

OASIS

March-April 2018

Your *oasis* — a place where you can find tranquillity and sustenance
USRC Members' Bi-monthly Magazine



EASTER BRUNCH BUFFET

United Service Organisation Club
Hong Kong's Best kept Secret

Join us for a sumptuous brunch
& let the children play!

Sunday, 1 april 2018

11:30am-2:30pm

In the Garden Marquee



Easter Bunny visit

Egg painting contest

Egg hunting competition

HK\$ 498/Adult

HK\$ 188/Child

(Age 3-11)



Personalized Easter egg for all children!

Please register in advance

For reservations,

please call Ms. Karen at 3966 8632 or email fnb.adm.asst@usrc.org.hk

Cancellation & No-show Policy:

- (1) 100% full charge penalty applies if the reservation is cancelled on the day of the event.
- (2) 70% charge penalty applies if the reservation is cancelled on the day before.
- (3) 50% charge penalty applies if the reservation is cancelled 2 days before.
- (4) No penalty charge will be applied if the reservation is cancelled 3 or more days in advance.

LIKE US ON:





1 Gascoigne Road, King's Park,
Kowloon, Hong Kong.
Tel: 3966 8600/8611
Fax: 2724 0949
Email: info@usrc.org.hk
www.usrc.org.hk

General Committee

Chairman Patrick P. T. Cheung, BBS
Email: chairman@usrc.org.hk

Treasurer Felix Hart

Email: treasurer@usrc.org.hk

Membership Director K.C. Ng

Projects & Security Director Les Pearce

Sports Director Eddie Wu

Grounds, Environment & Community Director Kenneth Chiu

Membership Sub-committee

K.C. Ng Andrew Kwan

Alfred Cheng Lily Tam

Joanne Martin Viveka Mansukhani

Disciplinary Sub-committee

K.C. Ng Eric Heung

Felix Hart Ringo Chiu

Eddie Wu Brian McArdle

Viveka Mansukhani

Sports Sub-committee

Cricket Michael Caves

Football Alan Urmston

Lawn Bowls David Robinson

Rugby Marco Cassandro

Squash Chung Leung

Tennis Maide Sun

Sports Convenors

Cricket Ahmed Saleem

Football Alan Urmston

Lawn Bowls Cindy Robinson

Rugby Marco Cassandro

Squash Colman Ng

Tennis Martin Li

Management Team

General Manager Noel Burns

Tel: 3966 8600 Email: gmoffice@usrc.org.hk

Executive Secretary Irene Law

Tel: 3966 8669 Email: gmsec@usrc.org.hk

Financial Controller Felix Lee

Tel: 3966 8699 Email: felix@usrc.org.hk

Facilities & Maintenance Manager Ivan Lui

Tel: 3966 8686 Email: facilities@usrc.org.hk

Membership & Administrative

Assistant Manager Eva Tsang

Tel: 3966 8628 Email: membership2@usrc.org.hk

Front Office Assistant Manager Natalie Bandy

Tel: 3966 8600 Email: rooms@usrc.org.hk

Executive Chef / F&B Manager Marco Veringa

Tel: 3966 8652 Email: fbm@usrc.org.hk

Assistant Banquet Sales Manager Nike Lau

Tel: 3966 8633 Email: catering@usrc.org.hk

F & B Administrative Assistant Karen Yip

Tel: 3966 8632 Email: fnb.adm.asst@usrc.org.hk

Sports Administrative Officer Eric Fung

Tel: 3966 8691 Email: sports@usrc.org.hk

Sports & Leisure Assistant Manager Ilyas Gull

Tel: 3966 8690 Email: sportsofficer@usrc.org.hk

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Advertising

To advertise in Oasis, please contact Natalie Bandy at USRC.

Tel: 3966 8678 • Email: rooms@usrc.org.hk

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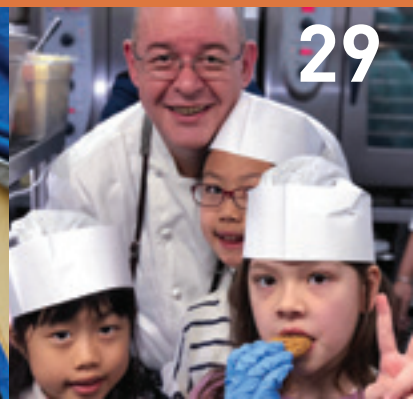


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CHAIRMAN'S MESSAGE

Dear Fellow Members,

The Chinese New Year celebrations are over, I trust you and your family have had a wonderful festive season and found time to catch up with family and friends.

The weather is warming up and sunny days are becoming more frequent – take some time to walk around your Club and admire the new season's flowers – the USRC welcomes you to spring.

As I reported to you in a previous letter, the General Committee has been finalizing the budget for 2018. Since then the GC has reconsidered the Club's financial position.

As we are near the second quarter of the year, I would like to take a moment to think about the future. During March and April the various Sports Sections will hold their Annual General Meetings and our Club Annual General Meeting (AGM) is held each year in either late June or early July. AGMs are occasions when we can vote on returning old Members to the General and other Sub-Committees as well as voting in new Members. In addition, any other necessary matters of major policy importance are discussed. How individuals are put up for nomination has always been a bit of a mystery to some. So I would just like to take a moment to shed a little light on one way it can work.

The General Committee (GC) has overall responsibility for the Club for a year including ensuring that other Committees and Senior Management are fulfilling their duties efficiently and effectively and that all are implementing and observing GC policy and other applicable directions. Another general function of the GC is to materialize the views of as broad a swathe of membership as possible, and in this regard I encourage all Members of our Club to consider putting themselves forward for re-election/ election.



Finally I take this opportunity to thank all Members, including GC colleagues and predecessors, who continue to volunteer their time and contribute their knowledge and experience to the development and management of your Club. I urge you to attend your sports section AGM and support your sub-committee of volunteers. They are endeavouring to do the best for your sport and would appreciate your feedback. Truly remarkable devotion.

Towards the end of March let us celebrate Easter together at the Club!

Patrick Cheung
Chairman

親愛的會員：

我相信各位都已經與親友在剛過去的農曆新年共享天倫之樂。

大地回春，氣候逐漸變得暖和，會內亦百花齊放，歡迎您們駐足欣賞。

正如我之前所述，委員會正為2018年的財政預算作最後檢定，同時重新審視本會的財政狀況。

2018年第二季將近，請容我在此一陳將來之計。各體育部將在三、四月舉行年會，而本會的年會則會於六月尾至七月初之間舉行。各新舊委員都將於這些年會中產生，有關本會政策方針的重要議題亦會於會中討論。由於委員提名制度對部分人來說一直不是很清晰，故我想在此稍作解釋。

年度總務委員會負責總理本會該年的會務，並確保各委員會及管理層履行職責，遵從總務委員會制定的政策方針。總務委員會同時亦需盡可能回應會員的意見並付諸實行，就此我呼籲所有會員積極參與委員會選舉。

最後，我想感謝所有為本會福祉發展盡心盡力的會員，包括總務委員會成員給其前任們。希望各位能出席體育委員會年會並支持您們委員會成員。他們為本會體育發展無條件付出，亦期望聽到您們的意見。向他們的熱誠致敬。

希望能與您們於三月下旬一起慶祝復活節的來臨！

張伯陶
主席

Employee of the Month – January

Edwin Lam

Procurement & Administration Assistant



Employee of the Month – February

Winnie Kwok

Assistant Manager, Gascoigne Room



"Dave Powell, unquestionably one of the world's
finest wine producers." - Robert Parker



HAND WORKED VINES • HAND MADE WINES Powell & Son Wine Dinner

Join Dave Powell on this fantastic wine dinner

7th March, 2018 (Wednesday)
7:30pm Reception | 8:00pm Dinner

Aperitif

Watermelon, goat cheese, prosciutto and basil
Caramelized onion and sage tartlets
Deep fried mozzarella balls with sriracha mayonnaise
Champagne Lallier R.012 Brut

Menu

Hay Smoked Ocean Trout
parsnip and horseradish puree, baby greens
Eden Valley Riesling, Powell & Son 2016

French Pigeon Breast
baby beetroot, caramelized baby onions, nasturtium, pigeon Jus
Barossa Valley Riverside Grenache Mataro Shiraz, Powell & Son, 2016

Braised Pork Cheeks
cipollini onions, roasted fingerlings
Barossa Valley Shiraz, Powell & Son, 2016

Stewed Oxtail
brown mushrooms, parmesan polenta
Barossa Valley Grenache Shiraz Mataro, Powell & Son 2015

Kangaroo, Rare
green beans, semi dried tomatoes, baked cauliflower rosette
amarena cherry jus
Barossa & Eden Valley Shiraz, Powell & Son, 2014

Spit Roasted Pineapple
butterscotch ice cream on crispy puff pastry galette

Coffee or tea

POWELL & SON
BAROSSA

HK\$ 598 per person

For bookings please email Gascoigneroom@usrc.org.hk or call 3966 8650

GENERAL MANAGER'S MESSAGE

Dear Member,

I hope that all of you had a wonderful Chinese New Year. The results of the Annual Survey are posted on this issue of "Oasis". The return results were quite strong and overall the member's satisfaction is very high.

The survey also pointed out areas which need further improvement. There was a significant increase in the number of requests to upgrade the Gunners Bar, Garden Café and car park so further study is underway before we decide the best way forward. Members also expressed their preference on classes they would like to see at the club, we have as a result increased a number of events and activities, it is clear more family style events are needed.

Improving service standards is a constant expectation in the hospitality industry, although based on the comments; it was generally felt that service standards in the Club remain above average. Probably the biggest challenge ahead of us is to find ways to better communicate what is happening in the Club as we add to our calendar of events. We are considering several options in an effort to improve the way we target members and communicate what's happening around the club.

Finally, I would like to congratulate DEA USRC Tigers rugby team on winning the Old Mutual International Premiership Title. This is an amazing achievement and more incredible as they propped up the league last year. What a turn around, all credit to their players, coaching staff and supporters.

Thank you for your support in 2017. I look forward to seeing you at the Club.

