

# OASIS

November-December 2021

Your *oasis* — a place where you can find tranquillity and sustenance  
USRC Members' Bi-monthly Magazine







United Services Recreation Club  
Hong Kong's Best Kept Secret

# Special Staycation Package Promotion

We are pleased to present you with our irresistible  
Staycation Package

## Special Staycation Package rates:

- **ONLY HK\$688 (room per night)**

## Plus exclusive privileges:

- **Daily breakfast at the Garden Cafe (8:00am-11:00am)**
- **Wi-Fi available in guest room and public area of the Club**
- **Use of Club facilities**



## Terms and Conditions:

- Offers are valid from **1 September until 30 November 2021.**
- Promotion applies to bookings that were made between 1 Sept and 29 Nov 2021.
- Room rates are per room per night basis.
- Offers are applicable for new booking only and the options have to be confirmed upon making reservation.
- Packages are subject to room availability, advance reservation is required.
- Offers cannot be used in conjunction with any other discount and promotional offer.



**Contact room reservations for your stay  
at 3966 8600 / 3966 8678 or email : [rooms@usrc.org.hk](mailto:rooms@usrc.org.hk)**



1 Gascoigne Road, King's Park,  
Kowloon, Hong Kong.  
Tel: 3966 8600/8611  
Fax: 2724 0949  
Email: info@usrc.org.hk  
www.usrc.org.hk

### General Committee

**Chairman** Patrick P. T. Cheung, BBS  
Email: chairman@usrc.org.hk

**Treasurer** K.C. Ng  
Email: treasurer@usrc.org.hk

**Membership Director** Gregory Sutcliffe

**Projects & Security Director** Joshua Schroeder

**Sports Director** Thomas Lee

**Grounds, Environment & Community Director** Viveka Mansukhani

### Membership Sub-committee

Gregory Sutcliffe K.C. Ng  
Lily Tam Joanne Martin  
Viveka Mansukhani Nigel Mattravers  
Brian Schroeder

### Disciplinary Sub-committee

K.C. Ng Eric Heung  
Viveka Mansukhani Gregory Sutcliffe  
Brian McArdle

### Sports Convenors

**Bridge** Mimi Wong  
**Cricket** Ahmed Saleem  
**Football** Laurence Rudge  
**Lawn Bowls** Annie Yeung  
**Rugby** Nigel Mattravers  
**Squash** Chung Leung  
**Tennis** Eric Tai

### Management Team

**General Manager** Noel Burns  
Tel: 3966 8600 Email: gmoffice@usrc.org.hk  
**Executive Secretary** Irene Law  
Tel: 3966 8669 Email: gmsec@usrc.org.hk  
**Acting Financial Controller** Sue Chan  
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**Facilities & Maintenance Manager** Ivan Lui  
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**Membership & Administrative**  
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Tel: 3966 8652 Email: fbm@usrc.org.hk  
**Catering Manager** Ken Kan  
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**Assistant Banquet Sales Manager** Nike Lau  
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### Advertising & Editorial

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## CHAIRMAN'S MESSAGE

*Dear Fellow Members,*

The final quarter of 2021 is underway with Christmas and New Year being around the corner. As Members may have suffered from home fatigue due to obvious reasons these days, the Club has been a "safe haven" and is expected to be very busy catering for over-subscribed year-end functions and activities. So when planning your private or social banqueting and take-away orders during this festive season, please keep the excellent services of the USRC in mind and make early bookings to avoid last-minute disappointment. Full details of official events and booking arrangements can be found in this digital version of 'Oasis' or the weekly 'News & Views'.

To improve existing facilities and address stress areas around the Club, our Project team is working diligently on the erection of a BBQ venue by the poolside terrace. With the onset of the gorgeous and cool autumn weather – which seems to be getting rarer locally due to climate change as claimed, this new outdoor party site will prove to be popular and help ease Members heavy demand for private gatherings. Additionally, for enhancement of the intangible core value and desirable outlook of the Club, the General Committee (GC) has consented in principle to prioritize the renovation of the lobby, reception and its adjacent areas. Consultancy proposals through tendering are being invited and concept designs are currently being considered for adoption.

While maintaining a relatively affluent coffer in our cash reserves for future renovation and development, the GC has decided to raise the entrance fee for Full Ordinary and Legacy Membership by 25% effective 1 January 2022. On par with previous, for those who are already on the waitlists, options are offered for them to secure charges at prevailing rates as and when their application is approved upon lodgement of a non-refundable deposit before the deadline, or choose to pay the increased rates whenever their admission is successful. The revision is considered justifiable and timely and in line with hikes imposed by other clubs of similar standing in Hong Kong. The Membership Director, in conjunction with the General Office, will announce details in due course.

The annual budget compilation for 2022 has been embarked upon by the Treasurer and the Management. In light of the recent significant inflation inflicted on nearly all commodity prices, especially food items, coupled with high staff turnover due to rapid recovery of the hospitality markets, upward adjustment of our long-frozen F&B prices, hopefully moderately at a reasonable level, is seen as inevitable.

On behalf of the GC, may we wish you a healthy and Merry Christmas and a prosperous New Year. Looking forward to seeing you at the Club!

*Patrick Cheung*  
Chairman



### 親愛的會員：

2021年不知不覺間來到最後一季，意味聖誕與新年已近在咫尺，若您已厭倦因疫情或其他因素長期在家的平淡乏味，別忘記三軍會是您寧靜恬然的避世桃源，也請大家期待，反應預計相當熱烈的各項年終活動。聖誕佳節，無論是私人聚會式社交宴會，我們優質服務是您必然之選，為免餐飲服務向隅，請提早預訂。有關本會活動或服務預訂安排請參閱今期Oasis網上雜誌或周刊News and Views了解。

為了改善現有設施並舒緩三軍會旁邊範圍的道路壓力，本會團隊正竭力在池畔露台搭建燒烤場地。氣候改變，秋風送爽的時間已買少見少，這個新的戶外聚會場所相當受會員歡迎，可以舒緩會員對私人聚會的強大需求。另一方面，為提升俱樂部核心價值和未來發展前景，執委會原則上同意優先翻新會所大堂、接待處及鄰近區域。目前正通過招標收集諮詢建議，亦正在構思設計。

除此以外，為了未來翻新計劃，及保持相對充裕現金儲備，常務委員會落實調高Ordinary會員和Legacy申請人的入會費，調高幅度為25%，於2022年1月1日起生效。已在輪候冊內名單的申請人，可以選擇在限期前繳交不獲發還的按金，成為會員後按舊收費入會，如沒有在限期內繳交訂金的申請人，將收取新訂的入會費。我們認為調整收費是適時及合理的做法，與本港其他類型會所的措施相近。常務委員會及會員部董事將適時公佈詳情。

最後，我僅代表執委會，預祝大家有個快樂安康的聖誕節，新年進步！一如以往，三軍會等待您的蒞臨！

張伯陶  
主席



## Employee of the Month - September

Tsoi Hung I – Senior Cleaner



## Employee of the Month - October

C.K. Lee – Senior Receptionist



## USRC CHRISTMAS CHARITY EVENT

**Gift/Toy donation to Queen Elizabeth Hospital  
Your gift will definitely make a difference!**



The USRC is once again coordinating with the children's ward of the Queen Elizabeth Hospital to donate new toys to children who are not able to be at home during Christmas. The toys and gifts will surely bring joy and happiness to them.

To ensure the toys are suitable for each child, please clearly mark if it is for a boy or a girl and the age group.

Gifts are to be placed in the box at Reception from the 15<sup>th</sup> November to 19<sup>th</sup> December.

## MEMBERSHIP

### New Members

Extending a warm welcome to members who joined the Club in July, August, September and October.

Stefanie Chu	Po Yee Ho
Patrick Lau	Wan Yee Hui
Michelle Lin	Henry Lee
Jaimee Mo	Eva Chau
Pankanj Paryani	Rachel Edjan
William McGoldrick	K. T. Law
Lai Lok Chung	Roger Ng
Shun Wah Hong	Sam Tang

### Member Profile Update

We need to make sure we have accurate contact details so we can share the important 'News from the Club' with you, such as F&B promotions, Club events and activities.

