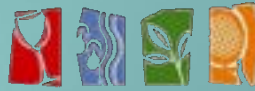


OASIS

May-June 2018

Your *oasis* — a place where you can find tranquillity and sustenance
USRC Members' Bi-monthly Magazine





United Services Recreation Club
Hong Kong's Best Kept Secret

Your Home Away From Home

We are pleased to present to you our Irresistible Spring Package rates for booking our Standard Room / Superior Room with complimentary daily continental breakfast in the Garden Cafe

Special Spring Package rates:

- From HK\$680 – for Standard Room
- From HK\$880 – for Superior Room
(per room, per night)



Plus exclusive privileges:

- Daily continental breakfast in the Garden Cafe (served from 8:00am – 11:00am).
- Complimentary Wi-Fi internet in guest room and public area of the Club.
- Complimentary in-room broadband service.
- Complimentary newspaper.
- Use of Club facilities.



Terms and Conditions:

- Offers are valid from **1 May until 30 June 2018**.
- Promotion applies to bookings that were made between 1 May and 29 June 2018.
- Room rates are per room, per night basis.
- Offers are applicable for new booking only and the options have to be confirmed upon making reservation.
- Package is subject to room availability, advance reservation is required.
- Offer cannot be used in conjunction with any other discount and promotional offer.

**Contact room reservations for your stay
at 3966 8600 / 3966 8678 or email rooms@usrc.org.hk**



1 Gascoigne Road, King's Park,
Kowloon, Hong Kong.
Tel: 3966 8600/8611
Fax: 2724 0949
Email: info@usrc.org.hk
www.usrc.org.hk

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Email: chairman@usrc.org.hk

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Email: treasurer@usrc.org.hk

Membership Director K.C. Ng

Projects & Security Director Les Pearce

Sports Director Eddie Wu

Grounds, Environment & Community Director Kenneth Chiu

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Alfred Cheng Lily Tam

Joanne Martin Viveka Mansukhani

Disciplinary Sub-committee

K.C. Ng Eric Heung

Felix Hart Ringo Chiu

Eddie Wu Brian McArdle

Viveka Mansukhani

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Football Alan Urmston

Lawn Bowls Alice Wong

Rugby Marco Cassandro

Squash Chung Leung

Tennis Maide Sun

Sports Convenors

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Football Alan Urmston

Lawn Bowls Irene Leung

Squash Colman Ng

Tennis Martin Li

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Oasis is a bi-monthly publication of United Services Recreation Club.

Advertising

To advertise in Oasis, please contact Natalie Banday at USRC.

Tel: 3966 8678 • Email: rooms@usrc.org.hk

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CONTENTS



Chairman's Message	2	Classes & Activities	33
General Manager's Message	5	Cricket News	34
Powell & Son	6	Football News	35
Staff Party	9	Lawn Bowls News	36
Easter Egg Hunt	14	Rugby News	40
Basketball Open Day	16	Tennis News	42
Fencing Open Day	18	Squash News	44
Hockey Open Day	20	Bridge News	45
Annual Survey	22	Puzzles & Quizzes	46
What's On	26	Reciprocal Clubs	48



CHAIRMAN'S MESSAGE

Dear Fellow Members,

This issue of our magazine marks the beginning of summer in earnest with some humid and sultry weather soon to be upon us whether we like it or not. I gather most of you must have had a relaxing Easter vacation abroad as the Club was relatively quiet over the long holiday periods. With the summer break just a couple of months away, I wish those who plan to travel away from Hong Kong a safe and happy trip!

The Club's financial and membership positions remain stable. With prudent cost control on F&B purchases by the Catering Department, coupled with hiked outlet sales on functions and daily eateries, the F&B budget is in a health state which affords us with the luxury of being able to maintain the drinks and menu prices with little if – not zero increase for as long as we possibly could – despite the impact of ever soaring food prices in the market as illustrated by the official data.

The membership strength is just slightly higher than before as the recent increased intake of new joins is mostly offset by an unexpected level of departures due to retirement, emigration and foreign studies. The Membership Subcommittee is still recruiting diligently all categories of new members to ensure that our facility capacities are adequately utilised and our comfort level is not eroded.

Just a gentle reminder that the USRC Annual General Meeting 2018 will be held on Wed, 13th June. The Annual Report together with meeting agenda and individual proxy form will be circulated to Members beforehand for easy reference and voting. Once again, there will be three positions on the General Committee vacated by the



incumbents and thereby open for election/ re-election for anyone wishing to make his/ her contribution towards the welfare and development of the Club.

Please do come along to be informed by the General Committee on the progress of the Club for 2017. After the Meeting, there will be an opportunity for discussion on any matter you wish to raise from the floor and the all-important drinks and snacks for everyone to enjoy in the venue afterwards!

As always, we endeavour to work together with Members to make the Club the place where you and your family enjoy spending time. We look forward to your continued support and seeing you around soon.

Patrick Cheung
Chairman

親愛的會員：

喜歡與否，炎夏的悶熱已隨本期會刊而臨。本會在復活節時略顯清靜，希望各位已享受了一個美妙的海外長假。隨著暑假將至，我謹祝有外遊計劃的各位一個安全且愉快的旅程！

本會的財政及會員事務維持穩健。受益於飲食部門謹慎的成本控制以及餐飲銷售增長，縱使市場上的食材成本急升，我們仍有足夠健康的餐飲預算將飲料及餐單上的價錢增幅維持在最低的水平。

會員體制與以往相比亦稍變壯健，皆因新增會員數目大多被預期以外的離開——當中包括退休、移民及留學等等原因——所抵銷。我們的會員事務委員會正繼續招納不同類別的新會員，在不會影響會內舒適度的同時確保最佳的使用效率。

我亦想在些提醒各位，本年的年會將於6月13日星期三舉行。年報、會議議程以及代表委任表格將於此前發佈以便參考及投票。三個總務委員會的職位將因空缺而開放及希望為本會福祉及發展出一分力的會員競選。

敬請出席年會，讓總務委員闡釋過去一年的發展。各位將可於會後討論不同議題，以及享受特別準備的飲料及小食！

一如既往，我們將與您緊密合作，務求令本會成為一個能讓您與家人歡渡時光的地方。希望能繼續得到您的支持，會內見。

張伯陶
主席

Employee of the Month – April

Ryan Lo

Administrative and Accounts Clerk



From: Mr. Robin McIver
To: rooms@usrc.org.hk
Subject: Re: Thank you
Date: Sun 4/22/2018 7:08 PM

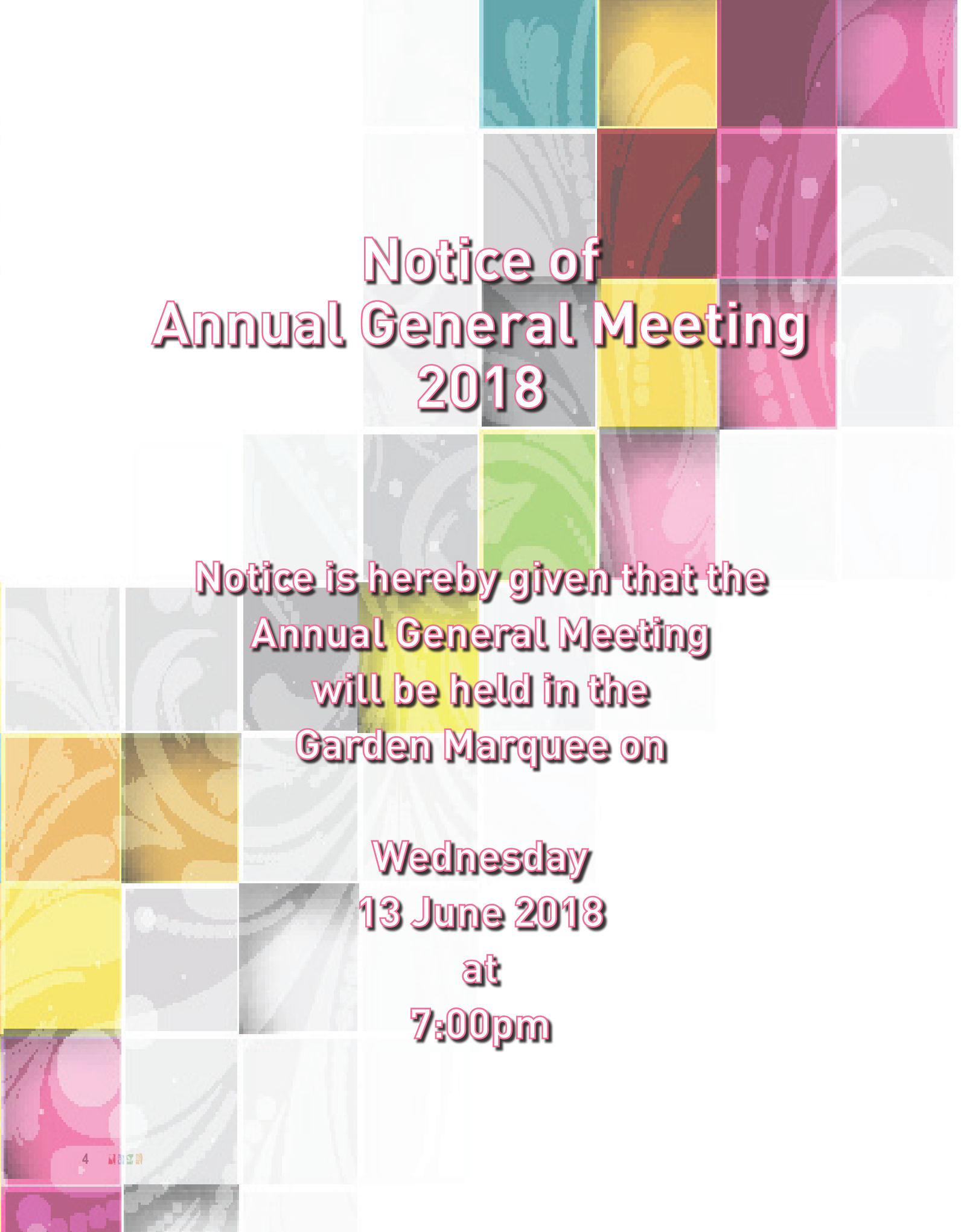
Dear Natalie,

My family and I recently stayed with you for 5 nights as reciprocal members and we would just like to pass on our thanks to you, your staff and the Club. We had a lovely family holiday catching up with our old Hong Kong friends and showing our children the sights, and everything at the Club was superb, from the accommodation to the facilities, the Bar and dining. We had breakfast and dinner at the Club all week and the food was exceptional.

