

OASIS

May-June 2017

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USRC Members' Bi-monthly Magazine



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Mother's
Day



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Projects Director Les Pearce

Grounds, Environment & Security Director Zorro Yuen

Sports Director Eddie Wu

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Lavina Advani Kelvin Chan
Andrew Kwan

Disciplinary Sub-committee

K.C. Ng Eric Heung
Felix Hart Ringo Chiu
Zorro Yuen Brian Mcardle
Viveka Mansukhani

Sports Sub-committee

Cricket Michael Caves

Football Alan Urmston

Lawn Bowls David Robinson

Rugby Marco Cassandro

Squash Chung Leung

Tennis Kenneth Chiu

Sports Convenors

Cricket Ahmed Saleem

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Advertising

To advertise in Oasis, please contact Natalie Bandy at USRC.
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CHAIRMAN'S MESSAGE

Dear Fellow Members,

The rather mild and exceptionally gorgeous winter is now behind us and following the Easter break, the summer activities will soon begin. The summer holiday period is just a couple of months away and I wish those travellers a safe and happy holiday!

Also on the horizon is the USRC Annual General Meeting which has been scheduled for Wednesday, 21 June 2017. Please do come along to be informed by the General Committee on the progress of the Club since 2016 and outlook for 2017. After the meeting, there will be an opportunity for discussion on any matter you wish to raise from the floor and the all-important drinks and snacks for everyone to enjoy in the venue afterwards.

By the time this magazine reaches your hands, our swimming pools, including the Juniors' and the Toddlers', will have been re-opened after a complete and thorough renovation with new filtration / piping system being installed and modern water spilling design adopted, all fulfilling the general occupational health and safety requirements. To aim for perfection, what follows on will be the poolside surround enhancement which will include the complete re-turfing / landscaping of the poolside lawn and erection of pathway lighting with stylish lamp poles round the area. Given the present pool has not been refurbished at all over the last twenty odd years, if not more, we consider that the capital is very well worth spending. Again, many thanks to Messrs Zorro Yuen and Leslie Pearce for their tremendous time and effort in overseeing this major project through to its completion.

The Club's financial position continues to remain sound and healthy while F&B and other Club activities continue to be quite strong. A big thank you goes to Executive Chef Marco and his team for their untiring effort in introducing seasonal menu promotions and well-liked craft beers to entice more customers.

Insofar as the membership situation is concerned, the General Committee has decided to relax the current membership base level from 1,200 to 1,300 by several phases depending on facility management and sufficiency. With a slightly more than expected turnover rate recently, it is envisaged that the relaxation in capped ceiling should inflict no significant impact to the comfort level of Club users but greatly relieve the wait list of new comers. This course of action will reimburse our capital purse handsomely for future facility enhancements.

As always we endeavour to work together with Members to make the Club the place where you and your family enjoy spending time. We look forward to your continued support and seeing you around soon!

Patrick Cheung
Chairman



親愛的會員：

復活節過後，涼冬不再，炎夏將至。我謹祝所有暑期旅客一個既安全又盡興的夏日之遊。

與此同時，本年三軍會年會亦將於六月二十一日(三)舉行。總務委員會將報告過去一年的發展及對來年的展望，參加者亦能提出意見讓大會討論，茶點將隨後奉上。請務必出席。

當本期刊發刊之時，本會的游泳池 - 包括兒童游泳池 - 已完成全面修繕並重新開放供使用。全新安裝的濾水排水系統及供水設計將會更符合健康安全標準。為求盡善盡美，我們未來將修葺池邊的草坪並在泳池週圍裝置優雅的燈柱。舊泳池已有二十多年歷史，故是次翻新工程實在物有所值。我亦在此再次感謝Zorro Yuen先生與Leslie Pearce先生提供寶貴的時間與心力確保是次重要工程完工。

本會的財政依舊穩健，餐飲及其他業務亦表現不俗，當中實有賴行政總裁Marco與他的團隊不懈努力，為顧客引入季節性菜單及膾炙人口的手工啤酒。

關於會員事務，總務委員會已決定將會員人數由現時的1,200人，視設施管理及使用效率逐步放寬至1,300人。在會員更新率高於預期的情況下，我們相信放寬會員人數將可在加快輪候冊的同時減少對會員使用設施的影響。

本會將繼續與會員通力合作，致力為您及您的家人提供賓至如歸的服務，希望能繼續得到您的支持！

張伯陶
主席



United Services Recreation Club
Hong Kong's Best Kept Secret

Notice of Annual General Meeting 2017

**Notice is hereby given that the
Annual General Meeting
will be held in the Garden Marquee on
21 June 2017, Wednesday
at 7:00pm**

GENERAL MANAGER'S MESSAGE

Dear Member,

It feels like summer is finally upon us and I hope that everyone has been able to enjoy the beautiful spring weather.

Easter fell late this year which meant we managed to have wonderful weather for the Easter Celebration. With an absolutely beautiful day, plenty of Members came to the Club to enjoy this special day. There were plenty of activities, food stations - paella proving a big hit - and of course the Easter egg hunt.

In Food & Beverage we have the return of the Indian buffet in the café and a new set lunch offer in the Gascoigne Room. Watch out for more summer specials!

The pool is finally open and the finishing is of the highest standard. It will take a few more months before the grounds mature and the final pieces fall into place. This includes the diving board for all those young members eager to take the splash.

Please take note guest fees now apply when using the pool. More details can be found elsewhere in this issue.

With a busy summer, we ask all parents to ensure that their children do not run or yell within the Club for the enjoyment and safety of all Members, especially around the pool, where members enjoy the peace and tranquility of this unique setting.

As ever, I look forward to seeing you around the Club.

Best Regards,

Noel Burns

General Manager



親愛的會員：

炎夏將至，我希望各位都已享受到春日的鳥語花香。

今年的復活節日雖較以往來得晚，但天氣卻更宜人。不少會員亦在本會的復活節活動及美食 - 尤其是我們的西班牙鍋飯 - 中度過了舒適的一天。

印度菜自助餐已回歸到我們的咖啡廳，Gascoigne Room亦為您帶來了新的午飯套餐。敬請期待更多的夏日餐飲驚喜！

泳池終於完成全面裝修並重新開發。在未來幾月我們將完成所有翻新計劃，當中包括為年青會員專門裝置的跳水台。

請注意非會員收費現亦適用於游泳池，詳情請參照本刊入頁。

為其他會員著想，我們謹此提醒各位家長避免小孩於會所內，特別是泳池邊奔跑或喧嘩，以免造成騷擾及安全問題。

我期望能如常於會所見到各位！

Noel Burns

總經理

USRC Bye-Laws for Consideration

Guests Limitations

There is no limit to the number of guests who may be introduced to the Club except at certain times and for certain facilities as specified in these Bye-Laws. Members, their spouses and dependents who are 16 years of age and over:

8 i) Shall not host more than 4 guests per account number in the poolside areas during daylight hours on Sundays and public holidays between 1 April and 30 September.

Member Car Parking

30 p) Generally a Member may park their own motor vehicle in the car park subject to the Member remaining on Club premises. On Saturday, Sunday and Public Holiday, this facility is only available to Members with valid parking labels.

賓客

賓客的限制

- a) 除了在會規內指明的某段期間和某些設施外，進入會所的賓客人數並沒有限制。會員、其配偶和年青家屬年滿十六歲和以上只可在：
- i) 四月一日至九月三十日日間時段的星期日和公眾假期，每個會員帳戶不可接待多於四位以上的賓客進入游泳池範圍。

停車場

會規第30條 (p) 修改為
會員一般可在其逗留於會所內的期間，將其自己的車輛停泊於停車場內。星期六，星期日及公眾假期的日子，停車場只向持有有效泊車證的會員開放。

Opening Hours

Club House	7:00 am – Midnight (Friday, Saturday and Eve of Public Holidays 7:00 am – 1:00 am)
Club Shop	9:00 am – 9:00 pm
Cricket Nets	8:00 am – 10:00 pm
Multi Surface Court	10:00 am – 10:00 pm
Reception Operation	7:00 am – 11:00 pm
Snooker Room	10:00 am – 11:00 pm (on one-hour intervals)
Squash Courts	9:15 am – 11:30 pm (on 45-min. intervals)
Swimming Pool	8:00 am – 8:00 pm
Tennis Court	7:00 am – 11:00 pm
Dining Outlets	
Chairman's Lounge	12 noon – 11:00 pm
Garden Café	8:00 am – 11:00 pm
Gascoigne Room	Lunch: 12 noon – 2:30 pm Dinner: 6:00 pm – 11:00 pm
Gunners Bar	12 noon – Midnight (Friday, Saturday and Eve of Public Holidays 12 noon – 1:00 am)
Poolside Kiosk	10:00 am – 9:00 pm (subject to weather conditions) Last order for food is 10:15 pm and half an hour before closing for drinks.