- Have you registered all your children with the Club, including new additions?
- Have you updated your mailing address?
- Have we had your email address and contact number?
- Have you set up the Direct Debit to for monthly statement?

To update your membership profile, please contact reception or email the Membership Department at [membership2@usrc.org.hk](mailto:membership2@usrc.org.hk)

## Important Updates – Absent Life Membership

### Return resides in Hong Kong

- Absent Life Status Member returns to Hong Kong reside, the Absent Life Membership will terminate with immediate effect and the regular monthly subscriptions will become due and payable.
- If an Absent Life Member, having returned to reside in Hong Kong intends to reside overseas again, he may apply to do so. A fee for this application may be charged at the discretion of the General Committee.
- Absent Life Membership having returned to reside in Hong Kong and resumed his membership with USRC, is seen to be a fresh Ordinary Member of the Club, and he intends to re-apply for Absent Life Membership next time, his application will only be accepted and considered after two years have lapsed from the date of his last resumption of Ordinary Membership. His application for Absent Life Membership each time is also subject to an Administration Fee imposed to be decided by the General Committee.

### Temporary visit to Hong Kong

- An Absent Member who temporarily visits Hong Kong may, once in every twelve (12) months period, reactivate his/her membership for not more than fourteen (14) days subject to notice in writing to the Club and the payment in advance of the monthly subscription held by such Absent Member. The twelve (12) months period commences from the day on which an Absent Member returns to Hong Kong. An Absent Member who wishes to reactivate his membership temporarily for a period longer than fourteen (14) days on such visit to Hong Kong, or for a second or subsequent occasion within the same twelve (12) months period, may apply in writing to the Club for approval. No application for temporary reactivation of membership for a period longer than ninety (90) days, or where the aggregate number of days of temporary reactivations is more than ninety (90) days within a period of twelve (12) months, will be accepted. Should the Absent Member exceed the ninety (90) days, their Membership status automatically becomes active and they are liable to pay the current monthly subscription fee.
- Upon approval of such application, the Absent Member is required to pay the monthly subscription applicable within two (2) days of reactivation of their Membership.
- If the Absent Member fails to settle such payment, the application shall be deemed to have been declined and the Absent Member's status shall be dealt with in accordance with Articles and Association of the Club.



*Dear Member,*

Time flies! The holiday season comes again. It is time for us to prepare for the annual celebration of Christmas and the New Year.

While the last two years proved to be perhaps the city's greatest challenge in its history, overall the city coped really well with the pandemic, resulting in the Club pulling through relatively unscathed. We look forward to 2022 with the renewed hope we can be able to return to some sort of pre-pandemic normality.

You will have noticed some work being carried out around the Club with the upgrade of the upper poolside terrace, aviary, garden room terrace and gym. This work will be completed well before the festive break.

We have many activities planned over the final few months of the year. In November we celebrate the wonders of Japanese food with visiting guest Chef Tomiya Yu from 12th to 26th.

December is all about Christmas. Saturday the 4th we welcome back the China Coast Jazzmen for a Christmassy Jazz Evening, Friday the 10th, starting at 6pm, we have the tree lighting ceremony with complimentary pies & mulled wine, and over the Christmas period, we have the regular Christmas Buffet offerings. All details are published in this issue of 'Oasis'.

Finally, I would like to wish all members a Merry Christmas and, more important, health and happiness in the coming year!

*Noel Burns*

General Manager



**親愛的會員：**

大家好！時光飛逝，聖誕節轉眼間來臨，又是慶祝佳節與良朋歡聚的大日子。

過去兩年可謂香港史上最具挑戰的日子，惟值得欣慰的是，香港應對疫情理想，本會所受影響相對輕微。重新展望2022年，我們估計將可以某程度回復到疫情前的正常情況。

至於會內各項工程，包括：池畔平台、池畔排屋，花園宴會房平台及健身房工程，繼續如火如荼地進行，預期假期前將會完工。

過去幾個月，執委會密鑼緊鼓地籌備各項活動。打頭陣是11月12至26日，已邀請嘉賓主廚Tomiya Yu 蒞臨，推廣日本食品兼一展廚藝。

而踏入12月聖誕月，在12月4號會有中國海岸爵士樂隊演出「聖誕爵士夜」；12月10日晚上6時開始，三軍會將舉行聖誕樹亮燈儀式，屆時會提供美酒與餡餅招待會員；聖誕節期間，本會一如以往提供聖誕自助餐服務，詳情請參閱今期Oasis網上雜誌。

最後，我祝願各位有一個溫馨快樂的聖誕節，祝大家新一年身體健康，萬事如意！2022年見！

*Noel Burns*

總經



**Garden Cafe**  
**Christmas Eve Set Dinner**  
**24<sup>th</sup> December 2021**

Menu

Appetizer

**Homemade Smoked Salmon**  
*with crab roe and fish roe dressing*

Or

**Iberian Ham**  
*with fig jam, truffle honey, melon and croutons*

Or

**Baked Impossible Meatballs (V)**  
*with tomato sauce and cheese*

Soup

**Minestrone (V)**  
*with homemade pesto sauce*

Main Course

**Roasted Butterball Turkey with Trimmings**  
*with roasted potatoes and brussels sprouts*

Or

**Red Wine Braised Beef Stew**  
*with potatoes and carrots*

Or

**Portobello Mushroom Wellington (V)**

Dessert

**Warm Chocolate Pudding**

Or

**Yule Log Cake**  
*with raspberry sauce*

**Adult HK\$328, Child HK\$198 (Aged 3-11)**

**For reservations, please call ☎3966 8638**

**We apologize that there will be no a la carte on this night**

**Cancellation & No-show Policy:**

- (1) 100% full charge penalty applies if the reservation is cancelled on the day of the event.
- (2) 70% charge penalty applies if the reservation is cancelled on the day before.
- (3) 50% charge penalty applies if the reservation is cancelled 2 days before.
- (4) No penalty charge will be applied if the reservation is cancelled 3 or more days in advance.





## **Christmas Day Buffet Menu**

Friday, 25<sup>th</sup> December 2021

Garden Marquee

11:30am - 3pm

### **Chilled Juice Counter**

Apple juice, Orange juice, Pineapple juice and Soft drinks

### **Appetizers and Salads**

Smoked & gravlax salmon with capers and red onions  
Assorted Italian antipasti with olives, grilled eggplant & zucchini, marinated mushrooms  
Lobsters, Prawns, Whelks in shell, King crab legs on ice  
Caesar salad, Assorted lettuce mix, Greek salad, American potato salad, Chicken and broccoli slaw salad  
Spiralized vegetables salad with chickpeas, Mixed fruit salad with peach dressing  
Avocado dressing, Balsamic and tomato dressing, Italian dressing, Honey mustard dressing

### **Show Cooking**

Seafood soup made with short pasta, fresh squid, prawns, salmon, mussels, clams, whelks, crab meat stock and tomatoes

### **BBQ and Carving**

Whole roasted lamb with mint sauce & mint jelly, assorted mustard and gravy  
Sous vide cooked and char-grilled grass-fed sirloin steaks  
Whole roasted turkey with stuffing, chestnuts, cranberry jelly and gravy  
Honey glazed Virginia ham with pineapple, Madeira sauce  
Assorted sausages, Texas style BBQ pork ribs

### **Main Dishes**

Stir-fried coral mussels and celery in XO sauce, Crispy beef brisket  
Crispy chicken with dry chili, Deep fried pork spare ribs with preserved olives  
Tandoori salmon, Lamb saag, Chicken tikka masala  
Aloo gobi, Brussels sprouts with nutmeg  
Candied carrots with butter and glazed with brown sugar  
Parmesan and garlic roasted potatoes, Steamed rice and Garlic naan