We hope to be able to stay with you again when we next visit.

Thank you and regards,

Robin McIver



Notice of Annual General Meeting 2018

**Notice is hereby given that the
Annual General Meeting
will be held in the
Garden Marquee on**

**Wednesday
13 June 2018
at
7:00pm**

GENERAL MANAGER'S MESSAGE

Dear Member,

Summer is here. For those travelling, I wish you safe travels, hope you have a great summer and look forward to your return in the autumn. For our Members who will be here during the summer we have months filled with activities and look forward to seeing you at the Club. We expect the pool to be exceptionally popular; tennis has always been lively and the fitness centre has continued to grow in popularity.

In this feature, we showcase some new activities to the Club. These included fencing, hockey, lacrosse and basketball. These were all well attended and we will look at offering more advanced classes to members after our final analysis.

I hope that you will contemplate using the Club not just for weekends but also on the weekdays when it is less crowded. Please also consider using the Club not only for leisure but also for your business meetings and functions. We have a Banquet Sales team ably lead by Nike Lau, menus can be tailored to suit your budget and both indoor and outdoor options are available.

Please be reminded of the following bye laws:

Social Car Parking

30. Car Park

Member Parking

- p) Generally a Member may park their own motor vehicle in the Car Park subject to the Member remaining on Club Premises.

Guest Policy by Poolside

8. Guests

Guests Limitations

- a) There is no limit to the number of guests who may be introduced to the Club except at certain times and for facilities as specified in these Bye-Laws. Members, their spouses and dependents who are 16 years of age and over:
- i) Shall not host more than 4 guests per account number in the poolside areas during daylight hours on Sundays and Public Holidays between 1 April and 30 September.

On a final note, to provide a safe and comfortable environment for all of our Members, you will see a security notice at the front entrance desk. This is essential and common practice in similar organisations.

Looking forward to seeing you at the Club.

Regards,

Noel Burns

General Manager



親愛的會員：

炎夏已至，謹祝正在外遊的各位一個安全且美妙的避暑之旅，期望在立秋之後與您再聚。至於仍未有計劃的會員，我們已準備了各種夏日活動恭候您們光臨。除了泳池相信將盛況空前外，網球場及健身室亦會變得更加熱鬧。

本期會刊將一述我們最近組織的各種新活動，當中包括劍擊、曲棍球、棍網球及籃球活動，承蒙會員歡迎。我們將於檢討過後考慮為大家提供進階的興趣班。

希望您們在週末以外，亦會考慮在人流較少的平日光臨本會，又或在休閒之外於本會舉行商務會面及活動。我們有一隊由Nike Lau領導的專業宴會銷售團隊，能因應您的預算及室內外計劃安排菜單。

30. 停車場

- p) 會員如停留在會所範圍內，可停泊屬於該會員所擁有的車輛在停車場。

賓客泊車

8. 賓客

賓客的限制

- a) 除了在會規內指明的某段期間和某些設施外，進入會所的賓客人數並沒有限制。會員、其配偶和年青家屬年滿十六歲和以上只可在：
- i) 四月一日至九月三十日日間時段的星期日和公眾假期，每個會員帳戶不可接待多於四位以上的賓客進入游泳池範圍。

最後一提，為了確保會員能於本會享受一個既安全且舒適的環境，我們於正門服務處放置了一個保安通告。當中安排有其必要，亦是其他同類會所的一貫做法。

期望在本會與您相會。

Noel Burns

總經理

Powell and Son Wine Dinner

We recently had the honour to host Mr Dave Powell, wine maker of Powell and Son Wines for the Club's wine dinner.

Dave shows his passion through his wines which were an excellent complement to the food being served. During the dinner Dave explained how he grew his vines and how his wines are made, during which we had plenty of his wines to drink. The dinner was very good value for money, and the wines offered to order for home deliveries are seriously good value for money, with the Barossa Valley Riverside Grenache Mataro Shiraz selling for only HK\$ 137.

The wines were very good and you may see a few of these wines listed on the Club's wine list soon.





USRC Caps on Sale at the Club Shop



**\$60
ONLY**

Get yours now!



United Services Recreation Club
Hong Kong's Best Kept Secret

Mothers Day

Brunch Buffet

♥ At The Garden Marquee
♥ 13th May, 2018 (Sunday)
♥ 11:30am - 2:30pm

HK\$345 Adult
HK\$114 Child (Aged 3-11)

Juice station

Chilled orange, apple, pineapple, grapefruit and tomato juices

Appetizers

Home smoked salmon with capers and red onion
Italian grilled vegetables, Kalamata and green queen olives,
Butcher's cold cut platter

Seafood station

Snow Crab Legs and Old Bay shrimps

Salad bar

Caesar salad, Puy lentil salad with assorted vegetables and cumin dressing, Traditional tomato and red onion salad with extra virgin olive oil, Greek salad, Thousand Island dressing, French dressing, Italian dressing, Honey mustard dressing

Soup

Wild mushroom soup
Assorted whole breads and bread rolls

Chicken Inasal BBQ Station

Filipino style marinated and grilled chicken

Suckling pig on the spit

with apple sauce

Whole spit roasted lamb

with mint sauce and gravy

Main course

Swiss pork mince with mushroom sauce,
Tandoori salmon fillet on banana leaf,
Penne pasta carbonara,
Chinese style braised oxtail,
Steamed garoupa with soy sauce

Vegetables and Starch

Buttered broad beans, salsify in creamy truffle sauce,
Broccoli with browned almond butter,
Creamy gratin potatoes, Steamed rice

Desserts

Fresh fruit platter, Mini boutique desserts, Lamingtons,
Cappuccino cake, Salted caramel cake, Mini Cup Cakes,
Bread and butter pudding, Apple crumble,
International cheese platter

For reservations, please call: 3966 8632

or E-mail: Ms. Karen Yip at fnb.adm.asst@usrc.org.hk

LIKE US ON :



USRC Staff Annual Dinner

On Thursday 1 March, 2018, our USRC “Super Hero” Staff Annual Dinner was held at the Choi Fook Banqueting nearby. The night started off with Mr Burns giving his opening speech as well as a champagne toasting given by Marco Veringa, Felix Lee, Ivan Lui and Mr Burns.

With many new faces amongst the well-known ones, the night was filled with excitement and plenty of fun as the programme included many games such as 5 Super Heroes, Pass the 3 Stages and various drinking games. The host and MC's Eric from Sports Department, Natalie from the Front Desk, Ryan from Accounts, Edwin from Purchasing and Nike from Catering, all made sure the special themed night was filled with laughter and enjoyment.

The food was tasty and there was lots of drinking to keep our staff very much happy. There were prizes for all our staff, including our part-timers, with Mr Burns distributing the most welcomed service appreciation envelopes.

Thank you to the committee for organising such a wonderful party this year!





United Services Recreation Club
Hong Kong's Best Kept Secret



"Every family has one"
HUGH HAMILTON
— McLAREN VALE —

HUGH HAMILTON WINES

Friday 1st June - Gascoigne Room - 6PM until 830PM
Australian Wine Tasting



Hugh Hamilton is the 5th generation of the family that planted the first vineyards in Glenelg, Australia in 1837, less than one year after European settlement in South Australia. Their family has the longest continual presence in the Australian wine industry today.

Come and sample a collection of Hugh's wines.

With names such as 'The Floozie', 'The Scoundrel', 'The Rascal' and 'The Villain' - Hugh's flock is far from ordinary!







United Services Recreation Club
Hong Kong's Best Kept Secret

Le French May Wine Tasting

2018

Venue: USRC-Chairman's Lounge
Date: May 04, 2018 (Friday)
Time: 18:30-20:30



All wines are sponsored by

Le French May Wine Tasting of 2018

Home Delivery Order Form



White Wine			Regular Price	Member Price	Quantity	Sub-total
1	Cave de Turckheim Gewurztraminer Vieilles Vignes 2013 , Alsace		\$255	\$182		
2	Cave de Turckheim Pinot Gris Collection Terroir 2012, Alsace		\$220	\$159		
Red Wine						
3	Chateau de Respide Reserve Rouge Graves 2014		\$198	\$145		
4	Chateau Thomas Laurent Bordeaux 2015		\$115	\$86		
5	Chateau Famaey Oak Aged Cahors 2013		\$220	\$168		
6	Chateau Ferran Rouge Pessac Leognan 2012		\$339	\$260		
				Total		

Please pass this order form to Reception or Gascoigne Room. Thank you.

For order over HK2,000,

Free delivery & Free Wine Cooler Bag + Wine Charm Set



For order over HK3,000,

Free delivery & Free Electric Wine Opener



Name (Block Letter): _____ Membership No.: _____

Delivery Address: _____

Tel: (Office) _____ (Home) _____ (Mobile) _____

E-mail address: _____

Expected Delivery Date: _____ Signature: _____ Date: _____

- Delivery arrangement would take 3 working days upon order confirmation.
- Delivery service will be available from Monday to Saturday. (excluding Sunday and Public Holidays)
- Free delivery service will be available for purchase over HK\$2,000 or more. Mixed cases are accepted.
- Delivery locations include Hong Kong Islands, Kowloon & most of the New Territories. (excluding Outlying Islands)
- The total bill will be charged to the member's account.
- Wines which are sent to the club will be kept for 7 days only. The club will not be responsible for any loss and damage.
- The discounted price of above wines are valid from 04 May to 04 June 2018.
- No return is acceptable once the order is confirmed. The final decision with the management of the USRC.

Easter brunch buffet and egg hunt

During the long holiday weekend from 30 March, around fifteen children and their parents had a wonderful time celebrating the USRC Easter Brunch Buffet at the Garden Marquee.

The buffet was sumptuous and it was followed by the traditional Easter Egg Hunt which went underway in the playground. Eggs had been hidden in and around the playground for the children to find, where both the parents and children had a great deal of fun trying to locate them. This was especially pleasing for the parents when they saw the delight on the child's face each time they found a hidden egg.

A special thank you must go out to the F&B team and organisers, for another fun year of Happy Easter Egg Hunting!





Basketball Open Day

On 8 April, our kids had an opportunity to attend a basketball class designed by a former NBA player. They had a proper warm up exercise which was followed by fun basketball drills on a beautiful Sunday morning. A job well done by everyone, but especially to those 3 years old future basketball superstars!

