2020-21 season.



Ben "I started playing for Tigers in 1998 at U14 since then I stayed in the club throughout my whole playing career, Youth to Men's Premiership."

"After a couple of years of performance coaching, I would like to reposition myself and focus more on development, nothing better than coming back to where I've grown up and help my mother club."


"After 3 seasons coaching ladies, I'm excited to get back into men's, allowing me to coach and play with the players. I hope to use my playing and coaching experience to help the players to build a solid foundation so they can have the capability to play higher level rugby."

"My ultimate goal for the season is to win the league and grand champs."

Tigers are extremely pleased to have both Ben and Rowan return and add to the culture and the values that we strive to deliver. Both coaches return better from their time away and we look forward to the success that comes in their returning.

As the season moves closer and the pandemic becomes manageable we will be announcing a few new signings that we hope will boost our 1st team results this season. More news coming soon!

As we continue to deal with the turmoil that Covid-19 has created we've created another home workout for members of all ages, so if you're up for the challenge try our very own Wonder Women workout.



### Wonder Woman

- Split squats
- Single arm medicine ball push-up (or with any weighted object)
- Reverse lunges
- Single leg squat hold
- Single leg bodyweight straight leg deadlift
- Single leg glute bridge on chair
- Side plank (L)
- Side plank (R)

40 sec on (Single leg split time i.e. 20 sec each leg)  
30 sec off  
3-5 circuits  
2 min recovery between each circuit

If you have any questions about upcoming activities or programs please don't hesitate to contact us at [rugby@tigersportslimited.com](mailto:rugby@tigersportslimited.com).



# Squash News

**Colman Ng**  
Squash Convenor



## Closure of Squash Facilities

With the third wave of Covid-19 pandemic outbreak, all USRC sports facilities, including squash courts, were closed again as from 15 July. As a result, our ongoing Club Tournament competitions and junior training programme have been put on hold. With no improvement to the pandemic in sight, our annual dinner and prize presentation ceremony has to be postponed until further notice. Our Section AGM planned to be held in early September also has to be postponed until the gathering restrictions imposed by the government are to be lifted. Consequent upon the closure of all sports facilities and the uncertainty caused by the pandemic outbreak, the HK Squash has also cancelled the Summer League and suspended the entry applications for the HK Squash League 2020/21, indicating that the Main League matches would not commence in October as per normal practice. To mitigate the further spread of the virus all territory-wide sports activities came to a standstill.

Before the closure of the squash courts in mid-July, our annual Club Tournament competitions kicked off on 20 June. To mark the occasion, we organized an afternoon squash gathering-cum-competition on that day with light refreshments provided. However, the tournament competitions, which was planned to take place from June to August, had to be truncated due to the third wave of the pandemic outbreak that called for the closure of the squash courts with a number of matches yet to be played. After another period of closure, the squash facilities were reopened on 11 September. However, at the time of writing, it is still uncertain if and when the remaining matches of the tournament would ever resume given the gathering restrictions are still in place.



Members making the most of the squash facilities before their closure on 15 July 2020

Members celebrating the reopening of squash courts and kick-off of Club Tournament competitions

## Junior Squash Training

Since the relaunch of the junior training programme at the end of May, it has proved to be incredibly popular amongst our junior members, who were mostly kept away from schools in the wake of what was then sporadic Covid-19 cases. On one occasion, we had a total of 9 junior players took part in one of the training sessions. Given the very good response, 4 of our squash members, Amos, Chris, Kermit and Rajesh, volunteered to conduct the training sessions. Again, despite its popularity, the training programme had to be suspended since early July due to the third wave of the pandemic outbreak. It is hoped that the training programme would resume after the courts reopen.



Junior training in progress



## Squash Ball Machine

To provide enhanced training to our players and to promote the development of young squash players, we have sought expert advice from qualified coaches and gleaned from the experience of training facilities of other sports clubs for the procurement of a squash ball machine. With the approval of the GC, a squash ball machine was procured and delivered in September. The squash ball machine is known to be effective in improving the accuracy of shots with much greater precision and finesse. With the ball machine properly setup, any shots from different angles, tempo and speed can easily be practised repeatedly till perfection. Due to the accuracy and consistency of every shot fired, the machine offers invaluable training to strengthen technique and overcome weaknesses through repeated practice. While the ball machine offers convenient self-training practice, it is however not intended to be a complete substitute for in-person coaching sessions.