### **Desserts**

Fresh fruit platter with watermelon, papaya, pineapple, oranges, apples  
Roasted marshmallow station, Assorted fruit tarts, Mango caramel cake, Mini donuts,  
Assorted cake, Christmas ginger bread house, Christmas stollen, Christmas pudding with brandy sauce  
Mince pies, Bread and butter pudding with cranberries and vanilla sauce, International cheese platter

Adult: HK\$ 538

Child: HK\$ 328 (Aged 3-11)

Add HK\$128 for free flow of Prosecco,  
House Wines and San Miguel Draught Beer

For reservations, please contact Ken or Nike  
Tel.: 3966 8633 or via WhatsApp 9663 7773  
or via email: [catering@usrc.org.hk](mailto:catering@usrc.org.hk)



## Christmas Set Lunch

*25<sup>th</sup> December – 27<sup>th</sup> December*

Fresh Oysters (2 pieces)

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Christmas Salad

---

Roasted Red Bell Pepper Soup

---

Roasted Butterball Turkey with Trimmings

Or

Honey Glazed Ham with Trimmings

Or

Herbs and Dijon Crusted NZ Beef Tenderloin Add HK\$58

*All main courses are served with seasonal vegetables and potatoes*

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Christmas Pudding

Coffee or Tea

HK\$398 per person

*Add HK\$128 for free flow of Prosecco, House Wines and Bottled Beers for 2 Hours*

For reservations, please call ☎3966 8650

We apologize that there will be no A la carte during this promotion.

**Cancellation & No-show Policy:**

- (1) 100% full charge penalty applies if the reservation is cancelled on the day of the event.
- (2) 70% charge penalty applies if the reservation is cancelled on the day before.
- (3) 50% charge penalty applies if the reservation is cancelled 2 days before.
- (4) No penalty charge will be applied if the reservation is cancelled 3 or more days in advance.





## Christmas Set Dinner


24<sup>th</sup> December - 26<sup>th</sup> December

Smoked duck breast and citrus salad  
*with homemade orange and pumpkin marmalade*

or


Mussels in white wine cream sauce  
*with garlic toast*

or

 Italian tomato and buffalo cheese mousse

Scallops and corn chowder  
*with bacon bits*

or

 Wild mushroom soup  
*with truffle oil*

Roasted butterball turkey with trimmings  
*with seasonal vegetables and potatoes*


or

Slow-braised beef short rib  
*with mashed potatoes*

or

Pan-fried salmon fillet  
*with linguine*

or

 Spinach risotto  
*with assorted mushrooms and cherry tomatoes*

Christmas pudding with brandy sauce

or

Cherry clafoutis  
*Coffee or Tea*

\$628 per person

For reservations, please call ☎3966 8650  
We apologize that there will be no A la carte on this night.

**Cancellation & No-show Policy:**

- (1) 100% full charge penalty applies if the reservation is cancelled on the day of the event.
- (2) 70% charge penalty applies if the reservation is cancelled on the day before.
- (3) 50% charge penalty applies if the reservation is cancelled 2 days before.
- (4) No penalty charge will be applied if the reservation is cancelled 3 or more days in advance.





## Christmas Take Away Order Form 2021

Cold Items	Weight (approx.)	Price	Quantity	Total Amount
Cold Cut Platter with Roast Beef, Apple Ham, Country Pate, Salami, Pastrami and Parma Ham	600 g	\$198		
Cheese Platter with 4 Cheeses, Grapes, Crackers and Walnuts	400 g	\$298		
Smoked Salmon with Horseradish Sauce	300 g	\$228		
Hot Items	Weight (approx.)	Price	Quantity	Total Amount
Roast Rose's Maple Glazed Ham on the Bone *Serves approx. 8-12 people	4.9 - 6.3 kg	\$198/kg		
Roast Turkey with Stuffing and Cranberry Sauce *Serves approx. 8-12 people	5 - 7 kg	\$148/kg		
Roast New Zealand Leg of Lamb	1.5 - 2 kg	\$290/kg		
Roast New Zealand Rack of Lamb	1.8 - 2 kg	\$598		
Roast Canadian Beef Sirloin	1 kg	\$495/kg		
Roast US BBQ Pork Ribs	700 g	\$198		
Hot Mains are served with Roast Potatoes, Red Cabbage, Brussels Sprouts and Gravy. ** Please note that all weights for cooked meats are raw weighted. **				
Sweet Items	Weight (approx.)	Price	Quantity	Total Amount
Mince Pie	20 g	\$16/pc		
Homemade Christmas Pudding with Brandy Sauce	300 g	\$148		
			Total Amount:	

Minimum **THREE** working days advance notice for orders, available from 1 Dec to 30 Dec 2021.

Orders must be placed before 15 Dec 2021. Orders placed after that may not be fulfilled.

Name: \_\_\_\_\_ Membership No.: \_\_\_\_\_

Contact No.: \_\_\_\_\_ (Mobile) \_\_\_\_\_ (Home)

Date of collection: \_\_\_\_\_ Time: \_\_\_\_\_

Signature: \_\_\_\_\_

Please return this form to Ms. Nike Lau via email to [catering@usrc.org.hk](mailto:catering@usrc.org.hk) or hand it to the Garden Cafe.

For inquiries, please feel free to contact Ms. Nike Lau at 3966-8633.

### For Office Use

Date of order received: \_\_\_\_\_ Reference Number issued: \_\_\_\_\_

Order confirmed on date: \_\_\_\_\_ Order confirmed by: \_\_\_\_\_

Remarks: \_\_\_\_\_



# JAZZ NIGHT

United Services Recreation Club  
Hong Kong 00000

WITH THE CHINA COAST JAZZMEN

Saturday 4<sup>th</sup> December  
6:30-10pm

COMING SOON TO USRC



Phil D (Vocals)



Roel Cabrerra (Trumpet)



Colin Aitchison  
(Trombone, Vocals, Leader)



Aki Espiritu (Tuba)



Joe Nardes (Banjo)



Benny Mot (Alto sax)



Nowel Villanueva





United Services Recreation Club  
Hong Kong - Since 1911

# USRC'S JAZZ NIGHT

DECEMBER 4 | SATURDAY 6:30 PM - 9.30PM

THE GARDEN MARQUEE

## APPETIZERS

PRAWNS WITH COCKTAIL SAUCE

PARMA HAM WITH CANTALOUPE MELON

COLD CUT PLATTER WITH BEER SAUSAGE, MUSHROOM SAUSAGE, CORNICHONS  
AND COCKTAIL ONIONS

SMOKED AND GRAVLAX SALMON WITH CAPERS, RED ONIONS & DILL HONEY  
MUSTARD SAUCE



## SALAD BAR

CAESAR SALAD, CHICKEN SALAD,

TOMATOES WITH BUFFALO MOZZARELLA AND BASIL, GREEK SALAD WITH FETA  
CHEESE AND OLIVES

CHERRY TOMATO, PEACH, SHREDDED CARROTS, SLICED MUSHROOMS, BLACK  
OLIVES

SWEET CORN, HAM, BOILED EGGS AND MIXED LETTUCE

HONEY MUSTARD DRESSING, ITALIAN DRESSING, FRENCH DRESSING AND  
THOUSAND ISLAND DRESSING



## TEXAS BBQ

BEER CAN SMOKED CHICKEN WITH BEER SAUCE

BBQ PORK RIBS WITH SMOKED BBQ SAUCE

FOR REGISTRATION, PLEASE CONTACT KEN AT 3966-8631 OR NIKE AT 3966-8633.