Gong Xi Fa Chai,
Regards,

Noel Burns
General Manager



親愛的會員：

希望各位都有一個美妙的春節。

年度問卷調查的結果已登於本刊。收集回來的意見很有用，會員的滿意度也十分正面。

問卷亦探討了本會仍能改善的地方。不少會員希望能提升Gunners Bar、Garden Café以及停車場的設備，故我們正研究可行方案以作最佳決定。會員同時就本會教室活動反映了意見，而我們亦基於這些意見增加了各種活動。顯然，會員希望能有更多親子活動。

調查結果反映會員對我們的服務質素頗為滿意，但繼續致力提高服務質素亦是我們乃至整個業界的宗旨。對本會而言，如何就不斷增加的活動更有效地與會員溝通，相信是目前的主要挑戰。就此我們亦正在考慮不同方案以更好地通知會員有關本會的各種活動及資訊。

最後，我想祝賀猛虎欖球會在先機國際欖球聯賽折桂，這項榮耀在球隊上賽季位居榜尾下更顯不凡。在此特向各球員、教練團隊及球迷致敬。

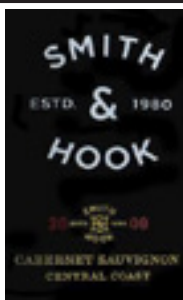
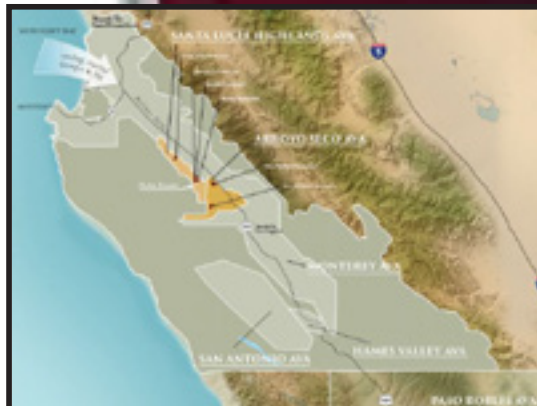
感謝各位在去年對本會的支持。希望在來年繼續與您相會。

恭喜發財！
謹啟

Noel Burns
總經理

Hahn Family Wine Dinner

Hosted by Mr. Philip Hahn
& Mrs. Fifi Kirstein of Golden Gate Wines
April 13, 7:30 PM
at the Gascoigne room



Aperitif

Hahn Winery Pinot Gris, Monterey County, California 2016
Corn fritters with dip sauce, Crab cakes with Sriracha Mayo and crab roe
Turkey and Cranberry Crostini, Homemade corn dogs

Menu

Hahn SLH Chardonnay, Santa Lucia Highlands, California 2016
Southern Shrimp and Grits

Hahn SLH Pinot Noir, Santa Lucia Highlands, California 2016
Cedar plank cooked Salmon fillet
Basted with citrus honey, chili and fresh thyme

Boneshaker Zinfandel, Lodi, California 2014
24 hours smoked BBQ Pork Shoulder, Maple Syrup seasoned BBQ sauce
Sweet Corn Succotash, Baked potato mash with bacon, scallion and sour cream

Smith and Hook Cabernet Sauvignon, Central Coast, California 2015
Braised beef short ribs
Turnip, Pecan puree and Cabernet Jus

Molasses Pie
with Cinnamon and nutmeg cream

Coffee or Tea

HK\$ 568



BONESHAKER

HAHN FAMILY
WINES

For all your Food & Beverage and event inquiries

As Mr Ken Kan has left us after 14 years of great service, taking over is Ms Nike Lau in the capacity of Assistant Banquet Sales Manager. Nike has previous experience in banquets, as well as wedding planning and will be able to handle all your function enquiries.

She can be reached via telephone on 3966 8633 or via email at catering@usrc.org.hk

The F&B Admin Assistant Ms Wing Ho has also left the Club and in her place is Ms Karen Yip. Karen can be reached at 3966 8632 or via email at fnb.adm.asst@usrc.org.hk

Of course if you wish to inquire with me directly, I can also be reached by Tel. 3966 8652 or via email fbm@usrc.org.hk



Ms Nike Lau –
Assistant Banquet Sales
Manager



Ms Karen Yip –
F&B Admin Assistant

Ken's Farewell

Ken Kan leaves us after 14 years of great service. We wish him all the very best in his future endeavours.



Bai Sun and Lion Dance

On 23 February, USRC held the “Bai Sun” Ceremony and Lion Dance festival to welcome in the Year of The Dog.

The Lion Dance performance was the highlight of the ceremony as the Lion had visited more than 22 different spots around the Club.





USRC Community and Charity

Kenneth Chiu

Grounds, Environment and
Community Relations Director



It has been a busy and challenging 6 months since my election into the General Committee. A brand new role was created to look after the community and charity aspects of the Club, which I have been assigned.

I might not be as passionate as those Sea Shepherd volunteers who put their lives at risk in order to protect the lives of those whales. Or I cannot exactly declare myself carbon neutral (those who have a net zero carbon footprint). But the North Pole is melting, and that is not fake news. We all have a part to play in making this world a better place, both for ourselves now and for the future generations after us.



USRC, through our different sports sections, have been doing regular charity events for some time. A lot of good work and significant contributions have already been made to the society. We, as a club, just have not been blowing our own trumpet.

In order to provide some structure and direction to our philanthropy effort, a Social Responsibility Policy was proposed and approved by the General Committee in September 2017. A Key Performance Index (KPI) approach has been adopted for the first time. It aims to encourage us to look beyond the narrow focus on the donation dollar amount, and to look wider at the number of people benefited as well.

Lavina Advani, Mimi Wong, Helen Lo, Jennifer Lee, Bernard Harrad and Frank Kam form a dedicated and forward looking Social Responsibility Sub-committee that is truly representative in terms of age, gender, race, length of membership as well as sports they play. Good progress has already been made thus far.

Items already implemented or initiated by the Sub-Committee:



1. environment audit (in progress) with a view to establish an USRC Green Policy
2. introduced monthly eStatement for members
3. introduced the use of recycling bins
4. introduced the use of energy saving LED lights around the Club
5. introduced tennis balls recycling

Items planned by the Sub-Committee:-

1. to hold a USRC open day community event
2. to organise regular visits to old folks homes or orphanages
3. to investigate and implement sustainable ways to handle/ recycle food waste
4. to raise awareness of our USRC trees, and establish a tree maintenance programme

Keep an eye on the Community & Charity notice board located next to the Reception area. See what you can do to help make a difference.

We are in the process of putting all these information onto the USRC website, so that you can access any of the information you want, at a time and place of your choosing.

Meanwhile, if you have any comments and/or suggestions, please don't hesitate to contact us on SR.Committee@usrc.org.hk or you can simply speak to any of us Sub-Committee members round the Club whenever you see us.



Tennis Open Day on 18 Nov, 2017



Tea Gathering after Tennis Open Day



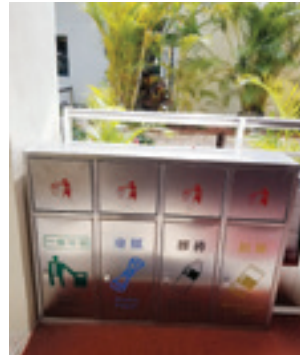
Charity Football Match on 9 Dec, 2017



Lawn Bowls Charity Day on 5 Nov, 2017



A winner from the Christmas lucky draw after Charity Football Match



Players from USRC Chairman's Select & Seiko Legends FC. of Charity Football Match

USRC Social Responsibility Policy

Policy Statement

USRC is a non-profit making organisation. We are committed to acting ethically and responsibly in all areas of our operations. Our social responsibility policy refers to our responsibility towards our environment and our society. We are committed to be visible and active in the local community, setting high standards of social and environmental responsibility.

Approach

Internally, USRC recognises and manages its impact on society. We take pro-active steps to ensure our own business activities are being undertaken in a socially and environmentally responsible manner. We preserve our natural environment, will conserve as much as we can and will recycle as far as possible.

Externally, to highlight the social responsibility principles and practices to which the USRC aspires, we will actively engage in philanthropic efforts in order to produce a positive overall impact on society.

USRC will allocate a percentage of its yearly budget, amount of which to be determined by the General Committee, to encourage and/ or facilitate such commitments.

Performance

Philanthropic efforts come in many shapes and forms, and are not only limited to cash donations. To encourage and monitor our own contribution, we will adopt a Key Performance Index ("KPI") approach.

KPI needs to be measurable, quantifiable, and easy to

understand. The following KPI will be monitored and reported to members twice yearly in Club magazine, on notice board, and once yearly at Annual General Meeting:

- (a) number of philanthropic events held for the period
- (b) amount of fund raised
- (c) number of people directly benefited

Event Reports

A Philanthropy Report should be filed with the General Manager by the event organiser within 14 days after an event. A Philanthropy Report Form will be prepared and made available to facilitate such filing. All details pertaining to the event should be included as comprehensively as possible, e.g. photos, third party recognitions, media coverage, if any. The General Manager's office is responsible for the filing and safekeeping of the reports.

All incoming funds relating to all philanthropic events are to be collected by the Club. All outgoing expenses must be supported by proper invoices or receipts, and submitted with clear descriptions. The Club's Accounts Department will produce an individual financial report for each event.

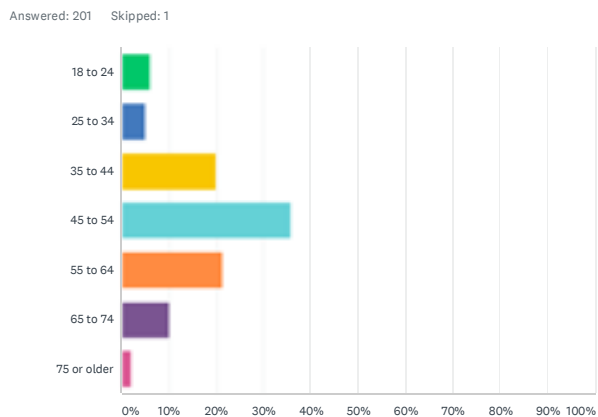
Highlights of each event will be posted on a designated notice board as well as being made available on the Club's website.

Sub-committee

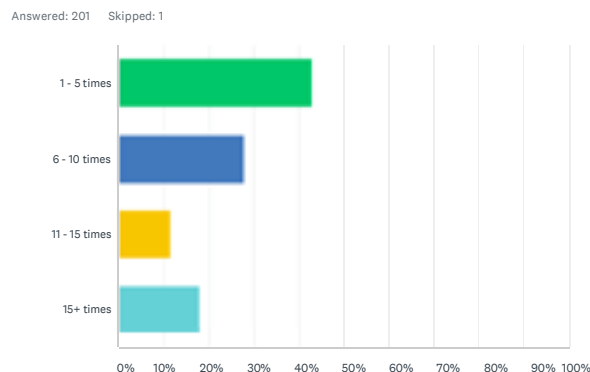
A Social Responsibility Sub-Committee will be formed to monitor our progress, to co-ordinate effort between different sport sections and/ or members, to spearhead new events as well as to reflect advances in knowledge.