Squash coach, Illyas Gull, demonstrating the use of the squash ball machine



# Tennis News

**Cindy Fung**  
Tennis Convenor



## The Convenor

Due to Covid-19 in the first half of 2020, most of the club activities were unable to take place. Luckily the Tennis Section AGM was successfully held in June. I would like to thank you all for your support, and I am honoured to become the new convenor of the tennis sub-committee. All Sub-Committee members and I will strive for the best interests of our section members in a fair and transparent manner and to provide a happy and safe environment for us to enjoy playing tennis in.

That said, annual activities and plans for continued improvement of tennis facilities were devised at meetings held in June and September. All courts were examined for repair and maintenance and a new coach was also recruited among other action items that were listed out on the minutes for implementation during the period of social distancing measures.

In early September, HKTA confirmed to go ahead for the Winter League due to relaxation of the social distancing measures. The clubhouse became vibrant again as courts were reopened for team practices and social matches. In addition, a 'Happy Tennis' tournament and a charity based 'Interclub Tennis Tournament' were announced to be held in October and December. Please check out for details on the notice board of the tennis section.

In closing, I hope that the epidemic will be over soon and we may see each other more often at the club. Till then, stay safe and stay healthy!

**Cindy Fung**

## The Sub-Committee

Joining Cindy, 6 other section members are comprising the Sub-Committee. They are Katy Chan, Maide Sun, Martin Li, Ken Chan, Thomas Lee and Alfred Cheng. Constructive suggestions for improvements and proactive participation from all section members are highly welcome. **'Unity makes us happy'!**

## New Coach

A warm welcome to our new coach Sam Lam. Sam started playing tennis in the school team when he was in his teens. He has been an active player in HKTA's league matches and other open tournaments. His accomplishments include 2019-20 Summer League A+ Playoff; 2015 and 2018 Summer League and 2018 Winter League A Champions; 2014, 2016 and 2019 Prudential HK Tennis Championships Men's Double Semi-Final and 2018 SCAA Mix Double Semi Final, among others.



Sam holds HKTA Level 1 and USPTA Professional 3 coach certificates and has been coaching at the HKTA and the Kowloon Tong Club since 2013. Being an active player and seasoned trainer, Sam will be able to help league players improve techniques and nurture more new players to enjoy the sport in the club. We are pleased to have Sam on board as the house coach.

Kindly refer to the leaflet posted on the notice board, or contact reception to learn more details.

## Winter League, 2020

There are 6 teams representing USRC to play in the upcoming Winter League held by the Hong Kong Tennis Association. Registered teams and captains are listed as follows:

Ladies' A+: Jenny Chu

Ladies' A: Katy Chan

Men's A: Ken Chan

Men's C1: Dilip Shah

Men's C2: Brian Ho

Men's D: Kenneth Chiu

The first round of Winter League matches was kicked off in the week of October 5th-9th. Congratulations go to the Ladies' A+ and Men's C1 for winning 8-1 and 7-2 respectively, and hard luck for other teams in the first round of matches. Best wishes to all our teams in the upcoming matches!



Ladies Team + vs. Club De Recreio

## Notables

- League players have to register to become tennis section members and pay a levy fee of HKD20;
- Team uniforms are ready for collection;
- Check out details for 'Happy Tennis' and the newly added '130+ Doubles' tournaments on the notice board;
- Court 3 had been fully renovated and was reopened in early October;
- Book and cancel courts in compliance with the rules stipulated in the bye-laws;
- Keep the courts clean and tidy after playing as a courtesy for others.



New Surface on Court 3

COACH CORNER

# COACH SAM



*An All-Round Tennis Coach, Trainer and Mentor of Players  
Current A+Tennis Player & Active in HK Tennis League*

License: HKTA Level 1 & USPTA Pro 3

Lesson fee:

1 on 1: \$600/h

1 on 2: \$650/h

1 on 3: \$700/h

Mobile: 6371 3132



It's Time for ME  
to Provide You A  
Comprehensive  
and Professional  
Tennis Training!

Tennis  
brings you  
a positive  
life with  
positive  
vibes.



United Services Recreation Club  
Hong Kong - Since 1941



# Cricket News

by Ahmed Saleem  
Cricket Convenor



It has been an unfortunate year with sporting activities being halted for most of this year. As a result of the COVID-19 outbreak and the emergency measures put in place by the HKSAR Government and Cricket Hong Kong, cricket was halted since February this year.