Thanks go to Top Flight Hong Kong for coaching and bringing the fun to our members.





Fencing Open Day

Fencing is a highly competitive sport which incorporates agility, strength, coordination, balance and timing. In fencing, mental strength is as important as physical ability.

On 26 March, kids had a chance to pick up a fencing weapon and learn the basic techniques of basic offence and defence positions, as well as combating each other on game stage.

Special thanks to the Fencers Club Hong Kong for coaching and lending of the equipment.





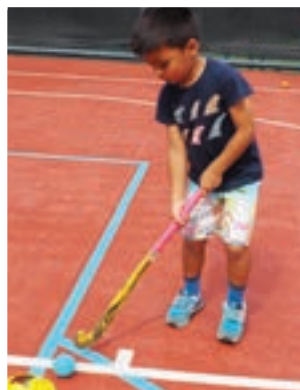
Hockey Open Day

More than 20 kids showed up at our multi-purpose court on 22 April to have their first go at hockey.

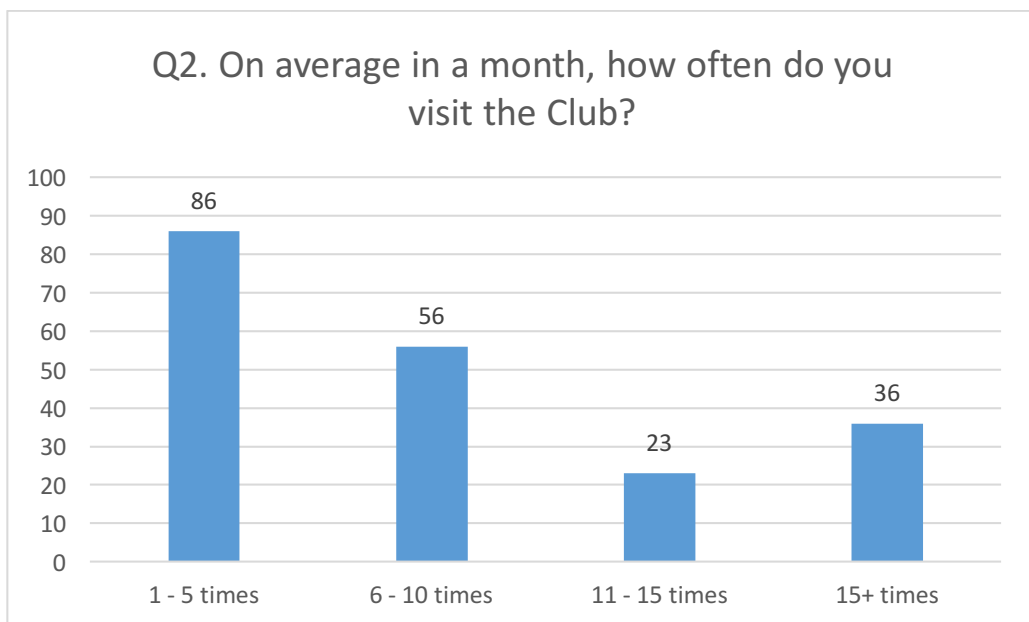
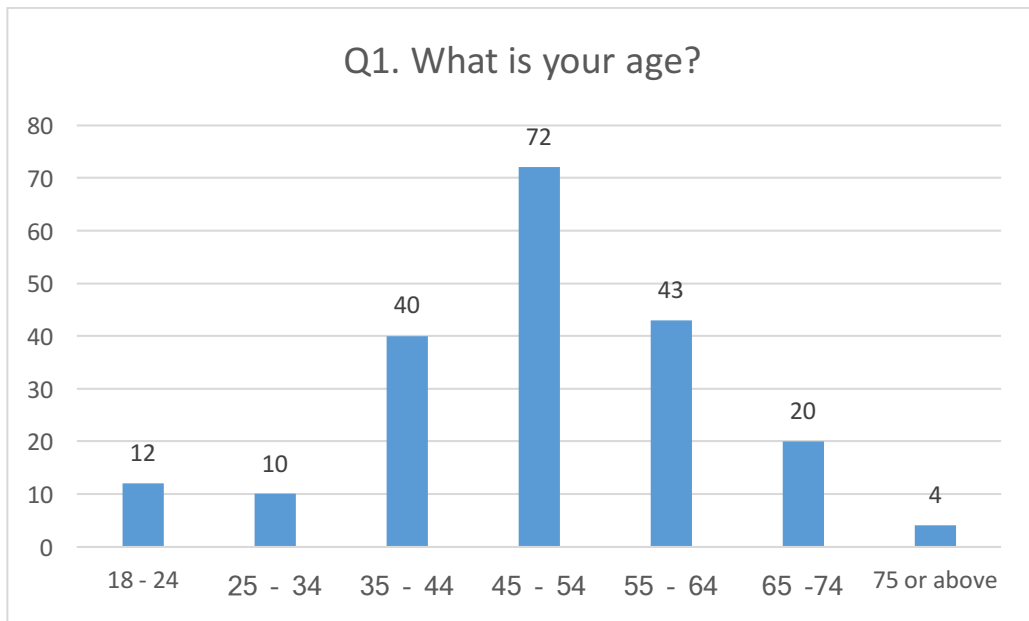
After a series of warm up games and hand-eye coordination exercises, our kids were let loose with a hockey stick where they tried to dribble with the ball & change directions. At the end of 1.5 hours of the fun day, our kids even had a challenge to compete with one of the coaches!

Thanks to Shaheen Hockey Academy for coaching and raising the kids' interest in hockey.

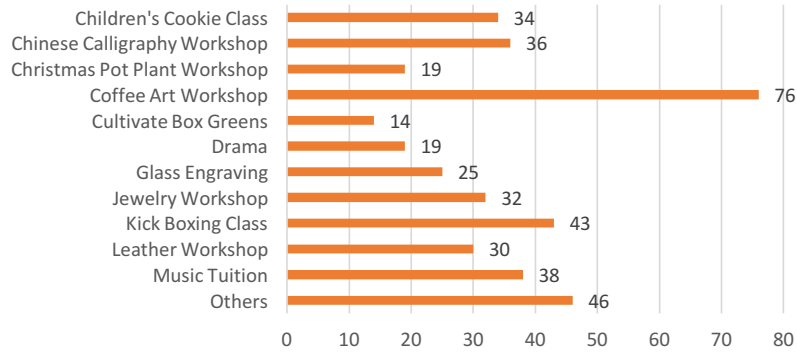




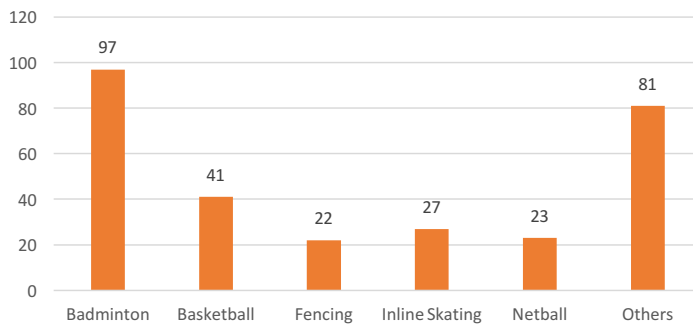
Annual Survey



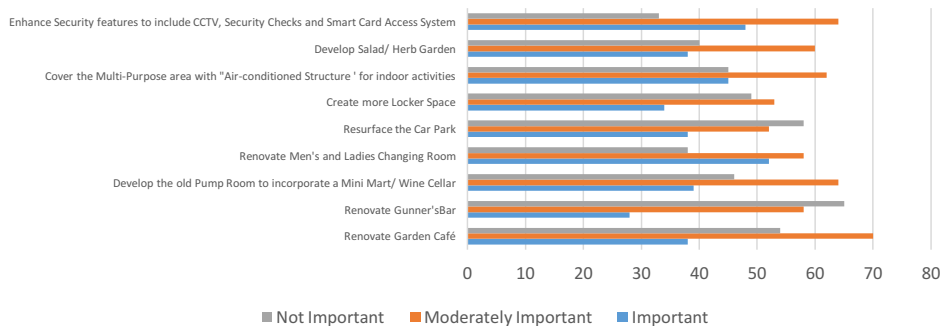
Q3. What kind of workshop would entice you to the Club?



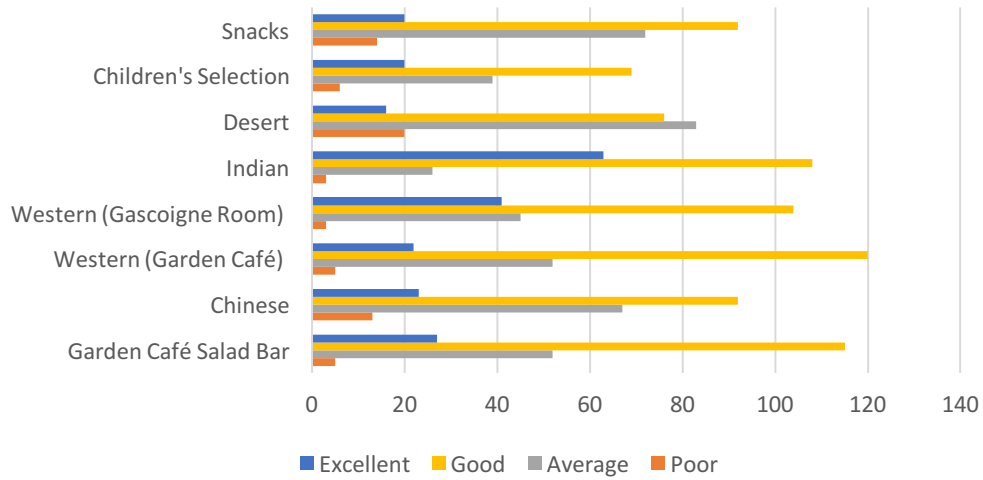
Q4. What types of sports activities would you participate in if they were available?