Annual Survey

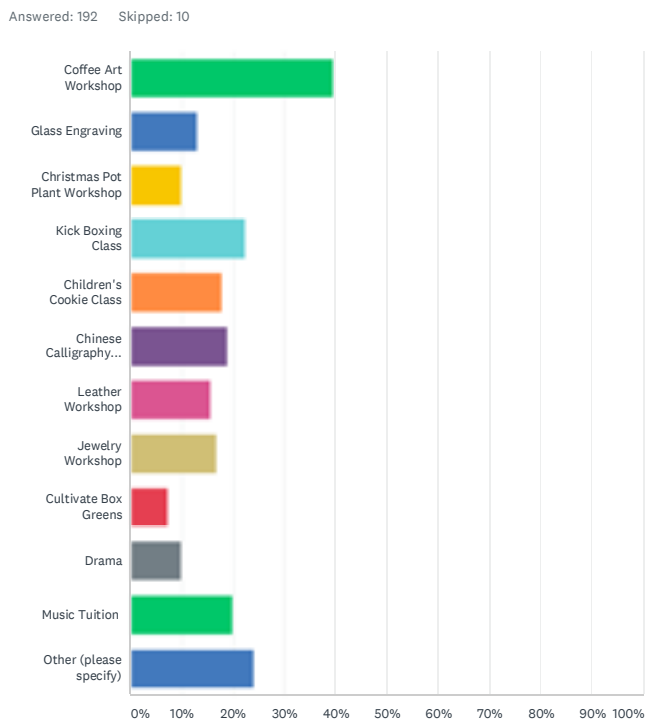
Q1: What is your age?



Q2: On average in a month, how often do you visit the Club?

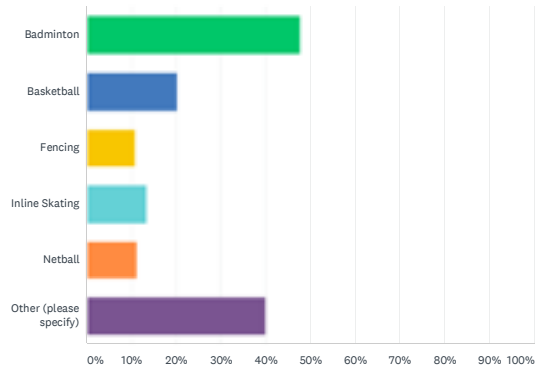


Q3: What kind of workshop would entice you to the Club?

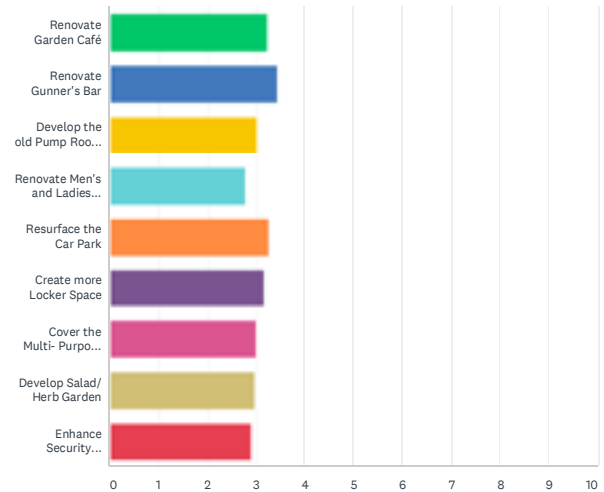


Q4: What types of sports activities would you participate in if they were available ?

Answered: 203 Skipped: -1

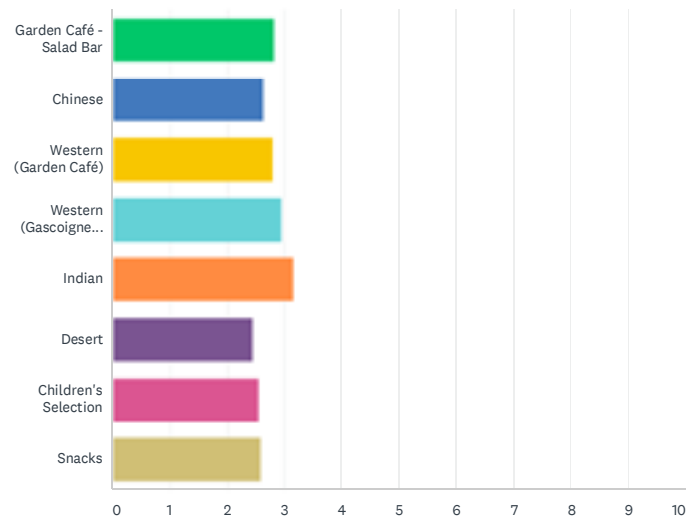


Q5: Listed below are examples of changes to the Club's facilities or services that could be implemented in the future, please indicate how important you feel each item is to the future of the Club.

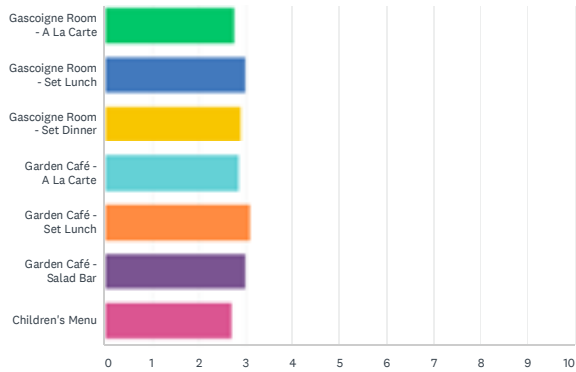


Q6: How would you rate the following food currently on offer?

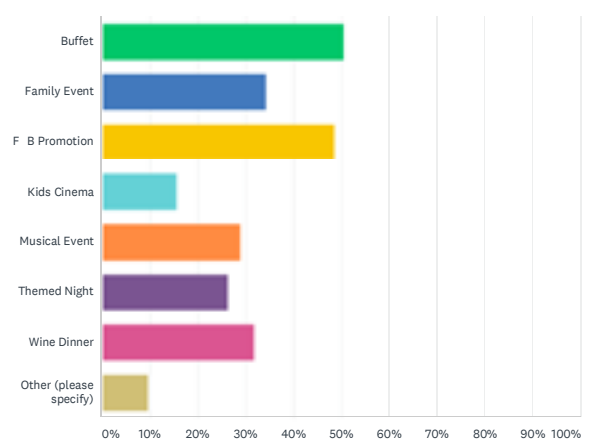
Answered: 203 Skipped: -1



Q7: How do you rate the value?

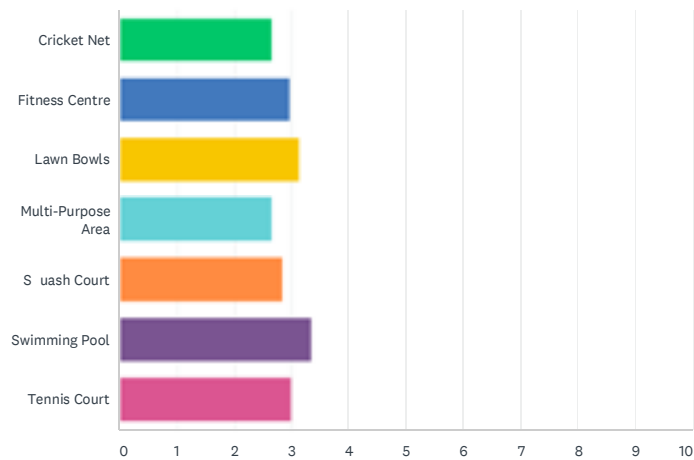


Q8: What type of Club III event would entice you to the



Q9: How do you rate the Club sports facilities?

Answered: 201 Skipped: 1



Camping Night

On 27th Jan, 10 families spent a memorable night at USRC before the cold weather enveloped Hong Kong. With the tents set alongside the pool area, our campers enjoyed a wonderful BBQ dinner with the scenic view of our pool.

The highlight of the camping night must be the camp fire with marshmallows. Special thanks to Charity Battad, our tennis coach and her partner, Daniel Cristobal, for their singing performance.

See you for the next Camping Night!

Members' feedback:

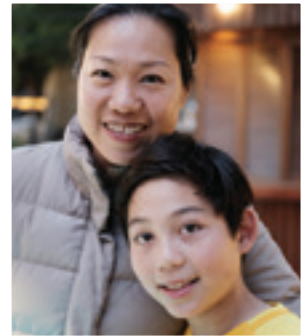
"It was tremendous fun and a hugely successful event."

"An excellent weekend activity and a wonderful introduction of Camping to our children."

"Love the camp fire, and especially the toasted marshmallows!"

"Looking forward to attending the next family camp."





Chinese Calligraphy

One of the new and different Club activities this year was the Chinese Calligraphy class. It was held in the Garden Room on 8 February and members from all different age groups joined this class.



Second Label Bordeaux wine tasting

A daunting wine tasting was held by Kerry Wines and hosted by Mr Steven Lee at the Gascoigne room on 12th January. The choice for this wine tasting was Second Label Bordeaux and all were excellent value for money wines.

Many Members attended and plenty of wines were ordered for home deliveries. Watch this space for the next wine tasting event!



Musar Wine Dinner

Chateau Musar hosted a wine dinner in the Gascoigne room, featuring its unique styles of wines which hail from Lebanon; produced in the Bekaa Valley to be precise, at an elevation of about 1000 meters.

The wines are all made naturally and use techniques not every winery adopts, but this makes Chateau Musar's wines unique and known for its changes between vintages.

Members really enjoyed the dinner, and especially outstanding was the pairing with the Beef Wellington and the Chateau Musar vintages 1999 and 2000.

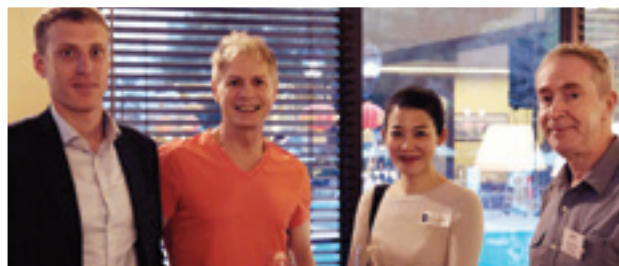
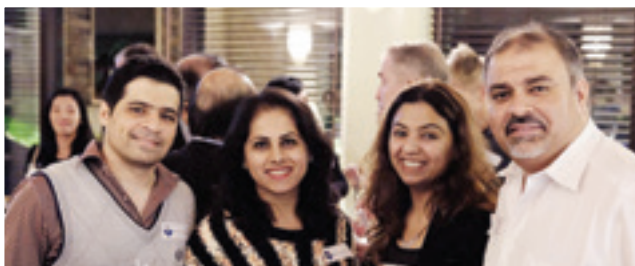
If you have not tried these wines yet, try ordering a bottle or two, some of them are on our regular wine list.