United Services Recreation Club
Hong Kong's Best Kept Secret

永富酒業有限公司
EVERWISE WINE LIMITED

Taste of European Wines

Date : Friday, 23 June 2017
Time : 6:30 – 8:30pm
Venue : USRC – Gunner's Bar Entrance

White wine



Cantina Beato Bartolomeo,
"San Giorgio" Pinot Grigio,
Breganze, Italy 2016



Miquel Jané,
Sauvignon Blanc,
Penedès, Spain 2015



Maio de Mendoza,
"Solera Lisa" Albariño,
Rias Baixas, Spain 2016



Laugel, "Cuvée Sélectionnée"
Gewürztraminer, Alsace,
France 2015



Nuiton-Beaunoy,
Hautes-Côtes de
Nuits, France 2014

Red wine



Pelissero, "Munfrina"
Dolcetto d'Alba,
Italy 2015



Villa La Pagliola,
Chianti Classico Riserva,
Italy 2012



Bodegas Loñ Casado,
"Jaen de Alzate" Reserva,
Rioja, Spain 2010



Nuiton-Beaunoy,
Hautes-Côtes de Beaune
"Au Mœx Grésin",
France 2014



Château Saint-Hilaire,
Médoc Cru Bourgeois,
France 2012

Spanish Seafood Paella

Ingredients (good for 4 people):

- 500ml olive oil
- 100gms chopped onion
- 1 tablespoon chopped garlic
- 80gms chorizo cut into thin slices
- Half a chicken, deboned and cut into big chunks
- 180gms calamari, sliced
- 100gms red bell peppers, diced
- 100gms tinned tomatoes, roughly chopped
- 300ml chicken stock
- 100ml white wine
- 350gms Arborio rice
- 1 pinch saffron threads
- 120gms green peas
- 240gms prawns in shell
- 300gms fresh mussels
- 180gms clams

Method:

Soak the saffron threads in the chicken stock.

Sauté the onions and garlic until translucent, add the chorizo and fry for a minute or two.

Add the chicken and fry for another few minutes until the chicken has some color.

Then add the squid, bell pepper and tomatoes.

After braising for 5 minutes, add the wine and chicken stock.

Add the rice and bring to a slow boil.

After 10 minutes boiling, add the peas, prawns, mussels and clams.

Boil for another 15 minutes and the rice should be done.

Alternatively you can place the pan in a hot oven of 180 degrees celsius for the last 15 minutes.



CLUB MATTERS

To: rooms@usrc.org.hk

Sent: Thursday, April 13, 2017 5:58 PM

Subject: Reservation for 2 nights

Dear Natalie,

It was my pleasure meeting you yesterday at the club.

Thank you for making excellent arrangements for my stay. Thanks to all staff members for looking after me and making my stay comfortable.

Best regards,
Dilip Vora

To: Marco Veringa

Sent: Wednesday, March 29, 2017 9:00 PM

Subject: Lt Cdr and Mrs Webber - dining at the USRC
14 Mar 2017

Dear Marco

Thank you so much for arranging the splendid evening we had dining in the Gascoigne Room on the 14 March for my wife's birthday. The occasion brought back many happy memories when we were members of the USRC and regularly used the facilities of the Club.

We arrived back in the UK yesterday, having flown in from Singapore, where we were married some 50 years ago.

Thank you once again
Kind regards
Tony & Val Webber

To: Marco Veringa

Date: Sunday, 2 April, 2017 22:26

Subject: RE: USRC Tiger BBQ

Hi Marco & Ken,

Just a quick note to say thank you for delivering a great BBQ today for the USRC Tigers.

Everyone thoroughly enjoyed themselves and was very complimentary about the food and club facilities.

Your team did a great job with delivery and service overall. Keep up the good work.

Best,
Josh Schroeder

To: Marco Veringa

Sent: Monday, March 27, 2017 12:24 PM

Subject: Thank You

Dear Marco,

We would like to thank you and the F & B Team for the fantastic lunch that we hosted in the Garden Room yesterday.

All of our guests commented on how much they enjoyed the food and beverages and the Garden Room was the perfect venue.

Please pass on our special thanks to Alex. The service that Alex provided was professional, friendly and efficient. We couldn't have asked for better service. The food was delicious and cooked perfectly so please pass on our compliments to the chef.

Finally, please thank Ken and Singh for all their help leading up to yesterday. And as always thank you Marco for all your help. It is always very much appreciated.

Kind regards
Sharon & Tim Taylor



6/4/2017
Dear Ken - Staff
Thank you so very much
for looking after my guests &
3 last night - the food was
delicious & the staff very very
helpful - our party was a great
success over all
Sandra Upton

Employee of the Month – March

Chan Yun Fat, our Dishwasher, receiving his “Employee of the Month” award in March from our F&B Manager Mr Marco Veringa



Employee of the Month – April

Dan Chu Chun Wa, our Captain, was selected for “Employee of the Month” in April



Long Service Awards

We would like to congratulate three of our staff who has provided us with many years of devoted service.

Please join me in extending our best wishes to Cheng Kwok Wai whose last position was our Gardener. “Fah Wong” has been a devoted staff of the Club from 15 July, 1999 to 31 December, 2016. We know you all will join us in wishing him well as he starts a new chapter in his life. He will be greatly missed by members and colleagues alike and we wish him a wonderful retirement.

Another two of our valued staff is our Indian section chef, Rana Karan Singh and has been with us from 1 September, 1997 to 6 December, 2016.

Last but certainly not least, our famous Bar Captain, Leung Chi Lim, William. William has worked with us from 10 April, 1997 to 27 December, 2016.

Both Singh and William continue to work with us and we can carry on benefitting from their devoted work at our Club. Their devotion and loyalty to USRC has been invaluable and they have been an inspiration to us all. We are pleased both continue to work for the family of USRC.



Easter Brunch Buffet

During our recent long Easter break, we had the pleasure of hosting a large group of children and their parents at the Garden Marquee for our Easter Brunch Buffet. The buffet was both enjoyable and sumptuous for all involved.

After the feast we held a traditional Easter egg hunt which set off from the playground. Eggs were hidden in the playground for the children to find where both the parents and children had a great deal of fun locating them. This appeared especially true for the parents when seeing the delight on the kids' faces every time they found a hidden egg.

A special thank you must go out to the F & B team and organizers, for another fun year of happy Easter egg hunting!







Garden Café, Poolside & Gunners Bar
 11am - 10pm in Garden Café & Bar

FOLLOW US ON 



Salad Menu

May 1st to 31st 2017

All below salads at HK\$ 50 per bowl

One salad can serve as appetizer, or as main course if accompanied by extra protein and bread.



Quinoa and spinach power salad

Red and white quinoa, prepared in a rich vegetable broth with cucumbers, raisins, spinach leaves, semi dried tomato, lemon juice and extra virgin olive oil.



Fattoush salad

Roma tomatoes, garlic, mint leaves, parsley, cucumber, red onion, lemon juice, red wine vinegar, extra virgin olive oil and sumac.



Chick pea, tomato and basil salad

Carrot, chick peas, basil leaves, cilantro, red onion, spring onions, Roma tomatoes, bell pepper, dukkah, tomato and balsamic vinegar dressing.



Blueberry, broccoli and spinach salad

Avocado, spinach, blueberries, broccoli, dried cranberries, fresh dill, chopped onion, fresh parsley with a butter milk ranch dressing.



Wild rice salad with cranberries and nuts

Wild rice, dried cranberries, green onions, sliced red onion, salted cashew nuts, pecan nuts and pistachios with a Dijon mustard, honey lemon and extra virgin olive oil dressing.

Extra protein for your salads:

☞ 63 degrees boiled egg	HK\$ 8
☞ Crispy fried vegetarian chick pea nuggets	HK\$ 25
☞ Grilled lemon and honey basted salmon fillet	HK\$ 32
☞ Chermoula marinated grilled French yellow chicken breast	HK\$ 35
☞ N.Z. Sirloin steak	HK\$ 50

Compliment your salad with some delicious bread:

☞ 3 pieces assorted bread rolls	HK\$ 10
☞ 3 pieces garlic bread	HK\$ 10
☞ 3 slices buttered and grilled walnut and fig rye bread	HK\$ 15
☞ 3 pieces Turkish Pita breads	HK\$ 15



Add a bowl of daily soup for only HK\$ 20

Available at the Garden Café, poolside and Gunners Bar from 11am onwards.

Italian Wine Tasting Evening

A wine tasting was held outside the Gunners Bar on the evening of 17 March when there were a wide range of different varieties of wine from various regions of Italy.