We appreciate the efforts of all parties involved, trying to improve the situation in Hong Kong and finally, we are delighted to announce that Cricket has begun and USRC has been in action since the end of September 2020.

Our junior teams have achieved some great results. The U13 Team did exceptionally well on 10 October, winning by 40 runs against India Club. The star players of this match were Hriday Gidwani smashing 40 runs and Usman Shahid taking 2 wickets for 10 runs.



Our U17 Team has had some fabulous victories. They played against Lantau Cricket Club on 4 October and won by 13 runs in a nail-biting finish. The star players of this match were George Carrell and Nadeem Khan, each getting 2 wickets. They played their next match against Discovery Bay Smashers Black U17 on 10 October at the new Kam Tin ground, launched by Cricket Hong Kong, and won by 42 runs. The star players of this match were Manu Mishra who took 5 wickets for 24 runs and Muhammad Sardar who made 40 runs.

While the Junior League has started with fantastic results, we are waiting to start our Senior Women's and Men's League soon. The cricket season is scheduled to continue, with all leagues starting in full force.

In the meantime, we extend our invitation to all USRC members to join our Cricket Programme. USRC has been given Premier Club status, allowing it to participate in Cricket Hong Kong's Premier League with the top 5 clubs in Hong Kong. We field teams in junior leagues (U11, U13, U15 and U17), Women's League and Senior Men's League.

Our training is run by Ilyas Gull, Imran Arif, Shahid Wasif and Kashif Shams, catering to the needs of all ages. We have extensive training facilities for members to join in. We have one of the best set-ups for Junior Cricket and have the best training set-ups for kids looking to start the game of Cricket!

If you wish to join our teams, please do not hesitate to contact Kashif Shams ([kashifshams74@hotmail.com](mailto:kashifshams74@hotmail.com)) or Ilyas Gull ([sportsofficer@usrc.org.hk](mailto:sportsofficer@usrc.org.hk)). We look forward to welcoming members of our teams for all ages.



# Bridge News

**Mimi Wong**  
Bridge Convenor



## Dragon Boat Bridge

On 25th June, the Bridge Section organised a special 32-boards duplicate game playing for four hours from 1:30pm. The game lasted an hour longer than our usual weekly game as it was held on the Dragon Boat Festival, a holiday for most of our participants. Though it seemed the players were attached to the tables for such long time with no physical mobility, the mind sport had kept their brains and spirits vivid and active. The game was held under a competitive and friendly atmosphere.

Results for the first three positions:

Pos	Pair	Player	Total VPs
1	6	Henry L and Raymond M	59
2	8	KP Tam and Leo K	56
3	4	NF tsao and Herman H	54



## Dragon Boat Dinner

After the game, players participated in a barbecue dinner. Thank you David Cheung for volunteering to be the chef of the evening. Food was delicious and we all had a great social time with the Bridge Section members and their family members, celebrating the Festival together.



## Regular activities

- Wednesday – Tutoring
- Thursday – Duplicate
- Saturday – Social game

## Wednesday tutoring

Lesson topics covered including:

- Jacoby 2NT
- Roman Keycard Blackwood
- Control Cuebid

## Thursday duplicate

Due to social distancing restrictions, number of tables held for Thursday duplicate was only limited to five tables. For this reason, there was a reduction of the number of players. However, the participants were particularly enjoying themselves with the quiet, intimate and friendly atmosphere.



### **Saturday social bridge**

Saturday social games are always the highlight of our weekly bridge activities.

Further to the introduction of computer generated hand programming using 'BIGHAND' generator, our players have got themselves acquainted with scoring system, the 'Bridge Scorer' which is similar to the English Bridge Union scoring system. The program allows players to operate electronic tablets and send real time results to the main server. It is a very cost effective and user friendly system.

The games continue to run as supervised sessions with mentors present to assist players when in need. These are conducted under a fun and social atmosphere, an alternative choice beside playing competitive duplicate games.

### **Keep in touch**

Bridge is a great way to keep your mind agile, while making new, like-minded friends. It's also hugely rewarding to learn, whether socially or competitively.