New Members Cocktail

The New Members Cocktail was held on 28 February at the Chairman's Lounge.

This event is held to welcome in the new members to the Club as well as an occasion to welcome and get to know other members and the Club's staff over some casual drinks and canapés.



Sunday

Monday

Tuesday



4

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Social LB 10:00am – 8:00 pm (All members)
- Football YYL Game

5

- Pilates Group Class 4 pm, 7:30 pm

6

- Playgroup 9:30 am– 11:30 am
- Social LB 2:30 pm – 6:30 pm (Club members)
- Social LB 6:30 pm – 9:30 pm (All members)
- Pilates Group Class 11:00 am

11

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Social LB 10:00am – 8:00 pm (All members)
- Football YYL Game

12

- Pilates Group Class 4 pm, 7:30 pm



13

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18

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- Football YYL Game

19

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20

- Playgroup 9:30 am– 11:30 am
- Social LB 2:30 pm – 6:30 pm (Club members)
- Social LB 6:30 pm – 9:30 pm (All members)
- Pilates Group Class 11:00 am

25

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Social LB 10:00am – 8:00 pm (All members)
- Football YYL Game

26

- Pilates Group Class 4 pm, 7:30 pm

27

- Playgroup 9:30 am– 11:30 am
- Social LB 2:30 pm – 6:30 pm (Club members)
- Social LB 6:30 pm – 9:30 pm (All members)
- Pilates Group Class 11:00 am

Wednesday

Thursday

Friday

Saturday

1

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Senior Cricket 7-9 pm

2

- Playgroup 9:30 am– 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 – 6 pm (Squash court)

3

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 – 5:30 pm (Ct 1 & 2)
- Lawn Bowl 12:00 – 2:00 pm (League Warm up)
- Lawn Bowl 2:00 – 7:00 pm (League Games/ For LBS members if no league games)
- Lawn Bowl 7:00 – 10:00 pm (LBS Members only)

7

- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Pilates Group Class 7:30 pm
- Squash Team Practice (Ct 1 & 2) 6:45 pm – 10 pm
- Football Training Night

8

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Senior Cricket 7-9 pm

9

- Playgroup 9:30 am– 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 – 6 pm (Squash court)

10

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 – 5:30 pm (Ct 1 & 2)
- Lawn Bowl 12:00 – 2:00 pm (League Warm up)
- Lawn Bowl 2:00 – 7:00 pm (League Games/ For LBS members if no league games)
- Lawn Bowl 7:00 – 10:00 pm (LBS Members only)

14

- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Pilates Group Class 7:30 pm
- Squash Team Practice (Ct 1 & 2) 6:45 pm – 10 pm
- Football Training Night

15

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Senior Cricket 7-9 pm

16

- Playgroup 9:30 am– 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 – 6 pm (Squash court)

17

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 – 5:30 pm (Ct 1 & 2)
- Lawn Bowl 12:00 – 2:00 pm (League Warm up)
- Lawn Bowl 2:00 – 7:00 pm (League Games/ For LBS members if no league games)
- Lawn Bowl 7:00 – 10:00 pm (LBS Members only)

21

- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Pilates Group Class 7:30 pm
- Squash Team Practice (Ct 1 & 2) 6:45 pm – 10 pm
- Football Training Night

22

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Senior Cricket 7-9 pm

23

- Playgroup 9:30 am– 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 – 6 pm (Squash court)

24

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 – 5:30 pm (Ct 1 & 2)
- Lawn Bowl 12:00 – 2:00 pm (League Warm up)
- Lawn Bowl 2:00 – 7:00 pm (League Games/ For LBS members if no league games)
- Lawn Bowl 7:00 – 10:00 pm (LBS Members only)

28

- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Pilates Group Class 7:30 pm
- Squash Team Practice (Ct 1 & 2) 6:45 pm – 10 pm
- Football Training Night

29

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Senior Cricket 7-9 pm

30

- Playgroup 9:30 am– 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 – 6 pm (Squash court)

31

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 – 5:30 pm (Ct 1 & 2)
- Lawn Bowl 12:00 – 2:00 pm (League Warm up)
- Lawn Bowl 2:00 – 7:00 pm (League Games/ For LBS members if no league games)
- Lawn Bowl 7:00 – 10:00 pm (LBS Members only)



Sunday

1

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Social LB 10:00am – 8:00 pm (All members)
- Football YYL Game

8

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Social LB 10:00am – 8:00 pm (All members)
- Football YYL Game

15

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Social LB 10:00am – 8:00 pm (All members)
- Football YYL Game

22

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Social LB 10:00am – 8:00 pm (All members)
- Football YYL Game

29

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Social LB 10:00am – 8:00 pm (All members)
- Football YYL Game

Monday

2

- Pilates Group Class 4 pm, 7:30 pm

9

- Pilates Group Class 4 pm, 7:30 pm

16

- Pilates Group Class 4 pm, 7:30 pm

23

- Pilates Group Class 4 pm, 7:30 pm

30

- Pilates Group Class 4 pm, 7:30 pm

Tuesday

3

- Playgroup 9:30 am– 11:30 am
- Social LB 2:30 pm – 6:30 pm (Club members)
- Social LB 6:30 pm – 9:30 pm (All members)
- Pilates Group Class 11:00 am

10

- Playgroup 9:30 am– 11:30 am
- Social LB 2:30 pm – 6:30 pm (Club members)
- Social LB 6:30 pm – 9:30 pm (All members)
- Pilates Group Class 11:00 am

17

- Playgroup 9:30 am– 11:30 am
- Social LB 2:30 pm – 6:30 pm (Club members)
- Social LB 6:30 pm – 9:30 pm (All members)
- Pilates Group Class 11:00 am

24

- Playgroup 9:30 am– 11:30 am
- Social LB 2:30 pm – 6:30 pm (Club members)
- Social LB 6:30 pm – 9:30 pm (All members)
- Pilates Group Class 11:00 am



Wednesday

4

- Social LB 2:30 pm – 6:30 pm (Club members)
- LB League Team Practice 6:30 pm – 9:30 pm
- Pilates Group Class 7:30 pm
- Squash Team Practice (Ct 1 & 2) 6:45 pm – 10 pm
- Football Training Night

11

- Social LB 2:30 pm – 6:30 pm (Club members)
- LB League Team Practice 6:30 pm – 9:30 pm
- Pilates Group Class 7:30 pm
- Squash Team Practice (Ct 1 & 2) 6:45 pm – 10 pm
- Football Training Night

18

- Social LB 2:30 pm – 6:30 pm (Club members)
- LB League Team Practice 6:30 pm – 9:30 pm
- Pilates Group Class 7:30 pm
- Squash Team Practice (Ct 1 & 2) 6:45 pm – 10 pm
- Football Training Night

25

- Social LB 2:30 pm – 6:30 pm (Club members)
- LB League Team Practice 6:30 pm – 9:30 pm
- Pilates Group Class 7:30 pm
- Squash Team Practice (Ct 1 & 2) 6:45 pm – 10 pm
- Football Training Night

Thursday

5

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 6:30 pm (Club members)
- LB League Team Practice 6:30 pm – 9:30 pm
- Senior Cricket 7-9 pm

12

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 6:30 pm (Club members)
- LB League Team Practice 6:30 pm – 9:30 pm
- Senior Cricket 7-9 pm

19

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 6:30 pm (Club members)
- LB League Team Practice 6:30 pm – 9:30 pm
- Senior Cricket 7-9 pm

26

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 6:30 pm (Club members)
- LB League Team Practice 6:30 pm – 9:30 pm
- Senior Cricket 7-9 pm

Friday

6

- Playgroup 9:30 am – 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 – 6 pm (Squash court)

13

- Playgroup 9:30 am – 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 – 6 pm (Squash court)

20

- Playgroup 9:30 am – 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 – 6 pm (Squash court)

27

- Playgroup 9:30 am – 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 – 6 pm (Squash court)

Saturday

7

- Social Tennis (CT 3) 3-7 pm. (CT4) 3-8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 – 5:30 pm (Ct 1 & 2)
- Lawn Bowl 12:00 – 2:00 pm (League Warm up)
- Lawn Bowl 2:00 – 7:00 pm (League Games/ For LBS members if no league games)
- Lawn Bowl 7:00 – 10:00 pm (LBS Members only)

14

- Social Tennis (CT 3) 3-7 pm. (CT4) 3-8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 – 5:30 pm (Ct 1 & 2)
- Lawn Bowl 12:00 – 2:00 pm (League Warm up)
- Lawn Bowl 2:00 – 7:00 pm (League Games/ For LBS members if no league games)
- Lawn Bowl 7:00 – 10:00 pm (LBS Members only)

21

- Social Tennis (CT 3) 3-7 pm. (CT4) 3-8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 – 5:30 pm (Ct 1 & 2)
- Lawn Bowl 12:00 – 2:00 pm (League Warm up)
- Lawn Bowl 2:00 – 7:00 pm (League Games/ For LBS members if no league games)
- Lawn Bowl 7:00 – 10:00 pm (LBS Members only)

28

- Social Tennis (CT 3) 3-7 pm. (CT4) 3-8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 – 5:30 pm (Ct 1 & 2)
- Lawn Bowl 12:00 – 2:00 pm (League Warm up)
- Lawn Bowl 2:00 – 7:00 pm (League Games/ For LBS members if no league games)
- Lawn Bowl 7:00 – 10:00 pm (LBS Members only)



Lacrosse

Over 40 kids and parents were at the multi-purpose court on Sunday to learn the new sport of Lacrosse. Thank you for the support from the Hong Kong Lacrosse Association.

- Lacrosse is a team sport played between two teams. Each player has a long handled stick with a net called a lacrosse stick or a crosse. Players use this stick to pass, catch and cradle a small rubber ball and the objective of the game is to outscore your opponent by shooting the ball into the opponent's goal.
- Lacrosse was originally played by the indigenous people of North America as early as 1100 AD. Modern day lacrosse was established in the 17th century and it is now played in over 50 countries worldwide.
- Lacrosse was included in the 1904 and 1908 Olympics.

Our Members' feedback:

"It was fun and challenging."

"We had a great afternoon playing and learning with our children."

"Coaches were super-supportive."

"It was so surprising to see this sport growing in Hong Kong now."





Cookie Class

The kitchen team had lots of extra helpers this month as the American cookie production went into overdrive.

The new young team members all performed greatly, not one cookie failed. Though a few were eaten on the spot, lots of bags with fresh made cookies went home with the aspiring chefs!

Well done to all!