HAPPY Mother's Day LUNCH BUFFET

AT THE GARDEN MARQUEE
SUNDAY, MAY 14, 2016

HK\$ 345 ADULT
HK\$ 114 CHILD

For reservations, please call: 3966 8632
or e-mail: Ms. Wing Ho at fnb.adm.asst@usrc.org.hk

Juice station

Chilled orange, apple, pineapple, grapefruit and tomato juices

Appetizers

Home smoked salmon with capers and red onion
Italian grilled vegetables, kalamata and green queen olives,
butcher's cold cut platter

Seafood station

Fine de Claire, Coffin Bay oysters and Old Bay shrimps

Salad bar

Caesar salad, puy lentil salad with assorted vegetables and
cumin dressing, traditional tomato and red onion salad with
extra virgin olive oil. Greek salad. thousand island, French
dressing, Italian dressing & honey mustard dressing

Soup

Wild mushroom soup
Assorted bread rolls

Indian tandoor station

Chicken tikka and garlic naan

Suckling pig on the spit

With apple sauce

Whole spit roasted lamb

With mint sauce and gravy

Main course

Swiss pork emince with a mushroom sauce
Tandoori salmon fillet on banana leaf
Penne pasta carbonara
Chinese style braised oxtail
Steamed Garoupa with soy sauce

Vegetables and Starch

Buttered broad beans, salsify in creamy truffle sauce,
broccoli with browned almond butter,
creamy gratin potatoes, steamed rice

Desserts

Fresh fruit platter, apple tart, lemon combawa cake,
cappucino cake, salted caramel cake, assorted donuts,
bread and butter pudding, apple crumble.
International cheese platter



Celebrate Mom





Gascoigne
Room 1911

Chairman's
Bar and lounge



Live performance by Voltaire and Carol

♪ 26-27 May ♦ 7pm-10pm ♪

♪ 28 May ♦ 12nn-3pm ♪



Voltaire



Carol



*Extensive repertoire
from classic jazz
standards to recent
pop hits!*

For reservations, please call 3966-8650 or email gascoigneroom@usrc.org.hk



United Services Recreation Club
Hong Kong's Best kept Secret

INDIAN SPECIALS WITH CHEF UDHEY

AVAILABLE 1ST – 30TH JUNE 2017

	HK\$
Dera-Duni naan stuffed with cheese, cherries and raisins	18
Paneer Pakora - Battered and fried cottage cheese <i>With mint stuffing and 2 sauces</i>	60
Udhey's special vegetable curry <i>Served with saffron rice and popodum cones</i>	66
Achari Murgh Tikka - Chicken tikka with pickles <i>Served with basmati rice and yoghurt sauce</i>	90
Lamb Boti - Lamb kebab <i>Served with steamed rice and tomato butter gravy</i>	95
Marinated Mahi Mahi fish fillet <i>Served with coriander potatoes and pickled lemon</i>	118
Jheena Lazeez - Fresh prawns cooked in gravy <i>Served with saffron rice</i>	148
Whole tandoori lamb shoulder (Serves 4 to 5 people) <i>Cooked sous vide, than finished in the tandoori oven. Served with saffron rice, naan bread, Kachumber and mint sauce.</i>	558
Advanced order, please notify us at least ONE day in advance	

Starts 11am onwards at Garden
Café and Gunners Bar.

FOLLOW US ON 

Gunners Bar Beer Tasting

The beer tasting was held outside the Gunners Bar on 24 March, imbibing for a couple of hours from 6:30pm.

A few of the featured beers for the tasting came from many countries including the usual suspects of U.K., Spain, Germany and a surprise tasting from Vietnam.





United Services Recreation Club
Hong Kong's Best kept Secret

Chinese Promotion

From 1st – 31st May 2017

	HK\$
Australian jade tiger abalone on its shell (90-120 grams each, price per piece, minimum 4 pieces per order)	\$98 each

Please choose one
Traditional braised and served with its stock and broccolini
or
Simple steamed in the shell with deluxe XO sauce, chili and ginger
or
Stir fried with ginger, garlic, snow peas and carrots

Spicy stir fried water spinach with belachan shrimp paste	\$62
Braised pork spare ribs with Chinese mustard greens and oyster sauce	\$68
Braised vegetarian abalones with Shanghai brassica	\$78
Stir fried salted pork belly with green asparagus	\$88
Steamed chicken and frog leg with cordyceps flower	\$98
Deep fried garoupa with black pepper sauce	\$168
Braised fish maw and sea cucumber pot with kale and brown mushrooms	\$178
Deep fried tiger prawns in salted egg yolk	\$188

Available at Garden Café and Gunners Bar
from 11am onwards

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The Taste of the World Wine Dinner

The Taste of the World Wine Dinner was held outside the Gascoigne Room on 30 March. It was a six-course wine dinner paired with amazing wines.

The dinner was hosted by Ms Veronique Bonnet the Winery owner of La Bastide Saint Dominique, Mr Riccardo Mazzotti the Brand Manager, and Mr Luca Luise, Managing Director of Amorosso Fine Wines.





Sunday

Monday

Tuesday



- Social Tennis (Ct 3) 3 pm – 7 pm, (Ct4) 3-8 pm
- Social LB 10:00 am – 8:00 pm (All members)
- Football YYL Game

14

- Social Tennis (Ct 3) 3 pm – 7 pm, (Ct4) 3-8 pm
- Social LB 10:00 am – 8:00 pm (All members)
- Football YYL Game

21

- Social Tennis (Ct 3) 3 pm – 7 pm, (Ct4) 3-8 pm
- Social LB 10:00 am – 8:00 pm (All members)
- Football YYL Game

28

- Social Tennis (Ct 3) 3 pm – 7 pm, (Ct4) 3-8 pm
- Social LB 10:00 am – 8:00 pm (All members)
- Football YYL Game

1

- Pilates Group Class 4:00pm and 7:30pm

8

- Pilates Group Class 4:00 pm and 7:30 pm

15

- Pilates Group Class 4:00 pm and 7:30 pm

22

- Pilates Group Class 4:00 pm and 7:30 pm

29

- Pilates Group Class 4:00 pm and 7:30 pm

2

- Playgroup 9:30 am – 11:30 am
- Social LB 2:30 pm – 10:00 pm (All members)

9

- Playgroup 9:30 am – 11:30 am
- Social LB 2:30 pm – 10:00 pm (All members)

16

- Playgroup 9:30 am – 11:30 am
- Social LB 2:30 pm – 10:00 pm (All members)

23

- Playgroup 9:30 am – 11:30 am
- Social LB 2:30 pm – 10:00 pm (All members)

30

- Playgroup 9:30 am – 11:30 am
- Social LB 2:30 pm – 10:00 pm (All members)

At-A-Glance

Mother's Day Lunch Buffet

14 May
Garden Marquee
12:00 pm

French Wine Tasting

19 May
Gunners Bar Entrance
6:30 pm



Wednesday

3

- Social LB 2:30 pm – 7:00 pm (All members) LB League Team Practice 7 pm – 10 pm
- Pilates Group Class 7:30 pm
- Squash Team Practice 6:45 pm – 10 pm (Cts 1&2)
- Football Training Night

10

- Social LB 2:30 pm – 7:00 pm (All members) LB League Team Practice 7 pm – 10 pm
- Pilates Group Class 7:30 pm
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- Football Training Night

17

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- Football Training Night

24

- Social LB 2:30 pm – 7:00 pm (All members) LB League Team Practice 7 pm – 10 pm
- Pilates Group Class 7:30 pm
- Squash Team Practice 6:45 pm – 10 pm (Cts 1&2)
- Football Training Night

31

- Social LB 2:30 pm – 7:00 pm (All members) LB League Team Practice 7 pm – 10 pm
- Pilates Group Class 7:30 pm
- Squash Team Practice 6:45 pm – 10 pm (Cts 1&2)
- Football Training Night

Thursday

4

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 7:00 pm (All members) LB League Team Practice 7 pm – 10 pm
- Senior Cricket 7 pm – 9 pm

11

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
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18

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
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25

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
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- Senior Cricket 7 pm – 9 pm

Friday

5

- Playgroup 9:30 am – 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 pm – 6 pm (Squash court)

12

- Playgroup 9:30 am – 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 pm – 6 pm (Squash court)

19

- Playgroup 9:30 am – 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 pm – 6 pm (Squash court)

26

- Playgroup 9:30 am – 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 pm – 6 pm (Squash court)

Saturday

6

- Social Tennis (Ct 3) 3 pm – 7 pm, (Ct4) 3 pm – 8 pm
- Pilates Classes, 9:15 am, 10:30 am and 1:45 pm
- Squash Afternoon 2:30 pm – 5:30 pm (Cts 1&2)
- Lawn Bowl 2:30 pm – 7:00 pm (LB Section members only)

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20

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Sunday

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Tuesday



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At-A-Glance

European Wine Tasting

23 June
Gunners Bar Entrance
6:30pm



Wednesday

Thursday

Friday

Saturday

1

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 7:00 pm (All members)
LB League Team Practice 7 pm – 10 pm
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USRC



United Services Recreation Club
Hong Kong's Best Kept Secret

Swimming Class



Private

Mon to Fri 10am to 6pm

Sat 9am to 1pm

Member

1 on 1	\$450/student
1 on 2	\$300/student
1 on 3	\$260/student
1 on 4	\$220/student

* 45mins per session



**Contact Coach Eric 9603-9620
or Reception 3966-8600 for details**

Swimming Pool Re-opening

After almost 3 month's closure, work on our swimming pool was completed and was re-opened on 25 April.