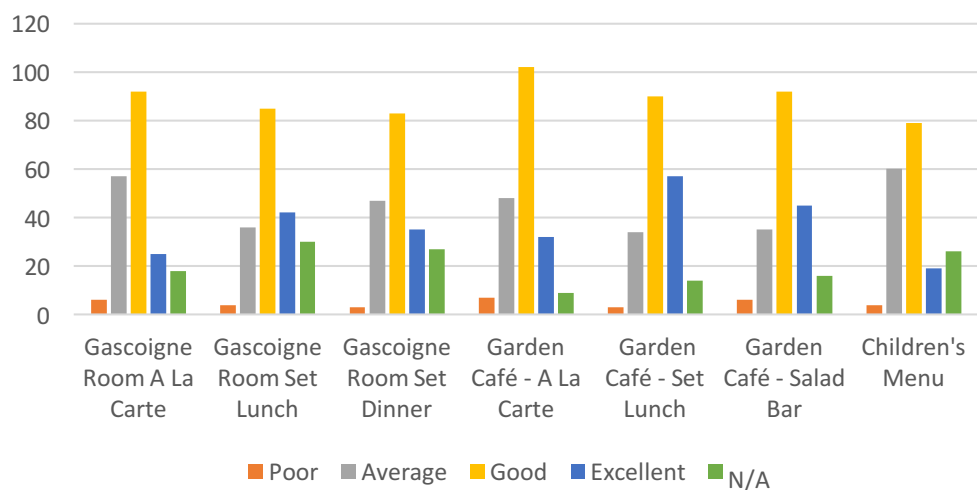
Q5. Listed below are examples of changes to the Club's facilities or services that could be implemented in the future, please indicate how important you feel each item is to the future of the Club.



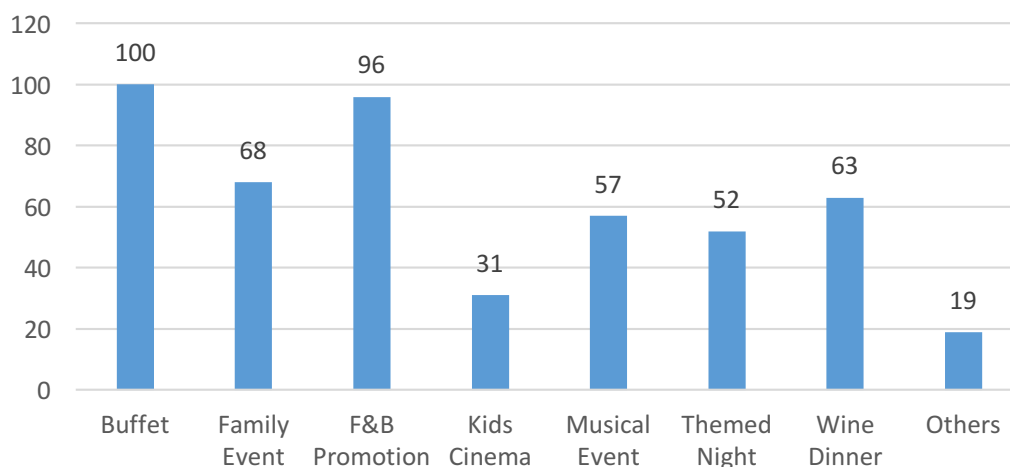
Q6. How would you rate the following food currently on offer?



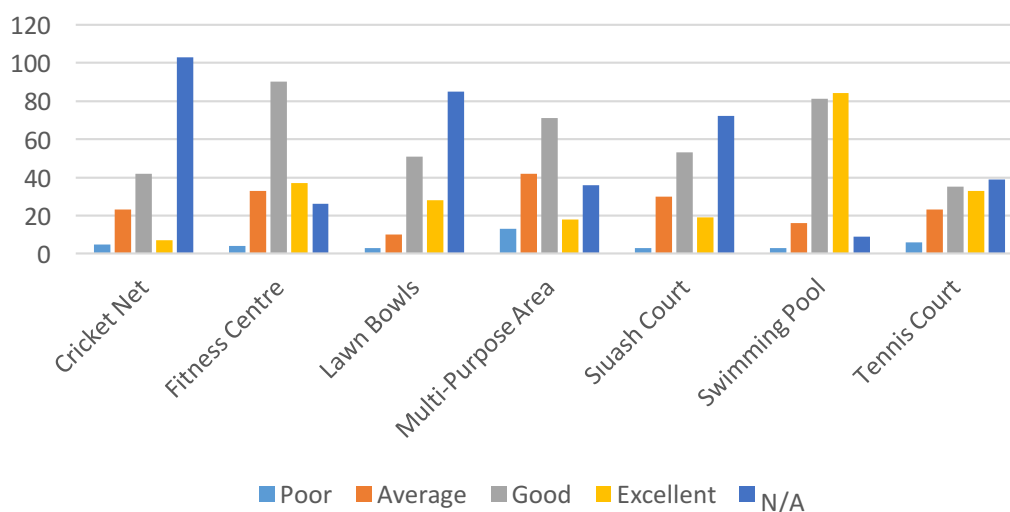
Q7. How do you rate the value?



Q8. What type of Club event would entice you to the Club?



Q9. How do you rate the Club sports facilities?





Sunday

Monday

Tuesday

1

- Playgroup 9:30 am – 11:30 am
- Social LB 2:30 pm – 6:30 pm (Club members)
- Social LB 6:30 pm – 9:30 pm (All members)
- Pilates Group Class 11:00 am

6

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Social LB 10:00am – 8:00 pm (All members)
- Football YYL Game

7

- Pilates Group Class 4 pm

8

- Playgroup 9:30 am – 11:30 am
- Social LB 2:30 pm – 6:30 pm (Club members)
- Social LB 6:30 pm – 9:30 pm (All members)
- Pilates Group Class 11:00 am

13

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Social LB 10:00am – 8:00 pm (All members)
- Football YYL Game

14

- Pilates Group Class 4 pm

15

- Playgroup 9:30 am – 11:30 am
- Social LB 2:30 pm – 6:30 pm (Club members)
- Social LB 6:30 pm – 9:30 pm (All members)
- Pilates Group Class 11:00 am

20

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Social LB 10:00am – 8:00 pm (All members)
- Football YYL Game

21

- Pilates Group Class 4 pm

22

- Playgroup 9:30 am – 11:30 am
- Social LB 2:30 pm – 6:30 pm (Club members)
- Social LB 6:30 pm – 9:30 pm (All members)
- Pilates Group Class 11:00 am

27

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Social LB 10:00am – 8:00 pm (All members)
- Football YYL Game

28

- Pilates Group Class 4 pm

29

- Playgroup 9:30 am – 11:30 am
- Social LB 2:30 pm – 6:30 pm (Club members)
- Social LB 6:30 pm – 9:30 pm (All members)
- Pilates Group Class 11:00 am

Wednesday

2

- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Pilates Group Class 7:30 pm
- Squash Team Practice (Ct 1 & 2)
6:45 pm – 10 pm
- Football Training Night

Thursday

3

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Senior Cricket 7-9 pm

Friday

4

- Playgroup 9:30 am– 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 – 6 pm (Squash court)

Saturday

5

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 – 5:30 pm (Ct 1 & 2)
- Lawn Bowl 12:00 – 2:00 pm (League Warm up)
- Lawn Bowl 2:00 – 7:00 pm (League Games/ For LBS members if no league games)
- Lawn Bowl 7:00 – 10:00 pm (LBS Members only)

9

- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Pilates Group Class 7:30 pm
- Squash Team Practice (Ct 1 & 2)
6:45 pm – 10 pm
- Football Training Night

10

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Senior Cricket 7-9 pm

11

- Playgroup 9:30 am– 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 – 6 pm (Squash court)

12

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 – 5:30 pm (Ct 1 & 2)
- Lawn Bowl 12:00 – 2:00 pm (League Warm up)
- Lawn Bowl 2:00 – 7:00 pm (League Games/ For LBS members if no league games)
- Lawn Bowl 7:00 – 10:00 pm (LBS Members only)

16

- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Pilates Group Class 7:30 pm
- Squash Team Practice (Ct 1 & 2)
6:45 pm – 10 pm
- Football Training Night

17

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Senior Cricket 7-9 pm

18

- Playgroup 9:30 am– 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 – 6 pm (Squash court)

19

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 – 5:30 pm (Ct 1 & 2)
- Lawn Bowl 12:00 – 2:00 pm (League Warm up)
- Lawn Bowl 2:00 – 7:00 pm (League Games/ For LBS members if no league games)
- Lawn Bowl 7:00 – 10:00 pm (LBS Members only)

23

- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Pilates Group Class 7:30 pm
- Squash Team Practice (Ct 1 & 2)
6:45 pm – 10 pm
- Football Training Night

24

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Senior Cricket 7-9 pm

25

- Playgroup 9:30 am– 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 – 6 pm (Squash court)

26

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 – 5:30 pm (Ct 1 & 2)
- Lawn Bowl 12:00 – 2:00 pm (League Warm up)
- Lawn Bowl 2:00 – 7:00 pm (League Games/ For LBS members if no league games)
- Lawn Bowl 7:00 – 10:00 pm (LBS Members only)

30

- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Pilates Group Class 7:30 pm
- Squash Team Practice (Ct 1 & 2)
6:45 pm – 10 pm
- Football Training Night

31

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Senior Cricket 7-9 pm





Sunday

Monday

Tuesday

3

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Social LB 10:00am – 8:00 pm (All members)
- Football YYL Game

4

- Pilates Group Class 4 pm

5

- Playgroup 9:30 am– 11:30 am
- Social LB 2:30 pm – 6:30 pm (Club members)
- Social LB 6:30 pm – 9:30 pm (All members)
- Pilates Group Class 11:00 am

10

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Social LB 10:00am – 8:00 pm (All members)
- Football YYL Game

11

- Pilates Group Class 4 pm

12

- Playgroup 9:30 am– 11:30 am
- Social LB 2:30 pm – 6:30 pm (Club members)
- Social LB 6:30 pm – 9:30 pm (All members)
- Pilates Group Class 11:00 am

17

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Social LB 10:00am – 8:00 pm (All members)
- Football YYL Game

18

- Pilates Group Class 4 pm

19

- Playgroup 9:30 am– 11:30 am
- Social LB 2:30 pm – 6:30 pm (Club members)
- Social LB 6:30 pm – 9:30 pm (All members)
- Pilates Group Class 11:00 am

24

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Social LB 10:00am – 8:00 pm (All members)
- Football YYL Game

25

- Pilates Group Class 4 pm

26

- Playgroup 9:30 am– 11:30 am
- Social LB 2:30 pm – 6:30 pm (Club members)
- Social LB 6:30 pm – 9:30 pm (All members)
- Pilates Group Class 11:00 am