United Services Recreation Club

Hong Kong's Best Kept Secret

BASKETBALL FUN DAY

Snacks & Drinks
included

Date: 8 Apr, 2018 (Sun)

Venue: Multi Purpose Court

Time: 10:30am - 12:00nn

Age: 3-16 yrs old are welcome

Fee: HK\$100 per kid

(Maximum 30 kids for the class)

Registration Deadline:

29 Mar, 2018 (Wed)



**For registrations & enquiries, please contact Eric Fung
at sports@usrc.org.hk or reception at 3966-8600**

Classes & Activities at the USRC

Aqua Exercise

Abra Tsui

Email: ducgoo@gmail.com
\$450 Private lesson
\$250 Semiprivate lesson
Members only
Refer to instructor for schedule

Bridge

Mimi

Tel: 9120 3789

Julia

Tel: 9830 7131
Thursday: 9:30am–12:30pm
No charge (must call before attending)

Cricket

Muhammad I. Gull

Tel: 9421 4741
Email: sportsofficer@usrc.org.hk

Individual Lesson (including) Beginners, Intermediate & Advance Cricketers
\$350 per hour (member)
\$400 per hour (guests)
Group Lesson (minimum 2 to 6 persons) – \$700 per 1 ½ hour
Team Training (minimum 2 to 6 persons) – \$800 per 2 hours
Junior's Individual Lesson
\$300 per hour (member)
\$350 per hour (guests)
Junior's Group Lesson (minimum 2 to 4 kids) – \$600 per 1 ½ hours
Junior's Team Training (minimum 2 to 6 persons) – \$700 per 1 ½ hours
(Beginners or any age kids are welcome)

Football

Alan Urmston

Email: alanu@netvigator.com
Wednesday: 7:30-9:00 pm, King's Park
\$50 for 90 minutes' playing time (adult)

Gym Familiarisation

Contact Reception 3966 8600/611
for registration and scheduled class times
– 30 minutes per lesson
Private lesson \$100



Pilates

JM Pilates Studio

Tel: 9194 5856
Email: jmpilates@yahoo.ca

Group classes
\$165 per class (member)
\$1,650 for 10 classes (guest)
Monday: 4pm and 7.30pm
Wednesday: 7.30pm
Friday: 4pm
Saturday: 10am and 1.45pm
Pre-registration recommended

Private lessons
\$650 (member)
\$700 (guest)
Available throughout the week, Monday-Sunday

Personal Training and Muay Thai Coaching

Humphrey Tsui

WhatsApp: 5541 2201
Email: Humphrey@allaboutaesthetics.com.hk

Personal Training 1 on 1 package
Trial Session \$400
1 session \$750
10 sessions \$700
20 sessions \$650

Small group 2 persons
1 session \$450/person
10 sessions \$400/person

Small group 3 persons
1 session \$400/person
10 sessions \$350/person

Playgroup

Nicola Barguss

Tel: 9775 4944
Tuesday: 9:30am, Friday: 9:30am
\$50 for the first child (member)
\$88 for the first child (guests)
\$35 per additional child or parent

Squash

Ilyas Gull

Tel: 9421 4741
Email: sportsofficer@usrc.org.hk

Adults

1. Private lesson for adult \$350 per hour
2. Group of 2 \$600 per hour
3. Group of 2-4 \$800 1½ per hrs

Juniors

1. Private lesson \$300 per hour
2. Group of 2 \$500 per hour
3. Group of 2-4 \$600 1½ per hrs

Swimming Classes

Eric Fung

HKSCA Level 1 Coach
Tel: 9603 9620
Email: kyfung.eric@gmail.com

Private Lesson (for members only)

- 1 person - \$460
- 2 persons - \$620
- 3 persons - \$780
- 4 persons - \$880

Tennis

Battad Tennis Coaching Co

Andrea Charity U. Battad
Tel: 9026 5685 (evening till midnight)
Email: andreacharitybattad@gmail.com

Private Lesson

\$600 per hour (member)
\$700 per hour (guests)

Group Lesson (minimum 2 to 4 people)
\$200 per hour per person (member)
\$250 per hour per person (guest)

Tennis Coaching

Chris Hunt

HKTA Qualified Coach, Licensed Level II.
USRC Junior Tennis Teams Captain
(Under 14s and Under 18s)
Tel: 9316 6191/ 2550 5094 (evening till midnight)

Drop-in group lesson:

\$180 per hour per child
Saturday: 10am – 11am (beginners group)
Saturday: 11am – 1pm (intermediate group)
Thursday: 6pm – 7pm (intermediate group)

Super group lesson – by appointment only:
\$260 per hour per child
Tuesday: 5pm – 7pm (improvement class I)

Thursday: 4pm – 6pm (improvement class II)
Private lesson (for members only)
1 person – \$520, 2 persons – \$680,
3 persons – \$880, 4 persons – \$1,080,
5 persons – \$1,350, 6 persons – \$1,620
\$200 per hour per person (member)
\$250 per hour per person (guest)

Yoga

Jesse Tong

Tel: 9488 5869
Friday: 10:30am – 12noon, \$180 per lesson



Bridge News

Mimi Wong
Bridge Convenor



Regular meet-ups

Tuesday morning: Social Bridge

Thursday morning: Duplicate Bridge (for competitive players)

Thursday duplicate

Our Thursday duplicate runs every Thursday from 9:30am to 12:30pm for our competitive players. It is a perfect way to refine your bridge skills and to meet people with the same interest.

You don't need a partner, so long you have the basic knowledge of playing bridge and is competitive in mindset, then come along and we will pair you up with players with a similar standard.

New Year Bridge Tournament

Thank you to all of you coming to play at our New Year Bridge Tournament. The event was successfully held at the Marquee on 11th January 2018. It was well attended by members and their guests where twelve bridge tables filled the floor.



Results

NS winner: Simon Chan and Ivy Wong

EW winner: Henry Lau and Raymond M

Here is some feedback from our participants:

Tsang "The tournament was I think a huge success. The venue, the atmosphere, the field ... one of the best, if not THE best, that I have attended. I am honoured to be part of it."

Leung, "Great bridge event on Jan 11th!"

Choi, "I and my friends really enjoyed and have good experience with nice persons. Thank you so much."

L.N. "Congratulations on such a well organised tournament; so enjoyable. Thank you."

L.S. "The tournament was fabulous, totally flawless."

Due to popular demand in registering to play in the event, the Section anticipates extra tables will be needed in our next 2019 New Year Tournament.

Charity

The tournament was also organised as one of our charity events. Door fee received from participants were wholly donated to Heifer Hong Kong. We received generous support from players and a sum of HK\$3,000 was collected and presented by Mr. Noel Burns to Heifer's representative at the end of the tournament.

Founded in 2000, Heifer Hong Kong is a non-profit organization dedicated to support Heifer's poverty alleviation projects in rural China, helping struggling families become self-reliant by providing livestock and training.

Free taster workshop

Taster workshops were held on 23rd and 30th January for members and their guests. Beginners have great opportunity to learn how to play bridge as well as to see whether they'll enjoy the game.

Why learn bridge? Bridge is a great way to keep your mind agile, while making new, like-minded friends. It's also hugely rewarding to learn. Stay tuned for next future workshops.

Please contact the Bridge Convenor at WhatsApp 9120-3789 or email usrbridge@gmail.com to register your interest or for any queries.

Ms. Stella Ho, representative of Heifer Hong Kong receiving donation from Mr Noel Burns





Cricket News

by **Ahmed Saleem**
Cricket Convenor



USRC Junior's successful tour of Thailand

A combined U15 and U17 junior squad hit the ground running over the New Year, on tour in Bangkok, Thailand. Under the guidance of coaches Niaz Ali and Ilyas Gul, our boys were invited to take part in the Asian Friends Trophy. The USRC Juniors did very well to reach the semi-finals by beating a Bangkok team and the final was played against the Asian Stars which, after a close game, the USRC Juniors Boys won. 13 year old Manraj Singh was named Bowler of the Tournament while Ehsan was named Player of the Tournament. It was very successful tour and we hope to continue in the future.



Strong performances continue

Leading from the front, our Men's Sunday team has an unblemished record with 4 wins from 4 completed games, and currently top the Elite 2 division. Ahsan Abbasi has the leading batting average, at 115.50.

Although our Saturday and U17's teams have not had it too easy, our U15's are also holding a 100% record with 3 wins from 3 completed games. Finally, after delays due to ground issues, our U13's have started their season, with one win and one tight defeat.

Finally, our U11's came in second in their 'pairs league' pool, just nudged from first place by two points. This is a fine effort from a new group of our youngest players. They have gone on to make a strong start to their Championship competition with a 54 run win against India Club, and a 20 run win against KCC – great performances to defend the title held by USRC. Big thanks go out to Head Coach Ilyas Gull and Team Manager Kashif Shams.

National stars

Big congratulations to Ahsan Abbasi who has been called up into the Hong Kong National Squad, for the ICC World Cup Qualifiers. The team will play a warm-up tournament in Pretoria, South Africa before heading into their qualification matches in Zimbabwe, playing against the hosts, Scotland and Afghanistan.



Cricket Hong Kong T20 Blitz

Proud moment for the USRC Club as our Head Coach, Ilyas Gull, recently joined up with the City KaiTak franchise as coach and member of their support staff in this year's International T20 Blitz competition.

Working with overseas stars Ravi Bopara of England, Kyle Coetzer of Scotland, Sohail Tanveer of Pakistan and Samuel Badree and Riyad Ameeret of the West Indies, Ilyas supported the franchise in a number of community events around Hong Kong.

In the tournament, the City Kaitak side was not able to reach the play-off final, which was won by HungHom JD Jaguars, in a close finish against Galaxy Gladiators Lantau. Congratulations also go to Max Abbott of our men's squad, on organising a great event as CHK's tournament director.



Ilyas with Ravi Bopara of England

Congratulations to USRC Junior Cricket Team

Winners of the Asian Stars Cricket Tournament

Thailand, January 2018





Football News

Alan Urmston
Football Convenor



March-April 2018

Into the new year and new challenges of the Football Section. Here are the reports on the games played in January and February:

USRC Gunners

USRC Gunners had had a miserable end to 2017 so were looking to start afresh in the New Year. The first signs that this wish might come to fruition came on 12th January against league leaders Forward FC. Goals from Mike Fry and Mark Jobbling earned a 2-2 draw in a performance that was much improved over what they had been producing before Christmas. They then went on a run of three consecutive wins over San Pellegrinos (4-1; Marcello Vastolla (3), Patrick Lau), Hong Kong Krauts (3-1; Steve Cairns, Peter Crowe, Fed Martorell) and Discovery Bay (3-2; Ian Armour (2), Mark Jobbling). It was the last of these victories, over league champions DBFC, that was surely the most impressive. Boasting some of the best players in the league, in fact in Hong Kong amateur football, DB had only lost once before all season. Three goals from corners, expertly delivered by Steve Cairns, proved DBFC's undoing and put Gunners into much better heart for the rest of the season. Though the league title is surely beyond their grasp now, a top-three finish is definitely on.