The work included waterproofing and tiling of the swimming pool, while freshening up the surrounding area with new shrubbery and lights will follow shortly, along with a new diving board.





United Services Recreation Club
Hong Kong's Best Kept Secret

Best of French Wine Tasting

CHAMPAGNE

BORDEAUX

CAHORS

RHONE

ALSACE



Venue: USRC-Gunners Bar Entrance

Date: May 19, 2017 (Friday)

Time: 18:30-20:30



All wines are sponsored by

Classes & Activities at the USRC

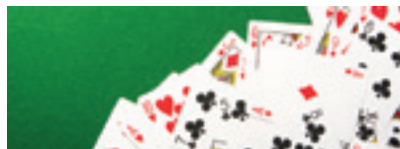
Aqua Exercise

Abra Tsui

Email: ducgoo@gmail.com

- \$450 Private lesson
- \$250 Semiprivate lesson
- Members only

Refer to instructor for schedule



Bridge

Kent

Tel: 9020 3269

Julia

Tel: 9830 7131

Thursday: 9:30am – 12:30pm

No charge (must call before attending)

Cricket

Muhammad I. Gull

Tel: 9421 4741

Email: sportsofficer@usrc.org.hk

Individual Lesson (including) Beginners,
Intermediate & Advance Cricketers

\$350 per hour (member)

\$400 per hour (guests)

Group Lesson (minimum 2 to 6 persons) –
\$700 per 1 ½ hour

Team Training (minimum 2 to 6 persons) –
\$800 per 2 hours

Junior's Individual Lesson

\$300 per hour (member)

\$350 per hour (guests)

Junior's Group Lesson (minimum 2 to 4
kids) – \$600 per 1 ½ hours

Junior's Team Training (minimum 2 to 6
persons) – \$700 per 1 ½ hours

(Beginners or any age kids are welcome)

Football

Alan Urmston

Email: alanu@netvigator.com

Wednesday: 7:30-9:00 pm, King's Park

\$50 for 90 minutes' playing time (adult)

Gym Familiarisation

Contact Reception 3966 8600/611

for registration and scheduled class times

– 30 minutes per lesson

Private lesson \$100

Pilates

JM Pilates Studio

Tel: 9194 5856

Email: jmpilates@yahoo.ca

Group classes – \$165 per class

Group classes are held:

Monday 4pm and 7:30pm,

Wednesday 7:00pm and 8:00pm,

Friday 4pm, Saturday 10:30am and 1:45pm

Private Lesson – \$650

Please contact joanne@jmpilates.com for
guests pricing.

Playgroup

Nicola Bagguss

Tel: 9775 4944

Tuesday: 9:30am, Friday: 9:30am

\$50 for the first child (member)

\$88 for the first child (guests)

\$35 per additional child or parent

Squash

Ilyas Gull

Tel: 9421 4741

Email: sportsofficer@usrc.org.hk

Adults

1. Private lesson for adult \$350 per hour
2. Group of 2 \$600 per hour
3. Group of 2-4 \$800 1½ per hrs

Juniors

1. Private lesson \$300 per hour
2. Group of 2 \$500 per hour
3. Group of 2-4 \$600 1½ per hrs



Swimming Classes

Eric Fung

HKSCA Level 1 Coach

Tel: 9603 9620

Email: kyfung.eric@gmail.com

Private Lesson (for members only)

1 person - \$450

2 persons - \$600

3 persons - \$780

4 persons - \$880

Tennis

Battad Tennis Coaching Co

Andrea Charity U. Battad

Tel: 9026 5685 (evening till midnight)

Email: andreacharitybattad@gmail.com

Private Lesson

\$600 per hour (member)

\$700 per hour (guests)

Group Lesson (minimum 2 to 4 people)

\$200 per hour per person (member)

\$250 per hour per person (guest)

Tennis Coaching

Chris Hunt

HKTA Qualified Coach, Licensed Level II.

USRC Junior Tennis Teams Captain

(Under 14s and Under 18s)

Tel: 9316 6191/ 2550 5094 (evening till
midnight)

Drop-in group lesson:

\$180 per hour per child

Saturday: 10am – 11am (beginners group)

Saturday: 11am – 1pm (intermediate group)

Thursday: 6pm – 7pm (intermediate group)

Super group lesson – by appointment only:

\$260 per hour per child

Tuesday: 5pm – 7pm (improvement class I)

Thursday: 4pm – 6pm (improvement class II)

Private lesson (for members only)

1 person – \$520, 2 persons – \$680,

3 persons – \$880, 4 persons – \$1,080,

5 persons – \$1,350, 6 persons – \$1,620

\$200 per hour per person (member)

\$250 per hour per person (guest)

Yoga

Jesse Tong

Tel: 9488 5869

Friday: 10:30am – 12noon, \$180 per lesson





Cricket News

by Ahmed Saleem
Cricket Convenor



Charity Event 2017

On Saturday April 8th, while much of Hong Kong partied at the 'Sevens', the cricket section held their annual charity event at King's Park.

As in 2016, the section decided to support the work of Christian Action in the local Kowloon community. Christian Action runs various programmes to support ethnic minorities living in and around our district, in particular children from the Indian, Pakistani and Nepali communities. Activities and courses are organised for youngsters to provide them with opportunities they might otherwise miss out on. Included within this is a cricket training programme, and the Cricket Section was delighted to host twelve of Christian Action's junior cricketers at the event.

During a fun-packed afternoon, the section played a number of 6 and 8 a-side, limited overs, tape ball matches.

Teams were formed from our U-11, U-13, and U-15 age groups, who were joined by two sides of boys from Christian Action. Our Women's squad were also in attendance and enjoyed a friendly and competitive squad match.

Some great cricket was played across the games, with some rapid bowling and fantastic shot making, taking full advantage of the open space of the ground. A few balls made their way out of ground with some enormous sixes being struck.

We were delighted to host our Treasurer, Mr. Felix Hart, and General Manager, Mr Noel Burns, and thank them for providing their support and attending the presentation.

Thanks also to the Football Section and Alan Urmston for facilitating access to the pitch, to Montgomery Sports for sponsoring event shirts, and to all who donated to this worthy cause.

Many thanks to Mr.Kuldeep Buttar of Buttar & Associates, Hong Kong, Capt. Shahzada Saleem Ahmed, Mr P. Chandrasekhar, Mr Prateek Singhi, Mr Abhishek Prakash Jain, Mr Ravi Prakash Chopra, Mr Ashutosh Bhargava and Mr Arun Jain for their generous contributions.

Last but not the least, the hard work by Michael Caves, James Minett, Ilyas Gull and valuable assistance provided by parents including Mr Sohail Anwar and Mr Sajid Khalil. It is very highly appreciated and acknowledged by us towards making this event such a success.





U-11 win league

Our youngest squad have concluded another fantastic regular season, coming to the end of their league programme undefeated and top of the table.

This is the second season running that they have not lost a single championship match in the regular campaign, and they now progress to a semi-final after Easter.

Fingers crossed they can progress to the final and get a shot at bringing back to USRC the trophy they won in 2015.

Cricket Hong Kong representation

Congratulations to Head Coach, Ilyas Gul, for being part of the coaching team for Hong Kong at the recent 'ACC Emerging Teams Cup' held in Bangladesh.

Ilyas joined the squad for matches against Bangladesh,

Pakistan, and Nepal in testing match conditions and tight security.

Also, in the squad, which was made up of some of the best U-23 cricketers in Hong Kong, was USRC's Mohammad Awais.

Great result for Men's Team

Special mention this month to our top USRC/ MCC Elite team, who pulled off a fantastic victory recently against DLSW. Batting first, our guys posted a defendable, though not spectacular, 173. However, they were able to claim a great win by restricting the opposition to 157, thanks to a great spell from Max Abbott, returning 6 wickets for 36 runs. This now moves the team into a stronger position in the table with 3 wins from 5 matches.