Wednesday

Thursday

Friday

Saturday



6

- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Pilates Group Class 7:30 pm
- Squash Team Practice (Ct 1 & 2)
6:45 pm – 10 pm
- Football Training Night

7

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Senior Cricket 7-9 pm

1

- Playgroup 9:30 am– 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 – 6 pm (Squash court)

2

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- Lawn Bowl 7:00 – 10:00 pm (LBS Members only)

13

- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Pilates Group Class 7:30 pm
- Squash Team Practice (Ct 1 & 2)
6:45 pm – 10 pm
- Football Training Night

14

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Senior Cricket 7-9 pm

15

- Playgroup 9:30 am– 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 – 6 pm (Squash court)

16

- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
- Pilates Classes, 10:00 am, 1:45 pm
- Squash Afternoon 2:30 – 5:30 pm (Ct 1 & 2)
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- Lawn Bowl 7:00 – 10:00 pm (LBS Members only)

20

- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Pilates Group Class 7:30 pm
- Squash Team Practice (Ct 1 & 2)
6:45 pm – 10 pm
- Football Training Night

21

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Senior Cricket 7-9 pm

22

- Playgroup 9:30 am– 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
- Taekwondo 4:30 – 6 pm (Squash court)

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- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
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- Squash Afternoon 2:30 – 5:30 pm (Ct 1 & 2)
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- Lawn Bowl 7:00 – 10:00 pm (LBS Members only)

27

- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Pilates Group Class 7:30 pm
- Squash Team Practice (Ct 1 & 2)
6:45 pm – 10 pm
- Football Training Night

28

- Bridge 9:30 am – 12:30 pm (Gunners Bar)
- Social LB 2:30 pm – 6:30 pm (Club members)
LB League Team Practice 6:30 pm – 9:30 pm
- Senior Cricket 7-9 pm

29

- Playgroup 9:30 am– 11:30 am
- Pilates Group Class 4:00 pm
- Football Legal League games
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- Social Tennis (CT 3) 3-7 pm. (CT4)3-8 pm
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- Lawn Bowl 12:00 – 2:00 pm (League Warm up)
- Lawn Bowl 2:00 – 7:00 pm (League Games/ For LBS members if no league games)
- Lawn Bowl 7:00 – 10:00 pm (LBS Members only)



United Services Recreation Club

Hong Kong's Best Kept Secret

Diving Board Safety Rules

Opening Hours:

Session 1: 9:30am to 12:00noon

Session 2: 3:00pm to 6:30pm

Closed for pool cleaning every Monday from 10am to 12noon. If the day falls on a public holiday, the cleaning day will be rescheduled for the next weekday.

Safety Rules:

- ✓ Swimmers must be 11 years old and above or holding a certificate of competence test.
- ✓ Only one person at a time is permitted on the diving board.
- ✓ Before diving make sure the surrounding area in the pool is clear.
- ✓ No diving from the side of board.
- ✓ After completing your dive, you must immediately vacate the pool to the side, swimming away from the diving area to avoid any collisions.

Meeting the Lifeguard Team



Are you ready for the summer?

In summer time, USRC Swimming Pool Area is one of the best places to stay. As the season is coming, members' safety and enjoyment are our top priority. Regularly, our lifeguards practice life-saving & first-aid drills to ensure the safety in pool area.

We wish you have a safe and wonderful summer at the pool.



Reminder to parents:
During peak periods, please watch your children closely.

Lifeguard Team

Back row (L-R): George Lui, Anthony Wong, Paul Ip, Jeff Chan, Anson Tam, Tony Wong
Front row (L-R): Sam Leung (Senior Lifeguard), KC Chan (Pool In Charge), Leo Chow (Senior Lifeguard)



CPR & AED Training



Spinal Board Training

Swimming Pool Opening Hours

Mon* to Fri	7am-9pm
Sat, Sun & Public Holiday	7am-10pm

Closed for cleaning every Monday from 10am to 12noon.

*If the day falls on a public holiday, the cleaning day will be rescheduled for the next weekday.



No-Show Penalty Fees For Sports Facilities

Please be informed that a NO-SHOW Penalty fee for all facilities will be in effect as of
1st May 2018

- Please sign in for the facilities and sign in your guests before playing.
- A penalty (***HK\$100 per booking***) will be levied on members who do not sign for the court whether the court has been used or not, unless a reasonable explanation has been given to the Club Management.

USRC Management
1 May, 2018

Classes & Activities at the USRC

Aqua Exercise

Abra Tsui

Email: ducgoo@gmail.com
\$450 Private lesson
\$250 Semiprivate lesson
Members only
Refer to instructor for schedule

Bridge

Mimi Wong

WhatsApp: 9120 3789
Email: usrcbridge@gmail.com
Thursday duplicate
9.30am-12.30pm
Pre-registration required

Cricket

Muhammad I. Gull

Tel: 9421 4741
Email: sportsofficer@usrc.org.hk

Individual Lesson (including) Beginners, Intermediate & Advance Cricketers
\$350 per hour (member)
\$400 per hour (guests)
Group Lesson (minimum 2 to 6 persons) – \$700 per 1 ½ hour
Team Training (minimum 2 to 6 persons) – \$800 per 2 hours
Junior's Individual Lesson
\$300 per hour (member)
\$350 per hour (guests)
Junior's Group Lesson (minimum 2 to 4 kids) – \$600 per 1 ½ hours
Junior's Team Training (minimum 2 to 6 persons) – \$700 per 1 ½ hours
(Beginners or any age kids are welcome)

Football

Alan Urmston

Email: alanu@netvigator.com
Wednesday: 7:30-9:00 pm, King's Park
\$50 for 90 minutes' playing time (adult)

Gym Familiarisation

Contact Reception 3966 8600/611
for registration and scheduled class times
– 30 minutes per lesson
Private lesson \$100



Pilates

JM Pilates Studio

Tel: 9194 5856
Email: jmpilates@yahoo.ca

Group classes
\$165 per class (member)
\$1,650 for 10 classes (guest)
Monday: 4pm
Wednesday: 7.30pm
Friday: 4pm
Saturday: 10am and 1.45pm
Pre-registration recommended

Private lessons
\$650 (member)
\$700 (guest)
Available throughout the week, Monday-Sunday

Personal Training and Muay Thai Coaching

Humphrey Tsui

WhatsApp: 5541 2201
Email: Humphrey@allaboutaesthetics.com.hk

Personal Training 1 on 1 package
Trial Session \$400
1 session \$750
10 sessions \$700
20 sessions \$650

Small group 2 persons
1 session \$450/person
10 sessions \$400/person

Small group 3 persons
1 session \$400/person
10 sessions \$350/person

Playgroup

Nicola Barguss

Tel: 9775 4944
Tuesday: 9:30am, Friday: 9:30am
\$50 for the first child (member)
\$88 for the first child (guests)
\$35 per additional child or parent

Squash

Ilyas Gull

Tel: 9421 4741
Email: sportsofficer@usrc.org.hk

Adults

1. Private lesson for adult \$350 per hour
2. Group of 2 \$600 per hour
3. Group of 2-4 \$800 1½ per hrs

Juniors

1. Private lesson \$300 per hour
2. Group of 2 \$500 per hour
3. Group of 2-4 \$600 1½ per hrs

Swimming Classes

Eric Fung

HKSCA Level 1 Coach
Tel: 9603 9620
Email: kyfung.eric@gmail.com

Private Lesson (for members only)
1 person - \$460
2 persons - \$620
3 persons - \$780
4 persons - \$880

Tennis

Battad Tennis Coaching Co

Andrea Charity U. Battad
Tel: 9026 5685 (evening till midnight)
Email: andreacharitybattad@gmail.com

Private Lesson
\$600 per hour (member)
\$700 per hour (guests)

Group Lesson (minimum 2 to 4 people)
\$200 per hour per person (member)
\$250 per hour per person (guest)

Tennis Coaching

Chris Hunt

HKTA Qualified Coach, Licensed Level II.
USRC Junior Tennis Teams Captain
(Under 14s and Under 18s)
Tel: 9316 6191/ 2550 5094 (evening till midnight)

Drop-in group lesson:
\$180 per hour per child
Saturday: 10am – 11am (beginners group)
Saturday: 11am – 1pm (intermediate group)
Thursday: 6pm – 7pm (intermediate group)

Super group lesson – by appointment only:
\$260 per hour per child
Tuesday: 5pm – 7pm (improvement class I)

Thursday: 4pm – 6pm (improvement class II)
Private lesson (for members only)
1 person – \$520, 2 persons – \$680,
3 persons – \$880, 4 persons – \$1,080,
5 persons – \$1,350, 6 persons – \$1,620
\$200 per hour per person (member)
\$250 per hour per person (guest)

Yoga

Jesse Tong

Tel: 9488 5869
Friday: 10:30am – 12noon, \$180 per lesson



Cricket News

by **Ahmed Saleem**
Cricket Convenor



Our teams are approaching the end of a long season. Here is a run-down of the state of play:

Men's senior

Our Saturday side is sitting mid-table with 3 wins out of 9 and look like they have done enough to hold onto their place in the Championship Division 1. Special mention to Shan Sarwar, who sits 3rd in the Cricket Hong Kong bowling ranking, with 16 wickets at only 9.5 and a best return of 5 for 24.

The plaudits, however, go to our Sunday team, who have won the Elite Division 2, with a nail-biting victory in their final, rain-shortened match against second-placed HKCC Optimists. The win confirms their promotion to Division 1 next season. Umar Muhammad ranks as 3rd best batsman in the division, with 310 runs at 38.75, while Ahsan Abbasi averaged 115.50 from 4 innings.

Juniors

Our U-17 season concluded with a mid-table finish with 5 wins from 12 matches. Big shout for the performances of Daniyal Butt, who returned to the squad half-way through the season, but still ended the season ranked the 2nd best batsman, with 398 runs in just 5 matches, including a fantastic 179 against HKCC Nomads.

With two games still to play at the time of writing, our U-15 squad is also sitting mid-table with 4 wins from 8 matches. Strong performances in their remaining matches against HKCC and KCC could lead to a second-place finish.

The U-13 squad has 3 matches remaining at the end of a long season, which has been for many, their first exposure to 'hard-ball' cricket. Results have not been going well for the boys, who have often been playing against older, more experienced teams. Congratulations to Aashir Khalil, Rohaab Umer, and Jack Caves, who were recently picked to trial with Cricket Hong Kong as they create their first ever U-13 national development squad.