If you would like to learn playing bridge or meet up for a social game, please contact the Convenor at WhatsApp 9120 3789 or email [usrbridge@gmail.com](mailto:usrbridge@gmail.com)

1. Eric Clapton, Ginger Baker and Jack Bruce formed which group?

- ☐ Cream
- ☐ Herman's Hermits
- ☐ Rolling Stones
- ☐ The Yardbirds

2. The Four Tops had only one British No 1. What was it?

- ☐ I Can't Help Myself (Sugar Pie, Honey Bunch)
- ☐ It's The Same Old Song
- ☐ Reach Out I'll Be There
- ☐ Standing In The Shadows Of Love

3. Who wrote the book *The Hitch Hiker's Guide to the Galaxy*?

- ☐ Douglas Adams
- ☐ Isaac Asimov
- ☐ Neil Gaiman
- ☐ Terry Pratchett

4. Adnams brewery is located in which county?

- ☐ Avon
- ☐ Essex
- ☐ London
- ☐ Suffolk

5. Which piece of furniture is Benjamin Franklin credited with creating?

- ☐ Cot
- ☐ Eames chair
- ☐ Rocking chair
- ☐ Reclining chair

6. Holby City is a spin-off from which medical drama?

- ☐ Angels
- ☐ Casualty
- ☐ ER
- ☐ Grey's Anatomy

7. Which hour did Cropper and Pickett write about?

- ☐ Daybreak
- ☐ Longest
- ☐ Midnight
- ☐ Shortest

8. Who was queen of the Roman Gods?

- ☐ Hera
- ☐ Juno
- ☐ Mars
- ☐ Uni

9. Henry Cecil is associated with which sport?

- ☐ Boxing
- ☐ Formula 1
- ☐ Horse racing
- ☐ Rugby

10. In which country did judo develop?

- ☐ China
- ☐ India
- ☐ Japan
- ☐ South Korea

Submit your answer to the Club or fax 2724 0949 on or before Sunday, 6<sup>th</sup> December 2020. All correct entries will be placed into a draw. The Winner will receive 3 Courses Set Lunch for two person at Gascoigne Room. Good Luck!

Name: \_\_\_\_\_ Membership No: \_\_\_\_\_  
Contact Tel No: \_\_\_\_\_ Email: \_\_\_\_\_

*\*Please note only one entry will be accepted per Membership*



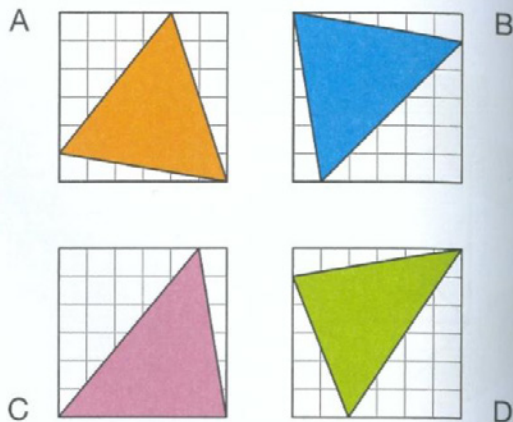
July & Aug Quiz drawn by  
Dette



Congratulations to July & Aug  
Quiz Winner Mr. Chan

# Three-Minute Puzzles

## Inscribed Triangle



Which triangle has an area exactly half that of the area of the square within which it is inscribed?

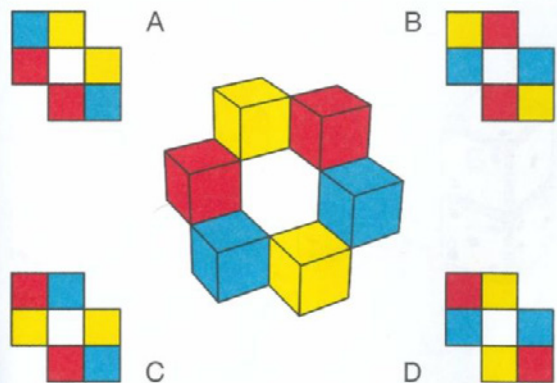
A

B

C

D

## Ring Views



The 3-D shape consists of six colored cubes. Only one of the four 2-D views of the shape is correct. Which one?

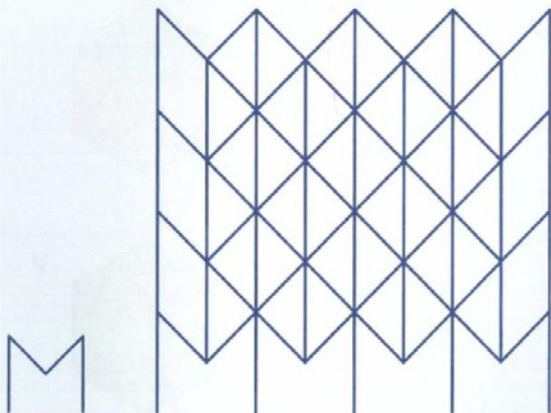
A

B

C

D

## M Counter



How many M's exactly similar to the small one shown can be found in the pattern? M's may be rotated or proportionally resized.