Coaching provided by



USRC FOOTBALL ACADEMY



SPRING PROGRAM (APRIL - JUNE 2017)

Day	MON	TUE	WED	THU	FRI	SAT		
Venue	King's Park	USRC	King's Park	USRC	King's Park	USRC		YMCA CC
Time	16:30-18:00	16:30-18:00	16:30-18:00	16:30 -18:00	16:30-18:00	8:00 - 9:30	9:30 -11:00	15:00-17:00
Age group	3-16y	U8,U9,U10 Futsal Style	3-16y, GoalKeeper	U11,12,13 Futsal Style	3-16y, GoalKeeper	6-10y Futsal Style	3-6y Futsal Style	8-12y



**Learn the DYNAMIC
BRAZILIAN way!**



ONLINE REGISTRATION IS NOW AVAILABLE at www.brasiltopskills.com

Shuttle Bus is available! (KJS 3:45,HungHom 4:05⇌ King's Park)

King's Park 11 Wylie path, Ho Man Tin, Kowloon
 USRC United Services Recreation Club, 1 Gascoigne Road, King's Park, Kowloon
 YMCA of HK Christian College 2 Chung Yat Street, Tung Chung, N.T.

Contact: sportsadmin@usrc.org.hk (852) 9815 3151 www.brasiltopskills.com



Football News

Alan Urmston
Football Convenor



The spring period proved a busy one for the Football Section, up until the usual breaks for Rugby Sevens, and Easter, and in football it is often the time of year that decides championships.

USRC Gunners

Gunners played five games in late February-March, winning four and losing just the one. There were wins in the Legal League against Goodfellas (4-3), notable for a hat-trick from Joe Orchard, FWD (4-2) and Ruby Murrays (2-0). The goals were spread around in these games but Toby Farmer managed to get one in each game. The other two games came in the Cup. A narrow 1-0 win over FWD thanks to Ian Casey's goal saw Gunners through to the quarter-final and a date with Discovery Bay in the semi. There's a lot of history in this fixture, with a number of ex-USRC men in the DB set-up, including manager Gary Rollinson and his son David, and current HKFC first team players Robbie Scott and Robbie Bacon. Gunners were up for this one, having lost both league fixtures to the outfit set to win the League, and it was honours even in a thrilling contest up until the last 15 minutes. The Gunners tired and DB eventually scored three without reply to go through to the final.

Going to press, Gunners were lying third in the table, seven points behind Discovery Bay with each team having five games left to play.



USRC 1911

USRC 1911 also played five games, winning two and losing three. There were plenty of goals though, a total of 35 to average 7 in each game. The wins came against BTDT (6-0) and FWD Seniors (5-3). Unfortunately 1911 were on the wrong end of results against DBFC Vets (2-8 and 1-3) and HKFC (2-5). Amongst the goals were Greg Turner (5), John Bona (2) and Dave Buckley (2).

So 1911 had 18 points from 11 games and were 10 behind HKFC, lying fourth in the table. Their best hope of silverware lay in the Cup, where they were due to play DBFC Vets on 21st April.

USRC Vitesse

Two games for USRC Vitesse in March. The first was a 2-2 draw with a team from Christian Action. Eddie Shek and Jason Chi scored the goals. That was followed by a 2-1 defeat to Kelme, a team made up of ex-pros from Caroline Hill. Again, Eddie Shek got on the scoresheet.

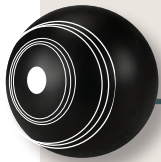
USRC Football Academy

Our junior football academy is run by Brasil Top Skills (BTS) (www.brasiltopskills.com/) under Head Coach Eder Ferreira. There are exciting programmes coming up so check out the advert opposite, the website, the Football Section notice board or ask at Reception for details.

HKFC Citi Soccer Sevens

USRC will again take part in the Masters Tournament at the HKFC Citi Soccer Sevens, to be played at Hong Kong Football Club on the weekend of 26-28 May. This is a tournament in which we have reached the last three finals, being winners in 2015. The squad will be made up of players from the Football Section, and a couple of guest ex-pros. Other teams in the Masters include Citi All Stars (ex-EPL players), Wallsend Boys Club and Singapore Cricket Club. There is also a Main Tournament, with teams such as Leicester City, West Ham and Aston Villa from England, Bayer Leverkusen from Germany, Cagliari from Italy and Olympique Marseille from France taking part. For more details, including how to get tickets, visit the website at www.hksoccersevens.com/

We hope as many members as possible will come along to the Sevens to support the USRC.



Lawn Bowls News

by Louis Armstrong

Tomorrow @ Annie

這一回：奔向未來

The Annual General Meeting 2017 was held at the Garden Marquee on April 1. Acting convenor Dr. Annie Yeung delivered a concise summary of the league results and various events for the months of her tenure. A new Lawn Bowl Section Subcommittee was elected under the USRC Byelaws. A first time female-predominant subcommittee is born.



A ray of hope flickers in the sky,
a tiny star lights up way up high.

Convenor	Cindy Robinson
Men's Captain	Dicky Wong
Women's Captain	Hana Ko
Green Convenor	Ricky Mak
Treasurer	Irene Leung
Social Officer	Helen Lo
Development Officer	Elise Lo

The new Convenor will assuredly fulfil "love USRC, love LBS", and is also fully supported by the HKSARUSRCLBS bowlers. She will stand by the "One Convenor, Two Captains" and we are going to have the perfect pairing between the old USRC tradition and the new cyanosure.



And here's to you,
Mrs. Robinson,
We will love you more than you
will know,
wo wo wo,
God bless you please,
Mrs. Robinson,
Section holds a place for those
who play,
hey hey hey,
hey hey hey.



Piglet Sacrifice Day cum Green Opening



Wa-see-yans making wishes for good fortunes in the coming year of lawn bowling. Yes, we desperately need them!



Those were the days

Once upon a time there was a tavern
Where we used to raise a glass or two
Remember how we laughed away the hours
And dreamed of all the great things we would do



Then the busy years went rushing by us
We lost our starry notions on the way
If by chance I'd see you in the tavern
We'd smile at one another and we'd say



Just tonight I stood before the tavern
Nothing seemed the way it used to be
In the glass I saw a strange reflection
Was that lonely fellow really me



Through the door there came familiar laughter
I saw your face and heard you call my name
Oh my friend we're older but no wiser
For in our hearts the dreams are still the same



Those were the days my friend
We thought they'd never end
We'd sing and dance forever and a day
We'd live the life we choose We'd fight and never lose
For we were young and sure to have our way!

Preseason Game

Friendly match with HKCC on April 8 was full of fun, joy and wine. Our hospitality? No need to doubt!



After the four rounds of matches, our heavy weighted team with Jacob, Calvin, Allen and John Luk came up first, but tied with a HKCC team in scores and shot differences. With an exhilarating bonus end with each player delivering just one bowl to break the tie, the result was ... Well, so sorry, you have missed the live show! (And there will be no video replay ...)



ULB123K1 PlayGroup & Nursery



ULB777BS University Course

Practice may make perfect but experience sharing can also deliver inspiration. A series of skill refinement workshops “Learning from Veteran” started on April 11 with Mr O. Adem as the first veteran invited. Mr Adem’s titles inclusive of those in Commonwealth Games will help metamorphosis of our bowlers to the future stars.



Section Dinner cum Prize Presentation

Medals and trophies for Club Singles, and Best Players of Triples League were presented during Section Dinner on March 4.





Questions Frequently Asked

Q. Can our team use substitute in resumed league game (eg postponed due to inclement weather)?

A. Only one substitute per rink is permitted in resumed matches. Exception has to get prior approval from the National League Panel. No substitute may play in the position of skip. [Practical note: Total three players are allowed as substitutes and they should play for different rinks of the Side.]

Note that interrupted league games shall be resumed with no more players than at any time the match was interrupted. That is, if the Side started the original match with, say, 11 players, they are not allowed to field the resumed match with 12 players, and so on.

Q. How about substitute in competitions?

A. Only one substitute shall be permitted for each team in each match. Any substitution shall be duly notified in writing to the National Championships Panel prior to the commencement of a match. A bowler shall not be allowed to substitute for more than one team in the same competition.

Answers are based on Laws of the Sport of Bowls Crystal Mark Third Edition and HKLBA Byelaw version 16

Do You Know?

Something that even captains do it wrong ... The current steps to assign rinks in league matches are:

Step 1: Home and Away Captains enter their players' names in their own score cards. They shuffle and exchange the score cards without looking at the inside pages.