United Services Recreation Club  
Hong Kong - Since 1911

## ROASTS AND BBQ

ROAST PORK BELLY WITH APPLE GRAVY

ROAST LAMB SHOULDER WITH MINT SAUCE

BIG PAN - ASSORTED SAUSAGE PLATTER (KASEKRÄUTER,  
BRATWURSTSCHNECKE, MINI BERNER, ROST-BRATWURSTEL)

HOT BBQ SAUCE, PICCALILLI, PICKLES, JALAPENOS, MUSTARD, KETCHUP

## MAINS AND SIDES

SAUTÉED ASSORTED VEGETABLES, CHINESE FRIED FISH IN SWEET CORN  
SAUCE

E-FU NOODLES WITH MUSHROOMS

TANDOORI CHICKEN, CHICKEN TIKKA MASALA, SAFFRON RICE

MAC AND CHEESE, KENYA BEANS

ROASTED POTATOES WITH THYME



## DESSERTS

ASSORTED MINI CAKES, ASSORTED MINI DONUTS,  
TOFU PUDDING, COOKIES, ASSORTED MINI CAKES, ASSORTED FRESH FRUIT  
PLATTER

BREAD AND BUTTER PUDDING, APPLE CRUMBLE WITH HOT CUSTARD

PRICES: HK\$ 488 PER ADULT, HK\$ 268 PER CHILD  
INCLUSIVE OF SOFT DRINKS, ORANGE JUICE,  
SAN MIGUEL DRAUGHT, PROSECCO AND HOUSE WINES

FOR REGISTRATION, PLEASE CONTACT KEN AT 3966-8631 OR NIKE AT 3966-8633.



United Services Recreation Club  
Hong Kong - Since 1911

# WITH GUEST CHEF TOMIYA Yu

12th to 26th November 2021  
Venue: Garden Café & Gunners Bar





# Classes & Activities at the USRC

## Basketball

### Champions Basketball Hong Kong

#### Coach Ken

Tel: 9147 1217

Coach Michael

Tel: 9886 0891

## Bridge

### Mimi Wong

WhatsApp: 9120 3789

Email: usrcbridge@gmail.com

Thursday duplicate

9.30am-12.30pm

Pre-registration required

## Cricket

### Muhammad I. Gull

Tel: 9421 4741

Email: sportsofficer@usrc.org.hk

Individual Lesson (including) Beginners,

Intermediate & Advance Cricketers

\$350 per hour (member)

\$400 per hour (guests)

Group Lesson (minimum 2 to 6 persons) –

\$700 per 1 ½ hour

Team Training (minimum 2 to 6 persons) –

\$800 per 2 hours

Junior's Individual Lesson

\$300 per hour (member)

\$350 per hour (guests)

Junior's Group Lesson (minimum 2 to 4

kids) – \$600 per 1 ½ hours

Junior's Team Training (minimum 2 to 6

persons) – \$700 per 1 ½ hours

(Beginners or any age kids are welcome)

## Football

### Alan Urmston

Email: alanu@netvigator.com

Wednesday: 7:30-9:00 pm, King's Park

\$50 for 90 minutes' playing time (adult)

### Brasil Top Skills Soccer School

Website: www.brasiltopskills.com

Phone: 9815 3151

Email: info@btshk.com

## Gym Familiarisation

Contact Reception 3966 8600/611

for registration and scheduled class times

– 30 minutes per lesson

Private lesson \$100

## Lacrosse

### Coach Eric

Tel: 9603 9620

\$100 per lesson

## Personal Trainer

### Ken Hon

NASM CPT Certified Personal Trainer

Tel: 9042 4434

Email: kenhonchinghei@gmail.com

Personal Trainer 1 on 1 package

Trial Session - \$380 hour

1 Session - \$750 hour

4 Sessions - \$720 hour

12 Sessions - \$660 hour

24 Sessions - \$630 hour

52 Sessions - \$580 hour

Personal Trainer 1 on 2 package

Trail Session - \$200 hour/ per person

1 Session - \$400 hour/ per person

## Pilates

### JM Pilates Studio

Tel: 9194 5856

Email: jmpilates@yahoo.ca

Group Class lessons

USRC Members - \$198 - per lesson

Non Members Individual Lesson - \$250

10 lessons Non-members - \$2,100

Private Lessons

USRC Members - \$700 - per class

Non Members -

\$7300 - 10 lessons

\$3900 - 5 lessons

\$850 - single lesson

Semi Private Lessons (price for 2 people)

USRC Members - \$850 per lesson

Non-members - \$900 per lesson

## Playgroup

### Pearl Lam

Tel: 9499 6693

Tuesday: 9:30am

\$50 for the first child (member)

\$88 for the first child (guests)

\$35 per additional child or parent

## Squash

### Ilyas Gull

Tel: 9421 4741

Email: sportsofficer@usrc.org.hk

Adults

1. Private lesson for adult \$350 per hour

2. Group of 2 \$600 per hour

3. Group of 2-4 \$800 1½ per hrs

Juniors

1. Private lesson \$300 per hour

2. Group of 2 \$500 per hour

3. Group of 2-4 \$600 1½ per hrs



## Swimming Classes

### Eric Fung

HKSCA Level 1 Coach

Tel: 9603 9620

Email: kyfung.eric@gmail.com

Private Lesson (for members only)

1 person - \$460

2 persons - \$620

3 persons - \$780

4 persons - \$880

## Tennis

### Coach Sam

HKTA Level 1 & USPTA Pro 3

Phone: 6371 3132

1 on 1: \$600/h

1 on 2: \$650/h

1 on 3: \$700/h

### Chris Hunt

HKTA Qualified Coach, Licensed Level II.

USRC Junior Tennis Teams Captain

(Under 14s and Under 18s)

Tel: 9316 6191/ 2550 5094 (evening till

midnight)

Drop-in group lesson:

\$180 per hour per child

Saturday: 10am – 11am (beginners group)

Saturday: 11am – 1pm (intermediate group)

Thursday: 6pm – 7pm (intermediate group)

Super group lesson – by appointment only:

\$260 per hour per child

Tuesday: 5pm – 7pm (improvement class I)

Thursday: 4pm – 6pm (improvement class II)

Private lesson (for members only):

1 person – \$520, 2 persons – \$680,

3 persons – \$880, 4 persons – \$1,080,

5 persons – \$1,350, 6 persons – \$1,620

\$200 per hour per person (member)

\$250 per hour per person (guest)

## Yoga

### Sujal Mahbubani

Tel: 9040 9776

Friday 9:30-10:30a.m.

\$180 (Member)/ \$200 (Member's guest)

Age 20 years old or above



## Sunday

## Monday

## Tuesday

1

- Pilates Group Class 4 pm
- Football for All 7 – 9 pm (Multi-purpose Court)

2

- LB 2:30 pm - 9:30 pm (Club Members)
- LB League Team Practice 6:30 – 9:30 pm

7

- Social Tennis (Court 1) 3 – 7 pm (Court 2) 3 – 8 pm
- LB 10:00 am - 8:00 pm (Club Members)

8

- Pilates Group Class 4 pm
- Football for All 7 – 9 pm (Multi-purpose Court)

9

- LB 2:30 pm - 9:30 pm (Club Members)
- LB League Team Practice 6:30 – 9:30 pm

14

- Social Tennis (Court 1) 3 – 7 pm (Court 2) 3 – 8 pm
- LB 10:00 am - 8:00 pm (Club Members)

15

- Pilates Group Class 4 pm
- Football for All 7 – 9 pm (Multi-purpose Court)

16

- LB 2:30 pm - 9:30 pm (Club Members)
- LB League Team Practice 6:30 – 9:30 pm

21

- Social Tennis (Court 1) 3 – 7 pm (Court 2) 3 – 8 pm
- LB 10:00 am - 8:00 pm (Club Members)

22

- Pilates Group Class 4 pm
- Football for All 7 – 9 pm (Multi-purpose Court)

23

- LB 2:30 pm - 9:30 pm (Club Members)
- LB League Team Practice 6:30 – 9:30 pm

28

- Social Tennis (Court 1) 3 – 7 pm (Court 2) 3 – 8 pm
- LB 10:00 am - 8:00 pm (Club Members)

29

- Pilates Group Class 4 pm
- Football for All 7 – 9 pm (Multi-purpose Court)

30

- LB 2:30 pm - 9:30 pm (Club Members)
- LB League Team Practice 6:30 – 9:30 pm



## Wednesday

3

- Pilates Group Class 4:00 pm
- LB 2:30 pm - 6:30 pm (Club Members)
- LB 6:30 pm - 9:30 pm (League Teams Practise)