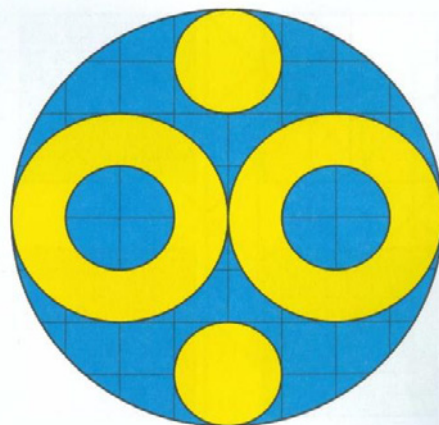
54

60

66

72

## Circular Colors



In the shape above, which is greater: the total dark area or the total light area (or are they equal)?

Light

Dark

Equal

Submit your answer to the Club reception on or before 6<sup>th</sup> December 2020. All correct entries will receive a FREE SMOOTHIE\*

Name: \_\_\_\_\_ Membership No: \_\_\_\_\_

Contact No: \_\_\_\_\_ Email: \_\_\_\_\_

\*Please note only one entry will be accepted per membership

# The Manila House



Manila House is a private club (by invitation only) that will bring together a membership selected from the business, creative, cultural, and intellectual communities—an assemblage of people who gather together, drawn by shared interests and a longing to continuously learn about art, culture, food, business, and politics, and from the diversity of its members.

Manila House, located at Bonifacio Global City, is the newest private club that brings together selected members of Philippine society.

Like its predecessors, it requires hefty fees – a founding member has to make a one-time payment of P250,000 and P2,000 monthly, for instance. This gives him or her access to the Manila House's facilities, which include restaurants, bars, and function rooms.

But not everyone gets the opportunity to sign up and pay as he or she needs to be invited by an existing member.

To date, Manila House has only around 600 members, according to one of the club's staff. Each member can bring his or her guests here for a quick meal or get-together, or even a grand celebration.

Taking photos at Manila House was banned – to be consistent with the club's "exclusive image" – until a few months ago. Today, members can share snippets of their experience as long as they do not include the other private diners in the background.

You can't just show up. You need to be invited by a member. And becoming a member costs somewhere in the six-figure range. This is the only way a civilian gets into the ultra-exclusive halls of Manila House.

Privacy and hopefully, discretion, are what Manila House offers. A welcome reprieve from the prying, judging eyes of the public where the wealthy and successful can be themselves amongst their own. If you're whizzing by the 5th Avenue entrance, you'd never know it was there. No signage, not even a monogram. The only hint is the idle, chauffeured luxury cars awaiting their owners. Inside, smiling receptionists usher you towards the elevator, taking you directly to the eighth floor. Designed by Gert Voortjans, Manila House encompasses more than 5,000 square meters of prime NetPark property, converted into a sprawling space which has been tastefully decorated with fun tapestries and in an ornate tropical-colonial style.

The clubhouses several dining establishments and bars, of which only a handful are currently operational. The Bonifacio Lounge, its lights appropriately dimmed for dinner service. The all-day dining menu consists of a selection of continental and local dishes—fare you would normally find in your country club, but noticeably sexed up to match art.

Great for aperitifs, even better outside in their alfresco bar where you can enjoy a view of BGC available only to a select few.

All in all, Manila House occupies a prime location in the heart of BGC, in a space that sprawls over 2,385 square metres, surrounded by another 3,000 square metres of garden. The club has its private lobby and entrance. Within this expansive space, Manila House offers a myriad of dining experiences; cool bars—one indoor and the other on the outdoor deck—and a dedicated cigar-and whisky room.