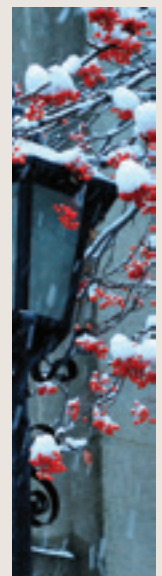
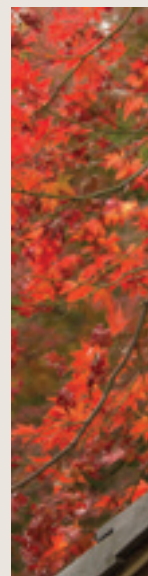
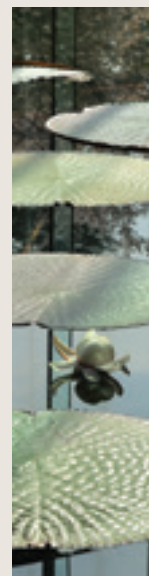
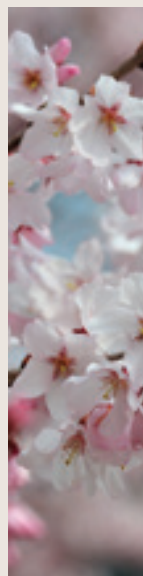
Step 2: Away captain lays down the home-side score cards with data facing down. (S)he then marks the rink number to be played on each of the cards. (Score cards of Away team are still in the hands of Home Captain.)

Step 3: Home captain then pairs off the away-side score cards on top of those marked home-side score cards.

Step 4: Both captains turn over the score cards and complete/ copy the names of their players on to the opponent's cards.

Do you hear the people sing?

There is a life about to start when tomorrow comes!
Thanks all fellows for all your kind and sweet support.
little annie





Rugby News

Marco Cassandro
Rugby Convenor



Boys Section Review

USRC Tigers Boys Youth Section has just enjoyed one of their most successful season in recent years and all signs are pointing towards it continuing. Led by a group of committed and knowledgeable coaches, the Youth Section has continued to develop the up and coming talent generated by the Mini's.

This was demonstrated by the rise of the U13's and U14's throughout the season, moving up to youth rugby seemed to hit these young players hard at the beginning but guided by National Age Group coach Jun Sing Lee and first team player, Kohei Mitsuhashi, the boys responded well to a tough start. They eventually finished the season in winning style by winning the Bowl Final.

The U16's, who have proved to be the team to beat in their respective age group, hit the ground running, and with a new coaching set up lead by HK 7's player Jack Capon and assisted by new 1st team players Jamie Chipman and Alex Woodburn, continued the success which they have achieved in previous years.

With star players Charlie Walsh, Dylan White and Shiven Dukhande leading from the front, USRC Tigers U16's Division 1 team proved to be a team feared throughout the season. They were to do the league and cup double and was later backed up by a successful defence of the IYT 7's tournament.

Victories filtered down through the divisions with the Division 2 and 3 teams both having a winning season. The Division 2 team eventually taking home the Cup in the Final

against a strong DBP/Kukris team who had been steam rolling the league all season.

With a massive boost in numbers, the U19's were able to field a 3rd team for the first time in its history. This translated into successful results with our 3rd and 2nd teams having winning seasons, the 2nd team eventually beating a previously unbeaten Valley team to take home the Cup. Stand out players included Daniel Bristow and Jacob Van Der Haegen for the third team and Ken Koybiashi and Mervyn Lo for the 2nd team.

Highlights included a feisty encounter with DB Pirates/ Causeway Bay at TSW with our boys digging deep to win a game that was in the balance for the majority of the match. It was a real testament to the boys' character to pull through for a great win.

The first team were unlucky runners up to a well-contested final against HKFC. The boys were unlucky to lose and lack of quality games before the final in January and February really told against us. The improvement across the team throughout the year was excellent. With some great wins, the group showed an ability to score tries from anywhere and to work hard for each other. With hard work and determination the boys managed to win the IYT tournament to close out their season in style with ever-present Captain Oliver Overman driving his team to victory.

Success on the field translated to National Age Grade Honours for over 35 of our boys this season with either representing HK 20's during the World Trophy or pulling on the HK shirt in the showcase HK 7's. This couldn't have been achieved without the help and continued support from all the managers and parents this year, with special mention to Hau Chow who took on the mantle of Chairman.

As a club we are already looking forward to next season, where we hope we can replicate what was achieved whilst providing a platform for our young athletes to become not only better players, but also better people.





Squash News

Chung Leung
Squash Convenor



HK Squash Winter League

The 2016/17 HK Squash Winter League has just concluded and once again USRC had some great results with 2 of our teams winning their respective divisions after some of the closest matches seen in recent years at USRC. The other teams had seasons to forget but they are all fired up to continue their battles into the summer leagues.

Anyway in the convenor's own words ...



USRC 2 celebrating in style (l-r) Ilyas, Chung, Shivam, Julian, James, Wilson and supporter

USRC 2 report by Convenor Julian Ragless

USRC 2 was something of a rag tag team pulled together by our respected leaders (sic) but with the addition of some quality firepower at the top of the order (Bilal Khan) and sting in our tail, we had the ingredients of a successful campaign. With only 7 teams in the league, we had to play three rounds, and it turned out to be a game of three halves. A 5-0 win over the old enemy KCC in our opening match set the tone for an undefeated first round. If the truth be told, this success was achieved by having a couple of sacrificial old goats at #2 and #3 which allowed our young guns to dominate at #4 and #5.

Having struck upon a winning formula, we therefore decided to change it. The revised order had a young gun (in the form of Shivam Hemnani) moved up to #2, which took something from our sting at the lower order. After we lost 4-1 to the KCC, we knew things were going to be tougher, and we only managed to win 4 out of 7 in the second round. That still left us top of the league but with a drastically cut margin and some fired-up teams chasing our tail. At this point, Gull (our team psychologist) gave a motivational pep talk instructing us

that it was "ours to lose" and stressing the importance of players being available. Inevitably half the team was unavailable for the next two matches which we proceeded to lose with aplomb, including another loss to the KCC. At this point, the team captain was scrambling over Excel to predict the outcome of the remaining matches for us and our competitors, with only a few points separating the top 5 teams. Things were looking rather grim, but after some strong performances at the end and a few trip-ups from our competitors, the points advantage that we had built up in the first round managed to carry us through and we won the league by two points.

Special thanks to Bilal at #1 for leading with some outstanding squash at the front, Shivam for stepping up to #2 and keeping us amused with his millennial deliberations on career choices, Gull for his mentorship, James Poon for being our most consistent smoker and dependable player, Wilson Choi for being continually available and supporting us on every match whether playing or not, Billy Chan for being available when we needed him most, and Chung for buying the beer (the less said about his squash the better).

And so to the play-offs ...

USRC M4 report by Convenor Gary McAuslan

M4 Squash The Masters Team has won the M4 league thanks to good team spirit & some great efforts from the team on and off the court. We have some new blood replacing members who have retired or left Hong Kong to keep our well respected Masters Team going. Congratulations to our latest sports member Wilfred Lai who has helped with his commitment and also Victor Poon who is an ex HK number 1 and also shown great commitment and performed well at no 1 losing only 1 match and provided training and tips for the team (and is still patiently waiting for his sports membership). We also have a playoff for the top 4 teams and welcome any support at the HKSC on 27/4/17 against #2 team Jaws. A photo of team enjoying hosting HKCC at Gunners for the famous USRC curry.



USRC M4 with the famous curry



Tennis News

**Martin Li,
Tennis Convenor**



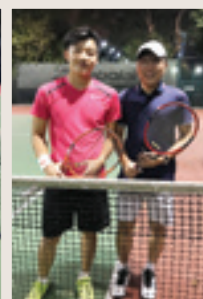
Tournament 2017

The USRC 2017 Annual Tennis Tournament was successfully held on 25th & 26th March and 1st, 2nd & 8th April. In total, 42 teams participated in this tournament. During the match, all players fully elaborated their skills and tactics to achieve their best results.

Although it was a very competitive tournament, the players maintained a good sportsmanship to the end. Moreover, I thank our committee to take a great effort to organise it, particularly Maide, Cindy and volunteer Mr William Ho. They were very helpful when solving some disputes and helping the matches run smoothly.

I also appreciated seeing spectators to the event which helped lift the atmosphere of the Tournament.

Hope to see you all again next year in the USRC Annual Tennis Tournament!