The U-11s, many of whom had not played competitive cricket before this season, have put in a stellar performance. Having finished in second place in their pool of the U-11 League, they have followed in the footsteps of last year's U-11s by winning the U-11 Championship with a 100% win record. Our top order batted superbly, losing only 6 wickets throughout the entire Championship. This is a fantastic effort by the boys, and huge thanks to coach Kashif Shams for guiding them through the season.

Women's squad

After much delay due to a lack of ground availability, our Women's squad finally got into action with their T20 Cup. Although the results were not as planned, there is lots of optimism going into their Development League programme, which continues until early June. The Women train twice a week under the supervision of Yasmin Daswani from the CHK national squad. New members are always welcome - please contact Captain Sweta Jain at jainsweta@gmail.com for further information on how to join.

Social cricket

The section is planning to start friendly 'social' cricket sessions, playing 'tape-ball' on the multi-surface. This is a great way for casual and lapsed players to have the chance to play cricket without the full commitment to a league team. Please contact Michael Caves by email michael.caves@btinternet.com if you are interested in receiving details.

And finally ... the Cricket Section intends to hold its annual Charity Event on Saturday 12th May. Please keep your eyes open for more details, and join us at the cricket nets to support our community work. During the day there will also be a chance for members and their children to try out cricket with our coaching team.



Football News

Alan Urmston
Football Convenor



May-June 2018

The spring months were a very busy time for the Football Section. Here's a report on the games played in March and April.

USRC Gunners

USRC Gunners had a great spring, winning six consecutive matches, scoring 20 goals and conceding just 6 to rise to second in the Legal League Division 1. With two games left to play, the top of the Division looked like this:

	Team	P	W	D	L	F	A	GD	Pts
1	Forward FC	21	14	7	0	63	26	37	44
2	USRC Gunners	20	12	2	6	43	28	15	38
3	Discovery Bay FC	22	10	7	5	54	27	29	37
4	HK Scottish	20	10	4	6	36	33	3	34
5	J Leaguers	21	9	4	8	48	40	8	31

It was a pity that they had had such a miserable time in the winter or they might have had a chance of becoming champions. To be fair though, Forward FC have had an amazing season, and will be deserved champions. Gunners can be proud of the way that they fought back and at the time of going to press, needed three points from the remaining games to secure runners-up spot.

USRC 1911

In the Legends League, USRC 1911 will most likely finish in third place. The top two teams, Discovery Bay Vets and Hong Kong Football Club are way ahead of the pack and so finishing third is a creditable effort from our Vets. Their results have again been mixed – great wins over Godfathers (4-2) and FWD Seniors (6-2) were interspersed with some less favourable results. With DBFC confirmed champions, the table looked like this with two games left for USRC 1911:

Pos	Team	P	W	D	L	F	A	GD	Pts
1	DBFC Vets	14	12	1	1	53	13	40	37
2	HKFC	13	11	0	2	45	21	24	33
3	USRC 1911	12	7	1	4	32	26	6	22
4	BTDT	13	5	4	4	32	22	10	19
5	KCC Vets	13	4	1	8	24	27	-3	13
6	Spartans Masters	11	4	0	7	27	33	-6	12
7	Godfathers	12	2	1	9	16	45	-29	7
8	FWD Seniors FC	12	0	2	10	17	55	-38	2

There was no joy in the Champions League unfortunately, so 1911 will be looking to see if they can catch the top two next season.

USRC Vitesse

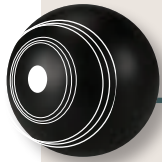
The Club's social team, USRC Vitesse played two games in March-April. The first was an exciting 4-2 defeat to a Sai Kung Night XI, with Andy McGaw and Samson Tabiti scoring the goals for Vitesse. The other a 3-0 defeat to Discovery Bay Over 45's.

USRC Football Academy

Our junior football academy is run by Brasil Top Skills (BTS) (www.brasiltopskills.com/) under Head Coach Eder Ferreira. There are exciting programmes coming up so check out the website, the Football Section notice board or ask at reception for details.

If you would like to get involved in USRC Football, check out the notice board for further information or drop me a line at alanu@netvigator.com

Alan Urmston
Football Convenor



Lawn Bowls News

by the Graduate

Triples League 2017

The Triples League 2017 season ended on 3 March, 2018 with our results as follow:

Side	Division	Rank
Men A	3	8
Men B	6	1
Men C	10	8
Women A	2	4
Women B	3	8

The title chase was down to the wire and at the end, USRC Men B Team was crowned Champion of Division 6 with one of their teams won the Champion Team (Best Rink) at the same time. A superb effort by the whole team!

Champions of Division 6



Champion Team of Division 6



Howard Lai, Edmond Cheung, KF Chui & Michael Sham (not in picture)

The Aitkenhead Fours Competition 2018

The Aitkenhead Fours Competition 2018 was held on 7-8 April. Both our Men and Women teams were drawn to play their round robin games at TKO. At the end of Day One, it was our team of ladies who came top in their group and qualified for the quarter-final on Day Two in VP. After playing 3 games in their respective group and with a bit of luck, the team came second and qualified for the semi-finals. It was a tight game against TKOBC in the semi-final and by winning the extra end guaranteed them a place in the final.

Playing against VLBC on their home green in the final was really tough. They were tied at 6 shots each after the last end but our ladies managed to score 3 shots at the deciding extra end and won the competition!

Congratulations to Anissa Ng, Sandy Lau, Annie Yeung and Ann Lam of Team USRC, the worthy Champion of Aitkenhead Fours 2018.



Winners: Anissa Ng, Ann Lam, Annie Yeung and Sandy Lau



USRC Mixed Fours 2018

We had ten teams competed in the in-house Mixed Fours competition, a one day event on 4 March.



The teams were divided into two groups playing 4 games each in the round robin stage. The top two teams of each group qualified to play in the knock-out stage of semi-finals and finals.



Players in the Final



Players in the Auxiliary Final for 3rd place

- Winners –** Dicky Wong, Mandy Ho, Paul Kwok, David Robinson & *Ken Wong
Second – Carmen Suen, Ricky Lau, Laurence Ko, Martin Yeung
Third – Terry Shieh, Peter Leung, Josiah Lam, Joanna Wong, *Anita Wong & *Leung Siu Mui
Fourth – Charles Chan, Miranda Lau, Hana Ko, Alan Wong

*substitute

League end dinner

After a long day competing in the Mixed Fours competition, most players have built up their appetite for the League End Dinner in the evening. A record number of 73 members, families and friends joined the buffet dinner and we managed to cram them all into the Garden Room.

To celebrate our Men B Team's achievement, we had a special cake to mark the occasion at the dinner.



Other highlights of the evening including raffles and prize presentation.

Men & Women Club Singles 2017



Champion: David Robinson



Runner-up: Dicky Wong



Champion: Iggy Yip



Runner-up: Ann Lam

Men B Team celebratory dinner

Some of the B team players and friends enjoyed a seafood dinner laid on by Captain Edmond on 11 March to celebrate their success in the Triples League.

What a special treat that was!



Friendly game at ALC

While we rest our green, 4 rinks were booked for our members to have a friendly game on 7 April. Over 30 members joined in for some fun and laughter during the 3 hours session.



Green Opening & Happy Bowl

The green was closed for preservation and maintenance after the Triples League ended in early March. It was re-opened on 14 April and we had the usual Bai Sun and Roast Pig Carving ceremony.



Over half of the LBS members turned up for the pig feast with majority of them participated in the game of Happy Bowl afterwards.



Annual General Meeting 2018

The Annual General Meeting 2018 was held at the Garden Marquee on 17 April and a new Sub-Committee was elected:

Convenor	Irene Leung
Secretary	Alice Wong
Men Captain	Dicky Wong
Women Captain	Hana Ko
Green Convenor	Ricky Mak
Treasurer	Irene Ho
Social Officer	Helen Lo



Friendly game with CCC at USRC

The first leg of friendly game with Craigengower Cricket Club was held on 21 April at the USRC.



Mr David Tso (second from left), Convenor of CCC presented a souvenir to our General Manager, Mr Noel Burns before the start of the game.

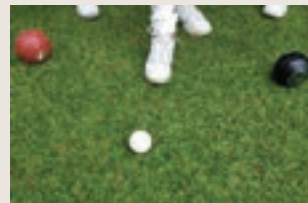


After four rounds of matches, it was our Captain Dicky's team who came 1st and the "Best Endeavour" prize went to CCC-6 team.



"Measuring at Lawn Bowls"

We had a very useful and interesting workshop on all things about measuring in a game of lawn bowl with Dr Annie Yeung and Howard Lai, who shared their knowledge and experience with us on 22 April.



Apart from trying some of the measuring tools in the Umpire Kit, we learnt how to determine what a dead wood or live jack is during play.



Not another short measure please!

For me, a sweet life is about to begin so goodbye, good luck and good game to you all!

Rugby News

Marco Cassandro
Rugby Convenor



Youth summary

The Youth structure at USRC Tigers revolves around Under 13's, 14's, 16's and 19's boys and girls with around 230 registered players.

Boys

The U13's, coached by Eric Kwok and Tony Chen, had a stable season transferring to youth rugby for the first time which presented many changes in the game and rules. The boys got their first taste of 15's rugby, playing on a full sized pitch which was interesting and gives a base to build from throughout the season.

Three of our boys were ring fenced into the U14's side, which was exciting for those chosen, however it left the team with holes. The U13's are well placed to push on next season with a solid season under their belts.

As with many of the younger teams at USRC Tigers we look to develop the basic skill set first to put the players in a strong position as they move up through the age groups.

Coached by Braam Gerber and Jun Sing Lee, the U14's

had two of the most experienced coaches pushing them through their drills each week. This converted them into having a very good representation during National Grade training with a total of 16 players invited to trial of which 12 made it through to the final cut. One of our boys was injured prior to the trial while one was not there on the day so we had an impressive 10 players in the squad for the New Year's Day match.

At U16's we start to see the fundamental skills which are drilled into the younger ages come to fruition. Led once again by some experienced coaches in Jamie Chipman, Kohei Mitsuhashi and Simeon James, the 16's are one of our larger age groups with roughly 50 players playing each week over 2 teams.

After a very successful season last year, we attracted more than 10 player transfers to our club and a few fresh rugby players from the union summer course. So it was a big challenge for the coaches to build up the team in the early part of the season!