10

- Pilates Group Class 4:00 pm
- LB 2:30 pm - 6:30 pm (Club Members)
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17

- Pilates Group Class 4:00 pm
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24

- Pilates Group Class 4:00 pm
- LB 2:30 pm - 6:30 pm (Club Members)
- LB 6:30 pm - 9:30 pm (League Teams Practise)

## Thursday

4

- Pilates Classes, 10:00 am, 1:45 pm
- LB 2:30 pm - 6:30 pm (Club Members)
- LB 6:30 pm - 9:30 pm (LBS Members)

11

- Pilates Classes, 10:00 am, 1:45 pm
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18

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25

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## Friday

5

- Pilates Group Class 4:00 pm
- Lacrosse 7-9 pm (Multi-purpose Court)
- Yoga Classes, 9:30-10:30am (Squash Court/Garden Marquee)

12

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19

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- Lacrosse 7-9 pm (Multi-purpose Court)
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26

- Pilates Group Class 4:00 pm
- Lacrosse 7-9 pm (Multi-purpose Court)
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## Saturday

6

- Social Tennis (Court 1) 3-7 pm. (Court 2) 3 - 8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 - 5:30 pm (Court 1&2)
- LB 12:00 pm - 2:00 pm (League Warm-up)
- LB 2:00 pm - 7:00 pm (League Games/ LBS Members)

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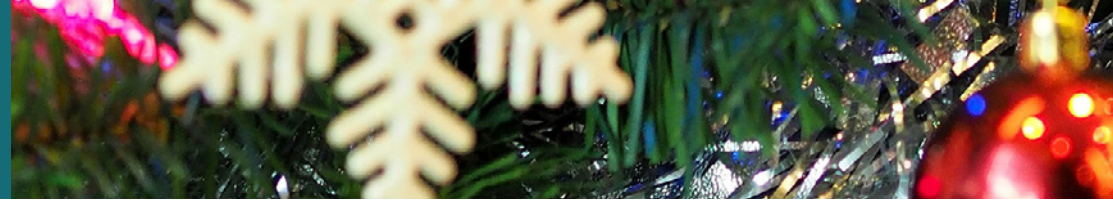
20

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## Sunday

## Monday

## Tuesday



5

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(Court 2) 3 – 8 pm
- LB 10:00 am - 8:00 pm  
(Club Members)

6

- Pilates Group Class 4 pm
- Football for All 7 – 9 pm  
(Multi-purpose Court)

7

- LB 2:30 pm - 9:30 pm  
(Club Members)
- LB League Team Practice  
6:30 – 9:30 pm
- Pilates Group Class 11:00 am

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## Wednesday

## Thursday

## Friday

## Saturday

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# Cricket News

by Ahmed Saleem  
Cricket Convenor



## USRC Cricket 2021-2022

The 2021-2022 season has started on with full swing and has kept weekends busy for coaches, players, and parents. Here is a short recap of where our teams are at in this season:

### Premier Team

The USRC Premier team scored a massive 68-run victory against Pakistan Association Cricket Club. Notable performances by Shahid Wasif who smashed 53 runs off 49 balls and Zakir Hayat who smashed 41 runs off 14 balls in the batting department and from Imran Arif and Ghazanfar Mohammad who each took 3 wickets in the bowling department.

In addition to Shahid Wasif who joined USRC in 2020, USRC Premier has welcomed 3 more national players to their squad this season, which include Waqas Khan, Ghazanfar Mohammad and Aftab Hussain.



## Saturday Championship

We have been fortunate to play 2 teams in the Saturday League Championship this year in both Division 1 (USRC Lions) and Division 2 (USRC Tigers).

USRC Lions led by Kashif Shams has achieved fantastic results winning two (2) out of two (2) games which were played against Pakistan Association Cricket Club and Lamma Cricket Club. Notable performances by Iftikhar Ahmed, Hussain Mahroof, Muhammad Fahad Hayat and Ehsan Muhammad.

USRC Tigers led by Aftab Ahmed lost their first match against Laguna Gully Club but bounced back stronger in their 2nd match and emerged victorious against Centaurs Cricket Club. Notable performances by Vishal Mehta, Ahmed Razza Qureshi, Hamzah Farooq and Asif Jahangir.

Both USRC Lions and Tigers look forward to their upcoming matches and hope to continue their victorious streak.

## Women's Cricket

USRC Eagles started the season strong with a 25-run victory over SCC Pinay. Outstanding performances were displayed by Ria Martins scoring 30 runs off 61 balls, KB Deol scoring 22 runs off 54 balls and Maira Baloch taking 3 wickets.





## Junior Cricket

The junior cricket started well for USRC, with the U11 Sharks winning both their matches played so far. Notable performances by Khush Ghanshani, Rafan Mustak, Aman Narang and Saadat Sattar.

U13 Strikers, U15 Hawks and U15 Warriors have played 2 games each but unfortunately have not been able to achieve victories in those.

U17 Gunners have played two (2) games and have won one (1) against India Club. Notable performances by Soban Muhammad, Jacob Lim and Muhammad Sardar.

## Annual Awards Dinner for Season 2020-2021

We are pleased to inform all that we will be holding our annual awards dinner on Saturday, 29 January 2022 at the Garden Marquee. More details to follow shortly.



## Social League

Both USRC Avengers and USRC STC have started their season big with victories.

USRC Avengers' 46-run victory against HKU Students was supported by performances from Viral Gandhi scoring 44 runs off 29 balls, Virendra Savani scoring 35 runs off 21 balls and Krunal Bavasiya taking 3 wickets.

USRC STC's 178-run victory against HKCC Xuanwu was supported by performances from Aziz Numan scoring 53 runs off 22 balls, Muhammad Sardar scoring 50 runs off 31 balls and Syed Abdul Ahad taking 5 wickets.

## Registrations Open

We welcome registrations from our members throughout the year, for both junior and senior programmes. Members are interested to join us, please feel free to reach out to us at [usrc.cricket.hk@gmail.com](mailto:usrc.cricket.hk@gmail.com)

Follow us on Facebook at USRC Cricket to stay tuned to all the latest developments.



# Football News

**Alan Urmston**  
Secretary



## November-December 2021

In this report, we look at the changes that the Football Section has been going through over the past few months and look at how the 2021-22 season has started for us.

### Senior Football

There has been some reorganization of the Section in terms of the seniors. The team previously known as USRC Gunners, who won the Hong Kong Legal League Division 1 last season, is no longer in existence as a result of the need to include more Club members in our teams. It was a sad end to a team that had represented the USRC for many years and we wish manager Steve Cairns and all the players the best of luck in their future footballing endeavours. We won't be losing all of them though as some will stay as members of the Section and play in Section games.

This season the Football Section's senior players will play both competitive and social or friendly football. The competitive football will be played in the Legal League Legends League, which is a league for players over the age of 35. Our team, USRC 1911 having been playing in the league for several years now and will continue to do so. All members of the Section who meet the age requirement are eligible to play for 1911, though managers Laurence Rudge and Richard Phillips will have the final say in team selection and tactics. Last season



USRC Vitesse and Jubilee 678 - King's Park, 15/10/21

1911 finished mid-table and so they are hoping to improve on that position this season. Due to the Covid-19 pandemic, the season will start relatively late, the start of November.

Social football is provided for members of the Club and the Section through its team known as USRC Vitesse. This is an open-age team and welcomes players of all ability and fitness levels. The team has played several games already this season as you can see from the photos below.

Our matches are normally played at King's Park Sports Ground, which is close to the USRC, on Friday evenings. In addition to matches, we provide Training Sessions on Wednesday evenings at 7.30pm also at King's Park. These sessions are run in collaboration with our coaching provider, Brasil Top Skills and feature top-class coaches, including former Hong Kong International and Player of the Year, Cristiano Cordeiro.

There will continue to be plenty of opportunities for members to play football and even if 11-a-side is not your thing, we have other opportunities.