The top of Legal League Division 1 at Chinese New Year looked like this:

| Pos | Team | P | W | D | L | F | A | GD | Pts |
|-----|------------------|----|----|---|---|----|----|----|-----|
| 1 | Forward FC | 15 | 10 | 5 | 0 | 42 | 18 | 24 | 32 |
| 2 | Discovery Bay FC | 16 | 8 | 6 | 2 | 42 | 17 | 25 | 30 |
| 3 | HK Scottish | 15 | 8 | 3 | 4 | 28 | 21 | 7 | 27 |
| 4 | USRC Gunners | 16 | 8 | 2 | 6 | 32 | 27 | 5 | 26 |
| 5 | Wanchai Spartans | 15 | 7 | 2 | 6 | 36 | 30 | 6 | 23 |

USRC 1911

Form was a little more mixed for USRC 1911, the Club's Vets team, with a poor run of form on the league but a remarkable result in the cup. A promising 2-2 (Chris Jay, Brenden Wakeford) against the much improved BTDT on 12th January was followed by back-to-back defeats against Hong Kong Football Club (0-2) and Discovery Bay Vets (1-7; Tabiti). That these are by far the best two teams in the league was little compensation as 1911 had beaten the former 3-1 in their first meeting back in September. The defeat to DBFC was a crushing blow – a night when nothing went right. Faced with players of that calibre, you have to be on the top of your game and 1911 just weren't that night. But they certainly were the next week, in one of those quirks of the fixture list, DB were the opponents in the first cup match of the season. In the Legends League, the eight teams are split into two groups for the Cup, which plays a group stage before semi-finals and final. 1911 are grouped with DB, Godfathers and KCC. Despite having a squad weakened by illness and injury, 1911 reversed the result of the week before and defeated DB 2-1, with both goals scored by the in-form Samson Tabiti. With Gunners also defeating DBFC in their game that evening, it was a special night for USRC football.

So 1911 are looking to finish third in the League and at least make it to the semi-finals of the Cup.

The Legends League table at Chinese New Year looked like this:

| Pos | Team | P | W | D | L | F | A | GD | Pts |
|-----|------------------|----|----|---|---|----|----|-----|-----|
| 1 | DBFC Vets | 11 | 10 | 1 | 0 | 44 | 9 | 35 | 31 |
| 2 | HKFC | 10 | 8 | 0 | 2 | 30 | 16 | 14 | 24 |
| 3 | USRC 1911 | 10 | 5 | 1 | 4 | 22 | 22 | 0 | 16 |
| 4 | BTDT | 8 | 3 | 3 | 2 | 20 | 12 | 8 | 12 |
| 5 | Spartans Masters | 9 | 4 | 0 | 5 | 25 | 21 | 4 | 12 |
| 6 | KCC Vets | 10 | 4 | 0 | 6 | 21 | 21 | 0 | 12 |
| 7 | Godfathers | 9 | 1 | 1 | 7 | 11 | 35 | -24 | 4 |
| 8 | FWD Seniors FC | 11 | 0 | 2 | 9 | 15 | 49 | -34 | 2 |

USRC Vitesse

The Club's social team, USRC Vitesse played two games in January, and both were draws. The first was a well-contested 1-1 against Fan in Black, with Dave Buckley scoring for Vitesse. The other game was remarkable, in that it ended up 7-7! There were so many goals that the watching press corp lost track, suffice to say that Andy McGaw and Conor Mannion

both scored scorchers and Greg Turner scored most of the rest. There'll be more games coming up for Vitesse, hopefully with a few wins as well.

USRC Football Academy

Our junior football academy is run by Brasil Top Skills (BTS) (www.brasiltopskills.com/) under Head Coach Eder Ferreira.

There are exciting programmes coming up so please see the advert below check out the website, the Football Section notice board or ask at Reception for details.

If you would like to get involved in USRC Football, check out the notice board for further information or drop me a line – alanu@netvigator.com.

Coaching provided by



USRC FOOTBALL ACADEMY



SPRING PROGRAM (APRIL - JUNE 2017)

| Day | MON | TUE | WED | THU | FRI | SAT | | |
|-----------|-------------|---------------------------|----------------------|---------------------------|----------------------|-----------------------|----------------------|-------------|
| Venue | King's Park | USRC | King's Park | USRC | King's Park | USRC | | YMCA CC |
| Time | 16:30-18:00 | 16:30-18:00 | 16:30-18:00 | 16:30-18:00 | 16:30-18:00 | 8:00-9:30 | 9:30-11:00 | 15:00-17:00 |
| Age group | 3-16y | U8,U9,U10 Futsal Style | 3-16y, GoalKeeper | U11,12,13 Futsal Style | 3-16y, GoalKeeper | 6-10y Futsal Style | 3-6y Futsal Style | 8-12y |

Foot works & Technical drill

Speed, Agility & Coordination

Strength, Balance & Coordination

Manoio da Silva

Claudio Lopes

Eder Ferreira

Emerson Becker

Goal Keeper

Punam Gurung

Oleksii Shlyakotin

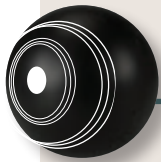
**Learn the DYNAMIC
BRAZILIAN way!**

ONLINE REGISTRATION IS NOW AVAILABLE at www.brasiltopskills.com

Shuttle Bus is available! (KJS 3:45, Hung Hom 4:05 ⇌ King's Park)

King's Park 11 Wylie path, Ho Man Tin, Kowloon
 USRC United Services Recreation Club, 1 Gascoigne Road, King's Park, Kowloon
 YMCA of HK Christian College 2 Chung Yat Street, Tung Chung, N.T.

Contact: sportsadmin@usrc.org.hk (852) 9815 3151 www.brasiltopskills.com



Lawn Bowls News

by the Apprentice

Triples League 2017

USRC have 3 Men and 2 Women teams competing in the Triples League 2017 in various divisions. The winter league season runs from early December 2017 to early March 2018. It is considered to be harder than the Premier League in the summer as each player bowls 3 woods instead of 2. It is fine if one has a good run of the bowls but can also be very unforgiving should the game and luck go against you! The teams are trying their best to produce some satisfactory results.

USRC Club Singles 2017 Champions

We saw some high level play during the round robin stage and in the semi-finals. The Finals was held on 14 January 2018 and our finalists were Ann Lam, Iggy Yip, David Robinson and Dicky Wong.



The Finalists - Ann, Iggy, Dicky & David

Both games were tight and after 2 sets of 9 ends, they were all level at one set each. It was down to the deciding tie-break of 3 extra ends before we can declare the winners.

We are pleased to announce that the respective champions are Iggy Yip and David Robinson. Both players have since represented the Club in the Champion of Champions Championship organized by the HKLBA.



The Champions - David & Iggy

Charity donation cheque presentation

A total sum of \$102,888 was raised by the LBS in our charity event last year and the donation cheque was presented to the beneficiary "Feeding Hong Kong" on 11 January.



Serving the community

Raising money for Feeding Hong Kong also helped to raise the awareness of social responsibility among LBS members. Apart from being one of the sponsors for FHK's food drive programme, we also helped with the packing of Festive Food Parcels during their Chinese New Year campaign at the end of January.



The efficient team of 15 volunteers packed a total of 340 food parcels. Each parcel contains rice, canola oil, sesame oil, corn starch, coconut milk, noodles, red beans, dried mushrooms and a cookbook full of healthy eating recipes.



Mission Accomplished!

In just under two hours, all the food parcels were packed, boxed and put on pallets by the LBS team ready for distribution to those in need.

1st Skill Refinement Workshop 2018

The first training workshop in 2018 was as popular as ever and over subscribed once again. Under the guidance of coach YS Leung, participants practised their drawing and yard on skill as well as learning the driving shot technique during the 4 weekly sessions in January.



Chinese New Year Fortune Cup 初三發財杯

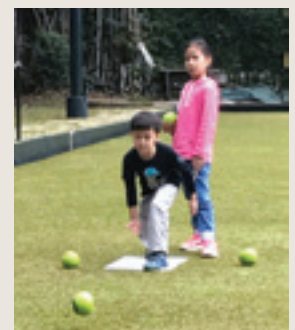
“Kung Hei Fat Choi!” The members and guests of the Lawn Bowls Section celebrated the Year of the Dog on the Third Day of the Chinese New Year (18 February) at the annual Fortune Cup.



The players enjoyed a refreshment break during half-time before playing the final two matches.



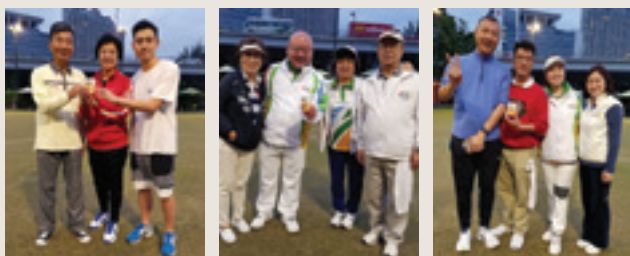
While the grown ups were battling for the top prize, our young and aspiring bowlers enjoyed a friendly game on rink 7.



Before the prize giving ceremony, we all joined in the finale game of "Fairy Scattering Flowers 仙女散花". The top 5 players who had their woods closest to the jack won a small prize each.



At the close, we were all happy going home with the "small fortune" won on this happy day.



Key dates & events

- In-house Mixed Fours Competition – 4 March
- Winter League End Dinner – 4 March
- Green Closure – 5 March to 13 April
- Green Opening – 14 April with Bai Sun, Roast Pig Carving and Happy Bowls
- Lawn Bowls Section AGM – 17 April at 7:00 pm
- Friendly Game with CCC – 21 April at USRC
- Premier League starts from 28 April

Photo of the month



The Bowling Cabaret!