## List of Reciprocal Clubs

COUNTRY	CITY	CLUB NAME	COUNTRY	CITY	CLUB NAME
<b>AUSTRALIA</b>	Adelaide	Naval, Military & Air Force Club of South Australia	<b>NEW ZEALAND</b>	Auckland	The Northern Club
	Brisbane	United Service Club		Dunedin	The Dunedin Club
	Canberra	Canberra Club		Napier	The Hawkes Bay Club
	Melbourne	The Kelvin Club Kooyong Lawn Tennis Club Royal Automobile Club of Victoria Royal South Yarra Lawn Tennis Club		Wellington	Wellesley Boutique Hotel The Wellington Club
	Sydney	The Royal Exchange of Sydney Royal Automobile Club of Australia	<b>PHILIPPINES</b>	Baguio City	Baguio Country Club
<b>BELGIUM</b>	Brussels	Royal International Club Chateau Sainte-Anne		Cebu City	City Sports Club Cebu
	Gent	International Club of Flanders		<b>Manila</b>	<b>Manila House</b>
<b>BRAZIL</b>	Rio De Janeiro	Clube Americano Do Rio De Janeiro	<b>PORTUGAL</b>	Lisbon	Gremio Literario
<b>CANADA</b>	Vancouver	Hollyburn Country Club Jericho Tennis Club Terminal City Club		Oporto	Oporto Cricket & Lawn Tennis Club
	Victoria	Union Club of British Columbia	<b>SINGAPORE</b>		Camden Park Hollandse Club Orchid Country Club Singapore Ceylon Sports Club The Chinese Swimming Club
<b>CHINA</b>	Taipei	American Club	<b>SOUTH AFRICA</b>	Cape Town	Cape Town Club
<b>FRANCE</b>	Paris	Saint James Paris		Durban	Durban Club
<b>GERMANY</b>	Berlin	International Club Berlin		Grahamstown	Albany Club
	Frankfurt	Union International Club	<b>SPAIN</b>	Barcelona	Círculo Equestre
<b>INDIA</b>	Ahmedabad	Karnavati Club		Bilbao	Sociedad Bilbaina
	Bangalore	Greenacres Country Resort	<b>SWEDEN</b>	Stockholm	Military Club of Stockholm
	Cochin	International Club	<b>THAILAND</b>	Bangkok	The Bangkok Club The British Club
	Jaipur	Jaipur Riding and Polo Club	<b>TRINIDAD</b>	Port of Spain	Trinidad Union Club
	Jodhpur	Umed Club	<b>UK-ENGLAND</b>	Bath	The Bath & County Club
	Kerala	Sri Mulam Club		London	The Army & Navy Club Carlton Club Naval & Military Club Royal Air Force Club St. James Hotel and Club Mayfair The Lansdowne Club The Walbrook Club
	Mumbai	Golden Swan Country Club Royal Bombay Yacht Club The Bombay Presidency Radio Club The Umbergaon Club	<b>UK-N.IRELAND</b>	Belfast	The Ulster Reform Club
	Pune	Residency Club	<b>UK-SCOTLAND</b>	Aberdeen Edinburgh	The Royal Northern and University Club The New Club The Royal Scots Club
<b>INDONESIA</b>	Medan	The Exchange Club	<b>U.S.A.</b>	Bellevue	Bellevue Club
<b>IRELAND</b>	Dublin	The Stephen's Green Hibernian Club		Berkeley	The Berkeley City Club
<b>JAPAN</b>	Kobe	Kobe Club		Cincinnati	Cincinnati Athletic Club
<b>KENYA</b>	Nairobi	Nairobi Safari Club		Kansas	The Kansas City Club
	Mombasa	Mombasa Club		New Haven	New Haven Lawn Club
<b>LUXEMBOURG</b>		Cercle Munster		New York	The Cornell Club Princeton Club The Williams Club
<b>MALAYSIA</b>	Ipoh	Royal Ipoh Club		Philadelphia	The Racquet Club of Philadelphia
	Johor	Segamat Country Club		Portland	University Club of Portland
	Kuala Lumpur	Royal Commonwealth Society		San Francisco	The Marines' Memorial Club & Hotel
	Penang	Penang Club		Santa Barbara	Santa Barbara Club University Club of Santa Barbara
	Port Dickson	Royal Port Dickson Yacht Club		Seattle	The Rainier Club
<b>MEXICO</b>	Sabah	Sandakan Yacht Club The Tawau Yacht Club		Washington DC	The Army & Navy Club
	Guadalajara	University Club de Guadalajara El Palomar Country Club			
	Mexico City	The University Club of Mexico			

Clubs in bold are recently added clubs to our reciprocal list



# Instagram

*Follow us on Instagram  
for the latest news and  
events*

 *usrc\_1911*