USRC Vitesse and Team 668 - King's Park, 24/9/21



# USRC FOOTBALL ACADEMY



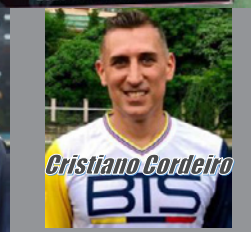
***To the NEXT LEVEL***



## ***Football Training for U6-U14***

DAY	MONDAY	TUESDAY	WEDNESDAY		THURSDAY	FRIDAY	SATURDAY	
VENUE	King'sPark	QBP	King'sPark	DC	QBP	King'sPark	USRC	DC
TIME	16:30-18:00	16:30-18:00	16:30-18:00	17:00-19:00	16:30-18:00	16:30-18:00	starting in Novemver	15:00-17:00
AGE GROUP	5-7 y	5-7 y	5-7 y	5-7 y	5-7 y	5-7 y	5-7 y	5-7 y
	8-10 y	8-10 y	8-10 y	8-10 y	8-10 y	8-10 y	8-10 y	8-10 y
	10-13 y		10-13 y			10-13 y		10-13 y
<b>5-7 y</b>	<b>Do it Right</b>		<b>8-10 y</b>	<b>Correct &amp; Get it</b>		<b>10-13 y</b>	<b>Fast &amp; Master it</b>	

- ✓ Use both feet
- ✓ Effective Passing
- ✓ Creating space
- ✓ Confident with technique
- ✓ Recieving Skills
- ✓ Positive 1st Touch
- ✓ Control the ball with confort
- ✓ Communicate



KP-King's Park / DC-Discovery College / QBP-Quarrybay Park / USRC- United Services Recreation Club

## ***USRC FOOTBALL ACADEMY***

coaching by **BRASIL TOP SKILLS SOCCER SCHOOL**

Contact: [info@btshk.com](mailto:info@btshk.com) / General 9815 3151 / Account & Inquiry 9212 3155 (whatsapp)

[www.brasiltopskills.com](http://www.brasiltopskills.com)



## Monday Night Football

Monday Night Football (MNF) happens on a Monday at 7.00pm on the Multi-purpose Court and is a popular Section activity, enjoyed by members and guests.

MNF was started during lockdown when we were unable to play at King's Park. It is a reduced format of regular football to adapt to the smaller pitch. We usually play 4-a-side and mix the teams up so that everyone gets lots of playing time. In past weeks we have invited guest teams along but we also play just in-house as well, regularly attracting numbers in the high teens.

It is a great opportunity to introduce yourself as a USRC footballer and enjoy kicking a ball around in a friendly environment.

## Junior Football

USRC offers football not only to seniors but we also have an Academy for young players with coaching from Brasil Top Skills and their coaches (and USRC players), Emerson, Cris and Williams. Look out for news of their classes held at the Club and King's Park, through the weekly news updates from the Club.

## Other Events

The Football Section is involved in charitable events and has in the past staged charity matches at King's Park with guests from local non-governmental organisations catering for the elderly. Our next scheduled charity match will be in January 2022, so we will provide more information about that through the Club and 'Oasis' in the coming weeks.

We will also be taking part in the Love 21 Fun Day on 20th October, in which the sports sections will offer introductory classes for the guests from the Love 21 Foundation ([www.love21foundation.com](http://www.love21foundation.com)). We'll have news on that event in the next issue.

Finally, now, more than ever, we need Club members to join the Football Section. Whatever age, fitness or ability level you are at, we welcome you to get involved. If you are interested, please enquire at Reception or contact any member of the Football Section Sub-committee:

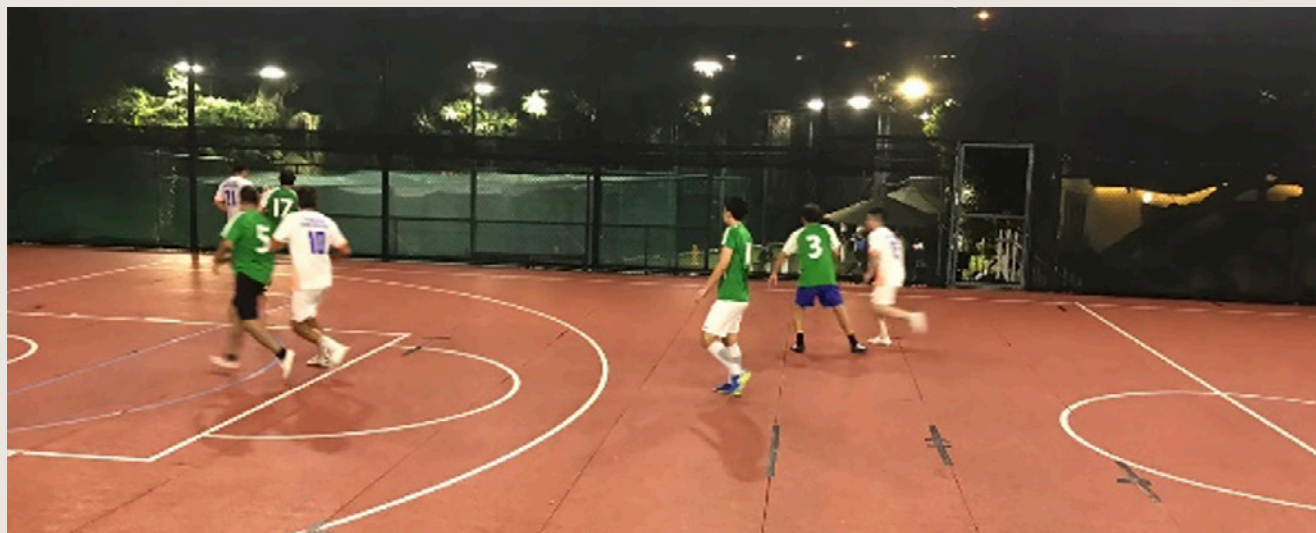
Laurence Rudge (Convenor) [laurence.rudge@yahoo.co.uk](mailto:laurence.rudge@yahoo.co.uk)

Alan Urmston (Secretary/Treasurer) [alanu@netvigator.com](mailto:alanu@netvigator.com)

Frank Kam (Sub-committee Member)

[frankkam@hotmail.com](mailto:frankkam@hotmail.com)

Or check out our Facebook Page USRC Footy





# USRC FOOTBALL ACADEMY



## Mini-kickers 18months-2years & 3-4 years

**EARLY LEARNING** to build a firm foundation that give players  
correct form when they grow older

Physical development program with basic soccer education to build a firm foundation

Bunnie	18months -2y	King's Park	Monday	16:00-17:00
Mini-kick	3-4y	King's Park	Monday	17:00-18:00



### Bunnies 18months to 2 years old

Bunnies focus on the development and learning for children aged 18 months to 2 years old. Motor and social skill improvements are made through fun instructional games and obstacle courses, all while learning the basic fundamentals of soccer. Bunnies class activities require parent or guardian participation.

### Mini-kickers 3-4 years old

Mini-kickers focus on developing basic physical skills as well as an understanding of the engaging and exciting aspects of soccer, and improve their listening, social, and athletic skills through age-appropriate activities. Players play independently as a team. Each activity is designed to be fun!



To develop: A series of motor and social skills along with basic football skills

- Attention and awareness
- Interaction and engagement with other children
- Follow instructions from coaches
- Balance and Coordination
- Pass or take ball from peers
- Independently participate in the games



### LEARNING EARLY HELPS ATHLETES AS THEY GROW

Our innovative mini-kickers focus on game fundamentals while promoting important developmental milestones such as **BALANCE** and **COORDINATION**, **LISTENING** skills, and **TEAMWORK**.

The interactive curriculum has been refined by our experienced coaches over the last decade to ensure kids have a great time and still get a lot out of each class.