BURGERS

Mexican Burger \$ 98

Grilled beef patty, Chili con carne, Bacon, Monterey jack cheese, butter lettuce, guacamole and a fried egg

Spiced lamb burger \$ 118

Lamb patty, served with Tzatziki sauce, butter lettuce, red onions and spring onion salad

Berries and Brie \$ 128

Grilled beef patty, secret sauce, butter lettuce, tomato, Sliced Brie Cheese and mixed summer berries

Sweet potato vegetarian burger \$ 98

Sweet potato patty, with eggplant "bacon", roasted skinless bell peppers, arugula and lots of sliced red radishes, special sauce

Vegetarian chickpea & corn burger \$ 88

with lettuce, tomato lots of flat parsley, sliced onions and home-made ketchup



FRIES

our fries are extra crispy for that extra flavor - add HK\$ 5 for USRC's homemade tomato ketchup

March 1st – 31st only available at
Garden cafe, Gunners bar &
Poolside (Monday to Friday only at poolside)

*During this promotion our regular
burgers are not available!*

APPETISER

Buffalo wings tossed in spicy sriracha buffalo sauce,
served with celery sticks and ranch dressing
\$ 68

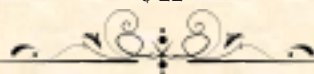


SALTED CARAMEL SHAKE

\$ 45

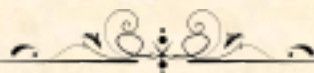
LEMONADE

Wash it all down with a jar of our home made minted
lemonade, freshly made to order
\$ 22



GO NAKED!

Replace your bun with a whole
buttered fresh corn on the cob



DESSERT

"Cookie boy" oatmeal cookie \$ 8
"Cookie boy" butterscotch ice cream sandwich \$ 48
"Drunk" apple crumble pie with
vanilla ice-cream \$ 52



Rugby News

Marco Cassandro
Rugby Convenor



USRC Tigers secure league title

The Borrelli Walsh USRC Tigers did enough on the final day of the year to secure their first Old Mutual International Men's Premiership for the first time in 14 years on Saturday, as they went down 15-12 to Bloomberg HK Scottish. The Societe Generale Valley's 22-10 loss to Natixis HKFC helped Tigers' cause as it gave Tigers the cushion they needed heading into the game.

With change in coaching staff with Samuel Hocking coming in as Head Coach and only winning 6 games the season before, not many would've predicted USRC Tigers winning the league, but lead by their Captain and the ever present Josh Hrstich, USRC Tigers battered their way through the league with 11 wins from a possible 15.

"No one can believe it, it will take a while to sink in," said chairman Marco Cassandro speaking after the game. Marco has been at the helm throughout the resurgence.

"The league championship is important to us and it always has been because it rewards the best team consistently throughout the year. We'd obviously like to win the grand championship as well, but this is hard work."

Elsewhere at Tigers every team has qualified for the knockout stages of the league so they are still in the hunt for more silverware.

With a Culmination of the grand Championships in the coming weeks, a full breakdown of the leagues and knockout stages will follow in the next article.



Men's Premiership

| | Team Name | PI | W | D | L | PF | PA | PD | Pts |
|---|------------------------------|----|----|---|----|-----|-----|------|-----|
| 1 | Borrelli Walsh USRC Tigers | 15 | 11 | 0 | 4 | 359 | 298 | 61 | 53 |
| 2 | Natixis HKFC | 15 | 10 | 0 | 5 | 454 | 249 | 205 | 49 |
| 3 | Societe Generale Valley | 15 | 10 | 0 | 5 | 370 | 358 | 12 | 47 |
| 4 | Bloomberg HK Scottish | 15 | 8 | 0 | 7 | 464 | 370 | 94 | 43 |
| 5 | Kowloon RFC | 15 | 5 | 0 | 10 | 319 | 355 | -36 | 30 |
| 6 | Herbert Smith Freehills HKCC | 15 | 1 | 0 | 14 | 265 | 601 | -336 | 8 |



Squash News

Colman Ng
BBS
Squash Convenor



League update

Star performers USRC 4 continue their surge to Division 15 title despite their first defeat of the season in January; perhaps they were trying to give the chasing pack some hope. They have since bounced back with two victories in February to stay at the top going into the Chinese New Year break. They boast 2 of the top 3 players in this division and more importantly are still full of confidence.

The other leading lights, USRC 3, continue to press for a top 3 finish with a recent win over the current leaders at Division 7, but have since been held back by missing key players for the last few matches. They are, however, expected to keep the pressure on the leaders in the final round.

The young and inexperienced players of USRC 1 continue to struggle but congratulations to Andrew Ko who having come close on a few occasions recorded his first win of the season against a very solid and experienced player - a good sign for the future.

USRC 2 has been reinforced by the return of Tim Mak in the number 1 spot, but this is probably too late to mount a realistic challenge for Division 4.

The Masters of M3 continue to struggle to hold on their position in the upper half of the table but continue to show their capabilities in the post-match social sessions, out-performing most other teams.

We would like to welcome a new M3 player, Victor Poon, who recently joined the USRC as a Sports member. His squash CV is probably too long for this article but there is no doubt his experience is invaluable to the Squash Section.

Farewell to Capt. Ross Parker

One of our staunchest supporters of the Squash Section, Captain Ross Parker, has finally decided to settle back in Australia after spending some 30 years of a 'high-flying' career in HK. Capt. Parker also served as the Chairman of the USRC between 2006 and 2014. In appreciation of his invaluable contribution to the Squash Section in the past years, a plate was presented to Capt. Parker at the farewell party held on 13 December 2017. While it was sad having to bid farewell to a long-time squash buddy, on behalf of all members of the Squash Section, I wish him a happy retirement Down Under, where he will continue to enjoy flying as a hobby.



Presentation of the plate to Capt. Parker



"This is your Captain speaking..."



Everyone in the party having a good time

Mr Kermit Yuen's retirement party

Another aviation professional and one of our most seasoned members of the USRC Squash Team, Mr Kermit Yuen, retired from the Government after serving a life-long career as an air traffic controller. His shift duties in the past had made it difficult for him to be regularly available in the League competitions.



Squash racket being presented to Mr. Kermit Yuen

His recent retirement means that he can from now on devote himself to become a more regular player in the Squash League. To celebrate this important occasion of turning to become a "full-time" squash player, we joined his party on 3 February when the Squash Committee presented him a brand new professional-class squash racket.



Kermit Yuen together with the Squash Committee Members



Tennis News

Martin Li,
Tennis Convenor



Kung Hei Fat Choy Cup

On behalf of the tennis section committee, I wish all Members enjoyed an excellent and memorable 'Valentine's Day' with your loved ones. In order to celebrate the New Year of the Dog, a friendly match namely 'Kung Hei Fat Choy Cup' was scheduled on Feb 18, 2018. All members were welcome to participate and offer blessings of wealth and prosperity to each other. Snacks and drinks were served free of charge and gifts were awarded to winners.

Summer League

There will be six teams to compete in the Summer League, and includes two Ladies A+, two Men's C, Men's B and Men's D to represent the USRC. All team captains have put in place a well-planned practice schedule for the sake of nurturing team spirits and achieving good results. Thank you for the team players' proactive participation and support extended to our captains. We hope you have fun and win all the matches!

Veteran League

Veteran League Men's 100+ and Ladies' 80+ are still in progress and will be completed in March 2018. To my knowledge, all players enjoy the games very much, especially in terms of making many new friends by offering USRC's hospitality to our opponent teams' players.

New team uniform

The latest team jacket has been popular among the majority of team members due to its excellent design and material. Special thanks go to our sub-committee member, Thomas Lee, who has already started preparing a new tennis uniform for all of us this year. Stay tuned for learning more from your captains.

Excellent members

Congratulations on our two Ladies' A+ members who have recently won championships in the Hong Kong ITF Seniors Spring Tournament.



Ms Lee Ying Ying, Champion of 45+ Singles



Ms Jenny Chu was the Champion of 50+ Singles



United Services Recreation Club

Hong Kong's Best Kept Secret

FENCING FUN DAY

Date: 25 Mar, 2018 (Sun)

Venue: Squash Court No.2

Session1 (5-12 yrs old): 1pm - 2pm

Session2 (13&above): 2pm - 3pm

Fee: HK\$100 per kid per session

(Maximum 10 kids per session)

Registration Deadline:

21 Mar,2018 (Wed)



**Equipment
will be provided**



**For registrations & enquiries, please contact Eric Fung
at sports@usrc.org.hk or reception at 3966-8600**

Three-Minute Puzzles

Painting on the Wall



How many bricks are fully hidden behind the painting on the wall?

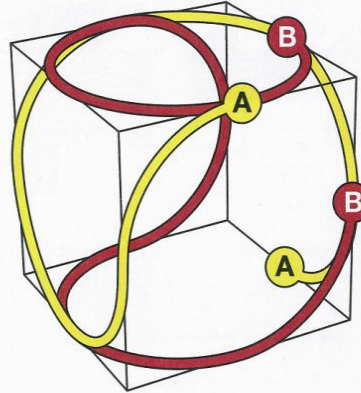
8

10

12

14

String Theory



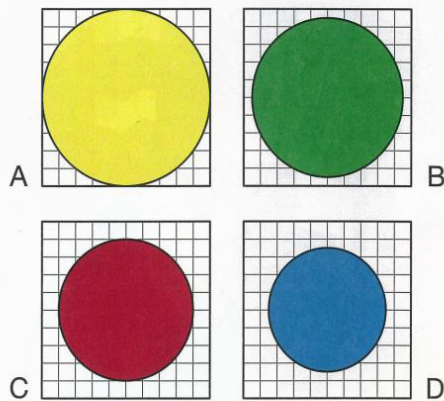
Two strings follow curving paths around the edges and faces of a cube. Which string is longer (or are they equal)?

A

B

Equal

Square the Circles



Which square's area is closest to twice the area of the circle contained within it?

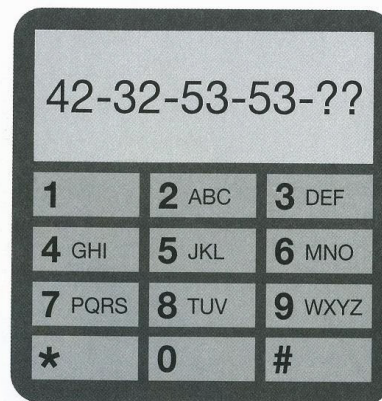
A

B

C

D

Encode the Message



What pair of digits should replace the question marks?