Once again we had great representation in National Age Grade with 8 players selected into the NAG squad playing in the NYD tournament, and 4 players represented in the Junior Warrior 7 squad in Singapore.

Under the leadership of coaches Will and Tyler the U19's have achieved some notable successes in the 2017/18 season. Undefeated in all competitions, winners of both Divisions 1 and 2, as well as Cup winners of Division 2 Grand Championship, the U19's team continued their success in both the 10's and 7's competitions.



U19's Tigers were easily the most represented club of both the home and overseas squads (18 of the 56 players) selected to play in the New Year's Day Youth Rugby Tournament. Tigers players have also consistently represented Hong Kong in the U19's Asia Rugby Championship, Sri Lanka, and the Coral Coast 7's, Fiji.

Girls

This year our youth girls' main focus was on development, looking to increase the numbers and improve their basic individual skills. Pre-season began in July and numbers have shown a steady increase throughout the year.

Our main focus in the U14's was to attract more talent from the surrounding area which involved workshops in schools. This helped increase the numbers and the result being we had some good steady numbers with improving results as the season went





Tennis News

Martin Li,
Tennis Convenor



Annual tournament

The annual tournament kicked off on April 7th and is expected to be completed by April 22nd. There are altogether five events which are categorised, scheduled and drawn according to the following tables:

Event	Date	Match
1.	7/4/2018	Mens Singles
2.	14/7/2018	Mens Doubles
3.	15/7/2018	Ladies Doubles
4.	21/4/2018	120+ Doubles
5.	22/4/2018	Mixed Doubles

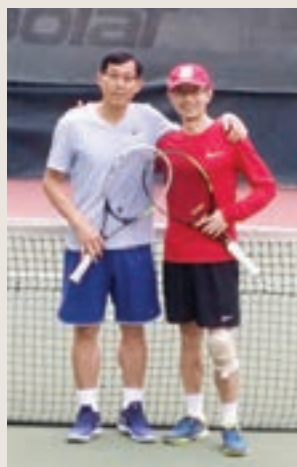
Results of mens singles and doubles

The Mens Singles and Doubles were successfully held according to the schedule, however, the Ladies Doubles was postponed to the following month due to bad weather.

All players exhibited excellent skills, tactics and sportsmanship throughout all the matches. Special respect goes to Steve Chan who had demonstrated his outstanding physical ability in terms of battling 5 pro-sets within 6 hours and eventually winning the Plate 1st Runner Up in the Mens Singles.

Result of mens singles

Cup Champion	Ken Chan (B)
Cup 1st Runner Up	Derek Lai (C2)
Plate Champion	Brian Ho (B)
Plate 1st Runner Up	Steve Chan (C2)



Men's Singles Cup Final
From left Ken Chan; Derek Lai



Men's Singles Plate Final
From left, Brian Ho; Steve Chan

Result of men's doubles

Cup Champions	Brian Zee/ Eric Tai
Cup 1st Runners Up	Eddy Wu/ Thomas Lee



From Right : Champion Brian Zee/ Eric Tai
1st Runner Up Eddy Wu/ Thomas Lee

Friendly match

A friendly match in the format of a league match was arranged by one of our C2 team members, Roger Lau, to play against the AXA tennis team on April 4th. With some luck, our team won 6:3 under the captaincy of Brian Ho.

After the match, all players celebrated at the Garden Cafe and shared their observations of the twists and turns of the games. All players enjoyed the event and are looking for the next friendly match with other clubs and organisations.



Friendly match group gathering

2018 Annual General Meeting, Annual Buffet Dinner and Happy Tennis

The 2018 AGM and Annual Buffet Dinner will be held at 6.30pm and 7.30pm respectively on May 19 (Saturday) at the Garden Marquee. Meanwhile, a section of Happy Tennis will be arranged for fun and charity in the afternoon from 2pm to 6pm on the same day. Members of the tennis section are cordially invited to attend all three events in order to help the committee pass a few proposals and confirm several re-election positions for the future development of the tennis section.

New USRC tennis uniform

All members will be happy to have a new set of uniforms for the coming season. The new uniforms are very fashionable in colours and materials. Players representing the club will project a very smart and sporty image when wearing the new designs.



Excellent members

"Hero out of the Youth" - We are pleased to have recruited two junior members – Antonio Lee and Butter Cheung. Antonio Lee is 11 years old and won the 2nd Runner Up in the Boys Singles of ATF in Jordan.

Butter Cheung won the 1st Runner Up in the Girls Doubles in Sabah, Malaysia.



Antonio Lee



Centre – Butter Cheung



Right – Butter Cheung



Squash News

Colman Ng BBS
Squash Convenor



League update

As the Winter League draws to a close, USRC teams have experienced some unexpected results. USRC 4, having led Division 15B by a huge margin for much of the season, have let their guard down and slipped to second place with only one match remaining. While secured in the second position, their hope for the title now has much dwindled. USRC 2, having been mid-table for most of the season, have had some great results towards the end of the season to finish 4th in Division 4 and have therefore qualified for the end of season play-offs. USRC 3 are confirmed in the 3rd place in Division 7A and so are guaranteed silverware and will go into the play-offs with much boosted confidence. Congratulations to the convenors of teams 2 and 3, Julian Ragless and Kermit Yuen. USRC 1 continue to improve, but not enough to upset the top teams in Division 3 and remain in 6th place. The masters of Division M3 have had a dramatic change of fortunes of late with a string of good results to haul themselves up to third place, within touching distance of second position and is in good stead for winning further silverware for the club. It looks to be a very exciting run in with only 2 matches remaining.



USRC 3 Team (back row: Chor, James, Chung, Quincy
front row: Wilson, Kermit, Bill)

Squash referee refresher clinic

All players participating in the HK Squash League competitions have to serve as referee from time to time during league matches. To ensure that players have a good understanding of the rules and regulations of the game as such that they are reasonably competent in refereeing, all registered players are required to attend a referee training course organised by the HK Squash Assoc. Additionally, having been suitably trained as referees, players are required to undergo a refresher clinic

once every 3 years to keep them updated with the latest rules of the World Squash Federation.

Owing to popular demand and with the help of the HK Squash Assoc., a referee refresher clinic was organised specifically for members of the USRC Squash Section on 10 March 2018. We are extremely grateful to Amos Yuen, a qualified international referee, for conducting the refresher clinic. It was found to be very beneficial to our members.



USRC squash players attending the Referee Refresher clinic

Farewell to Mr Mohammad Ansar

It is with much sadness that we have to bid farewell to Mohammad Ansar, who will be resettling in the UK. Mohammad has been a member of the USRC for 14 years and was well respected for his unfailing support to the Squash Section, his level of skills in the sport and his admirable ability to indulge himself in the post-match binge! I am sure his sense of humour and sociable character will be sorely missed by many of us.



Mohammad enjoying farewell drinks with squash team members



Bridge News

Mimi Wong
Bridge Convenor



Thursday duplicate

The duplicate game runs every Thursday from 9:30am to 12:30pm. It is held for competitive players who already have the knowledge of the American SAYC bidding system.

The game also helps players to refine their bridge skills and to meet people with the same interest.



Play bridge with us

You don't need to bring a partner, so long as you have learned the SAYC bidding system and you're competitive in mind-set.

Please register your interest to the Convenor and we will endeavour to match you with a partner of a similar standard.



Seminar

On 12th April, we had the pleasure of Mr YC Lai from Guangzhou and Mr Bob S. from Mumbai to be our guest players in the duplicate game. They are competitive bridge players with over twenty years of experience.

When the game had finished, Mr YC Lai shared with us in a seminar on the latest trends and developments of the international bidding system.



Beginner's workshop

Two sessions of learning workshop were held on 27th February and 13th March respectively. Topics covered include 'major suit openings' and 'minor suit openings'. Learners were taught the basic requirements of how to bid as a declarer. Each workshop was then followed with some deals for participants to play with.

Another beginner's workshop is pencilled in for May. If you would like to learn how to play the game or to see if you would enjoy the game, please register to attend one of the workshops.



Learning bridge

Why learn bridge? Bridge is a great way to keep your mind agile, while making new, like-minded friends. It's also hugely rewarding to learn.

If you require any further information, please contact directly to the Convenor at WhatsApp 9120-3789 or email usrbridge@gmail.com

Spot the Differences



Keep Score:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Submit your answer to the Club reception **on or before 3rd June 2018**. All correct entries will receive a FREE SMOOTHIE* from the Club.

Name: _____ Membership No: _____

Email: _____ Contact No.: _____

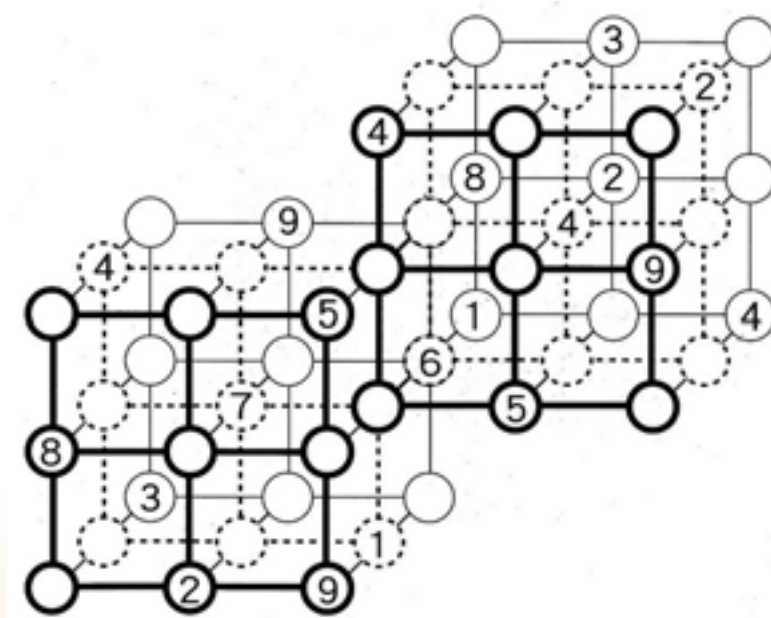
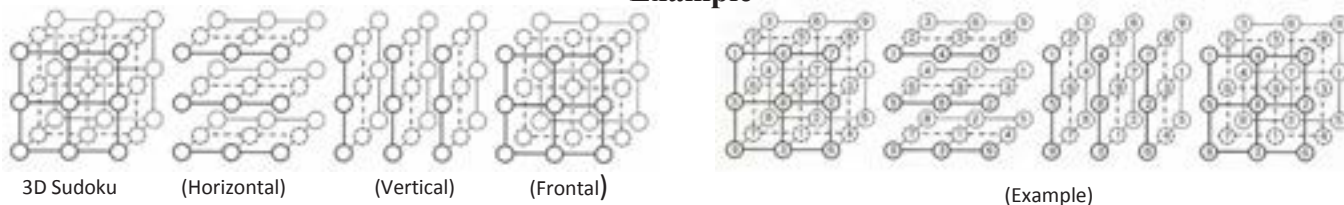
*Please note only one entry will be accepted per membership

three-D SUDOKU

Rules for 3-D Sudoku

Below is a completed sample of 3-D Sudoku. You can see from the cross-section 3x3 diagram that digits 1 thru 9 only appears once and duplication is not allowed. The sum of each row (horizontal, Vertical, and frontal but count diagonal is not counted) in the cross-section must add up to be a multiple of 3, i.e. 6, 9, 12, 15, 18, 21, 24 etc.