The result of Tennis Tournament 2017 is as follows:

Item	Trophy / Position	Winners
Mens Singles	Cup - Champion	15/4 final match
Mens Singles	Cup - 1st Runner up	15/4 final match
Mens Singles	Plate - Champion	Albert Lai
Mens Singles	Plate - 1st Runner up	Vince Chan
Mens Doubles	Cup - Champion	Ken Chan / Thomas Lee
Mens Doubles	Cup - 1st Runner up	Pragnesh Mehta / Devang
Mens Doubles	Plate - Champion	Mutha / Amit Jain
Mens Doubles	Plate - 1st Runner up	Kennth Chiu / Sunny Leung
Ladies Doubles	Cup - Champion	Linda Tong / Condy Ip
Ladies Doubles	Cup - 1st Runner up	Jenny Chu / Lina Chan
120+	Cup - Champion	Billy Lau / Barry Yung
120+	Cup - 1st Runner up	Eric Tai / Dennis Ng
Mixed Doubles	Cup - Champion	Ken Chan / Charmaine Chau
Mixed Doubles	Cup - 1st Runner up	Sam Kwan / Lin Pang
Mixed Doubles	Plate - Champion	Barry Yung / Linda Tong
Mixed Doubles	Plate - 1st Runner up	Kenneth and Francis



Annual General Meeting/ Annual Dinner/ Charity Event

I would like to inform you that the Annual General Meeting, Annual Dinner and Charity Event will be held on 6th May 2017 in the Marquee and I want to encourage everyone to join it. During the Annual Dinner, we have essential events for raising funds and the collected funds will be donated to a charity organisation. For enquiries and details, please contact Cindy or Maide.

Excellent Members

Our Junior Sport Member, Ms. Jenny Wong, has an outstanding performance in a worldwide tournament. Recently she participated in the Junior Davis Cup Asia and gained a good result. Well done!



Gone Fishing

Mr Eddie Wu and his prized fish that he caught



Easter Day Tennis

Friendly matches with Panyu Tennis Team 番禺 from China on Easter Day





USRC Taekwondo

Learn the traditional martial art in a fun way in April-July 2017



Taekwondo is a martial art that emphasizes on discipline training. Other than physically fitness, students can learn to overcome hardship, and to build up a confidence and optimism character in life.

Classes will be located at the USRC Squash Court

Programme Schedule

Day	Duration	Age	Class & Time	Member	Guest
Friday	Apr 21-Jul 7 12 sessions	5 years old and above	Beginner: 4:30-5:30pm	\$2,160	\$2,300
			Intermediate: 4:30-6:00	\$3,000	\$3,200

About Master Simon Yik

- Over 15 years of teaching experience in various international schools
- 6th Degree Black Belt, Certified International Instructor, WTF
- Diploma in Sports Science & Fitness, AASFP

Remarks

- Uniform can be purchased from Master Yik
- Please wear casual clothing for the first class
- Trial class is welcome

Contact Master Yik

Mobile: 9133 4333 Email: simonyik@hotmail.com



Enrolment forms are available at reception

SUDOKU

A Sudoku puzzle consists of a 9 x 9-square grid subdivided into nine 3 x 3 boxes. Some of the squares contain numbers. The object is to fill in the remaining squares so that every row, every column, and every 3 x 3 box contains each of the numbers from 1 to 9 only once.

			4		8		1	
	7						8	
			9	1				2
						5		
6					3		2	1
1				9				
	3		5					
5	8						9	
			3		7	4		

Submit your answer to the Club or fax 2724 0949 on or before Sunday, 4th June 2017. All correct entries will be placed into a draw. The Winner will receive 3 Courses Set Lunch for two person at Gascoigne Room. *Good Luck!*

Name: _____ Membership No: _____

Contact Tel No: _____



**March & April Word Search drawn by
Member Mr. Mak**



**Congratulations to March & April
Word Search Winner, Mr. Lau**

Pasta Promotion

Available 1st – 30th Jun 2017



All below pasta at HK\$ 50 per bowl

***One pasta can serve as appetizer,
or as main course if accompanied by extra protein and bread.***

Wild mushroom and truffle penne pasta

With a dash of cream, parmesan cheese and parsley

Potato gnocchi

Roma tomato sauce, parmesan and oregano leaves

Pappardelle pasta

Carbonara with cheese, cream and pancetta

Spaghetti with Pesto

Basil, garlic, parmesan cheese, pine nuts and olive oil

Strozzapreti

*With semi dried tomatoes, kalamata olives, parmesan cheese,
fresh basil and extra virgin olive oil*

Add a bowl of daily soup for only HK\$20

Extra protein for your pasta:

☞ 63 degrees boiled egg	HK\$ 8
☞ Grilled asparagus in prosciutto	HK\$ 28
☞ Grilled salmon fillet	HK\$ 32
☞ Chicken piccata	HK\$ 35
☞ Beef cheek ragu	HK\$ 70

Compliment your salad

with some delicious bread:

☞ 2 pieces garlic bread	HK\$ 8
☞ 2 slices buttered and grilled walnut and fig rye bread	HK\$ 10
☞ 2 pieces Turkish pita breads	HK\$ 10

Available at the Garden Café, poolside and Gunners Bar from 11am onwards.

Spot the Differences



Keep Score:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Submit your answer to the Club reception **on or before 4th June 2017**. All correct entries will receive a FREE SMOOTHIE* from the Club.

Name: _____ Membership No: _____

Contact No: _____

*Please note only one entry will be accepted per membership

The Union Club of British Columbia

Founded in 1879, the Union Club of British Columbia is a landmark institution in the heart of downtown Victoria. With an imposing neo-Georgian design inspired by the classic clubs of London, this heritage building has always offered premier service, amenities, companionship, and exceptional comfort. And because of those virtues, the Club has consistently attracted a diverse and impressive membership – the type of community movers and shakers who have been at the heart of the business, political, and cultural life of Victoria from its early colonial beginnings. Our impressive list of Members represents a legacy of leadership that has helped Victoria to become one of the most attractive and sophisticated cities in all Canada.

Step through the front door and you're in a grand lobby with rich mahogany paneling, a 20-foot ceiling, and an expanse of stained glass skylights. It's an appropriately grand welcome from a Club that takes great pride in being a full-service institution with superb facilities, welcoming staff, and a friendly atmosphere. We offer an elegant, relaxed, and amiable ambience for men and women: an oasis for reading, conversation, and fine dining. Our goal is always to ensure that Members and Guests feel as relaxed and comfortable as they would at home.

Whether you are interested in long-term membership or are just planning a visit to Victoria, the Union Club is eager to offer a unique array of experiences, amenities, and contacts.

The Inn at the Union Club

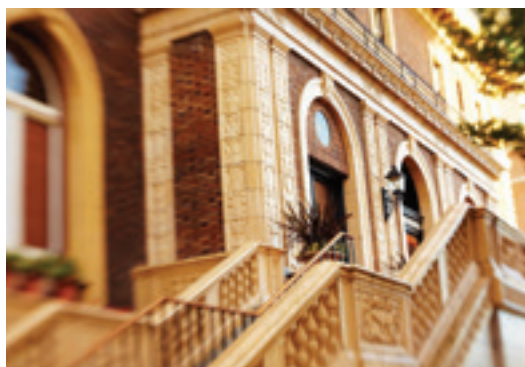
Ensnconced within the Union Club of British Columbia can be found the Inn at the Union Club. Refined and discreet, this century-old Inn is an oasis of privacy and privilege that combines Old World flair with the most modern of hotel amenities. It has 22 guest rooms, including seven suites with separate sitting rooms. All rooms are appointed with comfortable queen or king-sized beds, and many of the Inn's rooms have marvelous views of the scenic Victoria Inner Harbour. The Union Club Inn is ideal for both leisure and business travellers.

These rooms are available to Union Club Members, guests

of Members, or those belonging to any of our 450 affiliated clubs, worldwide. Prices are quite reasonable, and inclusive of breakfast, internet access, local calls, and the daily newspaper. All of the Union Club facilities are also available for use, including the Club's fitness centre, the billiards room, the rooftop terrace, and a variety of exceptional dining options.

Meeting Rooms

Our three meeting rooms, approximately 100 square feet each, are ideal for small gatherings of up to a dozen people. Conveniently located on the Club's first floor, they are well suited for interviews, board meetings, and planning sessions. Continental breakfasts and working lunch packages are available for these rooms.



McGregor Bar & Lounge

Anyone looking for a casual drink in a charming room rich with Victorian atmosphere will be delighted with the McGregor Bar & Lounge.

The McGregor Bar has many premium bottles of gin, tequila, rum, cognac, and various liqueurs on offer, but what most impresses is the 75 different choices of single malt scotch – one of the best selections in the entire country.

With drinks priced just a bit above cost, this bar offers what many consider to be Victoria's finest.

The McGregor Lounge is a favorite spot for a relaxed luncheon, comfortable dinner or socializing during Monday night 'Ladies' Night' or Wednesday night 'Men's Night'. Features such as 'Prawn Monday', 'Curry Thursday' and 'Pub Night' are enjoyed by all, under the expanse of stained glass skylights.