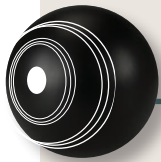
Sessions operate outdoors at King's Park on the soft surface over a 6-weeks season in which students can very actively learn a new skill each week in the safe environment. As your child progresses through the program, they will develop the physical and mental readiness to perform in a future competitive environment. Our coaches love working with kids and are passionate about teaching the game of soccer. Most importantly, **KIDS LEARN BY HAVING FUN!** Count on us!!

## USRC FOOTBALL ACADEMY

coaching by **BRASIL TOP SKILLS SOCCER SCHOOL**

Contact: [info@btshk.com](mailto:info@btshk.com) / General 9815 3151 / Account & Inquiry 9212 3155 (whatsapp)

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# Lawn Bowls News

**Annie Yeung**  
Lawn Bowls Convenor



## Sept 2021

Lawn Bowls Section restarted its engine in September. Men's A retained its capacity for promotion. Women's teams demonstrated a laudable effort to keep their places in their respective divisions.

28 members enjoyed the social games at Island East Sports Centre and Yuen Chau Kok Sports Centre on Mid-Autumn Festival Public Holiday.



## Oct 2021



Herman Hui, Anissa Ng, WM Ho and Paul Lau clinched the champion of Plate Division in the IRC Invitation Triples 2021 which was held on National Day.

Hong Kong Lawn Bowls Association held its Annual General Meeting at our marquee on 4 Oct 2021. It is our honour to have our Women Captain, Cindy Robinson, and section member, David Tse, being re-elected as Vice President of National Championship and Hon Secretary of Hong Kong Lawn Bowls Association.

The sudden attack of typhoons and heavy rain disturbed the schedule of our league and competitions. Many members had to play three games in 7 days to catch up with the schedule. Most of them surfed through this tight fixture successfully.







# Rugby News

**Nigel Mattravers**  
Rugby Convenor



The new Rugby season has started well for our Minis, Youth and Senior sections and it has been fantastic to see so many players back at training. Both, the Youth and Community leagues have started and Tigers recorded some superb results so far.

Tigers are always welcoming new players so if you want to give it a try please do come up to King's Park and have a go.



Tigers Minis are braving the rain

Our Premiership Ladies are still in the running for back-to-back league titles after convincing wins against GaiWu, Kowloon and HKFC and a narrow slip-up vs Valley.

The Men's team, hit with an unfortunate string of injuries to key players, was in third place by the time of writing this article after gritty wins against Scottish and Valley and losses vs Kowloon and HKFC.



Scrumhalf Liam Slatem in action in a win against HK Scottish



Jess Ho in control against Kowloon RFC

Meanwhile, our two USRC Tiger lads Cado Lee Ka To and Liam Herbert were tearing it up with the Hong Kong Sevens team in Vancouver and Edmonton for two rounds of the HSBC World Rugby Sevens Series, coming in a fantastic 7th place and beating Ireland 21-14 in the process (sorry Noel).

Liam Herbert was crowned "DHL Impact Player of the Tournament" after scoring an impressive 6 tries in Edmonton.



Cado Lee playing for HK in Vancouver against South Africa during the HSBC Sevens



# Squash News

**Chung Leung**  
Squash Convenor



As the squash section eagerly awaits the start of the winter league, the squash players have been warming up with the annual USRC squash championships.

It has been a while since we have held a Junior event but thanks to Amos Yuen and Coach Illyas Gull, the Junior Section has grown steadily during the past year and it was now time to put those hours of hard training to the test. For many of the juniors, it was their first taste of action under scrutiny. It was good to see how much the juniors enjoyed the competition and although the winner was inevitable, all the players gave 100% effort and it was good to see the level of support for the event. Congratulations to our Junior Champion Aidan Yuen.



USRC Junior Champion Aidan Yuen

Some of you may be tiring of hearing about Aidan's successes but he just can't stop winning. Following on from the Club Championships, Aidan also won the U11 HK District Competition.



Junior Finals Day



Junior Competitors



Aidan at the HK District Championships





# Tennis News

**Eric Tai**  
Tennis Convenor



## Welcome new members

- Pamela Mar
- Ricco Chun
- Aswani Vishal

## Winter League status (as of Oct 16)

	Matches played	Matches won
Ladies A+	4	3
Ladies A	5	4
Men B	3	3
Men C1	3	2
Men C2	3	1
Men D	2	2

## Charity cheque presentation



Presented cheque donation to Pei Ho (Ming Gor) Charity Foundation Ltd.



Antonio Lee awarded Runner-up of Nissan HK Junior Tennis Series Comp 3 under 16 – both singles & doubles tournament



## Happy tennis, cut roast pig ceremony and dinner

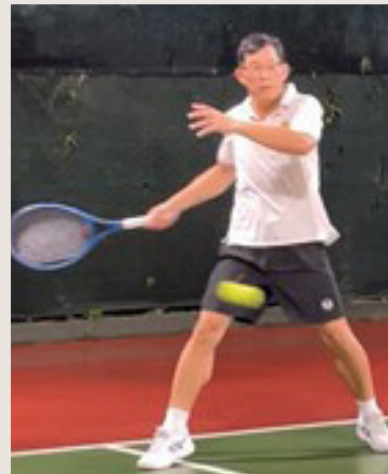
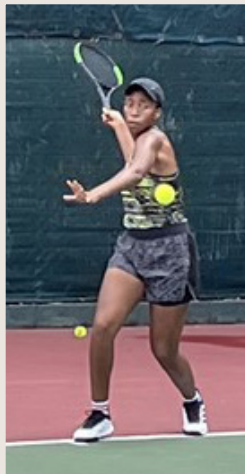
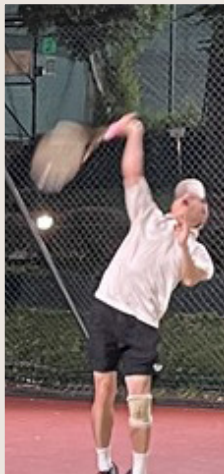
25th September





## Tennis ladder tournament

26th July-3rd October



### Tennis ladder ranking:

Rank #1: Ruva Shoko (all win record)  
Rank #2: Ken Chan  
Rank #3: Jonathan Lee

### Most matches played:

Derek Lai – 16 matches  
Chris H. – 15 matches  
Jonathan – 11 matches





# Bridge News

**Mimi Wong**  
Bridge Convenor



## Mid-Autumn Bridge

The Bridge Section hosted a Quiz Day on 22nd September. Participants had to complete four sets of bridge questions to enter for final scoring. A sumptuous lunch was arranged after the quiz to help fuel up everyone after mental exhaustion.

### Results:

First place	Vitus T	70%
	Lucie C	70%
Second place	KP Tam	66%



## National Day Bridge

A team game was organised for 1st October. Four teams comprised of 4 players attended.

### Results:

First place	Apple Team (Herman H, Henry L, Helen L, Lawrence C)
Second place	Manchester Team (KP T, Tim S, Lucie C, Mary Y)



## BBO online games

Over eight sessions of pair tournaments and online team games were set up during the last two months. Overseas and local bridge players were invited to join the game. Our players competed seriously in each of the matches and gained experience by playing with other bridge players who adopted different bridge systems.

### Tournament results:

3rd Aug	Mimi W & partner	62.70%
21st Sep	Mimi W & partner	65.08%



## Social Monday

Weekly Monday games are continuously organised for Bridge Section members. These three-hour sessions are gentle social games. Team players also attend and practice. Experts are invited to give advice and play together. Participating players have to follow the recommended bridge system set by the Bridge Section. There are four to five tables set up in each session.





### Thursday duplicate

Duplicates were hosted by the Bridge Section, with a maximum capacity of five tables in each session according to the Covid social distancing restrictions. These sessions follow closely the American Contract Bridge League 'Zero Tolerance Policy', which outlines and eliminates any violence and undesirable behaviour from players.

Participating members and guests are invited and registered in advance with the Bridge Convenor, who will ensure that the games are running with joy and harmony. Nine duplicate sessions were held in August and September with supervision by an authorised Tournament Director.