Example



Fill in the blank with Digits 1 thru 9.

Submit your answer to the Club or fax 2724 0949 on or before Sunday, 3rd June 2018. All correct entries will be placed into a draw. The Winner will receive 1 x USRC Hoodie Jacky. Good Luck!

Name: _____ Membership No: _____

Contact Tel No: _____

*Please note only one entry will be accepted per Membership

Mar & April 3-D Sudoku drawn by Assistant
Banquet Sales Manager – Ms. Nike Lau

Congratulations to Mar & April 3-D Sudoku Winner,
Mr. Chu



Royal Bombay Yacht Club

Opposite Gateway of India

Near Taj Mahal Hotel, Mumbai 400001, India

Phone: 0091-22-2202 1880/ 6752 7200 6752 7260

(Secretary's Office)

Fax: 0091-22-2202 1014

Email: rbycmail@vsnl.net

The Royal Bombay Yacht Club is situated in the city of Mumbai (originally Bombay). The Club, the oldest and most majestic Yacht Club in Asia, was founded in 1846 as the Bombay Yacht Club when the then resident British community took to sailing as a sport. Over the span of years the Club witnessed the changing scenario - from the early Lateen sail to the more recent class of boats, assuming the title "Royal" and the historical change in the country from a British Dominion to an independent India. Today the Club stands in testimony of its grandeur past to its current status as the premier sailing club in the country.



Dining Room: The Club offers excellent Continental and Indian fare dishes in the first floor dining room.

Besides extensive sailing facilities, the heritage residential rooms of the Chambers offers a magnificent view of the famous Gateway of India and overlooks Bombay harbour and the numerous yachts anchored at the waterfront. There is a treasure trove of invaluable yachting memorabilia and a storied celebration under every awning of the Club's premises.

The Club has an elite membership registry with, inter alia, captains of industry, legal luminaries, medical specialists, professors of education, defence personnel and experts in the fields of accountancy, art, culture and heritage.

Sailing in Mumbai – both yachting and boat racing – was in vogue from the early nineteenth century with the first regatta being recorded in 1830. The club was founded in 1846. With no premises of their own, the committee used to meet at corporate offices such as the P&O Steam Navigation Co. or

public rooms such as Apollo Bunder Refreshment Rooms, Kerner's Rooms or at the Sailor's Home.

The seafront clubhouse was built in 1881, and received a number of prominent visitors within its first ten years, including H.R.H. Prince Arthur, their Royal Highnesses the Duke and Duchess of Connaught and American railroad tycoon and yachting enthusiast Mr William Kissam Vanderbilt – part owner of the 1895 America's Cup winner, the 37.5m sloop "Defender".



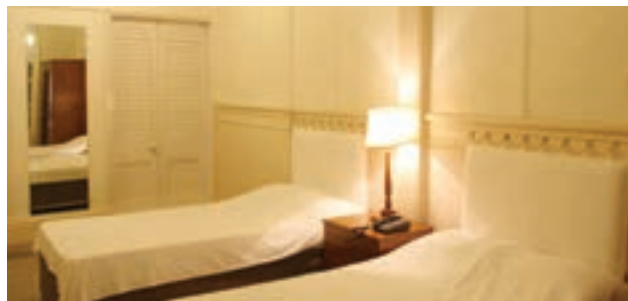
Dolphin Bar: The Club Bar "Dolphin" serves a wide range of imported and domestic spirits and wines.

In 1894, the Commissioners of the Lord High Admiral bestowed upon the club the Blue Ensign of Her Majesty's Fleet with a Star of India surmounted by the Imperial Crown.

Another clubhouse was built in 1896, a blending of Venetian Gothic with Indian Saracenic, to provide accommodations for members and visiting associates.

Yachting received a major stimulus in 1911, when King George V and Queen Mary landed in Bombay from the Royal P&O liner, S.S. Medina.

In 1958, the Bombay Club was closed for not accepting Indian members. The RBYC granted honorary memberships to all Bombay Club members and provided a new home for their furniture and other effects.



Residential Chambers

List of Reciprocal Clubs

COUNTRY	CITY	CLUB NAME	COUNTRY	CITY	CLUB NAME
AUSTRALIA	Adelaide	Naval, Military & Air Force Club of South Australia	NEW ZEALAND	Auckland	The Northern Club
	Brisbane	United Service Club		Dunedin	The Dunedin Club
	Canberra	Canberra Club		Napier	The Hawkes Bay Club
		The Commonwealth Club		Wellington	The Wellesley Club The Wellington Club
	Melbourne	The Kelvin Club Kooyong Lawn Tennis Club Royal Automobile Club of Victoria The Royal South Yarra Lawn Tennis Club	PHILIPPINES	Baguio City	Baguio Country Club
				Cebu City	Sports Club Cebu
	Perth	The Western Australian Club	PORTUGAL	Lisbon	Gremio Literario
	Sydney	The Royal Exchange Club of Sydney Royal Automobile Club of Australia		Oporto	Oporto Cricket & Lawn Tennis Club
BELGIUM	Brussels	International Club Chateau Sainte-Anne	REPUBLIC OF TAIWAN	Taipei	American Club
	Gent	International Club of Flanders			
BRAZIL	Rio De Janeiro	Clube Americano Do Rio De Janeiro	SINGAPORE		Camden Park Hollandse Club Singapore Ceylon Sports Club The Chinese Swimming Club Yishun Orchid Country Club
CANADA	Vancouver	Hollyburn Country Club Jericho Tennis Club Terminal City Club	SOUTH AFRICA	Cape Town	The Cape Town Club
	Victoria	Union Club of British Columbia		Durban	Durban Club
				Grahamstown	Albany Club
CHINA		The Landmark Club	SPAIN	Barcelona	Círculo Equestre
FRANCE	Paris	Saint James Paris		Bilbao	Sociedad Bilbaina
GERMANY	Berlin	International Club Berlin		Madrid	La Gran Pena
	Frankfurt	Union International Club	SWEDEN	Stockholm	Military Club of Stockholm
INDIA	Ahmedabad	Karnavati Club	THAILAND	Bangkok	The British Club
	Bangalore	Greenacres Country Resort	TRINIDAD	Port of Spain	Trinidad Union Club
	Cochin	International Club			
	Jaipur	Jaipur Riding and Polo Club	UK-ENGLAND	Bath	The Bath & County Club
	Jodhpur	Umed Club		London	The Army & Navy Club Carlton Club Naval & Military Club St. James Hotel and Club The Lansdowne Club The Walbrook Club
	Kerala	Sri Mulam Club			
	Mumbai	Golden Swan Country Club Royal Bombay Yacht Club The Bombay Presidency Radio Club The Umbergaon Club			
		Residency Club			
	Pune				
INDONESIA	Medan	The Exchange Club	UK-N.IRELAND	Belfast	The Ulster Reform Club
IRELAND	Dublin	The Stephen's Green Club	SCOTLAND	Aberdeen	The Royal Northern and University Club
JAPAN	Kobe	Kobe Club		Edinburgh	The New Club The Royal Scots Club
KENYA	Nairobi	Nairobi Safari Club	U.S.A.	Bellevue	Bellevue Club
	Mombasa	Mombasa Club		Berkeley	The Berkeley City Club
LUXEMBOURG				Cincinnati	Cincinnati Athletic Club
		Cercle Munster		Kansas	The Kansas City Club
MALAYSIA	Ipoh	Royal Ipoh Club		New Haven	New Haven Lawn Club
	Johor	Segamat Country Club		New York	The Cornell Club The Williams Club
	Kuala Lumpur	Royal Commonwealth Society		Philadelphia	The Racquet Club of Philadelphia
	Penang	Penang Club		Portland	University Club of Portland
	Port Dickson	Royal Port Dickson Yacht Club		San Francisco	The Marines' Memorial Club & Hotel
	Sabah	Sandakan Yacht Club The Tawau Yacht Club		Santa Barbara	Santa Barbara Club University Club of Santa Barbara
MEXICO	Guadalajara	University Club de Guadalajara El Palomar Country Club		Washington DC	The Army & Navy Club The Rainier Club
	Mexico City	The University Club of Mexico			

Clubs in bold are recently added clubs to our reciprocal list

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PENANG, MALAYSIA

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11200 Tanjung Bungah, Pulau Pinang.

END FINANCING BY:



+604 8811 888
www.themarin.com.my

Plenitude Bayu Sdn Bhd (799140-W) (Next to Sri Sayang Apartment) Jalan Bayu, 11100 Batu Ferringhi, Malaysia, Tel: +604-8811888 Fax: +604-8812331 E-mail: sales@themarin.com.my • Developer's Licence No.: 13646-1/08-2018/01749(L) • Advertising Permit No.:13646-1/08-2018/01479(P) • Validity Period: 15/08/2017 - 14/08/2018 • Authority Approving Building Plan: Majlis Bandaraya Pulau Pinang • Building Plan Approval No.: MPPP/OSC/PB(6367)/13 (LB) • Encumbrances: Nil • Land Tenure: Freehold • Total No. Of Units: 149 • Development Type: Condominium • Expected Date Of Completion: 2018 • Selling Price: RM1,866,930 (Minimum); RM4,416,100 (Maximum) • Bumiputra Discount: 5% • Restrictions: Nil