21

63

74

93

Submit your answer to the Club reception **on or before 8th April 2018**. All correct entries will receive a **FREE SMOOTHIE***

Name: _____ Membership No: _____

Contact No: _____

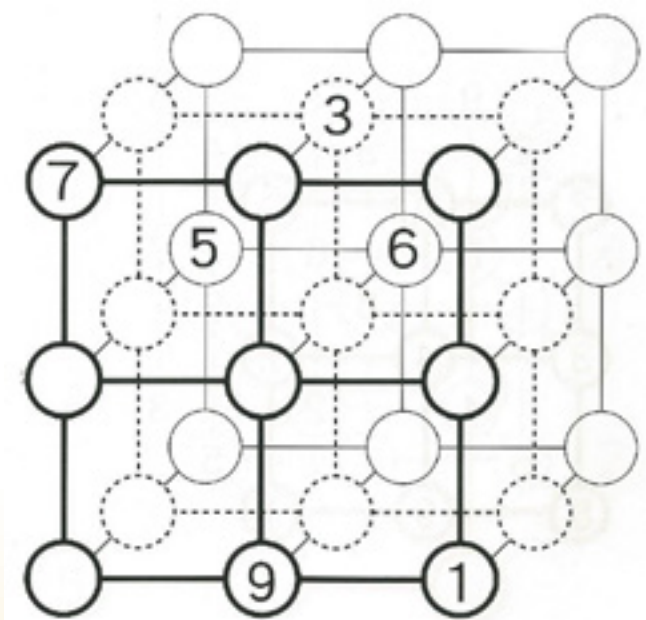
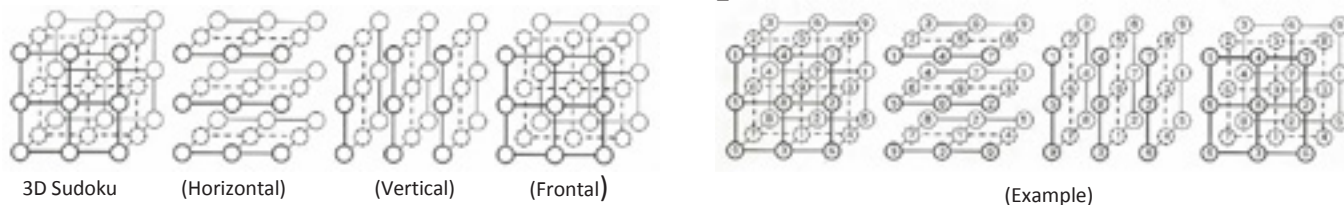
*Please note only one entry will be accepted per membership

3-D SUDOKU

Rules for 3-D Sudoku

Below is a completed sample of 3-D Sudoku. You can see from the cross-section 3x3 diagram that digits 1 thru 9 only appears once and duplication is not allowed. The sum of each row (horizontal, Vertical, and frontal but count diagonal is not counted) in the cross-section must add up to be a multiple of 3, i.e. 6, 9, 12, 15, 18, 21, 24 etc.

Example



Fill in the blank with Digits 1 thru 9.

Submit your answer to the Club or fax 2724 0949 on or before Sunday, 8th April 2018. All correct entries will be placed into a draw. The Winner will receive 1 x USRC Hoodie Jacky. Good Luck!

Name: _____ Membership No: _____

Contact Tel No: _____

*Please note only one entry will be accepted per Membership

Jan & Feb Quiz drawn by Member Mr. Chow

Congratulations to Jan & Feb Quiz Winner, Mr. Ho



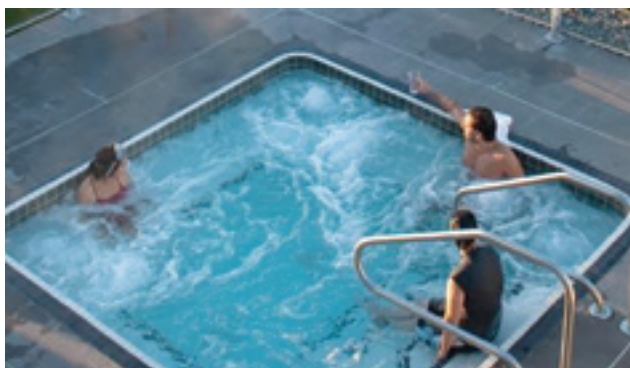
Jericho Club

3837 Point Grey Road, Vancouver
BC V6R 1B3, Canada
Phone: (604) 224-2348
Fax: (604) 224-3539

One of the Lower Mainland's premier clubs, Jericho Tennis Club began as a swimming club on the sandy shores of Jericho Beach in 1916. Now, a beautiful beachfront property offering exclusive, high quality facilities, Jericho is a vibrant and prestigious racquet club with over two thousand members.

The rare experience that is Jericho is surpassed only by the incredible view of English Bay and the North Shore Mountains. Nowhere else is there a finer vantage point in which to appreciate one of nature's most perfect paintings. Over the years, the Club has expanded to meet members' needs for additional sports and recreational activities. In 1998, Jericho underwent a multi-million dollar clubhouse renovation. In 2006, the Club resurfaced four courts and replaced its two winter bubbles with new state of the art bubbles increasing the size of the bubbles and adding improved lighting.

Despite the growth of the Jericho Tennis Club into other



sports and recreation facilities, the primary focus remains racquet sports. The tennis-playing members have the use of twelve tennis courts, eight of which are "Rebound Ace" surface courts and the remainder of which are hard courts. Squash members enjoy the use of four international-size singles squash courts.

To maximize one's physical potential, Jericho facilities include an expansive fitness centre. With a swimming pool, outdoor spa and beachfront access, the Club also provides an environment for families to come together, relax and enjoy each other's company.

The Jericho experience would not be complete without a wide variety of incredible social opportunities. From tournaments to BBQs, there's always a reason to mix, mingle and get to know others who share your interests.

To top it all off, Jericho affords a most spectacular vista overlooking English Bay and the North Shore mountains. There is not a better spot in the city to appreciate one of the West Coast's most treasured views.

List of Reciprocal Clubs

| COUNTRY | CITY | CLUB NAME | COUNTRY | CITY | CLUB NAME |
|--------------------------|----------------|---|---------------------|---------------|--|
| Australia | Adelaide | Naval, Military & Air Force Club of South Australia | Malaysia | Ipoh | Royal Ipoh Club |
| | Brisbane | United Service Club | | Johor | Segamat Country Club |
| | Canberra | Canberra Club | | Kuala Lumpur | Royal Commonwealth Society |
| | | The Commonwealth Club | | Penang | Penang Club |
| | Melbourne | The Kelvin Club | | Port Dickson | Royal Port Dickson Yacht Club |
| | | Kooyong Lawn Tennis Club | | Sabah | Sandakan Yacht Club |
| | | Royal Automobile Club of Victoria | | | The Tawau Yacht Club |
| | Perth | The Western Australian Club | Mexico | Jalisco | University Club de Guadalajara |
| | Sydney | The Royal Exchange Club of Sydney | | | El Palomar Country Club |
| | | Royal Automobile Club of Australia | | Mexico | The University Club of Mexico |
| | Victoria | The Royal South Yarra Lawn Tennis Club | | | |
| Belgium | Bruxelles | International Club Chateau Sainte-Anne | New Zealand | Auckland | The Northern Club |
| | Gent | International Club of Flanders | | Dunedin | The Dunedin Club |
| | | | | Napier | The Hawkes Bay Club |
| Brazil | Rio De Janeiro | Clube Americano Do Rio De Janeiro | | Wellington | The Wellesley Club |
| | | | | | The Wellington Club |
| Canada | Vancouver | Hollyburn Country Club | Philippines | Baguio City | Baguio Country Club |
| | | Jericho Tennis Club | | Cebu | City Sports Club Cebu |
| | | Terminal City Club | | | |
| | Victoria | Union Club of British Columbia | Portugal | Lisboa | Gremio Literario |
| Republic of China | Taipei | American Club Taipei | | Oporto | Oporto Cricket & Lawn Tennis Club |
| | | The Landmark Club | | | |
| England | Bath | The Bath & County Club | Scotland | Aberdeen | The Royal Northern and University Club |
| | London | The Army & Navy Club | | Edinburgh | The New Club |
| | | Carlton Club | | | The Royal Scots Club |
| | | Naval & Military Club | | | |
| | | St. James Hotel and Club | Singapore | Camden Park | Hollandse Club |
| | | The Lansdowne Club | | Singapore | Ceylon Sports Club |
| | | | | Yishun | Orchid Country Club |
| France | Paris | Saint James Paris | | | |
| Germany | Berlin | International Club Berlin | South Africa | Cape Town | The Cape Town Club |
| | Frankfurt | Union International Club | | Durban | Durban Club |
| | | | | Grahamstown | Albany Club |
| India | Ahmedabad | Karnavati Club | | | |
| | Bangalore | Greenacres Country Resort | Spain | Barcelona | Círculo Equestre |
| | Cochin | International Club | | Bilbao | Sociedad Bilbaina |
| | Jaipur | Jaipur Riding and Polo Club | | Madrid | La Gran Pena |
| | Jodhpur | UMED Club | | | |
| | Kerala | Sri Mulam Club | Sweden | Stockholm | Military Club of Stockholm |
| | Mumbai | Golden Swan Country Club | | | |
| | | Royal Bombay Yacht Club | Thailand | Bangkok | The British Club |
| | | The Bombay Presidency Radio Club | | | |
| | | The Umbergaon Club | Trinidad | Port of Spain | Trinidad Union Club |
| | | Residency Club | | | |
| Indonesia | Medan | The Exchange Club | U.S.A. | Bellevue | Bellevue Club |
| Ireland | Belfast | The Ulster Reform Club | | Berkeley | The Berkeley City Club |
| | Dublin | The Stephen's Green Club | | Cincinnati | Cincinnati Athletic Club |
| Japan | Kobe | Kobe Club | | Kansas | The Kansas City Club |
| Kenya | Nairobi | Nairobi Safari Club | | New Haven | New Haven Lawn Club |
| | Mombassa | Mombassa Club | | New York | The Cornell Club |
| Luxembourg | | Cercle Munster | | | The Williams Club |
| | | | | Philadelphia | The Racquet Club of Philadelphia |
| | | | | Portland | University Club of Portland |
| | | | | San Francisco | The Marines' Memorial Club & Hotel |
| | | | | Santa Barbara | Santa Barbara Club |
| | | | | | University Club of Santa Barbara |
| | | | | Washington DC | The Army & Navy Club |
| | | | | | The Rainier Club |

Clubs in bold are recently added clubs to our reciprocal list

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www.themarin.com.my

Plenitude Bayu Sdn Bhd (799140-W) (Next to Sri Sayang Apartment) Jalan Bayu, 11100 Batu Ferringhi, Malaysia. Tel: +604-8811888 Fax: +604-8812331 E-mail: sales@themarin.com.my • Developer's Licence No.: 13646-1/08-2018/01749(L) • Advertising Permit No.:13646-1/08-2018/01479(P) • Validity Period: 15/08/2017 - 14/08/2018 • Authority Approving Building Plan: Masjid Bandaraya Pulau Pinang • Building Plan Approval No.: MPPP/OSC/PB(6367)/13 (LB) • Encumbrances: Nil • Land Tenure: Freehold • Total No. Of Units: 149 • Development Type: Condominium • Expected Date Of Completion: 2018 • Selling Price: RM1,866,930 (Minimum); RM4,416,100 (Maximum) • Bumiputra Discount: 5% • Restrictions: Nil