### Any interest in playing bridge?

If you would like to join any activities organised by the Bridge Section, please do not hesitate to contact the Bridge Convenor at WhatsApp 9120 3789 or email [usrbridge@gmail.com](mailto:usrbridge@gmail.com).

# Chinese Swimming Club



The Chinese Swimming Club, set on the idyllic east of Singapore, is undoubtedly an exclusive choice family club, steeped in a century-old heritage renowned for nurturing top national sportsmen and women. The Club is set to be recognised as a premier city and country club offering a total range of excellent facilities and services, both locally and regionally.

The Club is a well-rounded family recreation club offering a comprehensive range of facilities, services and activities catered for the diverse needs of its members and their guests.

In sport, the club offers a wide range of facilities such as swimming, tennis, basketball, snooker, squash, gym, bowling and table tennis.

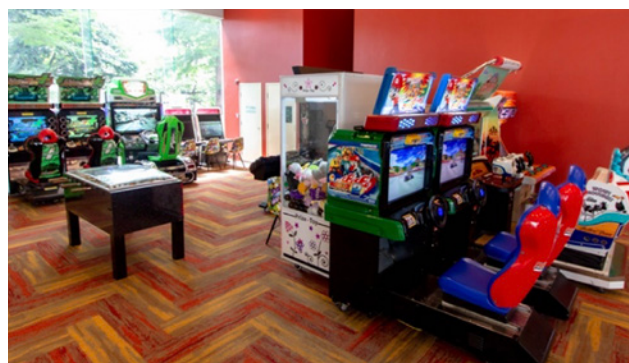
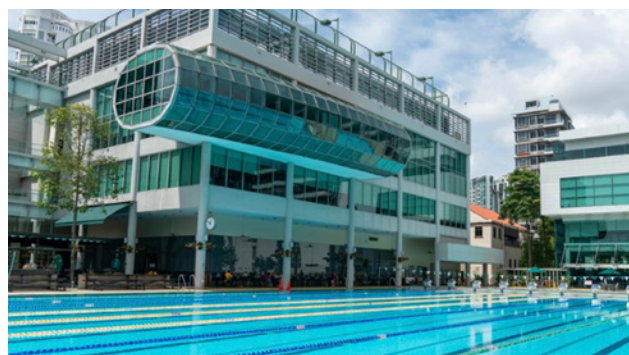
In entertainment, the club offers KTV rooms and a Games & Recreation room where members can play Majong. As for children, the club has an 'Arcade Corner' with exciting game machines for them to play. There's a 'Kids Cave', a children playground where they can explore and have fun and there's also a Cocoon Learning Centre where children can boost their learning and thinking skills.

To increase the bonding relationship between parents and children, the club provides activities such as baking/ culinary classes, dancing and urban gardening.

For relaxation, there's a steam room, Jacuzzi (indoor & outdoor) and the Fil Spa. As for peace of mind, the club has a Reading & TV room & a Collaborative room for members to have some quiet reading, study or work while enjoying a spectacular view of the pool.

For food & beverage, the club provides a variety of cuisine from Asian to international at the 'Man Zhu Café' and '3Bars'. At 'Mingle@Amber', the new cosy café may enjoy freshly brewed coffee and pastry delights.

If craving for Cantonese cuisine, you may visit 'Fu Lim Men' where they serve Hong Kong Dim Sum, roast specialities, Hong Kong-style noodles and Cantonese wok-fried dishes. Hosting a small event or treating your special guests, there are beautifully decorated VIP rooms available, with swanky interiors and a lively atmosphere, you are sure to impress!





## List of Reciprocal Clubs

COUNTRY	CITY	CLUB NAME	COUNTRY	CITY	CLUB NAME
<b>AUSTRALIA</b>	Adelaide	Naval, Military & Air Force Club of South Australia	<b>SINGAPORE</b>		Camden Park Hollandse Club Orchid Country Club Singapore Ceylon Sports Club The Chinese Swimming Club
	Brisbane	United Service Club			
	Canberra	Canberra Club			
	Melbourne	The Kelvin Club Kooyong Lawn Tennis Club Royal Automobile Club of Victoria Royal South Yarra Lawn Tennis Club			
	Sydney	The Royal Exchange of Sydney Royal Automobile Club of Australia	<b>SOUTH AFRICA</b>	Cape Town Durban	Cape Town Club Durban Club
<b>BELGIUM</b>	Brussels	Royal International Club Chateau Sainte-Anne	<b>SPAIN</b>	Barcelona	Círculo Equestre
	Gent	International Club of Flanders		Bilbao	Sociedad Bilbaina
<b>CANADA</b>	Vancouver	Hollyburn Country Club Jericho Tennis Club Terminal City Club	<b>SWEDEN</b>	Stockholm	Military Club of Stockholm
	Victoria	Union Club of British Columbia	<b>THAILAND</b>	Bangkok	The Bangkok Club The British Club
<b>CHINA</b>	Taipei	American Club	<b>TRINIDAD</b>	Port of Spain	Trinidad Union Club
<b>FRANCE</b>	Paris	Saint James Paris	<b>UK-ENGLAND</b>	Bath	The Bath & County Club
<b>GERMANY</b>	Berlin	International Club Berlin		London	The Army & Navy Club Carlton Club Naval & Military Club Royal Air Force Club St. James Hotel and Club Mayfair The Lansdowne Club The Walbrook Club
	Frankfurt	Union International Club			
<b>INDIA</b>	Ahmedabad	Karnavati Club			
	Jaipur	Jaipur Riding and Polo Club			
	Jodhpur	Umed Club	<b>UK-N.IRELAND</b>	Belfast	The Ulster Reform Club
	Kerala	Sri Mulam Club	<b>UK-SCOTLAND</b>	Aberdeen	The Royal Northern and University Club
	Mumbai	Golden Swan Country Club Royal Bombay Yacht Club The Bombay Presidency Radio Club The Umbergaon Club Residency Club		Edinburgh	The New Club The Royal Scots Club
<b>IRELAND</b>	Dublin	<b>The Royal St. George Yacht Club</b> The Stephen's Green Hibernian Club			
<b>JAPAN</b>	Kobe	Kobe Club	<b>U.S.A.</b>	Bellevue	Bellevue Club
<b>KENYA</b>	Nairobi	Nairobi Safari Club		Berkeley	The Berkeley City Club
	Mombasa	Mombasa Club		Cincinnati	Cincinnati Athletic Club
<b>LUXEMBOURG</b>		Cercle Munster		Kansas	The Kansas City Club
				New Haven	New Haven Lawn Club
<b>MALAYSIA</b>	Ipoh	Royal Ipoh Club		New York	The Cornell Club Princeton Club The Williams Club
	Kuala Lumpur	Royal Commonwealth Society		Philadelphia	The Racquet Club of Philadelphia
	Penang	Penang Club		Portland	University Club of Portland
	Port Dickson	Royal Port Dickson Yacht Club		San Francisco	The Marines' Memorial Club & Hotel
	Sabah	Sandakan Yacht Club		Santa Barbara	Santa Barbara Club University Club of Santa Barbara
<b>NEW ZEALAND</b>	Auckland	The Northern Club		Seattle	The Rainier Club
	Dunedin	The Dunedin Club		Washington DC	The Army & Navy Club
	Napier	The Hawkes Bay Club			
	Wellington	Wellesley Boutique Hotel The Wellington Club			
<b>PHILIPPINES</b>	Baguio City	Baguio Country Club			
	Cebu City	City Sports Club Cebu			
	Manila	Manila House			
<b>PORTUGAL</b>	Lisbon	Gremio Literario			
	Oporto	Oporto Cricket & Lawn Tennis Club			

Clubs in bold are recently added clubs to our reciprocal list



# YOGA CLASS

by Sujal

## Every Friday

9:30am - 10:30am

Venue: Squash Court / Garden Marquee

Age: 20 years old or above

Fee:

\$180(Member)

\$200(Member's Guest)



If you have any enquiry, please contact  
Sujal at 9040 9776.



United Services Recreation Club  
Hong Kong - Since 1911