Fitness Centre

One of the most popular features of the Club is the Executive Fitness Centre featuring a wide variety of modern exercise equipment such as high-tech stationary and recumbent bikes and elliptical trainers. A relaxing steam room is also provided. The locker rooms are comfortable and nicely appointed, with private shower rooms and luxuriously fluffy towels. The Centre is open daily from 7:00am to 10:00pm

List of Reciprocal Clubs

COUNTRY	CITY	CLUB NAME	COUNTRY	CITY	CLUB NAME
Australia	Adelaide	Naval, Military & Air Force Club of South Australia	Malaysia	Ipoh	Royal Ipoh Club
	Brisbane	United Service Club		Johor	Segamat Country Club
	Canberra	Canberra Club		Kuala Lumpur	Royal Commonwealth Society
	Melbourne	The Commonwealth Club		Penang	Penang Club
		The Kelvin Club		Port Dickson	Royal Port Dickson Yacht Club
		Kooyong Lawn Tennis Club		Sabah	Sandakan Yacht Club
	Perth	Royal Automobile Club of Victoria		The Tawau Yacht Club	
	Sydney	The Western Australian Club	Mexico	Jalisco	University Club de Guadalajara
Belgium	Bruxelles	The Royal Exchange Club of Sydney		Mexico	El Palomar Country Club
	Gent	Royal Automobile Club of Australia	New Zealand	Wellington	The University Club of Mexico
Brazil	Rio De Janeiro	The Royal South Yarra Lawn Tennis Club			The Northern Club
					The Dunedin Club
Canada	Vancouver	International Club Chateau Sainte-Anne			The Hawkes Bay Club
		International Club of Flanders			The Wellesley Club
China	Taipei	Clube Americano Do Rio De Janeiro			The Wellington Club
			Philippines	Baguio City	Baguio Country Club
England	Bath	Hollyburn Country Club		Cebu	City Sports Club Cebu
	London	Jericho Tennis Club	Portugal	Lisboa	Gremio Literario
France	Paris	Terminal City Club		Oporto	Oporto Cricket & Lawn Tennis Club
			Scotland	Aberdeen	The Royal Northern and University Club
Germany	Berlin	Union Club of British Columbia		Edinburgh	The New Club
	Frankfurt				The Royal Scots Club
India	Ahmedabad	American Club Taipei	Singapore	Camden Park	Hollandse Club
	Bangalore	The Landmark Club		Singapore	Ceylon Sports Club
Indonesia	Medan	The Bath & County Club		Yishun	Orchid Country Club
			South Africa	Cape Town	The Cape Town Club
Ireland	Belfast	The Army & Navy Club		Durban	Durban Club
	Dublin	Carlton Club		Grahamstown	Albany Club
Japan	Kobe	Naval & Military Club	Spain	Barcelona	Círculo Equestre
				Bilbao	Sociedad Bilbaina
Kenya	Nairobi	St. James Hotel and Club		Madrid	La Gran Pena
	Mombassa	The Lansdowne Club	Sweden	Stockholm	Military Club of Stockholm
Luxembourg					
			Thailand	Bangkok	The British Club
Malaysia	Ipoh	Royal Ipoh Club	Trinidad	Port of Spain	Trinidad Union Club
	Johor	Segamat Country Club			
Mexico	Kuala Lumpur	Royal Commonwealth Society	U.S.A.	Bellevue	Bellevue Club
	Penang	Penang Club			
New Zealand	Wellington	The Wellesley Club		Berkeley	The Berkeley City Club
		The Wellington Club			
Philippines	Baguio City	Baguio Country Club		Cincinnati	Cincinnati Athletic Club
	Cebu	City Sports Club Cebu			
Portugal	Lisboa	Gremio Literario		Kansas	The Kansas City Club
	Oporto	Oporto Cricket & Lawn Tennis Club			
Scotland	Aberdeen	The Royal Northern and University Club		New Haven	New Haven Lawn Club
	Edinburgh	The New Club			
Singapore	Camden Park	Hollandse Club		New York	The Cornell Club
	Singapore	Ceylon Sports Club			
South Africa	Cape Town	The Cape Town Club		Philadelphia	The Racquet Club of Philadelphia
	Durban	Durban Club			
Spain	Barcelona	Círculo Equestre		Portland	University Club of Portland
	Bilbao	Sociedad Bilbaina			
Sweden	Stockholm	Military Club of Stockholm		San Francisco	The Marines' Memorial Club & Hotel
Thailand	Bangkok	The British Club		Santa Barbara	Santa Barbara Club
Trinidad	Port of Spain	Trinidad Union Club		Washington DC	University Club of Santa Barbara
U.S.A.	Bellevue	Bellevue Club			The Army & Navy Club
	Berkeley	The Berkeley City Club			
	Cincinnati	Cincinnati Athletic Club			The Rainier Club
	Kansas	The Kansas City Club			
	New Haven	New Haven Lawn Club			
	New York	The Cornell Club			
	Philadelphia	The Racquet Club of Philadelphia			
	Portland	University Club of Portland			
	San Francisco	The Marines' Memorial Club & Hotel			
	Santa Barbara	Santa Barbara Club			
	Washington DC	University Club of Santa Barbara			
		The Army & Navy Club			
		The Rainier Club			

Clubs in bold are recently added clubs to our reciprocal list

feel small...

Society tells us to live large. To want bigger cars and even bigger houses.
But when you gaze up at towering glaciers, and see more stars than you could ever possibly count,
you feel something new. You feel small.

valid till 
31Mar2017

**BIG
OFFER**
GOOD TO
FEEL SMALL

5days Maiden Majestic Adriatic Sea

Majestic Princess | Roundtrip from Rome (Civitavecchia)

Rome (Civitavecchia), Italy | Kotor, Montenegro |
Corfu, Greece | Rome (Civitavecchia), Italy

4Apr2017

~~HKD8,984^{up}~~ **58%off**
~~HKD6,852^{up}~~ **HKD3,714^{up}**

More 2017 Europe Sailings:



All Fares INCLUDE Taxes, Fee & Port Expenses.



11days Grand Mediterranean

Royal Princess | From Barcelona to Rome (Civitavecchia)

6May, 9, 30Sep2017

Barcelona, Spain | Toulon/ Marseille (for Provence), France | Florence/Pisa (Livorno), Italy |
Katakolon (Olympia), Greece | Mykonos, Greece | Santorini, Greece | Kotor, Montenegro | Naples,
Italy (for Capri & Pompeii) | Rome (Civitavecchia), Italy

~~HKD19,484^{up}~~ **43%off**
~~HKD14,834^{up}~~ **HKD11,080^{up}**



11days Scandinavia & Russia

Regal Princess | Roundtrip from Copenhagen

30Apr | 11, 22May | 2, 13, 24Jun | 5, 16, 27Jul | 7, 18, 29Aug2017

Copenhagen, Denmark | Oslo, Norway | Berlin (Warnemunde), Germany | Tallinn, Estonia | St. Petersburg,
Russia [Overnight] | Helsinki, Finland | Stockholm, Sweden | Copenhagen, Denmark

~~HKD20,027^{up}~~ **41%off**
~~HKD16,849^{up}~~ **HKD11,812^{up}**



10days Circle Hokkaido

Diamond Princess | Roundtrip from Kobe

13Jun2017

Kobe, Japan | Hakodate, Japan | Aomori, Japan | Otaru, Japan | Abashiri, Japan | Korsakov (Yuzhno-Sakhalinsk),
Russia | Shiretoko Peninsula, Japan [Scenic Cruising] | Kobe, Japan

8days Circle Hokkaido (Roundtrip Yokohama, Tokyo)
are also available from Jul to Oct

~~HKD15,532^{up}~~ **40%off**
~~HKD9,332^{up}~~



7days Kyushu & Shikoku

Diamond Princess | Roundtrip from Kobe

20May2017

Kobe, Japan [Overnight] | Japan Inland Sea, Japan [Scenic Cruising] | Kanmon Straits,
Japan [Scenic Cruising] | Busan, South Korea | Nagasaki, Japan | Miyazaki (Aburatsu), Japan |
Kochi, Japan | Tokushima, Japan | Kobe, Japan

~~HKD10,611^{up}~~ **31%off**
~~HKD7,278^{up}~~

This offer is also applicable in selected British Isles and Western Mediterranean Sailings!

Carnival Corporation Hong Kong Limited

License No. 353772

Promotion will be subject to capacity control.
Please note that package price is listed per person based on double occupancy and subject to capacity control. Terms & Conditions applied. Princess Cruises reserves the right to add, edit, modify, delete any contents without giving any prior notice.